

TOWN and AROUND

ISSUE 160 FEBRUARY 2019

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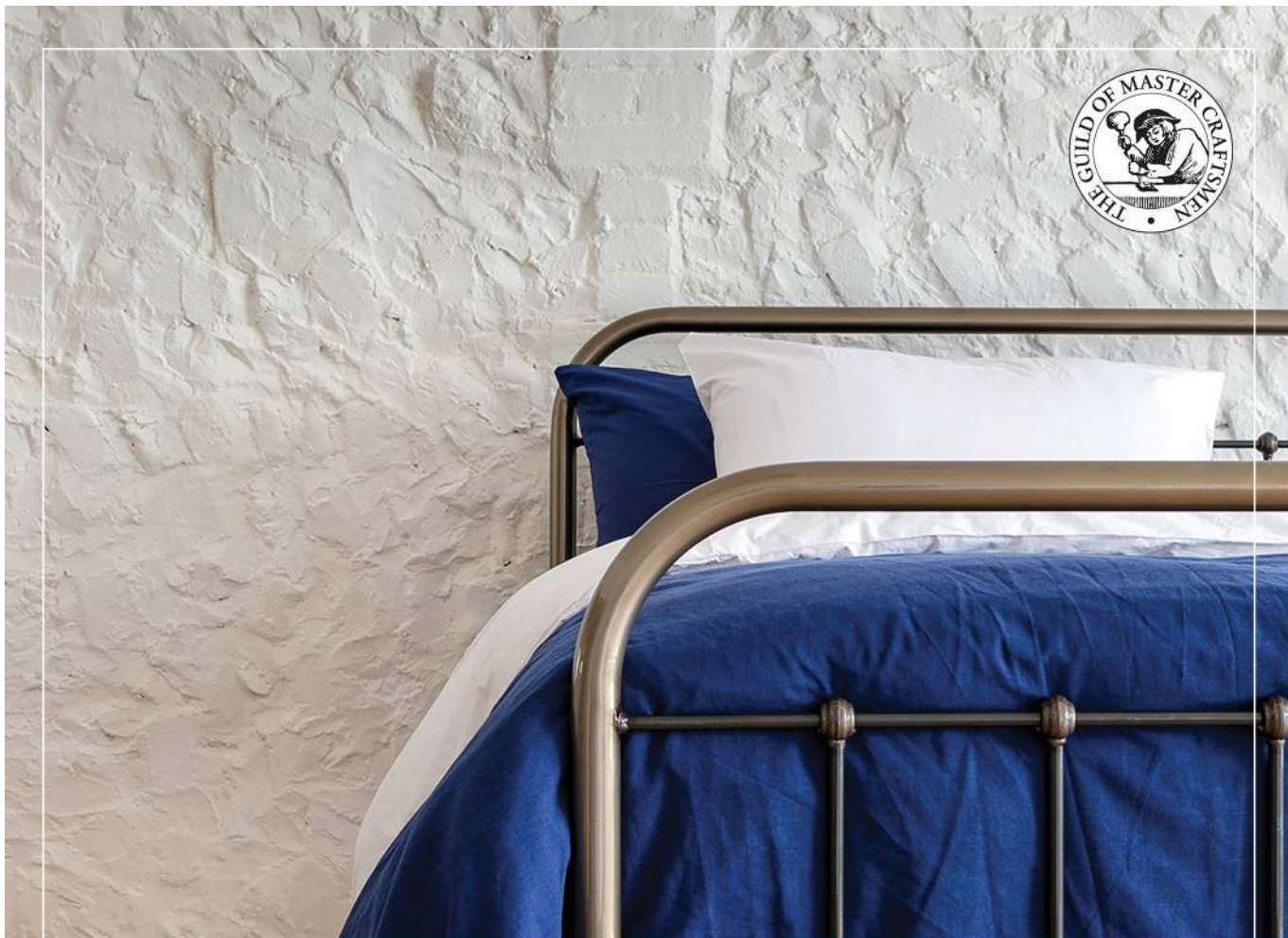
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First word



Hello, and welcome to our 160th edition with lots of news, views and event information plus local advertising. I hope that you will enjoy your read.

We all love a bargain and this month The Granary is offering 10% off lunches in February, turn to page 11 for the voucher.

Now you can't say that I didn't remind you - it is Valentine's Day on the 14th - a day for romance.

Local restaurants have special menus, so browse these pages and treat your loved one to a special night out. Vouchers are available from Keelie's too and local florists are on stand-by. No excuses.

Another special day you may not be aware of is British Yorkshire Pudding Day on 3rd February, and in our house that makes it a very popular day! Whether you make your own or buy frozen, it's the perfect excuse to indulge. Oh, and I've just discovered that the 18th is drink wine day - I shall enjoy this month.

Huge congratulations to Hannah Burton for her fundraising efforts; her story is on page 6.

We have a new feature in the centre pages; this month is about what to do when a loved one dies, next month the subject will be how to arrange a funeral. Please do let me know your thoughts - is it helpful?

My thanks as always to our contributors, advertisers and delivery team; you are all truly appreciated.

As you are well aware, February is the shortest month, and for me that means fewer days to get the March issue ready for printing. Please can I ask that items are with me by 12th February.

The days are getting longer..

With very best wishes for the month ahead

Elaine

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10-year-old Hannah raises £2500 for Children with cancer

Hunstanton Primary School student Hannah Burton's final count in her fundraising effort for Children with Cancer in 2018 was £2517.75.

Creating paper roses for sale when two of her cousins were diagnosed with neuroblastoma and leukaemia, Hannah's creativity progressed over the months to more complex designs including Christmas angels, trees, candles and hedgehogs all of which were on sale and display at the Christmas Tree Festival at Hunstanton Town Hall in December.



Assisted by her grandmother Monica Burton, Hannah raised £1644.92 in 2017 and she delighted to learn she had beaten that figure when the total was revealed on 7th January at The Honeystone in Hunstanton where £1000 of the total had been raised.

The Norfolk Vice-Lord-Lieutenant Lady Romney accepted the cheque for £2517.75 for the charity. The Borough Mayor and



Mayoress, Cllr Nick Daubney and Mrs Cheryl Daubney, The Mayor of Hunstanton Cllr Amanda Bosworth, Cllr Carol Bower, Cllr Adrian Winnington, Hunstanton Primary School's head teacher Mrs Mapplebeck, family and friends who helped Hannah's fundraising efforts were also in attendance.

Mrs Burton said: "I am so proud of Hannah; she has worked really hard. The trouble is we have to think of new ways to beat the total next year but thankfully we don't start again until February!"

Above: Seated BCKLWN Mayor Cllr Nick Daubney, Hannah Burton and Lady Romney. Standing: Borough Mayoress Mrs Cheryl Daubney, Hunstanton Mayor Amanda Bosworth and Cllr Carol Bower.

Right: Lady Romney and Hannah



Local dog lovers' solution to modern day loneliness

Volunteer dog cuddling is being offered by Barking Mad (North West Norfolk) as an antidote to the problem of loneliness in modern society. For those who are retired or work from home and are spending large chunks of time alone, caring for a waggy-tailed companion on a temporary basis and meeting other like-minded dog lovers could really help to overcome feelings of isolation.

The perception of loneliness as mainly an issue for the older generation is now proving inaccurate, as a study from the Office for National Statistics suggests that young adults are more likely to feel lonely than older age groups. Due to huge advances in technology, the number of freelancers and remote workers is rising, with an article in Business Leader claiming that a 'third of business owners think that workforce will work remotely by 2020.'

Tania Stowe of Barking Mad said, "Whilst remote working has obvious advantages, working alone under pressure and not having the

physical presence of a team to support you can lead to loneliness that can't be fixed by any kind of app. Caring for a friendly dog not only provides canine cuddles (far better than any virtual hug) but also the motivation to go and take a walk at lunchtime, increasing the likelihood of adhering to New Year fitness resolutions."

The community of Barking Mad host families mainly consists of active retired people and those who either work from home, or have extended periods away from work. It offers the opportunity to care for dogs in your own home, while their owners are away on holiday. Hosts experience all the benefits of dog companionship without any of the emotional or financial responsibilities of full time pet ownership and they receive 24/7 support from the Barking Mad team.

To find out more about becoming a Barking Mad host, you can call Tania Stowe on 01485 205715 or visit www.barkingmad.uk.com/local/norfolk/west-norfolk

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Record £7,300 raised at Hunstanton Christmas Day Swim

While most of us wait until summer to take a dip in the sea, over a hundred and eighty swimmers in fancy dress braved the Wash on Christmas Day watched by thousands of spectators.

The annual event is organised by Hunstanton and District Round Table and Ed Napolitano, he of Soap Box Derby fame, reported that a not only record amount of £7,300 had been raised, but the club was applying to the Guinness Book of Records for the largest fancy dress swim ever.

Taking on the coldest of all jobs, holding the banner beneath which all participants must pass, were Matt Hallard and Ben Collins.

As always there were some fantastic costumes including an elephant, Donald Trump, elves, cops and robbers and the Flintstones but it was Nigel Chapman who scooped the individual prize dressed as Jesus and wearing a badge saying 'It's my birthday'.

Credit for all Christmas Swim photos: Chris Bishop





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Extra Hands makes County awards shortlist



A West Norfolk home care service is aiming to add another county award to its already impressive collection.

Extra Hands has previously won four awards in the last five years and been highly commended in four more categories of the annual Norfolk Care Awards which have been running for five years to showcase the best of the sector.

The 2019 awards will be held in the new year at a black tie event at Sprowston Manor to be hosted by the Rev Richard Coles, a well-known vicar and former member of pop band The Communards.

Extra Hands has been nominated as a finalist in the Excellence in Delivering Dementia Care category at the prestigious ceremony.

"We are thrilled to have been nominated as a finalist again - the news has been the perfect end to a lovely 25th anniversary year. The team is looking forward to the event in February as it is always a lovely night of celebrating the very best in our sector," said director Hazel Evans.

As Extra Hands celebrated its special anniversary, 2018 proved to be a successful year for the team and everyone hopes 2019 will continue that success.

Last year the homecare service was a finalist in Promoting Dignity



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Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards




and Respect in Everyday Life section and director Hazel Evans received the Harold Bodmer Outstanding Achievement Award.

The Norfolk Care Awards are judged by a panel of professionals and representatives from various sponsors and the competition is always tough. Nominations for the 2019 event closed in November and Extra Hands was notified in the last few days that it was again invited to the ceremony.

Over the years, Extra Hands has won various categories, including Delivering Excellence through Learning and Development (2017), Promoting Dignity and Respect in Everyday Life (2015) and Motivational Leadership (2014).

Advice on dealing with flu symptoms this winter

West Norfolk Clinical Commissioning Group is appealing to appropriate patients to have their flu vaccination in a bid to best protect themselves against the virus.

The following groups are eligible for the free flu vaccine:

- all children aged two to nine
- those aged six months to under 65 years in clinical risk groups
- pregnant women
- those aged 65 years and over
- those in long-stay residential care homes
- carers

Flu symptoms include a sudden fever, aching body, dry cough, sore throat, headache and diarrhoea.

Dr Paul Williams, Chair of West Norfolk CCG, said: "We're seeing a number of patients in the West Norfolk area who are suffering from flu-like symptoms. We've been predicted some colder weather, as you'd expect at this time of year, and when we are together indoors with closed windows to keep warm, flu is more likely to spread. When we're cold we are more vulnerable to infection and the complications

of chronic disease.

"For many people the best advice would be to rest at home, keep warm, drink plenty of water, and take paracetamol or ibuprofen.

"We would also encourage people to first seek advice from one of the many experienced pharmacists in this area, who will be the best first source of treatment advice; or to call the NHS 111 service.

"Generally the symptoms will disappear within one to two weeks, but if they persist then please contact your GP. We don't recommend the use of antibiotics to treat flu, as they won't cure the disease and may cause complications."

Flu is very infectious and can easily spread to other people so to reduce the risk, people are asked to wash their hands with soap and water, use tissues when they cough or sneeze, and to bin used tissues.

People with underlying conditions such as COPD or heart disease are more vulnerable to flu and are advised to discuss their condition with NHS 111 or their GP surgery if the symptoms seem worse than they would expect, or persist longer than 10 to 14 days.

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A Page from the Sage

Well here we go again another Page from the Sage for February 2019 to be printed in the Town and Around.

I will start with a bit of sad news, Mr Wilf King who I believe lived in Brancaster has sadly passed away at the ripe old age of 94 on the 4th December; I had never met Wilf, I had only spoken to him over the phone. Wilf was an AA patrol man going round the Norfolk countryside on his bright yellow motor bike and side car, those days if you had an AA badge on your car and the patrol man saw you he would give you a smart salute.

Wilf was full of knowledge especially about the North Norfolk coast and West Norfolk in particular, he also had many memories of the great flood of 1953.

High Tides

This week I received my tide tables for 2019, I was very surprised to see over the year there are ten tides of twenty-seven feet or over, last year 2018 there were only two tides over twenty-seven feet, I have never known more than four or five tides of twenty-seven feet in one year. Tides over twenty-seven feet will this year be two in February the 21st and the 22nd, two in March the 22nd and the 23rd, four in September on the 1st and 2nd also on the 29th and the 30th, then there are two in October one on the 1st and another on the 29th that is ten altogether. This means that at the end of September and the beginning of October there will be three tides of over twenty-seven feet one after the other.

This by no means says that we will be flooded out. On the night of the great storm 31st January 1953 it was not a normal storm but a surge that started off in the Irish Sea, on the morning of Saturday the 31st. The six-year-old British car ferry Princess Victoria got into trouble in the Irish Sea in the storm, her car loading doors burst open she then keeled over and sank with the loss of 133 lives the surge then went round the top of Scotland and then made its way down the east coast causing havoc on its way, at King's Lynn at 5pm the tide had already reached 24 feet compared with the predicted high water of 22.9 feet at 7.35pm, this just goes to show that you do not have to have a high tide to cause a flood or a surge.

We have never had 10 tides over twenty-seven feet before so we will have to wait and see what the authorities think about this.

Norfolk Dialect

A man said to me the other day, he said: "Dick at the end of your Page from the Sage each month you always end with do you keep a troshin', what do that mean?" Well it comes from when men used to thresh the corn before we had combines, there were threshing machines or some people called them threshing drum. When they first came out

by
Dick Melton



they were operated by horses then when the steam engines came out they took over. After the combine came about they were made redundant, though you can see some threshing machines and steam engines at county fairs. A farmer could not afford to have a set of threshing tackle of his own so there were a lot of threshing tackle contractors about who in the winter time went from farm to farm threshing the corn from the stacks where it was stacked after it had been cut by the binder. There were two well-known threshing contractors and Ingoldisthorpe, the Howling brothers, I did a winter threshing with the Hurn brothers from Clenchwarton; being that I was the youngest one in the team they

used to put me at the back of the machine bagging up the chaff. This was the old bits of corn and dust that came out of the straw it was the muckiest job on the machine and every night when I got home I would have to have a bath and some clean clothes as the chaff got everywhere.

Another good old saying is: 'has your father got a dicker bor?' (donkey) yes he has and he is looking for a fool like you to ride him. Another strange word is tricavate, that means to try and mend something, I have a book called Norfolk dialect and there are over 200 words in it.

The buildings we have lost

I was on the Hunstanton web site the other day looking at Hunstanton history about the buildings in the town that they thought had improved the town, they gave no mention of all the buildings in the town that had been knocked down over the last 100 years, so here is a list of a lot of them buildings. Most of these buildings were knocked down but there were others that were destroyed by fire, one of the first set of buildings to be destroyed by fire were the Mikado Concert Hall, cinema, fish and chip shop and Oriental Bazaar in 1924. They stood on the ground where the Waterside and car park are now, St Edmund's cafe on north promenade was built in 1900 was destroyed by fire in 1937, the Pier Pavilion right on the end of the pier was

destroyed by fire in 1939. Two ladies who were trapped on the end of the pier had to jump into the sea, the bandstand on the north promenade that was built in 1911 and paid for by public contributions to commemorate the coronation of King George V was demolished in 1947.

In 1965 the Maple Leaf Cafe on the east side of the High Street was demolished so as the Woolworths store could be extended and the last sixteen bathing machines that operated to the south of the pier were destroyed. 1967 was a bad year for Hunstanton with buildings being knocked down including the Sandringham Hotel that stood where Harlequin House is now and the Blue Lagoon swimming pool demolished. We had to wait until 1984 to get another much smaller (Oasis) pool in its place. Also in 1967 the public shelters to the north of the pier on the promenade were demolished, in 1969 the railway line to King's Lynn was taken up and the station demolished a year later. In 1970 the old iron bridge over the railway was taken away.

The 11th January 1978 was another bad day in the history of Hunstanton when our dear old pier that had stood there since 1870 was destroyed in a storm. In 1988 the island and the cafe in the center of the boating lake went and the next year 1989 the Sea Life Centre was built on the old boating lake site. In 1998 another tragedy when the Kit-Kat public house was destroyed by fire and it was a few more years before all of the remains were cleared away and it is still an empty site. In 2002 we had another bad fire in the town when the pier-head amusement arcade was destroyed by fire, if I have missed anything, no doubt someone will tell me.

New proposals and eating out

I read in a local paper that where the building that housed the Heritage Centre has been sold and the Heritage Centre is moving into the old Westminster Bank building on the corner of Northgate and Greevegate. I also saw that a planning application has gone in to West Norfolk Council to make the old Heritage Centre building into a restaurant and take away. Have we not got enough of these type of businesses trading in Hunstanton?

I worked out that last summer (2018) there were 11 fish and chip shops trading in the town, 8 takeaways, 8 cafes and at least 7 restaurants; there are also two clubs that do meals and two holiday parks. That's about 40 places in the town where you can buy something to eat but you will have a job to get something to eat after nine p.m. even in the height of the season. In the 1950s and 1960s we had many fish and chip shops that kept open till late and one that did not shut till two in the morning and one cafe in particular that kept open right round the clock, 24 hours.

Christmas Day Swim

Well we had the Christmas Day Swim and according to the press this was the largest turn out for a Christmas Day fancy dress swim at Hunstanton or anywhere else on Christmas Day. People have been swimming in the sea at Hunstanton on Christmas Day for many years; Ken Arnott told me that he was Chairman of the Seagulls Swimming Club in the 1950s and 60s and he organised the swim on Christmas Day morning but he was never brave enough to go in the water. Another Hunstanton lady told me she went in the swim on Christmas morning 1970 and it was snowing hard and the snow laid on the beach. That was the last time it snowed in Hunstanton on Christmas Day

The next year 1971 it was an organised fancy dress swim and it was the biggest in the country, as from then for the last 47 years it has just gone from strength to strength and let's hope that it continues that way. Don't forget just keep on a troshin', all the best from Dick, the Sage.

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Community Housing or Memorial Park

by John Maiden

The proposal to build another thirty or so new homes, on what has become known as the 'sheepfield', has always struck me as being a bad idea. Although on a much smaller scale than the misguided decision to build 166 new dwellings on Redgate Hill, this latest proposal shares many of the same drawbacks. The decision to access the sheepfield site via Waveney Road is comparable with the controversial decision to access land south of Hunstanton via Heacham! The full impact of this road layout will occur when all 166 homes are occupied, even if the average occupancy for Hunstanton is to be the norm, with 1 in 5 being used as a second home!

When it comes to the adverse environmental impact on Redgate Hill, there is no indication that remedial action will even begin to make amends for the damage caused when the land was cleared on a massive scale to make way for new houses and the road providing access from the A149.

Surely, there is a case to be made for providing an adequate supply of Community Housing on Redgate Hill, as well as on the two sites east of the A149? This would leave the road layout serving the 15 Community homes, already occupying the southern end of the sheepfield as originally intended, instead of turning a peaceful cul de sac into a potentially dangerous thoroughfare for construction traffic.

Instead of the undeveloped land being used for housing, it could then become an area of public open space and a haven for wildlife.

There is a public consultation on the housing project in Hunstanton Town Hall from 2pm to 8pm on January 31st. This happens to be the anniversary of the 1953 Floods, in which 31 people drowned just a few hundred yards from the sheepfield. There would probably be no better way of remembering the victims and rescuers of the Floods than by transforming this land, adjacent to the cemetery, into a 'Memorial Park', with 31 new trees planted in memory of the flood victims whose lives were lost on that dreadful night 66 years ago.

Top right: The land next to the cemetery (known as the sheep field) before any house were built (p5200251)

Bottom right: The same land one year ago after 15 dwellings had been built 920-01-09 Another 30 houses are proposed



Visit our website www.townandaround.net for news stories between editions and a diary of events that is updated daily

Message from the Mayor

Email: cllr.bosworth@icloud.com; Tel. 01485 534007

Tempus fugit

“Tempus fugit” is the phrase that springs to mind this month. In January, the Town Clerk and I reviewed our lists of topics under discussion with associated “things to do” and concluded that the coming year will be as busy, varied, interesting and exciting as last year. In addition to conducting normal business, the current team of Councillors needs to prepare for a seamless transition to those elected to serve the next four-year term of office.

If you have ever thought of becoming a Councillor, this is the ideal time to find out what is involved before the local elections are held on 2 May 2019; please do seriously consider putting yourself forward for election as a diversity of interests and skills are required.

What does the Town Council actually do?

If this is a question that keeps you awake at night, why not come along to one of our monthly meetings. We would recommend that you take a look at the Council website and also sit in on a couple of Council meetings to get an idea of matters currently under discussion.

It is not just about attending meetings, of course; there are also practical tasks that we undertake ourselves to save money. In January a few of us spent a long weekend doing some painting and cleaning in the Town Hall. As always, everything took much longer than anticipated and the lesson that I have taken away is that we desperately need to research potential grants to rationalise the space and upgrade the interior of this beautiful listed building. It is a potential project that will be included in the 5-year plan currently being drawn up to feed into the financial planning cycle.

Living and working in the community

Apart from the Full Council meetings on a Friday evening that are open to the public, we also hold open sessions (known as Council “surgeries”) on the first Monday of each month in the Town Hall. These surgeries provide the opportunity for you to talk to Town Councillors and either ask for information or raise issues that you would like us to work on.

As of January 2019, we are also hosting the popular Coffee and Chat mornings at the Community Centre on the last Saturday of each month. This will provide a more relaxed environment for us to talk to each other, so please do pop in – everyone welcome. Look out for posters around town and on our “Hunstanton Events” Facebook page.

We are also involved in a programme of annual Community events (whether supporting or taking the lead) such as the wreath-laying ceremony to commemorate the floods in 1953, Community Day (in conjunction with the Annual Town Meeting), Have a Field Day, Carnival, Armistice Day, Festival of Christmas, as well as one-off events such as the World War 1 Remembrance Weekend in 2018. Town Councillors, staff and enthusiastic volunteers are always needed to play their part.

Working in partnership

Hunstanton Town Council strives to develop and maintain positive working relationships with local government organisations, as well as groups operating in and around the town. Inevitably, this means that a wide range of knowledge and skills is required to represent the best interests of our local community, as well as the time to do research and to work on implementing agreed projects.

Upcoming meetings

Councillor surgery: Monday, 4 February – 11am-12.30pm, Town Hall
Full Council meeting: Friday, 22 February - 6.30pm, Council Chamber
Coffee morning: Saturday, 23 February 2019 – 10am to 12pm, Community Centre
More information can be found on the Town Council website: www.hunstantontowncouncil.gov.uk

Civic Society news

Talks Programme

On 16 January, Stephen Pope gave a well-illustrated talk about the different breeds of ‘Working Horses in Norfolk’ and tasks that they used to perform. The next talk is on Wednesday 20th February when we will be welcoming John Crofts who has recently retired from the post of headmaster at Glebe House School. His is to talk about a ‘Life in Prep Schools.’

Admission, £1 for members and £4 for visitors, includes refreshments.

Heritage Centre

The detailed surveyor’s report on the former Nat West Bank building has now been received. No major structural defects were found but several relatively minor repairs will need to be carried out. It seems likely that the contracts will be exchanged and completion of the purchase will occur by the end of January. We hope to be able to open the doors and let people look at the acquisition and become engaged with its transformation. It is likely that the contents of the Heritage Centre at 15 The Green will be moved up to Northgate in February but we cannot expect to open until late March or even April.

Hunstanton in Bloom

Although our resources have been cut over the last few years, you will know that Hunstanton by dint of huge efforts won gold for Britain in Bloom 2018.

The Civic Society takes pride in its part in this as a gardening group made up of committee members tends public beds in the town. As part of the Britain in Bloom we were awarded a RHS certificate for St Edmunds Chapel Garden and the Railway bed. Anglia in Bloom also awarded us a certificate.

Derek and Mick from the Northfields allotments ably supported our very small gardening team when it came to the big digging out and clearing jobs and the supply of manure. A big thank-you to them.

We are midway in our work on a redesign of a major part of the Signpost bed. This is in an attempt to rebalance it as the judges agreed with us that this is what is needed.

One of the challenges of moving the Heritage Centre to the former Nat West Bank is to join in the RHS Greening Grey Britain Campaign. We have some ideas already to soften the front aspect of the Bank with flowers and foliage. This is an exciting project, as it will really enhance that particular corner of Greevegate.

If there is anyone out there who would like to get involved and reap the satisfaction of working with us and making improvements to the town gardens please contact Margi on 01485 532223. Despite being hard work at times it is also fun!

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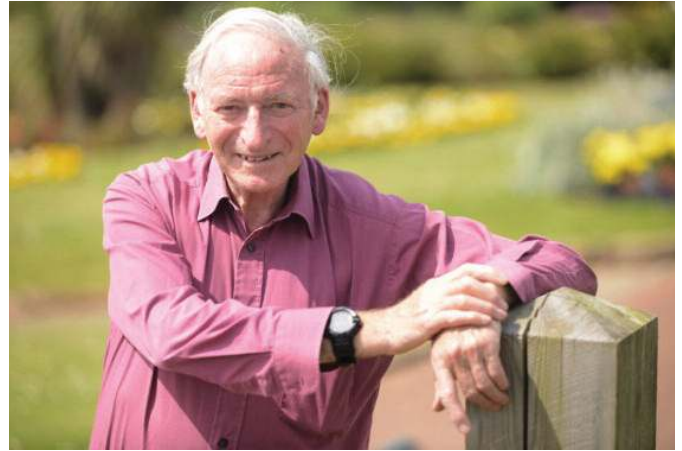
Pride in our Neighbourhood 48

Andrew Murray

By the time that this article appears in print, the consultation on the Draft Neighbourhood Plan for Hunstanton will have ended and the working group will have begun to analyse the responses. In the light of the responses, the working group may make some changes. These will be highlighted on the web site and in a future article.

The Borough Council will arrange for the plan to go to an external assessor for examination to ensure that it is compliant with all the regulations and whether it can go forward to a referendum.

Some six months ago, the Borough Council engaged planning guru, Wayne Hemingway to develop ideas for the regeneration of the southern seafront area of Hunstanton. Although he held an initial meeting at the Golden Lion on 16 July 2018, he has not yet arranged an open public meeting so that residents can hear his thoughts and exchange their ideas for the future of the town. He is aware that a Neighbourhood Plan is being produced and it is very important that whatever schemes he eventually proposes do harmonise with the plan.



Borough Council News for Heacham Ward

A little late, but Happy New Year to you all. However, thanks to some remarkably insensitive planning decisions, residents elsewhere in the Borough had Christmas and New Year somewhat ruined.

On the 17th December residents around South Wootton were given a present of 575 houses across two adjacent sites. This was around double the allocation in the Local Plan and was opposed by hundreds of residents, several Parish Councils, several Borough Councillors, the Mayor, and Henry Bellingham. Sounds familiar? The same area now faces an application for another 600 houses and efforts to try and prevent this being nodded through are being made by local Parish Councils who are asking for support from anyone along the A149 corridor. If you commute to Lynn, your life will get harder as these houses build out.

On the 7th January, two parcels of Borough land came to planning. One went to houses, one to 16 light industrial units. Neither were needed and the second was completely illogical. It is a greenfield site adjacent to the Hardwick Industrial Site and to houses. A much loved haven for wildlife visited and utilised by local residents who objected to its likely loss in their hundreds. They were supported by their Borough Councillors. Vacant units and vacant plots, some on the Hardwick site were dismissed at planning committee as irrelevant. Using appropriate brownfield sites before wasting this greenfield one

was a suggestion dismissed.

Heacham has a parcel of land owned by the Borough Council which has, until recently, been used as bowling green. It is situated just off the High Street. No doubt property services will get around to selling that off too. Have you any suggestions as to what you would like done with it or, not done with it?

Other local issues arose after the December publication of this newsletter was written. I put an update into the January copy of Hunstanton Town and Around in the hope some of you would see it:

There is a second application for glamping pods in the woodland off Hunstanton Road. Application number 18/02130/FM. Adjacent to but separate from this application is another application, 18/021440/O for 3 houses. At the time of writing these applications are still live and comments are being accepted.

In January's Town and Around I also brought up the subject of Hunstanton's Neighbourhood Plan. They have allocated land adjacent to the Hopkins Homes site for more development, removing some woodland adjacent to the A149 in the process. As their plan also stipulates that a green buffer needs to be maintained between the village and the town this seems an unfortunate and unwelcome proposal. The last date for public comment was 18th January. If you were unaware of these proposals and wish your views to be aired please let me know.

Whilst in Hunstanton, the plan to develop the Sheepfield Community Housing site is gaining momentum. There is a further public consultation on the 31st January and I hope publicity being given out as I write this has reached interested parties. The development proposes some affordable homes restricted to local people. The website is www.west-norfolk.gov.uk/sheepfieldhousing

In January's Town and Around I also stated that traffic issues on the A149, including traffic speed and road junctions (including Lamsey Lane) were being reviewed by NCCs Highways officers. Their report is due to be presented to County Councillors around the middle of January so, by the time you read this, there might be good news. (Newsflash, a brief article in the EDP on the 12th Jan, referring to the forthcoming meeting, has confused the matter as Heacham is not mentioned. I hope to have investigated this by now.

Local small planning applications have been dealt with more or less appropriately. One or two controversial ones have been refused or modified and have underlined that it is useful to bring concerns to the attention of the Parish Council and Borough Councillors. It has also proved useful for applicants to discuss their ideas before submitting a planning application.

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Councillor's notes - an Independent's view

Richard Bird

Norfolk Greenways

I am pleased to announce that after many years of campaigning, the K.L. To Hunstanton redundant railway line has been considered for feasibility to become part of the 'Norfolk Greenway network'. This is something I have been advocating and promoting for over 20 years. The route should enhance the offering and will link with the public transport network, the long distance walking, off road cycling and bridleway routes. They will in time link in with other routes across the whole county.

The contact address is www.norfolk.gov.uk/greenways. There is an online survey, alternatively you can e mail: norfolkgreenways@norfolk.gov.uk I would commend this action and advocate its support through the website. There is to be an exhibition locally at Hunstanton Library on the 13 February (2-7pm) please find the time to attend if you can. The survey is open until the 17 February.

In conclusion on this matter, I see no conflict of interest with those that have ambitions to re-open the rail link, with joint opportunities where appropriate becoming more readily available. Having walked and cycled as much of the route as is legally possible currently, I see this as great opportunity for the whole coastal region, giving an opportunity for a whole alternative audience to enjoy N.W. Norfolk and enhancing the life style of those of us that live here.

Commercial Premises

Colleagues and I, including Mike Ruston from the Chamber of Trade and Coastal Community group, having been listening to folks for years who advise that there are not enough commercial premises in Hunstanton and this N.W. Corner of Norfolk. Those premises there are, are fully let with companies apparently seeing great opportunities for growth. The KL&WNBC commissioned a report, published in September underscoring the need for employment-style commercial premises. The senior officer at the Boro' concurs that there is a need and wholeheartedly supports the concept of more. What is being considered here is relatively low cost start up business premises, not for retail but for office space, arts and crafts, and other businesses that need industrial style premises.

Clearly the retail sector will not be included at this time mainly due its volatility with shopping habits becoming more and more on-line orientated.

So for years we have been listening to folks who when arguing the case for more housing will ask, where will these new residents work? Clearly in our headlong drive for more housing locally we have lost many



employment sites, like Witley Press, Swains Telecom, Valentine house and others. It's now time to redress the balance and find premises where workers can be offered 52 weeks of the year employment encouraging a younger local population to move here to live and work. Consultations start in earnest on the 29 January. Comments?

Affordable Housing.

For those that doubt the need for more housing within the KL&WNBC area I would like to paraphrase a recent report. Currently there are 1068 families seeking accommodation; they have been designated as 189 high, 316 medium and 562 low priorities. In December there were 145 new applications/change of circumstances reviews.

Each new development in our area with over 10 homes has to provide 20% of the build to provide affordable homes, normally with a local priority scheme, giving folks with local connections priorities over incomers.

So the next major development will be the 120 Bennet Homes site opposite Old Town Way Hunstanton where there will be 24 affordable home to rent.

The Sheep field is revolutionary in its approach with what's being called a community led housing development it is being dealt with differently, with not only homes to rent but also low cost home ownership opportunities including part-buy, part-rent options.

There will be 30 homes on offer, the last development close by was criticised for not having purchase options available and so this is the Boro' council's answer. It's up to us local politicians to make sure the development gives a fair opportunity to new home buyers being good value for money, good finance deals and the flexibility that new home owners will need. For more info go to www.west-norfolk.gov.uk/sheepfieldhousing.

Any comments?

Banking Services

Recently Elaine and I were in Wells on business when we were advised that there were no Banking facilities available in that town. Today we received notification that Barclays is closing in Downham Market on the 3 May and at the Hardwick, K.L. On the 26 April. On the Eastern TV news last evening another major market town had been left without banks or indeed any cash machines at all leaving local residents and visitors really unhappy.

We in N.W. Norfolk are blessed with Barclays and Nationwide in Hunstanton, and yet when queuing recently I was amazed to hear people complaining about the service; I did ask one chap what his alternative solution was and received some mild rebuke. I would urge all to enjoy these great facilities while we can and use all of the banks services that are on offer where and whenever they can. 'USE IT OR LOSE IT'. Comments?

Personal items

I should like to thank all of the well-wishers that have referred to the boss's (Elaine's) illness and their thoughts and prayers for a speedy recovery. She is doing really well and working hard.

Those of you that realise I will be standing down shortly from my commitments as a Boro' Councillor I appreciate the kind words and thank you for supporting me in my efforts to get the best possible deals for Hunstanton and this North West Corner of Norfolk.

I have applied to the leader asking if I could become an Alderman, that's a bit like the house of lords, you can speak and be heard but not vote, I have to say that it received a cool reception and that I should have guessed that as an opposition member, those chances are remote. I certainly would have liked to have continued as a spokesperson for the Town and area with the status of Alderman and although I have the support of many senior political people of all parties the likelihood remains remote.

Most of us that have announced our retirement in the past have, as I have, been inundated with offers of 'keeping busy', and I am pleased to be considered however, I think I will have to be selective about the offers.

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Nature Notes with Joanna

As the days grow longer!

The old country saying adds 'the cold grows stronger' so by the time you read this I expect we will be into a colder spell! As long as its not as bad as "the Beast from the East". I don't know about you but I find this period of the year a time of looking inwards rather than looking to the future. It is also the time when it's good to look at Creation, however you believe it all happened!!! As a Christian I believe in our Creator God and His infinite eye for detail, there is great beauty in even the tiniest detail! Yesterday, 9th January the sun showed its face and made, the lichens glow on the Hawthorn twigs, the intricate patterning of each tiny segment of the covering, yellow and gold in detail, the wind was stirring the Brambles and showing the silver on the backs of their leaves, the twigs of the bushes added other colours with their reds and



browns, the Gorse was a mass of yellow gold flowers and a stay bush of Winter Jasmine shone with the pale yellow flowers against the deep green of the foliage. I was on the Wash and the mud and distant sea were merging in the greys, from silver to dark and the sky from horizon to horizon was a mix of azure, white

and cloud smudges. There was great flock of tight flying Golden Plover and dotted on the mud were nearly as many Grey Plover. They, the Greys, are more like me, they like their own space whilst the Golden are crowd loving.

The grey days are also pushing me into sorting files and notebooks! I really need to cut back on all that I store!! However I found several notes made on trips around the area. See if you can sort out the time of year I made them!

'Gulls drifting white grey and brown in lazy clouds, between blue sky and green and brown fields.'

Hedges marching naked across the skyline, looking like the cut out scissor skeletons, that I used to make. They seem to link hands and as the light changes they almost dance!

Spindrift glittering over the surface of a ploughed field as thousands of young spiders make their escape into the big world.

Carrion Crows mobbing a Marsh Harrier until it gets fed up and drops to the reeds. The Crows

probably wanted it out of their airspace, but it will be a short-lived victory, the Harrier will be back over its hunting ground.

Final I found a spring trip around the area with Whitethroats dancing over the hedges, the heady sweetness of the masses of Queen Anne's Lace, the drift of peach from the Gorse flowers, heavy masses of Elder flowers hanging on weakish stems, dangling earrings of Field Maple flowers the ripple of Barley fields and Rabbits too young to be safely out on their own and the joy of a spring day!!

Hopefully that will come eventually. In the meantime keep your eyes open for the miniature with Hazel Catkins beginning to lengthen and in some sheltered places to hang in golden ringlets from the more mature Hazel bushes.

In the garden there are streams of Tits, Blue, Great and even the odd Coal Tit and occasionally a flock of Long-tailed Tits working their way through feeders and hedge bushes. There is also a steady stream of Blackbirds, some days as many as a dozen, clockworking their way around picking up dropped seeds, pecking at throwaway apples and working their way over the odd berry left on the shrubs.

Bulbs are beginning to show their noses above the earth and I spotted the early green and white of a little group of Snowdrops. Those along with some early flowering Primroses and the showing of Winter Sweet give a lift in the greyness of the day.

Keep looking and feeding the birds, not bread but seeds and fruit and enjoy the wonder of creation in its winter greyness!!



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The Irish potato famine – is this a blight on our past..?

Robin Limb, agricultural consultant and journalist

The Northern Irish 'troubles', as they were euphemistically called at the time, had their roots seated firmly in historical turmoil, centred mainly around British colonialism and the enforced division of the northern and southern parts of Ireland. Even to this day, the Irish border issue is the greatest threat to a so-called negotiated 'Soft Brexit'.

The Irish potato famine of 1845 was to prove a turning point in Anglo-Irish relations. Over one million Irish starved to death at the time, due to the complete failure of their potato crop, down to 'Late Blight' infestation. The fungus is a water-based mould that is a micro-organism causing the serious potato disease known as Late Blight - or Potato Blight.

Today, it would be unthinkable for England to stand back and watch this all happen in front of their very eyes, but at the time, there was scant regard from the mainland for the unfolding carnage and catastrophe in Eire. A lot of the resentment displayed by the IRA in the 1970's was down to this inhuman abandonment of their people – and boy, did we pay a price for it in the mainland bombings at the time. Clearly, there are other reasons behind the Irish conflict, but I will not dwell on those now. The U2 track "Sunday, Bloody Sunday" says it all.



If left uncontrolled, blight not only causes the destruction of the leaf canopy, but also infects the stored crop, rendering it inedible and turning it into a rotting pile of mush. Fungicides for the control of potato blight are mainly used in a preventative manner, or possibly prompted by disease forecasting mechanisms. In susceptible crop varieties, fungicides may need to be applied on a weekly basis from May through till September.

Late Blight was the major culprit in the 1840's European; the 1845 Irish; and the 1846 Scottish Highland potato famines. The pathogen is favoured by moist, warm environments. At the time, these countries' diets were completely based around the potato crop, and when things went wrong in the 1800's, they went very, very badly wrong. The Irish uprising of 1816, followed by the Irish Civil War of 1820, may have been down to

other factors however.

The epidemiology of blight disease is somewhat intriguing. The fungus's biological name (*Phytophthora infestans*) comes from the Greek word 'phyto' - meaning plant - and the word 'Phytophthora', meaning 'decay, ruin, and perish'. The species sub-name 'infestans' is the present participle of the Latin verb 'infestare', meaning 'attacking and destroying', from which we get the word 'infest'.

Blight lesion growth rates are typically optimal at warm temperatures of between 20 to 24°C, and moist humid conditions that create ideal conditions for sporulation of the disease under the dense leaf canopy.

One scientist was credited with creating the concept (named after him) of the 'Beaumont Period', indicating the optimum conditions for

*“We turn our backs
on new technology
at our peril”*

the disease to spread throughout the potato crop, that would hopefully serve as a wake-up call to growers to take action, and get their sprayers out of the shed.

Similarly, a 'Smith Period' is at least two consecutive days where the minimum temperature is 20°C, or above, and on each day at least 11 hours when the relative humidity is greater than 90%. The Beaumont and Smith periods have traditionally been used by potato growers in the UK, but different systems have been developed by growers in other countries. The 'Smith Period' has been the preferred system used in the UK since its introduction in the 1970's.

The early stages of blight can easily be missed. Symptoms include the appearance of dark blotches on leaf tips and plant stems; white mould will appear under the leaves in humid conditions, and the whole foliage may quickly collapse. Infected tubers develop grey or dark patches that are reddish brown beneath the skin, and quickly decay into a foul-smelling mush, caused by the secondary infection of soft bacterial rots. Seemingly healthy tubers may deteriorate further while in store.

The reason why seed potatoes are grown mainly in Scotland is because the cold climate means they are virtually free from blight, and can hence be planted safely in southern regions without the risk of disease 'carry-over' from one crop to the next.

BASF (Badische Anilin und Soda Fabrik) tried to introduce a genetically modified strain of totally blight-resistant potato in 2014. This



would have obviated the need for up to fourteen fungicide sprays on the crop, but the EU regulators turned it down, based on unscientific prejudice against anything relating to GM.

BASF subsequently cancelled all its GM breeding programmes aimed at the EU marketplace, but has since expanded its world-wide sales of these varieties. If this potato variety had been around at the time of the potato famine, no one in Ireland would have even batted an eyelid. This is just one example of how Europe is trying to 'bury its head in the sand' about modern agricultural technological developments and opportunities.

Even Soil Association regulations still allow the application of copper sulphate solution to control potato blight on 'organic' crops – which is a far nastier chemical product than any modern fungicide can ever be. In the past, copper sulphate solution, was the only available one to combat potato blight. Copper pesticides remain in use on organic crops to this day - both in the form of copper hydroxide and copper sulphate.

Historical divisions may always be a 'running sore', unable ever to be healed, but we turn our backs on new technology at our peril. Within the comfort zone of the EU, we have the luxury of doing so, but ultimately we could all be sleep-walking into a food security crisis – and not just involving potatoes.

UK farmers are among the most efficient and sustainable in the world, but they need the full-bodied support of politicians, rather than just vague promises and references to acknowledging the contribution that our farming industry consistently makes to our domestic food supply - and the wider environment. The systematic removal of key plant protection products is a ticking time-bomb sitting under our farming industry.

We may have to live or die by the sword, but we cannot afford yet further 'blight' or stain on our national character or reputation - either inside or outside of the EU...

HUNSTANTON HERITAGE GARDENS

New Year's Day Health Walk

75 people came out to see in the New Year with a healthy walk. There were 2 walks, one 1.5 miles and one 3 miles, organised by West Norfolk Walking for Health and starting and finishing at the St Edmunds Ruins by the lighthouse. It was a very sociable affair with drinks and cakes laid on afterwards and a good time was had by all. Some were regular walkers but the majority had not joined in with any walks before. Some attended with their dogs. It is now hoped that these walks can become regular Bank Holiday walks.

It is worth noting that West Norfolk Walking for Health run a regular programme of free walks all over West Norfolk and there are often walks in Hunstanton that anyone can go on if they wish. Details are in Health Walk brochures in local libraries or by going to www.activenorfolk.org/west-norfolk. Local Chairman is David Mace on 01553 773164.



New Year's Day walkers receive their briefing from walk leaders

Parkrun Comes to Hunstanton?

The nationwide initiative which sees thousands of runners take part in free and informal 5k runs in parks and venues throughout the country at 9am on Saturday mornings may be coming to Hunstanton. A route through the Gardens and along the Prom has been proposed. Permissions and funding now need to be put in place and, most importantly, volunteers need to come forward to be on a rota of Run Directors and Marshals before anything can be finalised. If you would be prepared to help a little, please come forward (contact the Activities Coordinator below).

Heritage Gardens Programme 2019

Work has begun on setting dates for the year. A Beginners Running Course for Women will begin on 4th April and continue for 6 weeks. Easter Holiday activities for children will include: Nature Rangers from the RSPB; Wild Norfolk Activities with bug hunts, fossil hunts, shelter building, photography challenge and wild games; and a multi-sport day. A Ceramic Tile Workshop will feature in the May school holidays. A new Hunstanton Triathlon and an outdoor theatre event are being considered. And of course Outdoor Cinema will return to the Green and a date in September will be set for another Searles Soap Box Derby soon. Details of the programme will be available as soon as possible and updates are available at the website address below.

Further Information is always available from:

Roger Partridge

Activities Co-ordinator, Hunstanton Heritage Gardens

Alive Oasis (Resort Services Office)

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Creatures of habit

Low pay, long hours and lack of a health care plan may be major gripes for many workers but for me it's stationery snaffling that I find most irksome. Apparently I am not alone as around 75% of us are possessive over office equipment. Those items that we feel comfortable with form part of our daily routine and help mark our territory. I've named several items and then inwardly fume when I find them on a co-workers desk. According to the experts, I'm implementing some kind of office ritual into my work routine. Like, taking the same seat on the bus, or choosing the same sandwich at lunchtime – labelling my office supplies is part of what makes me 'a creature of habit'.

We've coined this term from the animal world where breeding, feeding and migratory habits have enabled species to survive. Leaving cold, harsh climates for warmer locations, hibernating through long winter spells, nesting high in a tree or burrowing deep underground all makes sense. Safety from predation and the availability of necessary resources drives survival and successful outcomes are habit forming. For instance, at Snettisham reserve we know that the same wading birds return each winter to roost on The Wash. Some species of birds not only use the same location each year but will hone in on the exact same bush or tree as in the previous season. Guided by familiar landmarks or star positions, the route to that specific spot becomes instinctive. Some birds learn migration routes by making the journey alongside older birds, this is particularly true of geese who fly in family groups with the patriarch or matriarch in the lead and juveniles trailing behind. Over time, the migration routine becomes a habit and tends to occur subconsciously with birds knowing instinctively when to set off.

Nearly half of all European bird species are migratory which means that around 3 thousand million birds are on the wing during autumn and again in spring. Flight paths are individual for each species and of course they have their own arrival and departure dates – imagine the chaos and congestion if they all left or arrived at once! Some species, like the pink-footed geese, fly in large flocks, others may fly alone. Most will make scheduled pit stops to rest and refuel on route but the amazing bar-tailed godwit can fly non-stop for up to 8 days. Migration can be an arduous journey, particularly for smaller birds such as the melodic sedge warbler. During the 3 day flight from Britain to sub Saharan Africa it will lose over half its body weight so reaching land where it can rest and refuel is paramount. Sadly only a quarter of song birds survive their first exodus but out of those, around half will return the following year.



So next time you are on the reserve and notice a migrant visitor, do make its acquaintance as it will most likely be back next year.

Want to know more about bird migration? Why not book a walk with the experts. Contact Carrie Carey on 01485 211974 for more details.

CACTUS AND SUCCULENT CLUB

Did you know there is a Cactus and Succulent Club that meets at Dersingham on the first Tuesday of every month? Interested? Contact Jack Goldie 01485 210587



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The days are getting longer, there are snowdrops and even some daffodils starting to emerge. Temperatures tend to plummet in February. Last year we suffered with the beast from the east, lets hope for bright skies and frosty mornings this February.

If your garden lacks colour, try planting Hellebore, sweet box or cyclamen to brighten an area that you see from the house.

Flowers:

- Divide congested herbaceous perennials.
- Prune winter jasmine, cut back to flowered shoots.
- Transplant shrubs growing in the wrong place while they're dormant.
- Plant lily of the valley for both scent and delicate flowers.
- Deadhead winter-flowering pansies and bedding plants
- Remove old or large hellebore leaves to the base, it is well worth the effort as the flowers are able to be seen so much more clearly.

Fruit/Veg/shrubs:

- Continue to plant hedging, shrubs, trees and climbers.
- Plant raspberry canes, in the ground, large pot or raised bed.
- Move deciduous trees and shrubs as long as the ground is not frozen.
- Many summer flowering deciduous shrubs can be pruned from February to March. Pruning now will maintain shape and form. Deciduous hedges can also be shaped now.

Lawns:

- Re-cut lawn edges to crisp up the appearance of the garden and save work later in the season. Aerate using a fork if the lawn is becoming water logged or full of moss.
- Mole activity increases in February, as this is the mating and nest building season. Remove the largest hills and re-firm the ground before over seeding with grass seed in spring.

Armchair time:

We often inherit flowers and shrubs in our garden. It is very easy to just live with someone else's taste and vision. Why not make your own mark? Jot down your ideas. Think about a border, some pots, hanging baskets etc. that you could devise a scheme for this summer. Keep some large, established shrubs as a back drop to your new plants, working as a 'frame' to your new scheme. The seed catalogue companies inundate us with choice at this time of year. Become a little more adventurous, grow something new, from a plug plant or seed. It's a very cost effective way to trialling a new idea.

3500 years ago in Ancient Egypt, a script on a tomb read: "May I wander for evermore around the death garden I have created for myself". Wise words indeed, if you don't love what you have in your garden, don't just live with it, only have what you love there. A garden can be a joy and a haven, make sure yours is too.

If I can be of assistance with a new planting scheme or Spring time border revision, please do not hesitate to contact me.

Happy gardening!.

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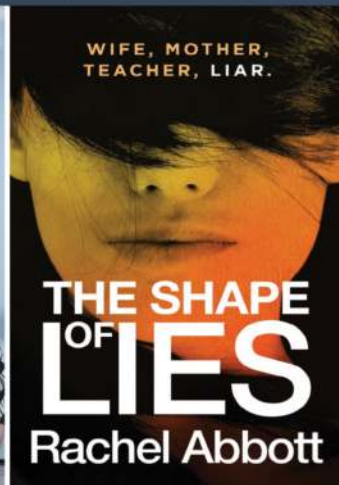
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Pruning Day

Saturday 9th February, 2019 10 am – 12 noon
Henry Le Strange Community Orchard,
Hunstanton Community Centre

You are invited to join members of the Orchard Committee at the orchard for pruning of the apple and pear trees and a winter tidy-up of the orchard.

Learn about pruning of fruit trees and management of the orchard or just come along and lend a hand in any way you can.

If weather is unsuitable another date will be arranged. Any queries please contact Adrian Winnington 07775 643877

HUNSTANTON GARDENERS' ASSOCIATION

WINTER GARDENS

What do gardeners' DO in the Winter? Well, very often the answer to this question is...not a lot! Not a lot, that is, unless you belong to the Hunstanton Gardeners' Association when there is always something to do in addition to reading those seed catalogues and looking forward to the better days of Spring.

So far this Winter, members of the Association have enjoyed a beautifully illustrated talk by an expert photographer on how to get the best results from your camera when taking pictures of plants and wildlife, a most enjoyable Cheese and Wine party which followed a brisk and light-hearted Annual General Meeting, and an excellent annual lunch at Le Strange Arms Hotel.

On 21st February we will enjoy a talk on coastal gardening by the writer and broadcaster Geoff Hodge. Geoff is an old friend of the Association who has visited us several times in the past and we greatly look forward to his talk as he is a most knowledgeable and entertaining speaker. Next month we have a speaker from the Walnut Tree Nursery near Rocklands in Norfolk, who will enlighten us on how best to plant up those difficult shady spots in our gardens.

House plants are becoming an increasingly popular feature of home decorating, and in April we have expert coming to talk to us on how to select and display these plants to maximum advantage. By then, Spring will hopefully be in the air, and we will again be starting to garden in earnest, but we have one last speaker arranged to conclude our Winter Season of Talks, namely Dene Wood, Head Gardener from Holkham Hall.

So, as readers will no doubt agree, The Hunstanton Gardeners' Association certainly has a programme of events which should keep most gardeners happy during the Winter months; and of course during the Summer we look forward to visiting some notable gardens in and around East Anglia. If you would like to join the Association or learn more about us, please contact Mrs June Hammond, telephone 01485 535763...we would love to see you.

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THE BARKING BUGLE AT CHRISTMAS



The Barking Bugle and pals worked very hard on the last Friday before Christmas, raising valuable funds for PACT Animal Sanctuary at Tesco in Hunstanton. We were all excited about helping our friends in need and I have to admit we did look rather dapper showing off our winter range of Christmas jumpers. My thanks to Lily, Jodie, Hero, Leia, Willow, Pupstar, Gizmo and Lilly the Lab, you were totally pawesome guys!

PACT Animal Sanctuary in Hingham in Norfolk really does an incredible job and over the past 16 years over 5,000 animals have been re-homed or released. The staff currently care for over 1,600 animals ranging from hamsters to horses and budgies to peacocks. Many animals are brought into sanctuaries such as PACT particularly at Christmas desperately needing to be looked after. The care of the animals is solely financed by donations from the general public.

We are extremely proud to announce that the grand total of £416.12 was raised at Tesco, including many items of food and a doggie duvet. We would like to say a huge thank you to all the wonderful, generous people who donated their money, to all the other human helpers and doggies who, along with the Barking Bugle team withstood the cold to help collect the funds, and to Gareth and his team at Tesco without whose help and co-operation this event would not have been able to go ahead. Donations such as this really make a difference!

Woofs Frodo Cavalier - Editor

For all the latest doggy news visit www.thebarkingbugle.co.uk. You can also follow us on facebook/twitter and Instagram.

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Thaxters plant of the month - Camellia



Most Camellias grown in the garden are *Camellia japonica* (Japanese Camellia) but we will all have another form of *Camellia* in the kitchen, as tea is made from the leaves of its relative *Camellia sinensis*, the Chinese Camellia!

Camellias are popular hardy evergreen Winter and Spring-flowering shrubs with glossy green leaves and single, semi-double or double flowers in shades of pink, red, white or bicoloured. They prefer a sheltered position in light shade although with careful watering they can be grown in a sunnier location. Being a woodland plant, they will benefit from a free-draining soil with plenty of organic matter, such as leaf mould, added.

Although they are hardy once established, avoid an east-facing position as the flowers can be prone to dawn frost damage. This is when buds are opening and there is a frost followed by early morning sun causing the tissue in the petals to turn brown. If your shrub is in an open position it is worth covering the east-facing side with fleece for protection if frost is forecast.

Camellias need an acidic soil but can be grown in pots in ericaceous compost if your soil is alkaline. Feed with Sequestrene or Iron or soluble, liquid or slow-release ericaceous feed and use rainwater for watering if you have hard water. Hard water will also leave unsightly calcium spot deposits on the glossy leaves. If the leaves start to turn yellow this is a likely sign that the soil is not acidic enough.

Camellias form their buds in late summer and autumn on new growth and it is therefore important to keep them well-watered at this time as drought will result in poor flowers the following Spring. It's not usually necessary to do much pruning but it is best carried out in late Spring immediately after flowering otherwise you could limit flowering the following year. If a plant has become very overgrown, hard pruning will usually be successful. Also, it is recommended not to feed Camellias after July as late feeding may lead to bud drop.

Saying that, some bud drop may occur if a healthy plant has produced too many buds, but this is perfectly natural.

The most common problem customers have with Camellias is sooty mould, a black fungus, on the upper surface of the leaves. It's unsightly but rarely damages the plant and is a result of a sticky substance, known as honeydew, dropped by aphids or scale insects crawling on the underside of a leaf above. The mould then grows on the honeydew rather than the leaf itself. The best remedy is to get rid of the offending insects by washing the leaves with soap and warm water or using a systemic insecticide such as Bugclear. Spraying the shrub with water from a hose will dislodge any returning insects and the sooty mould can then be wiped off. Plants that are stressed, either from lack of water, feed or in need of potting-on will always be more susceptible to pests.

Try a Camellia to bring a bit of cheer to your garden this February!



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"Looks, Books and the Real Downton Abbey"

An exclusive event featuring speakers The Countess of Carnarvon & Writer and historian Rosemary Hill

Sussex Barn, Burnham Market, Norfolk -Thursday 4 April 2019

This forthcoming event, to be held at the stunning location of Sussex Barn, Burnham Market (in conjunction with The White House, a beautifully refurbished and stylish Georgian country house*) will bring together two contrasting yet complementary speakers for an occasion not to be missed.

With production of a new fictional feature film just completing, **Lady Carnarvon** will provide an insight into the alluring world of Highclere Castle –the real Downton Abbey.



Rosemary Hill, renowned writer and historian will present her illustrated lecture "What does she think she looks like?: The Dress in Your Head" first given at the British Museum in March 2018. A fascinating exploration of why women wear the clothes they do and how they write about them.



In 1838, the 3rd Earl of Carnarvon employed Sir Charles Barry (architect of the Houses of Parliament) to transform his classical Georgian mansion into a grand country house. Rebuilding works were completed in 1878 and from then on, throughout the late Victorian era, the house which viewers of the iconic ITV series Downton Abbey will instantly recognise, became a centre of political life. The family name of Carnarvon is perhaps most well known for being associated with the excavation of the Valley of the Kings in the 1920s. The 5th Earl, together with Howard Carter, was the first to enter the tomb of Tutankhamun. The Earls' premature death gave rise to the so-called "Curse of Tutankhamun".

But what of the women of the Carnarvon family? Guests will be enthralled to hear from Lady Carnarvon, about the lives, loves and backgrounds of the beautiful, fascinating, strong and influential women of Highclere and the part they have played in the history of the Castle. Rosemary Hill has published widely on 19th and 20th century social history. Her highly acclaimed biography of Augustus Pugin: "God's

Architect" won four major literary awards. She is a contributing editor of the London Review of Books, a Quondam Fellow of All Souls College, Oxford and was, for many years, a trustee of the Victorian Society. Her next book will be "The Antiquary in the Age of Romanticism".

The talks will be preceded by coffee on arrival, followed by an aperitif, canapés and two course luncheon, created by chefs Adam Baker and Jack Forman of North Norfolk Catering Company. Wine or a non-alcoholic alternative will be served during the meal. After the talks there will be an opportunity to meet the speakers over book signings and enjoy a refreshing cup of tea with a gâteau or pastry.

Norfolk Concierge is honoured to welcome both guest speakers to North Norfolk.

INFORMATION: Ticket price: £125 per person -All Profits will be shared by **West Norfolk Mind** (registered charity 1137086), **Helen Bamber Foundation** (charity number 1149652) and **St Michael and All Angels Church, Highclere**. The event is being generously sponsored by **Kathryn Gigg, Chartered Accountants, Hunstanton**; and **Continuum**, award winning financial advisers.

* The White House will be offering a special rate B&B on a limited number of rooms for the night of 3 April, for guests also attending the event.

For tickets or more information, contact Alexandra Ware: email: alex@norfolkconcierge.co.uk; call 01485 540245 or 07803 047311. Arrival: 11.00 a.m. Close: 5.00 p.m. approx.

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Have you ever wondered what your Town Council actually does?

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This new event will take place on the last Saturday morning of the month all year and will eventually include speakers and other interesting events as requested.

Have you ever thought of becoming a Councillor yourself? Here is a chance to find out what is involved and the challenges to be faced. There is an election due in May, so the possibilities are endless.

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Committee agrees to reduce speed limit on A149

The day after the Duke of Edinburgh's crash on the A149 near Sandringham, Norfolk County Council's Environment, Development and Transport Committee agreed to reduce the speed limit to from 60mph to 50mph and to install road safety cameras.

The proposals had already been on the meeting's agenda before the Duke's crash and councillors said they had been "looking closely into the safety of the A149 for some time".

Cllr Martin Wilby, Chairman of Norfolk County Council's Environment, Development and Transport Committee, said: "I am extremely sympathetic to everyone who was involved in yesterday's incident and wish everyone a speedy recovery. But it is not our place to speculate on the cause of last night's incident.

"We have been looking closely into the safety of the A149 for some time. A detailed report was submitted to Environment, Development and Transport Committee by Norfolk County Council officers last week along with a recommendation to approve, at today's meeting, the implementation of a 50mph speed limit and to install road safety cameras.

"Based on the report and our dedication to the safety of the people in Norfolk, the committee has agreed to reduce the speed limit of the A149 to 50mph on two sections of the road and approved the Norfolk Camera Safety Partnership scheme to install road safety cameras along the road.

"I am also aware of local concerns about some of the junctions along the A149. In light of this, we have agreed that further work must be added to the Norfolk County Council's Highways forward plan to investigate whether additional road safety measures need to be implemented.

"All the approved and future work will be carried out within the usual timescales."

The 97-year-old Duke was at the wheel of a Land Rover Freelander



when it overturned on Thursday afternoon just after 3pm and collided with a Kia driven by a 28-year-old woman who suffered cuts to her knee. A 45-year-old passenger in the Kia suffered a broken wrist and a nine-month-old baby boy who was also in the Kia escaped unhurt.

"Both casualties were treated at the Queen Elizabeth Hospital in King's Lynn and were discharged last night," police said.

Prince Philip was not taken to hospital and is said to be recovering at Sandringham with the Queen.

Both drivers were breath tested following the collision and today, 18th January, Norfolk Police confirmed that both tests were negative.

On Radio 4's Today programme witness Roy Warne told the interviewer that he saw the Duke's black vehicle roll over to the other side of the road after a huge collision with another car.

He reported that the Duke was "very shaken and he asked if everyone else was all right."

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West Norfolk Clinical Commissioning Group

Hello from West Norfolk CCG I imagine your first thought on reading this was who are West Norfolk CCG? Well, the fact that most of you had this thought was the reason I decided to reach out to you. West Norfolk CCG is the NHS organisation which buys, or as we call it commissions, the NHS services you use every day. We pay for GP and hospital services, mental health services, the ambulance service, the community nursing service. In fact, the only NHS services that we don't buy are pharmacies, opticians and dental services.

I am Paul Williams, the chairman of the CCG, and I was a full time GP in Upwell for 30 years until I took partial retirement last summer. I still do one session a month in Upwell and spend a lot of time working at the CCG. For some time I have been writing a blog on our CCG website and you can read previous entries here www.westnorfolkccg.nhs.uk. Recently, however, I became aware that my words were only reaching a small proportion of the people we serve and I am keen to reach as many local people as possible. I want local people to understand what we are doing to provide healthcare, what problems we have and I want to give you advice about how you can best access our services and stay healthy.

I saw the New Year in on Westminster Bridge watching the fantastic firework display this year. It's something I've always wanted to do and it was a memorable experience. However, what was obvious was how much planning, preparation and post event work was necessary to stage that 10 minute spectacle. This is of course also true of health services. As you probably know the trusts who run the Queen Elizabeth Hospital and the area's mental health services are both in special measures at the moment. That means they have extra scrutiny and help to reorganise themselves to ensure the service you, the patient, experience in the short time you have contact with the health services gets better. We are doing what we can to support them to deliver those improvements and I think we will all see significant changes in how those services are delivered in the coming year or two.

There have been stories in the media recently raising the fear of losing services at the Queen Elizabeth Hospital. In truth there have been no decisions taken to do anything to threaten the future of the hospital and I want to assure you the CCG understands that we need a hospital in King's Lynn and we will be doing all we can to ensure its continuation.

So what changes are going to happen? The key theme to all the plans in place is integration, which essentially means working more closely together. At the moment there is an enormous amount of money spent on health and social care but those two broad areas are funded separately and by different organisations. Communication and seamless working is difficult when the services are fragmented in this way. In an effort to improve this and get better integration the government formed STPs - yes more confusing abbreviations. STP stands for Sustainability and Transformation Partnership. They are essentially a way to bring together all the organisations who are involved in delivering health and social care to enable more seamless working which should reduce waste and improve the patient experience.

In our area the STP covers Norfolk and Waveney, an area which includes 5 CCGs, three large hospitals, and is mostly covered by Norfolk County Council. There is one provider of community health care and one of mental health services and there are many district councils and even more voluntary organisations involved in delivering health and social care in this large area. In order to make things more manageable the area is sub divided and we have a west division within the STP which is focused on delivering that improved integrated care to you.

I chair the Local delivery Group in the West which is the group where all the organisations I have mentioned above come together to plan how we can work more smartly and more closely together to improve services. I will go into more detail about this in future issues, but already we have seen practical improvements as a result of that

closer working. We now have what we call West Norfolk escalation avoidance team (West NEAT) where a group of NHS and social care professionals drawn from a range of different disciplines and based at St James' Hospital in King's Lynn act as a single point of contact for health and care professionals such as GPs, community nurses, mental health workers, paramedics from the ambulance service, social workers or therapists.

The aim of the NEAT is to make sure the patient gets the help and support they require. If they really do need to go to hospital they will, but in most cases they are helped to stay at home where they want to be. Sometimes voluntary groups will be able to offer some ongoing support to ensure other issues in the person's life are addressed, such as loneliness. So just like the New Year's Eve fireworks a short positive experience for the patient is brought about by considerable thought, planning and negotiation behind the scenes.

Finally, I expect many of you will have started the New Year with new enthusiasm for a healthier lifestyle, in particular you may be having a dry January. I listened to an interesting item on Inside Science on radio 4 this week where they discussed some good research into what, if any, benefits there were to having a dry January. You can listen to the programme yourselves on this link on the internet, <https://www.bbc.co.uk/sounds/play/m0001v18>. I was quite surprised to hear just how big the range of health benefits there were from this simple act. Notably for me was the reduction in diabetes risk and cancer risk that followed not drinking alcohol. So if you are considering a period of abstinence I urge you to go ahead with that, you will do your body a favour.

Paul Williams, Chairman of the CCG



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I'm writing in the middle of January with all the festivities behind us. I used to know it was January because the holiday programme came on TV and was always something to look forward to. Nowadays there are constant adverts for holidays, but I'm sure many of you can remember the lovely Judith Chalmers presenting her programme from all the exciting places around the globe. There always seems to be somewhere attractive to go no matter what the time of the year. Emma has just reminded me that the theme tune was the Beatles singing "Here comes the sun" and that I'm going back a bit!



At Hunstanton Eyecare we are expecting our delivery of sunspecs to arrive in early February. This year we have chosen a new supplier to introduce a new range. We expect most of our clients' sunspec purchases to be an additional prescription pair, so we have created a competitive "package price" to suit most prescriptions. The frames will be the same good quality as our normal spectacle range with a choice of plastic or metal designs. Lenses may have a fixed dyed tint or be polarised. The fixed "dip-dye" tinting process is probably the most common, and as the name suggests, the lenses are dipped into a bath of warmed dye solution. The longer you leave the lenses in the bath, the darker the tint. However, the polarised lens is my preferred choice, they are made by polarising material being sandwiched between the two layers of the spectacle lens. It blocks light completely from a horizontal plane and is the best lens to eliminate glare from wet roads and water. The ideal lens for drivers and holidays by the sea. We can make them in single vision, bifocal or varifocal lens designs and the colour choice is grey, brown or green. Our sunspecs are available to purchase without prescription. The lenses are high optical quality with 100% UVA and UVB protection as standard and come with a case and cleaning cloth.

So if you are looking for sunspecs this year, come and view our new range, stylish frames with high quality lenses for your protection and comfort. We look forward to seeing you soon.

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Wells Community Hospital Trust news

Normal service has resumed after all the festive and New Year celebrations. We here, at the Hospital, are looking forward to an exciting and diverse 2019, with lots of new clinics, support services and training lined up. Check out our website or pop into reception for help or information – we would love to see you!

What's on at your hospital.....

Fundraising Events

Bingo!!!!

Join us for a great night out on Friday 22nd February * Doors Open 6pm. Eyes Down 7pm *

Fabulous prizes and a Raffle, free parking and refreshments.

Kilimanjaro Trek 22nd February 2019

Support Sue Gathercole (Cardio & Core) in her epic fundraising journey for Wells Community Hospital Trust, Arthritis Research UK (Versus Arthritis) & Burnham Market Primary School. Please contact Sue to donate sue@cardioandcore.co.uk

Services & Clinics

McTimoney Chiropractor – Classical Manipulation

Classical Manipulation is a non-invasive, whole-body treatment that effectively relieves pain, reduces stiffness, and reinstates the balance and integrity of the musculo-skeletal system. Booking essential: rosemary@rosiebones.co.uk or 07974457399. 20th Feb from 9am

Children's Health Visitor

Are you a parent/carer living in North Norfolk who needs help, advice and practical support about the care & development of your child? Then pop into one of our free clinics run by our qualified health visitors. 14th February from 10am

Wellbeing Services

'Coffee and a Catch up social' in Wells Community Hospital Come along and meet like-minded people in a relaxed, informal setting. This is not a therapy session but an opportunity to build connections with others – Feel free to bring a friend. No need to book, just turn up. Free tea/coffee/biscuits! For further details contact: Gary Freeman on 07341 867105 or by email to: gary.freeman@nshft.nhs.uk 18th Feb 2-3.30pm

Norfolk Hearing Care

Mark has over 30 years of experience in audiology and can help empower you to make informed choices about your hearing needs. For more information and to book your appointment enquires@norfolkhearingcare.co.uk or 07925 792146, starting 12th Feb and thereafter on the 2nd Tuesday of every month.

Dementia Hub

Lady, our P.A.T doggie, will be visiting on the Dementia Hub on 27th Feb from 1030am, please do pop along to meet her and join in our fun activities. Free of charge and everyone is welcome! Please call for more information. Transport can be provided.

Training Hub:

Upcoming dates for you training needs:

- 27th Feb Emergency First Aid at Work. (9am-5pm)
- 28th Feb Basic Life Support (3 hrs)

Do contact us to book your place and for more details.

Ordinary General Meeting

Our OGM will take place on Thursday 25th April at 7pm in the Gordon Barrett Memorial Hall. Everyone is welcome.



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Service launched to help West Norfolk's homeless with their health needs this winter

Homeless people in West Norfolk will be getting a helping hand with their health needs this winter thanks to a joint initiative by NHS West Norfolk Clinical Commissioning Group (CCG) and the Purfleet Trust.

The two organisations have teamed up to offer homeless people support with their primary healthcare, with the CCG providing funding for a nurse to run a clinic at the Purfleet Trust's building in King's Lynn.

A nurse from Southgates Medical Centre in King's Lynn will run the clinic once a week at the Purfleet Trust's facility in Austin Fields.

The clinic is now open and will run until the end of March 2019, providing support to people who may otherwise struggle to get the medical help they need.

The joint initiative is one of a number of schemes developed by the CCG to help boost health and care services in West Norfolk this winter.

Paula Hall, Purfleet Trust's Chief Executive, said: "Having the nursing provision at our Health and Wellbeing centre is a huge benefit for our clients that due to homelessness, complex needs and severe disadvantage often present with health problems.

"Our aim is for this service to engage with individuals who find it hard to access health care, this will improve outcomes for our clients and reduce the impact on A&E.

"Clients are more likely to attend appointments here at the centre as it is an environment in which they already feel comfortable and safe. In the first few weeks of the project we have already had some excellent results, with clients who have previously found it hard to engage with services receiving treatment and advice on continuing health care."

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A sound investment

When it comes to choosing double glazing, PVCu is a sustainable and enduring choice, explains West Norfolk Glass' managing director Geoff Parker

February is a mixed month in some ways and, depending on the weather Mother Nature sends us, we can have spring bulbs and verdant blades of grass shooting forth, or a large dump of snow to contend with! Keep your winter gear handy, just in case...

If we are fortunate enough to enjoy more of the former it's a great time to get outside and take stock of your home. How are your windows and doors looking? Has your fascia and guttering withstood the worst of the winter weather?

If things could do with freshening up, give us a call or visit our showroom to see some of the latest, most energy-efficient products which can improve your home's appearance and heat performance. We are here six days a week, and we also have an Open Day upcoming on 27 April, so stick it on your calendar and make a date to visit, if not before.

One thing which always surprises people is the range of products that are available to suit all types of property and price points. PVCu is undoubtedly an economical and effective material for double glazing which works well for many homeowners. Last year there was a major movement against single-use plastics, and several customers have asked me about the use of PVCu in the double glazing industry.

In actual fact, PVCu can be recycled up to ten times which is an incredible feat. Given that our installations are guaranteed for a minimum of ten years, it means the PVCu used in a home's windows and doors has a potential 100 years' use, making it a highly sustainable material.

Of course the key to maximising this longevity is to select a high quality product in the first instance. I recently visited a home where a PVCu door had been colour-coated and after just a few years the paint was flaking off, the door was leaking in wet weather and the letterbox was letting in a gale! Despite guarantees, the previous installer had not addressed the issues leaving the homeowner with no choice but to ask us to come in to replace the door.

As a second-generation family firm that has been helping homeowners with glazing solutions for more than 50 years, we use products that are built to last to reduce these types of problems. However, it's worth asking what guarantee comes with any new double glazing, whoever you choose to work with. A quality product from a quality firm will undoubtedly pay dividends over the long-term.



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News from Hunstanton Lifeboat Station

Geoff Needham

Monday 31st December 2018 at 10.00 a.m. UK Coastguard requested launch of Hunstanton Hovercraft to assist the Police and other agencies, to a casualty on Holbeach marshes. Hunstanton Hovercraft launched on service at 10.15 a.m. and proceeded to the area, and liaised with police and local coastguard teams. Returned to station at 3.15 p.m. H.W. 00.48.a.m. Wind. S.W 2 Weather Cloud Vis. Good Sea state Slight. This was the final shout of the year.

Looking through Shouts that occurred in January's past, it shows a very quiet month. January 3rd 1868, in a fresh north easterly, with squalls, the Newcastle registered Barque Paunure, was reported aground on the Woolpack sands, Licensed Victualler launched, on arrival at casualty, their help was refused, and the vessel eventually floated off the sands, leaving the weary crew of the lifeboat to return to station. Again in 1912 the steamship Mary, ran aground off Thornham, lifeboat launched at 4.30 p.m. on arrival help was refused. The vessel used her own power to float free, lifeboat returned to station at 8.00 p.m. This was in the days of sail and oars, cork life jackets, and oilskins, one can only imagine their thoughts. Saturday 9th January 2016 at 5.30 p.m. Crew paged to assist person's in water just two hours before they were due to sit down to their annual Christmas Dinner, arriving back at station with just a half hour to get home and change ready to sit down to their meal. Humber Coastguard requested launch of Hunstanton Lifeboat to go to the aid of person's in the water off Hunstanton. Humber Coastguard received a report that two persons were in the water trying to recover a Jet Ski and were in difficulty. Hunstanton Lifeboat arrived on scene, it was confirmed that the two persons were ashore and were being treated for hypothermia.

Under the direction of Pete Naylor, crewmember and professional photographer in his daytime job, a Christmas video message from the station was made. To view the full Video Christmas message from



Hunstanton RNLI. Visit our FB page.

Sunday 23rd December Hunstanton Lifeboat crew, along with the help of their wives, lay on a families' party, at the boathouse. Santa visited the station, and handed out gifts to all the children, a great time was had by all, fun and games, and nibbles. It was a special visit this year, as the crew had helped Santa to recover and distribute his presents, after a mishap over the Wash. The picture shows Santa with the youngsters at the Boathouse.

Video footage of some recent rescues can be seen on the RNLI website www.rnli.org.uk The RNLI is a Charity that is supported by voluntary donations and volunteer crews. For information on the RNLI the Charity that saves lives at sea visit www.rnli.org.uk

Letters to the Editor

High St Surprise

Town & Around often features ornithological articles with sightings this month (January) ranging from Buzzards to Goldfinches, Pheasants to Redwings, Fulmars and various Gulls. All spotted in the local Reserves & surrounding countryside. I would like to add another venue - Hunstanton High St.

On 12th December last year I was posting Christmas cards at the postbox. As I turned back towards Greevegate I was passed by a 'woosh & a squawk' with a fleeting glimpse of something disappearing beneath a van parked outside the Pizza Takeaway. Seconds later the bird flew across the road, landing at the bottom of the steps close to the Coffee Emporium. The kestrel lay on top of its prey with wings outstretched for several minutes before flying down Old Bakery Lane presumably to eat its prey, it was lunchtime after all.

Perhaps a vacant High St shop could be converted into a Birdhide, just a thought.

Robin Bosworth

Post woman Pauline retires

I and I'm sure many other Hunstanton residents would like to say a BIG thank you for the excellent service delivered by Pauline, post woman, until recently.

We were sad we couldn't thank her personally but we wish her well for the future.

Enjoy a lie in Pauline.

Kind Regards

Mary & Vasos

Cliff Parade

Councillor's work

Having long ago undertook the task of Councillor I recognise the extent this imposes on time to be set aside for meetings and a variety of responsibilities but many occasions occur which absorb extra attention. One such case was that which I had the need to require the assistance of the Borough Councillor, Richard Bird.

The speedy attention he gave to the matter and subsequently resolved the issue after prolonged attempts to engage with the contractors of the building sites was most appreciated. Particularly as it interrupted his holiday to do so!

Roland Worth

Please send letters for the March edition to the Editor by 12th February. They can be sent by post, e mail or via our website: www.townandaround.net

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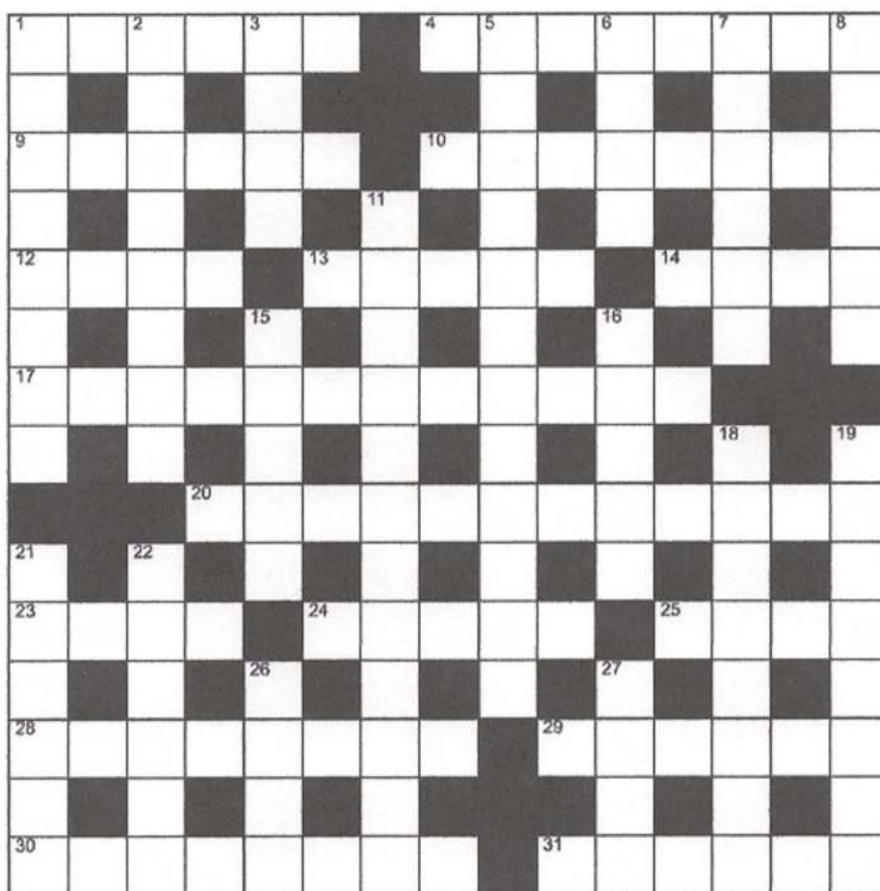
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David Elsey's Cryptic Crossword

1. Turned under in modest fashion (8)
2. Lose teacher, say, to vacancy (8)
3. Hugely hacked off, he turned nasty (4)
5. Catching up with and touching one intent on ignoring fare (6,6)
6. Eccentric type could be taken in hand (4)
7. Stamps can be obtained from Brazil and Sweden (6)
8. Show displeasure over hospital department that's full.... (6)
11. or, I fear, those suffering could make a lot of noise! (5,3,4)
15. The French add this to one of their finest ports (5)
16. Transfer is tied up (5)
18. Elizabeth abandons terrible broadcast, moving over to text (8)
19. Appeal during big match, catching opener out sweeping (8)
21. Painted in a clumsy fashion, so due bad review (6)
22. Being bothered initially, now is calm (6)
26. Both pilchard and perch are absorbing fish (4)
27. Pearl could be seen moving around right at start (4)



Crossword solution on page 46

Ray Butchers Su Doku

Easy first...

...then the more challenging

8				5				4
	2	9				6	5	
4								9
	7	8	5		3	4	9	
			7		9			
	3	5	2		1	7	8	
5								1
	4	1				5	2	
6				2				8

		7		3	5			
	4				1	7		
1		5		8		6	2	
	6						4	5
		4				2		7
		2						
			9	6		1		8
					7		6	
						3		

The Risks Involved in Making a DIY Will

Amy Pettitt

In difficult financial times it is understandable that some people decide to make a 'DIY Will' without involving a qualified legal practitioner but this can create significant risk. Amy Pettitt, a solicitor in the probate department at Fraser Dawbarns, discusses some problems that can arise.

Will packs are widely available at a relatively low cost and offer a template for individuals to complete. There is also a considerable amount of free advice and sample Wills on the internet for individuals trying to prepare their own Wills.

There are actually very few legal requirements for creating a valid Will, these are laid out in the Wills Act 1837. The Will has to be hand written or typed, on any material and must be signed by the testator (the person making the Will) in the presence of two independent witnesses who also sign it. Providing these conditions have been met, the Will is legally valid.

However, while this appears straight forward, the exact requirements are quite technical and can be easily misunderstood even when the testator is following a template. If the legal requirements have not been met, the Will may not be valid. For example where the testator has signed the Will on his own without two witnesses being present or where

the witnesses did not sign the Will.

If the Will is invalid it will not be followed on the testator's death. Instead the estate will pass to the deceased's family in accordance with the intestacy rules, a strict set of rules that may not be in accordance with the testator's wishes.

Even if the Will appears to meet the formal requirements, there can be complications in obtaining the grant of probate necessary to administer the deceased's estate. The Probate Registry may require additional evidence before they are satisfied that the legal requirements have been met.

This can happen when the testator has not used the specific wording that a legal practitioner would use to show that the formalities have been complied with when drafting the Will. This can result in delay and additional costs. There can be great difficulties obtaining the evidence necessary to get a grant of probate if the witnesses to the Will have died or cannot be traced.

Even if a grant of probate can be obtained, there may still be complications in administering the estate due to the wording used by the testator and the unforeseen legal consequences of those words. If there is uncertainty about what the testator meant then the gifts contained in the Will could fail. For



example, a Will stating that 'I leave all my money to my children' may result in a partial intestacy if the estate also includes a house and shares.

A Will is one of the most significant documents that a person will ever make. It is important that any Will you make is valid, to ensure that your wishes are upheld and to minimise the expense and stress for your family. The cost of instructing a legal practitioner when writing a Will is far lower than the cost of dealing with an estate when a DIY will has gone wrong!

Get in touch with Fraser Dawbarns today, our team of qualified legal practitioners can ensure your Will meets all legal requirements, info@fraserdawbarns.com or visit www.fraserdawbarns.com



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What To Do When A

Losing a loved one is always difficult. Even if the death was not unexpected, it can be hard to come to terms with, leaving you feeling lost and overwhelmed by all that must be done. While nothing can take away the pain of losing someone you love, preparing in advance and making sure you know what steps to take and when, can make this challenging time a little easier.

What To Do When A Death Occurs At Home

If your family member or friend has passed away at home then the first step is to call a Doctor to come out and certify the death. If your loved one was being cared for at home and a nurse is present, then it's possible that the Doctor may give the nurse the authority to confirm the death for you instead. You will be issued with a medical certificate by the surgery, usually the following day. If your loved one passes away while in a residential home then in most cases they will arrange all of this for you.

If the death was unexpected it may be referred to the Coroner. You can contact the local coroner's office in King's Lynn on 01603 276493. They will be able to advise you on the next steps if this is the case.

What To Do When A Death Occurs In Hospital

When a loved one passes away in a hospital the process is a little different. The staff will certify the death and you will need to book an appointment with the Bereavement Office to arrange collection of the medical certificate. You can contact the Bereavement Office at Queen

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Editor's note:

This is the first in a series of three articles about what to do when someone dies.

Next month we will cover **PLANNING A FUNERAL**, and in April the subject will be **FUNERAL PLANS**.

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A Loved One Dies

Elizabeth Hospital on 01553 613878 or for Norfolk & Norwich University Hospital call 01603 287165.

What To Do If A Death Occurs Abroad

If a death occurs abroad you will need to follow the guidelines set out for that specific country, before then arranging for your loved one's body to be returned to the UK. If you have travel insurance that covers repatriation they will help you to make the necessary arrangements and will cover the costs.

Choosing Your Funeral Services

As soon as the Doctor or Nurse has confirmed the death you can contact your chosen funeral services and arrange for your loved one to move into their care. Most funeral directors will take calls any time of day or night. Look for a funeral director that holds a good reputation in the local area and is willing to answer your questions and support you through this challenging time. If finances are difficult they will be able to make arrangements to help spread the cost of the funeral too.

Registering The Death

Once you have your medical certificate you will then need to book an appointment at the Registrar's Office where the Registrar will record the death and issue you with an official death certificate. This is a legal document that will be required for many tasks including settling the estate and claiming insurances.



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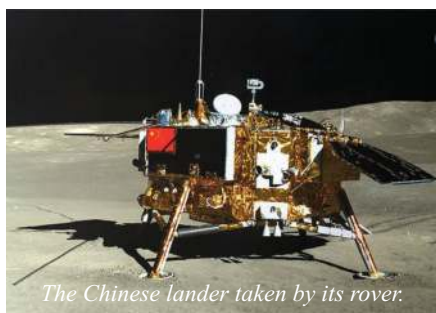
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Heacham and Hunstanton at Night

Terry Parish

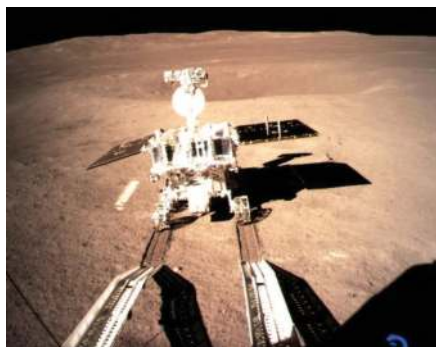
Only 11 months to go to 2020. A constant will be the perfectly predictable motion of the planets and their moons. Two Super Moons to go this year and a transit of Mercury too. The superest Super Moon is on the 19th with the Moon just 356,846 km away. It will be 8 years before it is as close again.

We had a bit of space history last year and a hint of the developing future. The 50th anniversary of Apollo 8 – the one that orbited the Moon – happened. The 50th anniversary of Apollo 11 – the first Man on the Moon – is this year. At Christmas the Chinese landed a robotic craft on the far side of the Moon at the other side of the south pole in a deep crater. I imagine they will determine whether water is extractable as that is the key to a planned lunar base.



The Chinese lander taken by its rover.

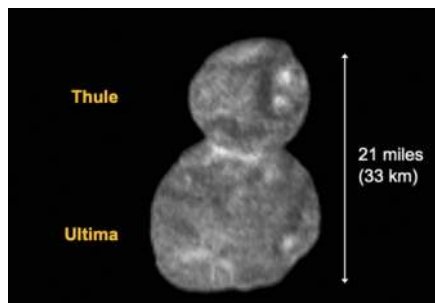
The farside of the Moon is not the darkside. There is no darkside, all the Moon's surface gets its share of day and night. We don't see the farside because the Moon rotates once in the same time as it orbits the Earth. It is (gravitationally) locked. The farside has been investigated by orbiting craft and through seismic data collected by instruments set down by the Apollo missions. The crust is thicker than on the nearside and there has been little outflow of lava. Consequently, there are no great 'seas' – plains – which we observe on the familiar surface of the Moon. There are far more craters because few have been obliterated by selenological activity (Selene is the Greek Moon goddess and geo, as in geological, is Greek for Earth).



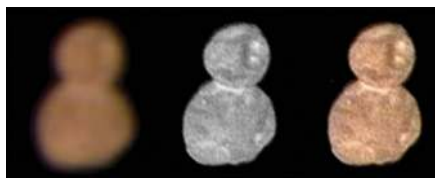
The rover leaving the lander. The red colour is not correct. Internet

Voyager 2 left the solar system (outside the boundary of the solar wind) becoming the second vehicle to do so. Voyager 1 left it 6 years ago and is 22 billion km away travelling at 61,000mph. It will approach a star in about 40,000 years. Both Voyagers still send back data and 2 has a significant working instrument on board. Both machines were launched in 1977 with technology developed in the 60's.

Meanwhile, New Horizons, the Pluto probe, shot past Ultima Thule which has been revealed as a snowman. The probe is now in excess of 6.5 billion km out. There is enough fuel to target another far off object and the plutonium powered thermo-electric generator will keep making electricity until the 2030's.



Ultima Thule courtesy of New Horizons and NASA



Merging a colour image with the high definition black and white reveals the snowman is a bit pink. NASA

And, last of the space vehicle appreciation paragraphs, I remain on Mars on the Insight Lander whilst simultaneously orbiting the asteroid Bennu as my son submits my details to anything going a long way away. (Some of you will have read this before but never mind, I don't). Bennu has a lot of boulders on it which is going to make collecting samples harder.

Before Christmas I saw Comet Wirtanen from Heacham but cloud stopped me trying for a picture on subsequent nights. It was a pretty boring comet, a large, diffuse, grey blob with no pretty tail. Better observers picked up its greenish colour and, if you could have stuck your head in it, it would have smelled a bit of marsh gas.

Fog, drizzle and cloud blocked out most of my predicted observations though others did see the Venus Jupiter conjunction. I don't know if I saw the total eclipse of the Moon on the 21st January as I am writing this before

then. Let's say I didn't.

Anyway, February Fill Dyke looms though some weather predictions I have just heard give a good chance of Frozen Drain being the better expression to use. As astronomers are beginning to produce climate models for some very far off exoplanets, it will be interesting to see if Earth models are accurate. Nothing exceptional to see this month but any clear sky is always worth looking up at.

Mars is still with us in the evening sky and Uranus and Neptune are still there too. Mercury becomes an object to seek just after sunset in the latter half of the month. Jupiter, Venus and Saturn are around in the SE prior to sunrise.

With binoculars (for Uranus and possibly as an aid for Saturn) and a telescope (for Neptune), given a clear sky, a fair wind, and some luck, it is possible for you to see all the planets of the Solar System between sunset and sunrise. The best opportunity for this heavenly feast is on the 19th. On this date, Mercury has risen just about high enough over a flat WSW horizon and is also bright. It gets higher until the very end of the month but also less bright. On the 19th, too, Neptune is just below Mercury. It is unlikely you will see Neptune without a telescope. However, you may be satisfied with looking towards it as, if you find Mercury, you will be. Mercury appears just as an intense spark of light. I have had success seeing Mercury from Heacham Beaches and from the sea defence path towards Hunstanton.



If you can see it, there is a tiny white dot just right of centre about a quarter of the way up. This is Mercury from Heacham South Beach. Parish

Between the 9th and the 17th Mars passes Uranus. This observation is due to the relevant movements of those bodies and of Earth. Earth travels faster than Mars and both are much faster than distant Neptune so inner planets are always overtaking those further out. The closest, apparent, approach of the two planets is on the nights of the 12th and 13th (two dates because it depends where the observation is from). Good binoculars held stationary should pick Uranus up alongside Mars – a faint blue blob next to a hint of red on brighter Mars (Mars's colour has faded with increasing distance).

Look WSW to see this conjunction of the red planet with the blue. Mars should be easy to see about a third of the way up the sky. From the 9th to the 11th, Uranus will be just above it, after the 13th an increasing distance below it.

The pre-dawn sky is busy with planets. This time you are looking towards the region where the sun will rise so take care if using any optical instruments – don't stray to where the sun will actually pop up. I have talked about Mercury being out there and so is Venus, still bright in the SE.

Look SE from about 6.15am at the beginning of the month, earlier as the month proceeds. Venus is quite low in the sky and gets lower each day. Jupiter is always at a little higher level and to the right. This picture carries on until about the 11th when, depending on your horizon, Saturn pops up exactly SE and to the left of Venus. Each day afterwards, Saturn appears higher and more southerly (to the right) whilst Venus moves lower and towards the east. Their closest approach, conjunction, is on the 18th. Towards the end of the month the Moon also

joins in this line of planets.

If you have got your newsletter early and it is clear on the 2nd then you have a chance of spotting Saturn next to the thin crescent Moon. Both pop up from a good SE horizon at 7am.

When looking at these morning planets it is worth understanding that you are looking across the Solar System. Mercury and Venus are either side of the Sun, Mercury to the left and Venus to the right. Mercury is moving, in its orbit, towards us, Venus away. Relative orbital speeds mean Mercury will overtake Venus so it can only be observed for a few weeks. Meanwhile, Jupiter and Saturn are on the far side of the Sun, further from Earth than when they are on the same side and, hence, dimmer. Earth's higher orbital velocity will bring us back to the same side as these gas giants later in the year and they will, once again, be bright in the night sky.

This dance of the planets has been going on for a few billion years and will continue for a few billion more and older, newer, and yet to be formed planets, are also doing what they do or will form their own patterns of

movement.

Factoid. Whilst writing this I have had the radio on – the numbers programme. A question was asked. 'Which planet comes closest to the Earth?' I answered this incorrectly, partly (my excuse) due to the fact that Mars came closest last year. The answer most picked was Venus because its orbital distance from the Sun of about 67 million miles is just 26 million short of Earth's 93 million. However, as just discussed, planets orbit slower the further from the Sun they are so planets overtake each other. In consequence, Mars is, overall, closest to Earth 18% of the year whilst Venus is closest 36% of the year.

This is not the end of the tale. Mercury which orbits at an average distance of 36 million miles, 57 million miles short of Earth, (though Mercury's orbit is very elliptical), is the closest planet to the Earth for 46% of the year. Strange but true, apparently. A good pub quiz question if few customers read this article – likely true.

That will have to do for this month.

1st Heacham Rangers Trip to London

Debbie De Grussa, 1st Heacham Leader

We boarded the 9.45am train from King's Lynn to Kings Cross and sat down and prepared ourselves for a day in London.

Our main objective was to celebrate the 100th Anniversary of Votes For Women in which the Rangers have been participating and creating activities to celebrate this. We also decided that it would be great if the Rangers could do their Promise Badge in front of the Emmeline Pankhurst statue.

We arrived at 11.45am and took the tube to City and Hammersmith then 2 stops to the Barbican.

We found the museum and spent well over an hour having a look at all the posters, badges and a small documentary on the plight of these women. This was really interesting but had to leave as we wanted to have lunch first before going to Westminster.

We arrived at Westminster but were disappointed that Big Ben was covered up. We headed towards Victoria Park and there she was Emmeline Pankhurst. They had even put ribbon around in the colours of Purple, Green and White.

Here the Rangers and myself made our Promise and it was amazing. The girls enjoyed the experience and received their badge and certificate.

Because we were in London the Rangers decided that we all had to go to Hamleys so onto the underground we went and headed for Regent Street. I have to say it was so busy that we walked through the door and then straight back out. It was a shame but we didn't really think that it was worth all the pushing and shoving. The Rangers then made the decision that they wanted to go to Selfridges and Primark. By now it was getting dark and I have to say the Christmas lights were amazing.

Once the Rangers had finished doing their bit of shopping we headed to Nando's in Kings Cross for our dinner which also was very nice.

Back to the station to get the 6.42pm train to King's Lynn and we arrived home by 8.30pm. The whole day was brilliant and the Rangers were amazing, a joy to be with.



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H AK

D AKQ

S 7654

H 976

D 5432

C KJ

C A 10 98765

S AQJ

H QJ 10

D J 10 9876

C 2

S 10 9832

H 85432

D -

C Q43

The contract is 7NT by South and the lead is the 4 of Spades. The problem is that once you have played the AKQ of diamonds there is no entry to the South hand. However there is a very neat unblocking play that solves the problem.

Play the spade King from the North hand and then overtake it with the A in the South hand! Then play the QJ of spades and discard the AK of hearts from the North hand! Now play the QJ 10 of hearts and discard the AKQ of diamonds from the North hand! Now you can make the 6 diamond tricks in the South hand and play the remaining club to the A in the North hand. Thus you make 12 tricks with the South cards and the only trick won by North is the Club Ace.

So the next time you pick up a hand with 3 Aces and 3 Kings just remember that you might only take 1 trick with them!!

You can send your story to us via our
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The Journey to Oz... The Panto

Hunstanton Town Hall December 2018

The Review

by Ann McKimm, LGSM. P. CERT LAMDA

Director, Examiner and Drama adjudicator



It was with some trepidation I entered Hunstanton Town Hall to see the Panto. A Journey to Oz last week.

There was a new writer, a new director and a new company treading the boards.

However, after nervous start everything picked up and went splendidly.

We all know the story of The Wizard of Oz but this one had a unique twist as new characters were added, and Toto became a donkey!

Directed and Narrated by the very experienced John Wrigley who played the part of The Wizard his cast did him proud.

We started with Deanne Pritchard as Aunt Em. and David Lemoir as Uncle Henry and they set a high standard for the rest to follow.

Dorothy was played by Elise Navarro and was sweet and innocent as required, next came Toto The Donkey, played by Eve Bodenham who stole the show and captured most of the children's heart in the performance I saw.

The Wicked Witch was played by Catriona Hawke who earned her hisses and boos and played up to them splendidly.

Liz Bishop played Jack and probably had the best vocal performances of the show. The Good Witch was played by Lucy Ferrer who looked enchanting and played the character well. Harmony was the assistant Witch Apprentice.

The baddies came in the form of two non- flying monkeys played by Elaine Verweymeren, (the author) and Tony Bishop (the producer). They obviously enjoyed their parts and brought a sense of fun and silliness as required by the clever script. The Other main characters were suitably played by Emily Watkins as the suitably silly Scarecrow, Lynn Haycock as the beautifully lit shiny Tin Man and Lewis Cleland as a splendidly camp Lion – my personal favourite!

Choreography was excellent especially in the transformation scene in the woods and was by Abigail Brown and Imogen Williams both talented dancers.

They were all supported by a large chorus of child munchkins who danced and sang beautifully and a rather strange Wardrobe/google person who all added to the fun.

The costumes were beautiful and could have dressed a west end stage and the scenery by Alan Chesters and Michael Haycock was stunning especially for the UV sequences. So well done to them.

The stunning costumes were designed and made by Elaine Verweymeren who wrote the script, made the props with help from others. The atmospheric lighting and sound was by Mark Hesling.

Well done to all the cast and crew. My only criticism was that it could have been a bit shorter. This was family entertainment at its best and was quite obviously a team effort and I for one will be looking forward to next year's unique new writing with pleasure. This was a panto with a difference!



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Finally, this year's Christmas presents have wended their way out of the sitting room and settled into their new homes. A thousand-piece jigsaw and a too small jumper will soon be spirited away to the charity shop. Then, all that will remain is the current Mrs B's present. It's a fearsome looking thing, with teeth, cogs and 4 needles. It's called an 'overlocker', Toto occasionally growls at it and I'm sure I heard it growl back!!

It was requested with the express purpose of making curtains. Mrs B loves curtains -

"they make a room!", she chimes.

I'm a fan of curtains too. They are vital to keeping the house warm. Ideally they should be lined, wide enough to reach 4-5cm either side of the window. If there's a radiator beneath the window then the curtain should be long enough to tuck behind it so that the heat doesn't escape. It's important to remember that you can put a curtain over a door too. Doors leading to the outside are always cold spots. If you're not sure about putting up a curtain rail, I suggest putting up a pole designed for a shower curtain and using ready-made curtains that have pre-made holes that will thread through the pole. Draught excluders are important too. Of course they can be made or bought, but old coats and blankets will do just as well.

Last weekend heralded a momentous occasion. Mrs B 'fired up' the overlocker. The littles and the dogs were banished to the kitchen while Mrs B took over the dining room. The overlocker hammered away then the sewing machine clattered. The littles stood at the door listening for the crisp snip of the giant scissors cutting the brand new curtains. Mrs B is still incarcerated at tea time and briefly emerges to kiss the littles

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'goodnight'.

It's past 10 o'clock. I'm drinking my last cup of tea and watching the dying flames of the Sunday afternoon sitting room fire. I remember visiting my Aunt's house in the school holidays and watching the flames for hours. Briefly, I time travel as I'm transfixed.

Suddenly, Mrs B is behind me.

"Look, look curtains! I'm so clever"

"Let's put them up now. Go and get the steps"

I put them up the next day. The overlocker has returned to hibernation and the curtains are a success.

Never underestimate the power of a good curtain!

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Crossword solution
Across: 1. Humbug, 4. Amicable, 9. Mostly, 10. Overcast, 12. Silk, 13. Faint, 14. Oder, 17. Unclassified, 20. Protestation, 23. Apex, 24. Beset, 25. Free, 28. Brighton, 29. See the, 30. Dandruff, 31. Import
Down: 1. Homespun, 2. Misplice, 3. Ugly, 5. Moving faster, 6. Card, 7. Brands, 8. Entire, 11. Raise the roof, 15. Havre, 16. Decal, 18. Libreto, 19. Interest, 21. Daubed, 22. Benign, 26. Char, 27. Germ



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Another recipe from The Prudent Pensioner

Cottage Pie with Bacon topping

Makes 4 generous portions

340g/12oz. Minced steak
1 medium size onion peeled and sliced
1 medium size Carrot peeled and cut into small pieces
1 small parsnip peeled and cut into small pieces
Any additional vegetables to serve with if liked (e.g. cauliflower or cabbage)
2 rashers streaky bacon, rind removed and cut into small pieces.
1 Beef stock cube
Approx. 700g/ 1 ½ lbs. Potatoes
50g/2oz mature cheddar cheese grated
Salt and pepper
1 teaspoon cooking oil
Approx. 1 dessertspoon cornflour
You will need 1 ½ pint/750ml ovenproof dish

Peel potatoes and cut into pieces, place in a saucepan of lightly salted water, cover bring to boil then reduce heat and leave simmering until cooked then turn off heat. It is best to check after 15 minutes as some potatoes cook much quicker than others, to mash nicely it is important that they are not too soft.

Dissolve stock cube in 400ml hot water, heat in saucepan until boiling; carefully add carrot and parsnip. Reduce heat and leave simmering gently.

Turn on oven to 190c/375f

Add oil to a frying pan and over a low-medium heat, gently fry bacon pieces until cooked thoroughly. Remove and put to one side Add minced steak and onion slices to frying pan and fry gently stirring often, for approximately 4 minutes when meat should be gently browning. Season to taste. Turn off heat and transfer to ovenproof dish. Using a slotted spoon take vegetables from stock and add these to meat in ovenproof dish. Pour on a little stock and leave to stand.

When potatoes are cooked drain off the water and mash well, add half of the grated cheese and cooked bacon pieces and mix well.

Spread mashed potatoes evenly over meat and vegetables, sprinkle with remaining cheese. Bake in pre heated oven for 25-35 minutes. It should be nicely golden on top.

Prepare and cook any further vegetables if using.



To make gravy, heat the remaining stock in the saucepan. In a jug or cup. mix cornflour and cold water to make a fairly thin paste., gradually add this to stock stirring continuously, bring to boil, reduce heat and cook for a further 2 minutes.

Serve and enjoy.

For details of Doreen's books, more recipes and 'How to' Video clips visit the Prudent Pensioners page on www.doreenreedpoet.com

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Sounds Force 5 at the Kit-Kat

Colin Ward

Looking at the derelict site of the former Kit Kat today I was thinking of the dozens of times our band SOUNDS FORCE 5, used to play there - thinking about the trepidation of driving to the Kit-Kat wondering if we were booked into the dreaded upstairs room, or downstairs, knowing that if we were upstairs we had all our heavy equipment to carry up the iron fire escape at the back of the building.



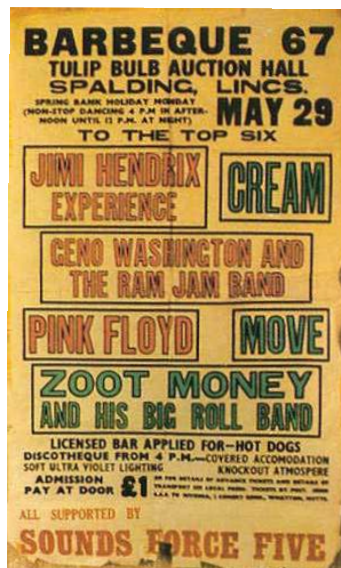
Sounds Force 5 were eventually voted the top band in East Anglia by Van Morrison and went on to appear at the famous CAVERN CLUB in Liverpool and become regulars at the Boston Glyderdrome where we appeared with the SMALL FACES.



Our most famous booking was at BBQ 67 in SPALDING with Cream, Pink Floyd and Jimi Hendrix.

But ten years ago the band reformed and now Sounds Force 5 are still playing the music that enthralled Kit-Kat regulars; we are appearing regularly on 60s theatre shows with all the top names from that era.

Now after years of drumming I am also a major concert promoter presenting concerts at stately homes through the UK with artistes such as Jools Holland, UB40, Status Quo and Brian Ferry.



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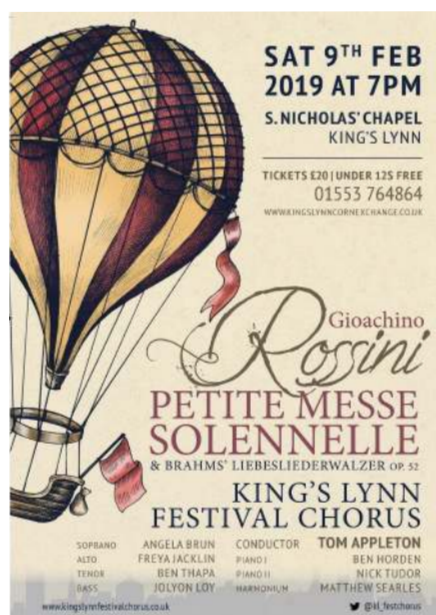
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King's Lynn Festival Chorus



King's Lynn Festival Chorus present a concert of two contrasting works, written in the same decade (1860s), five years apart in which the modern piano plays a central part.

This is on **Saturday 9th February 2019** in **St Nicholas' Chapel at 7 p.m. (Note time).**

Feast your eyes and ears, at the concert, on not one but **two matching, gleaming Steinway concert grand pianos**, put through their paces by our own Ben Horden, and Nick Tudor. And the Harmonium played by Matthew Searles, an interesting accompaniment in the Rossini.

Brahms' Liebesliedwaltzer Op. 52, for soloists and piano duet, inspired by Schubert's lieder, are based on the Ländler, an Austrian country dance in three time. In Brahms' Liebeslieder, however, don't expect the regular oom-pah-pah of the Strauss Viennese waltz which were also the rage at this time; Brahms the craftsman incorporates interesting rhythms and harmonic tensions. These songs will be performed by our soloists for the evening, **Angela Brun, Freya Jacklin, Ben**

Thapa and Jolyon Loy.

Rossini, with whom we instantly associate the 'William Tell' overture, was a prolific composer of mainly operas mostly in a lighter vein, whose style was much influenced by Mozart. **Petite Messe Solennelle** was written some 30 years after he had composed a major work, having retired to Paris to pursue the good life of food, wine and company!

The work does follow the general form of a Mass, with many different styles of writing starting with the Renaissance. Was this to demonstrate that his skills were still finely honed? And what does 'petite' refer to? Whatever it is, the irrepressible Rossini opera composer is never far away - listen out for his comic operatic touches every now and then! The original version is performed this evening, scored for 4 soloists, chorus, 2 pianos and Harmonium, and is conducted by Music Director **Tom Appleton**.

Tickets £20 (free for under 12s) are available from the Corn Exchange Tel. 01553 764864, online or on the door.

Further details of this concert, forthcoming events and how to contact them are on their website www.kingslynnfestivalchorus.co.uk

BARBARA DICKSON ANNOUNCES 2019 UK TOUR

As a multi-million selling recording artist with an equally impressive Olivier Award winning acting career, Barbara Dickson OBE has long since cemented her status as one of the UK's best-loved performers.

Now for 2019, Barbara Dickson announces an extensive UK-tour starting February 1st, performing with her band, both classic material from her extraordinary canon of music across both pop and folk.

Emerging from the Scottish Folk Revival of the 1960s, Barbara Dickson became the biggest selling Scottish female album artist of all time, earning 6 platinum, 11 gold and 7 silver albums. Known to a wider audience in the 1970s and 1980s with hits including 'Answer Me', 'Another Suitcase in Another Hall', 'The Caravan Song' and 'I Know Him So Well', she enjoyed ten years of chart success as a pop star. So much was her contribution that she was awarded an OBE from Her Majesty The Queen in 2002 for Services to Music and Drama.

Dickson has captivated people with her soulful, intelligent readings of material from traditional songs of her native Scotland to working class heart-rending theatre roles where her own background has infused the emotional content of whatever she touches.

As an actress, she has appeared in the award winning theatre productions, 'John, Paul, George, Ringo and Bert', 'Blood Brothers' and 'Spend, Spend, Spend'. She was the original Mrs Johnstone and Willy Russell's muse.

After a musical odyssey of 40 years creating music, playing guitar and piano, acting and songwriting this tour is a culmination of

her journey thus far, an evening packed with songs from one of the finest voices you will ever hear.



Photo: Brian Aris

**24th February
Princess Theatre, Hunstanton**

NEW DATES FOR HUNSTANTON DRAMA FESTIVAL

The HDFA Drama Festival of One Act Plays held at the Princess Theatre in Hunstanton is on the move. This year it will be held in June for the first time.

Previously held in July, the new dates are June 28/29 & 30th. There will be four sessions either at 7.30 or 2.30 in the afternoon.

It is Open to Adult Amateur Drama Companies from all over the Eastern Area as well as schools and youth and community groups.

To take part the group must provide a One Act Play or part of a full three act play complete with simple set which can be performed within 50 minutes. It must have no less than three persons in it.

It can be a play with music but not a full musical. There are prizes and cups to be won for the best actors, designers and writers of the session plus a chance to see some excellent acting from some highly talented performers.

Original scripts are particularly encouraged but comedy and classical theatre have their place too. The sessions are adjudicated by fully qualified professionals with notes given from the stage and a full written report following the session.

This is a chance for your group perform on a professional stage with the lighting and tech team of the Theatre behind you to advise and assist.

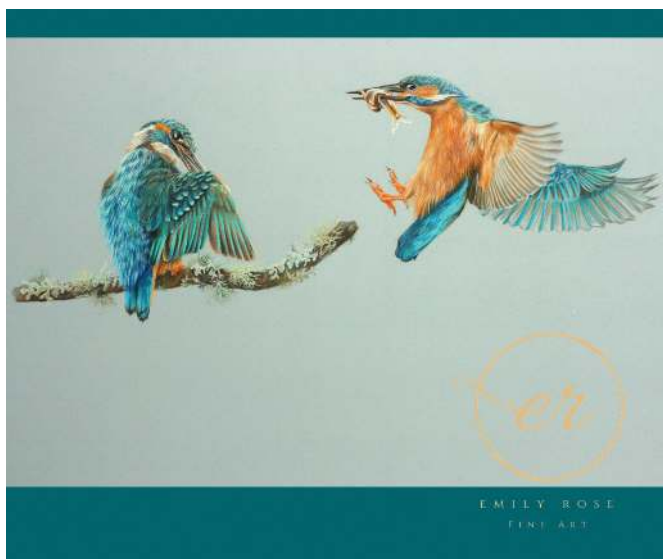
The Entry fee is just £45.00 and entry forms and full details are available from The Festival Director Mr Stephen Hayter at stephenpehayter@btinternet.com or packs can be collected from the Hunstanton Tourist Information Office on the Green. 01485 532610.

Ann McKimm

Emily Rose Fine Art Easter Exhibition

'In Flight'

Pensthorpe Nature Reserve 2nd – 9th April 2019



This Easter, Emily Rose will be exhibiting a whole new collection of work at Pensthorpe Natural Park. This exhibition from the young Norfolk artist, will be a range of wildlife paintings specific to Norfolk and the precious habitats that are preserved here. This will be her second exhibition, and after the success of her first at Cley NWT last Autumn, Emily Rose is promising to bring more movement and detail to each piece.

Emily Rose works in pastel pencils to produce high detail and vibrant life-like paintings of species such as the Kingfisher, Starling, Turtle Dove or, for something a little smaller, the humble Bee. Her wildlife work has already been met with great acclaim and she will be exhibiting a range of brand-new originals as well as her collection of fine art prints. Emily Rose herself will be there everyday throughout the exhibition in a pop-up studio working on fresh paintings for you to see! The exhibition at Pensthorpe will be open 10 – 5 Monday through Saturday and 10 – 4 Sunday, entry to the exhibition is free and all are very welcome.



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The Village Cinema in Snettisham

Each month from February through to December, The Friends of St Mary's church Snettisham organises a film screening at The Memorial Hall Snettisham. This takes place on a Wednesday evening at 7pm with doors and bar opening at 6.30pm. There is ample parking and a warm comfortable atmosphere. Do join us one month!

On February 20th we are screening "The Old Man and The Gun" which stars Robert Redford in his last role as an actor. Now in his early eighties Redford has had a long d successful career as a film star and who can fail to forget Butch Cassidy and The Sundance Kid which launched him into Hollywood stardom.

The film "The Old Man and the Gun" will surely provide Redford with an Oscar nomination at the very least and is based on the true story of Forrest Tucker (Robert Redford), from his audacious escape from San Quentin at the age of 70 to an unprecedented string of heists that confounded authorities and enchanted the public.

Wrapped up in the pursuit are detective John Hunt (Casey Affleck), who becomes captivated with Forrest's commitment to his craft, and a woman (Sissy Spacek), who loves him in spite of his chosen profession. Not a film to miss!

On March 20th, the film will be "The Children Act" starring Emma Thompson.

Dates for your diary for The Village Cinema in 2019 are March 20, April 10, May 22, June 19, July 17, August 21, September 18, October 16 and November 20th.

If you are a film buff and would like to help run The Village Cinema please call Marian on 01328 738183 and come and help provide this valuable facility for your local community

Marian Abramovich

Contact 01328 738183 or 07989 177079

mmrabramovich@gmail.com



The Old Man and the Gun

The Village Cinema at
The Memorial Hall, Snettisham
Wednesday February 20th 2019
Tickets £5.00 on the door
Bar and door open at 6.30pm for
7pm screening of the film

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Break-up without breaking down

Rob Colwell, Director and Head of Family Services, Hayes + Storr

The frequency of separations at this time of year are well documented – family lawyers are inundated with new enquires between New Year's Day and Valentine's Day. Getting a divorce can have a major impact on your mental health, and an acrimonious or one sided break-up can result in serious consequences. Some will seek retribution, others won't accept it, and some will find it difficult to imagine a future without their spouse.

Being mindful of a client's mental well-being whilst ensuring we achieve the best possible results can be a careful balancing act. Our aim is to deliver an outcome which causes the least amount of distress in what is already a traumatic situation. The end of a relationship can be devastating, and no matter who ended it or when, life can feel empty and frightening – but life does continue and many people go on to live happy, fulfilled lives after divorce. That's why we keep our

clients focused on the future, encouraging them to avoid negative emotions and think practically about the potential outcomes.



The lawyers in the Family Services department at Hayes + Storr are members of Resolution, a national organisation of family lawyers committed to non-confrontational divorce, separation and other family problems. Our team is guided by Resolution's conciliatory and person-centred approach, including:

- Helping clients focus on what's important in the long-term
- Balancing financial and emotional costs with what the client wants to achieve

- Working with others to find the right approach and the best solutions

- Managing stress in what can sometimes be a very stressful situation

Not only does this practical approach facilitate our clients' ability to cope, it also ensures costs are kept as low as possible, avoiding entrenched arguments that have no resolve. Our goal is to help clients adapt to their new situation and look for alternative solutions to court proceedings, avoiding unnecessary stress, costs and delays.

If you're concerned about yourself or anyone else going through divorce or separation, we recommend visiting the Relate website at www.relate.org.uk for lots of helpful resources, and don't forget you can call the Samaritans free of charge at any time on 116123. They offer 24/7 support every single day of the year and you don't have to be suicidal to get in touch. You can also get a referral from your GP for free counselling sessions on



the NHS. A break-up can be hard to manage, so speaking with health professionals to develop coping strategies can be very helpful.

This article aims to supply general information, but it is not intended to constitute advice. Every effort is made to ensure that the law referred to is correct at the date of publication and to avoid any statement which may mislead. However no duty of care is assumed to any person and no liability is accepted for any omission or inaccuracy. Always seek our specific advice.

If you would like further advice on this matter please contact Rob on 01328 863231. If you require advice on any other legal matter call 01485 524166 or email law@hayes-storr.com.

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Thoughts on the Rotary Motto 'Service Above Self'

Hilary Farrell – Hunstanton and District Rotary President

What I like about Rotary is that it gives a Rotarian the chance to give Service in the company of like-minded people, not just locally but internationally.

For Hunstanton and District Rotarians having a stall at Blossom Day, cooking burgers at the Carnival, running Norton Hill Railway Weekend and organising the Kite and Classic Car Festival, are all ways of giving Service to our local Community.

As President this year I wanted to have the chance of giving Service internationally as well, the chance to help someone else in another country live a better life.

So in November I spent eight days in Botswana in southern Africa with the Wheelchair Foundation UK. This is a charity organisation led by Rotarians, which delivers new wheelchairs to people in need in other countries.

Using donations given in the UK, a container full of wheelchairs is ordered from China. One new red wheelchair costs only £75 on average for manufacture and delivery.

My role was to support local Rotarians from Botswana to deliver wheelchairs to designated people in need. These were usually people who had never had a wheelchair, like the 32-year-old woman I met, disabled at birth, who had to spend her days lying on a blanket on the floor in her home.



Wheelchair delivered



Wheelchair on the way



Assembling the wheelchair

Sometimes we handed out the wheelchairs at a village meeting in the village hall; sometimes we went to people's homes to deliver the red wheelchairs. Wherever we went we helped to assist the person into the correct sized wheelchair. And whomever we met, there was excitement, a smile and a thank you.

The eight days were intensive, travelling over 700 miles and delivering over 50 wheelchairs. In helping these people lead a better life, I felt a better person. I know now that 32-year-old woman can sit up on a level with her family, the family can take her outside, she can visit friends and neighbours and have a better life.

It makes you realise how lucky we are living here, where if you really need a wheelchair; you can have one, and not wait 32 years for one.

Perhaps in these uncertain times we need to ask ourselves how can we help someone to live a better life, what can we do, however small? Helping someone else will give us a better life.

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Happy Mother's Day



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Thornham Village news

Thornham History Society's WW2 Exhibition

To mark the 80 years since 1939 Thornham History Society presents its fourth Exhibition entitled, 'At war again, Thornham and the War 1939 - 1945'.

In addition to the national picture, with displays on wartime food, rationing, the Land Army and Home Guard, there will be much of local interest. Information and display will feature a recipient of the Victoria Cross, Britain's highest award for gallantry, a resistance leader in occupied France and those who served in the front line.

David Brooks, Chairman of the society and co-ordinator of the exhibition said, 'The exhibition has been planned to have appeal across the age groups. We hope many families will attend and share their memories and family stories with the younger generation. We will have weapons (safely de-activated) and other artifacts available to help children grasp some appreciation of the realities involved'.

Both VE and VJ Days will be covered. Refreshments, with war-time austerity in mind, will be served. The exhibition will be held in Thornham Village Hall, High Street, Thornham. It is open from 11.00am- 4.30pm on Saturday 16th and Sunday 17th February. Admission is free. On-site parking is available and the exhibition is accessible to all.



*An early visitor handles a de-activated WW2 rifle
Credit: David Brooks*

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KING OF THIEVES

Wednesday 6th February

King of Thieves is the incredible true story of the spectacular Hatton Garden diamond heist, the biggest and most daring in British History, humorously told through career best performances form a stellar cast.

Starring : Michael Caine, Michael Gambon, Jim Broadbent, Ray Winstone, Francesca Annis, and Charlie Cox

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DON QUIXOTE

Tuesday 19th February

Don Quixote and his servant Sancho Panza set out to have a chivalrous adventure. They meet Kitri and Basilio, a young couple who cannot marry because Kitri's father is determined to marry her off to the wealthy Gamache. Don Quixote decided to intervene.



Doors and bar open 6.30pm – Curtain at 7.15pm. Book online at www.thornhamvillagehall.co.uk or call 0778 725 5597 Tickets £15.00 children £10.00

Winter Warmers

Don't miss our final Winter Warmers Supper talk this season

Friday 22nd February

'Life as a Constituency MP'

Sir Henry Bellingham

First elected as MP for Northwest Norfolk in 1983, Henry is a specialist in small businesses, countryside and farming issues, defence and Northern Ireland. He lost his seat to Labour in 1997, but regained it in The June 2001 election and has served as our constituency MP ever since.

For each Winter Warmer talk, doors open at 6.30 pm, and the talk begins promptly at 7pm.

Tickets are £20 per head and includes a welcome drink, buffet supper from The Orange Tree, and a dessert. A pay bar, with an excellent selection of wines, is available throughout the evening.

Booking is essential, and is best done online www.thornhamvillagehall.co.uk/winterwarmer



Soup and Sandwich Lunches

The next Soup and Sandwich lunch is on Tuesday 5th February. For information call Carolyn Barrett 01485 512033

Antique and Vintage Fair

Sunday 10th February 10am – 4.30pm

What's On – Regular Events

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or visit www.thornhamvillagehall.co.uk/regular-activities.html



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The Deepdale Hygge is our celebration of the North Norfolk Coast, a collection of the things that bring us happiness - live music, the great outdoors, meeting old friends and new, enjoying the best of the North Norfolk Coast.

As March is Deepdale Backpackers & Camping's birthday and Spring begins, we'd like to invite you to join us for our celebration, and in the process of celebrating we hope to help you find the combination that gives you your own North Norfolk Coast Hygge.

Some languages have words which can't be translated simply, and the Danish word Hygge is one such word. Pronounced hue-gah, hygge is about enjoying life's simple pleasures - Friends, family, graciousness, contentment, good feelings ...



Staying at Deepdale any time in the year is about creating your own Hygge on the beautiful North Norfolk Coast. Whether that is a walk on a beach, a pub lunch by a roaring fire, kite surfing in storm force winds, watching local wildlife, cycling the local lanes, lying under our dark skies star gazing, paddling your feet in the sea, watching a sunset.

In English rather than Danish, a stay at Deepdale is about finding your inner happiness, your passions, your self awareness with activities, relaxation, peace, socialising, or any combination that brings you happiness.

Come and join us for the Deepdale Hygge, a weekend all about life's simple pleasures, reconnecting with the environment, with each other, meeting new friends and trying new things.

We will be hosting local activity companies as part of Deepdale Hygge. The stands will either be in the Backpackers Courtyard, by Deepdale Visitor Information Centre or in the Orchard with the stalls of the Deepdale Spring Market.

This event is about finding your North Norfolk Coast Hygge, basically what makes you happy on the North Norfolk Coast. That might be walking, cycling, running, relaxing, food & drink, wildlife watching, family & friends, history, culture ... The combination choice is yours to make, we simply want to give you some ideas of ingredients.

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Hunstanton Probus Club

Members of the Hunstanton Probus Club enjoyed a very successful New Year lunch at the le Strange Arms hotel in Old Hunstanton in early January, made all the more enjoyable by the presence of their lady guests. President, David Scott opened proceedings by welcoming all those present and wishing everyone a very happy new year and he hoped that members and their guests would have a most enjoyable lunch. And indeed it proved to be the case with all agreeing that the lunch and accompanying wines were most enjoyable.

Mike Ruston proposed a toast of welcome to the ladies present, and Gillian Lawson on behalf of the guests, gave an amusing response and thanked the Club for its invitation to lunch. The President concluded the occasion by thanking the secretary, Ken Lawson, for organising the event and hoped that everyone had enjoyed themselves, and looked forward to another successful year for the Club.

The Hunstanton Probus Club is a branch of the international association of professional and retired businessmen, and provides a regular opportunity for members to meet, to make new friends, and to enjoy the fellowship of others. Hunstanton Probus members meet for a monthly lunch at the Le Strange Arms Hotel, Old Hunstanton, and the Club is currently looking to increase its membership. Any reader wishes to join or learn more about Hunstanton Probus is asked to contact the Secretary, Ken Lawson, telephone 01485 532163, or email kennethlawson180@btinternet.com

Royal Air Force History at Bircham Newton

The Heritage Centre at Bircham Newton has a unique collection of memorabilia from the former Royal Air Force station's past service, which spanned more than 44 years, including two world wars and the Cold War. On display are photographs and personal memories of servicemen who served there and other related items from its fascinating history. The Centre is manned and run entirely by volunteers, many of whom are ex-servicemen or children of service personnel. Close by there are two stone memorials to remember those who served at Bircham Newton and its main satellite airfield near Docking. This year's schedule of Heritage Centre openings is included below:

Easter: Sunday, 21st and Monday, 22nd of April.

Early May Bank Holiday Weekend: Sunday, 5th and Monday, 6th of May.

Spring Bank Holiday Weekend: Sunday, 26th and Monday, 27th of May.

Sunday, 16th of June.

Last Sunday in June: 30th of June.

Sunday, 14th of July.

Last Sunday in July: 28th of July.

Summer Bank Holiday Weekend: Sunday, 25th and Monday, 26th of August.

Last Sunday in September: 29th of September.

Last Sunday in October: 27th of October.

Armistice Day: Sunday 10th of November

The Centre will be open from 10am until 4pm on each of the above dates. Entrance and car parking will be Free and disabled access and toilets will be available.

Directions

The Centre is situated within the campus of the National Construction College East (NCC) at Bircham Newton, near King's Lynn, Norfolk PE31 6RH. The Centre is easy to find in West Norfolk, where there are many road signs giving directions to NCC. The Heritage Centre is located near the B1155 road, from Stanhoe to Great Bircham, which



passes through the NCC site. It is close to the Birches Hotel & Conference Centre. Additional direction signs are displayed within the campus on open days. There is also a large external sign, which will help you to locate the building from the car park.

Ad-hoc visits

If you are a representative of a large group who wishes to visit, but you are unable to attend on one of the scheduled open dates, we will try to accommodate your group by opening the Centre on an alternative date. To pre-arrange such an ad-hoc visit, you are requested to contact one of the following trustees, who will do their best to accommodate you: David Jacklin Tel: 01379 741884 or Avril MacArthur Tel: 01362 860139. We regret that we are not able to offer ad-hoc visits to individuals who are not part of a larger group.

More details can be obtained from the Heritage Centre website www.rafbnmp.org.uk

Hunstanton

This is such a sensible town – the main road runs along the top of the hill, with schools, police and fire stations, allotments, bowls, playground, grass tennis courts well mowed.

Streets lead down to the large central green – theatre, shops and prom to the left, on the right Town hall, church, hotels, gardens kept clean. Ahead a sandy shore, sea and sky, a lovely sight.

But the great surprise, unless you've seen a photo, is round the corner from the shore – cliffs so high, colourful layers of red and white, and below half a mile of rocks, pools, and sea birds to espy.

The shore is different each day, the sea of such power. One time a sandy beach, the next a shoal of pebbles, seaweed, stones and shells, washed up in a shower. In the distance below the cliff big slabs and boulders.

If you go there early in the day you are bound to meet Michael Joseph Kennedy – busy six mornings a week.

He picks up stones, two or three at a time, quite a feat, throws them to the cliff base – you must take a peek.

Banks of white and red stone, shoring up the cliff – and he tries to clear the sand for visitors to swim. He's been on all the TV stations and is never stiff, says the exercise keeps him fit and is better than a gym!

Maureen Matthews

Hunstanton and District Foodbank

I would like to thank all our supporters who made Christmas so special for our clients this year.

We were given an incredible 1,315kg of food in December through our collection points in local churches and in the Sainsburys Store and Barclays Bank in Hunstanton, as well as by kind people dropping parcels into us. This is all put to good use as we continue to see an inexorable increase in client numbers. In the financial year 2017-2018 we fed 159 children and 316 adults. In the first nine months of this financial year it has been 231 children and 280 adults. These statistics speak for themselves.

Thank you again.

Rev. James Monro, Chair, Hunstanton and District Foodbank

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Snettisham Beach Sailing Club granted RYA British Youth Sailing Recognised Club status

This recognition is only awarded to sailing clubs who demonstrate a strong commitment to Youth sailing and Racing, to support Youth Sailing but also most importantly the participation and progression achieved by each of the junior sailors taking part. This also includes the vitally important support of their families and friends.

This award reflects the work done by SBSC at grass roots level: the Wednesday Club, Kickstart programme, Cadet Week in the summer, and the individual young sailors who stretch themselves further to travel to the bigger events at Regional, National and World level.

SBSC representation took part in the British Youth Sailing Regional championships in 2018 held at Grafham Water Sailing Club. SBSC was represented by 5 young sailors all sailing Toppers. This group included 2 new and younger participants fresh from Cadet Week and Wednesday club training.

The older youth Sailors contribute to the cause in providing both Assistant Instructor & Dinghy

Instructor support, helping the younger sailors to find their potential! Ben Charnley and Jack Napolitano have both been very active, not only at club level in a racing and youth supportive manner but also nationally campaigning very successfully on the RS racing circuit and beyond.

The RYA says: "The key challenge for our sport is to encourage more young people to start participating in sailing and progress into racing. This is best done at club level and a successful junior and youth training and racing programme will enable a club to



flourish. The British Youth Sailing Recognised Club status distinguishes those sailing clubs with a commitment to the development of junior and youth racing and race training, which is delivered in a safe and fun environment."

As well as a new flag to go up the club mast and a very nice looking plaque for the clubhouse, this recognises the great work being done by all at Snettisham Beach SC to enable and promote youth sailing and racing.

If you want to try sailing then have a look

at the opportunities on the Club's website at

If you want to get afloat check out the opportunities on the website at www.snetbeach.co.uk and speak to Jane Ellison: Chief Dinghy & Power Instructor c_instructor@snetbeach.co.uk 07938 190 846 or 01485 779 027 .

Pictured JUNIOR SAILORS from left: Mathew Lloyd, Eva Miller, John Eaton (SBSC Junior's organiser) and Amelia Eaton

Photo credit John Eaton

Below: Amelia racing in 2018



Hunstanton Primary School News

We hope you had a peaceful Christmas and New Year, after a very busy and exciting lead up to Christmas we are back at school and raring to go in our spring term. This term is the lead up to the Y6 and Y2 SATs in May. The exam results are used to evaluate our pupil's standardized progress and are published by the Government.

Christingle at St Edmunds Church

We held our annual Christingle service at St Edmund's Church in Hunstanton on 12th December. Well done to all our pupils who performed beautifully and made this event very special for all who attended.

Christmas Choir Visits

Our school choir performed at Driftwood Nursing home in Hunstanton and also Thornham Village Hall to sing to the Soup and Sandwich group. Our pupils once again; performed brilliantly and were a credit to our school.

Y6 WWII Evacuee Day at North Norfolk Poppy Line

Our Y6 pupils had a fantastic day at North Norfolk Poppy Line on 12th December. The children took on the persona of children on the brink of evacuation from Bethnal Green, London during WW2 by dressing up as children from that era. They took part in hands-on workshops, prepared their own food from rations including icing on a cake made out of mashed potato and also heard a WWII siren going off which was very noisy! Such a good experience for our pupils bringing their learning in school to life.

Prince William Award – Dare to be Your Best Self

Some of our lucky pupils had the opportunity to take part in the Prince William Award this year. We had an ex-military leader coming into our school every week this term to challenge our children with a range of activities to help focus the children to be the best they can be in their character, with their leadership skills and teamwork abilities.

Well done to all of the pupils who took part and completed the challenges.

Changes at Hunstanton Primary School

As part of our vision for the future of our school we are re-organising some areas to include creating a new meeting room, a music room and a specialist learning area. Watch this space for even more exciting developments!

SucceedEnjoyAspire



Hunstanton Youth Night

Friday evenings in School Term Time 6.30-9pm

St Edmund's Church Hall, Church Street, PE36 6BE

Everyone Welcome - High School Age

Bring your friends

Music | Games | Snacks | Pool

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Brancaster CE VA Primary School News

written by Eden and Evelina

During December we were out and about in the Community a lot. We went carol singing in Tesco at Fakenham and raised £155, the shoppers and staff were very pleased because we sang traditional carols and many stopped and joined in with us.

We went to the Community coffee morning at the Simms Reeves Hall to sing, that was fun and we got biscuits. We had a tree at Brancaster Church Christmas Tree Festival and Xavi, Faith and Eve came and helped decorate this with our handmade decorations, Samphire class also took down our homework projects that were to make a Christmas decoration and everyone loved seeing these. We went to the Federation Carol Service and all performed with Docking and Sedgeford schools; we both enjoyed reading for our class and had a lovely day with our friends from the other schools.

We did a Christmas leaving service for Rev'd Susan in Brancaster Church, Samphire class performed "The Best Christmas Present in the World" which was about the time the German and English soldiers came together in the war and Thrift performed the Nativity story.

The PFA and Gracie's dad from A McGinn Groundworks & Equestrian Construction Ltd paid for us to go to the pantomime at Hunstanton, this was fun, Evelina liked all the songs.

Some of us went carol singing at Bar 71 and The Ship in Brancaster, some of us sang solos and people were very impressed with all our singing. Lots of children joined in with the Christingle at Burnham Deepdale Church and everyone who went read part of a Christmas poem in front of a packed Church, 5 of these were our Reception children who did really well for their first time. Other children joined in with the Christingle at Titchwell Church on Christmas Eve.

This term we are looking forward to working with the NSPCC, going back to Driftwood house and performing in our school talent show.

A photograph of a modern, bright interior space, likely a holiday cottage. It features a large wooden dining table set with chairs, a kitchen area with white cabinets, and a stone fireplace on the left wall. The ceiling has exposed wooden beams.

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Say, 'Ni hao'!

With Chinese guests, sports fixtures and an Open House ahead, Glebe House School is looking forward to welcoming new visitors, says headmaster Louis Taylor

As I write, we are preparing to welcome a group of Chinese students to join Glebe House School. It's a fantastic opportunity for them to learn about life in an English school and enjoy some excursions, but it's also a wonderful moment for our own pupils to experience a cultural exchange. It will be interesting to see if our kitchen team's renowned toffee cream tart is as popular with our guests as it is with our own children!

February is also a brilliant month for sports fixtures and, so long as the weather is kind to us, we have football, netball and hockey matches to watch. We are fortunate to enjoy a year-round sports calendar at Glebe, thanks to our playing fields, astro turf and swimming pool, and our sports development programme is a brilliant way to nurture individual sports talent. If you know of a child who could benefit from this level of sports coaching, please do ask them to get in touch with our registrar to find out more.

Alternatively, join us on 12 March when we will be holding our first Open House. This will be an opportunity to take a tour during a typical school day, and is open to parents, grandparents and 'friends' of Glebe, along with prospective families and their children who work hard to prioritise their children's education. I wrote last month about our recent Independent Schools Inspectorate report which rated Glebe House School and Nursery as 'Excellent' and 'Outstanding', the highest attainment possible. We are enormously proud of this achievement and we look forward to showcasing our academic and pastoral care at



the Open House.

My aim as headmaster is to make Glebe as accessible as possible for as many families as possible, and we are working hard to increase this opportunity for more children in the future. Please let anyone who you think would love to find out more about our school know about the Open House next month, or get in

touch – we look forward to welcoming you to Glebe.

Visit Glebe House School, Cromer Road, Hunstanton PE36 6HW Tel: 01485 532809 glebehouseschool.co.uk

RINGSTEAD VILLAGE HALL

Ringstead Village Club meet once a month (except August) on the first Thursday of the month, at 2pm, in the Village Hall, High Street (next to the Gin Trap inn).

You don't have to live in the village to come along to our meetings, everyone is welcome.

We invite a variety of speakers throughout the year to come and give talks on a wide variety of subjects, there will be something to interest everyone.

The 7th March meeting we have local artist Barbara King on the Norwich School of Painters. Then on 4th April Andrew England will be talking about War Memorials of Norfolk.

Refreshments are available and we hold a raffle at each meeting.

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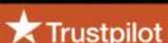
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A very Happy, Healthy and Holy New Year to you all. Although the social calendar has not yet been finalised at the time of writing, there will be a pancake supper on the evening of Shrove Tuesday at St Cecilia's, which this year is 5th March.

This year's 'Women's world day of prayer' will be held on Friday 1st March and is led by the Christian women of Slovenia. The topic of this year's service is 'Come-everything is ready. Further details will be available shortly regarding this year's local venue. You can search the website www.wwdp.org.uk to find lots of information and resources.

Exceptional voluntary work within the parish of Hunstanton with Dersingham was recognised recently when, at the end of the parish's popular Wednesday morning Mass on December 19th, a Diocesan Medal was presented by Canon Peter Rollings to parishioner Stuart Grant. This was in recognition of his work in the parish of over a long period of time. Stuart is a real stalwart of the parish and has, among other things, been treasurer for many years, as well as going above and beyond to ensure that the needs of parish priests, visiting priests and retired priests are catered for. He was instrumental in the organisation of the recent parish church refurbishment, and did notable work in making sure the house at Dersingham was made ready for the welcome arrival of retired priest Fr Henry MacCarthy in our parish. Stuart has been a key figure in the support provided to enable Fr Henry's ongoing ministry, and his work has been significant in providing continuity for parish life during periods of change.

Fr Peter added a personal thanks to Stuart for all his support in managing the parish finances and building and grounds maintenance for Hunstanton parish which has been a great help to Fr Peter as Parish Priest of Hunstanton and also of the larger adjacent parish of King's Lynn.

Foodbank supplies are still required, items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support..

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. Please support this very worthwhile cause by buying fairly traded goods to support families abroad trying to earn a living. For more information please contact Caroline Brooks on 01553 673069.

All social events will be well publicised in the weekly bulletins and on the website. Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of



the month at Dersingham. Everyone will be most welcome.

Daily Masses will be 10am in the Convent during winter months and in the parish church from spring at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is at 10.15am at St Cecilia's, Dersingham.

Sunday Masses are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at the Parish Church of Our Lady of Perpetual Succour & St Edmunds, Sandringham Road, Hunstanton. The Parish telephone number is 01485 534675.

If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email; parishpriest763@gmail.com

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

NOTICE ANNUAL PAROCHIAL CHURCH COUNCIL MEETING (APCCM)

11.30 Monday 25th March 2019 St Mary's Church Old Hunstanton
All of those on the Electoral roll are invited to attend the meeting

The APCCM will be followed by the Parochial Church Council Meeting (PCC)

A new Electoral Roll is being drawn up. All of those currently on the roll must re-register.
Please obtain a form from the church.
Enquiries to Mr David Hume - opahume@btinternet.com

I Am Coming Soon

By Gill Tanner, a member of The Way C F Leadership team

Did you know that the Bible, as well as being a history book starting with creation and the first human existence, tells us about the closing chapters of this world's history? It describes the conditions on earth before Christ Jesus returns. In Matthew's gospel Jesus tells his disciples that wars, famines and earthquakes are like the birth pains of a world that is on a path to destruction. Persecution of Christians will increase and love will grow cold.

The good news or gospel is that God is love, and Jesus mission was to provide forgiveness and open the way for a relationship with God the Father and give us eternal life. Jesus was punished and died in our place so we could live now and after death. Jesus said 'This will be preached to all nations and people groups before the end'.

The book of Revelation, at the end of the Bible, foretells us in chapter 13 that there will be a one world (anti-Christian) government that will demand worldwide worship and will kill all who do not submit to it. In chapter 14, it also predicts a massive harvest of people



turning to the Christian God, the maker of heaven and earth. This is followed in chapter 16 by plagues and massive pollution of the rivers and sea. The sun will increase in intensity of its heat and will be scorching. In chapter 18, there is a sudden and disastrous collapse of the world's trading systems.

Israel will be the focus of the end times as nations gather to wipe her out. In the book of Zechariah chapter 12 there are devastating consequences. But that is the trigger for a unique day – 'The sun will be darkened and the moon turn blood red'. Jesus Christ will

return to earth and his feet will stand on The Mount of Olives, the place from which he left earth in 30AD. The bible says the mountain will split in half. When evening comes there will be light and a water source will flow from Jerusalem, half to the eastern sea and half to the western sea. Zechariah chapter 14 verse 9 says at the end of the day. 'The Lord will be king over the whole earth. On that day there will be one Lord and His name The Only Name.

The signs to look for are all in the Bible, in world events both political and physical. The Jewish nation is a sign, for these events to be fulfilled Israel had to in her homeland. It is 70 years since Israel was reborn.

The book of Hebrews chapter 1 states 'In these last days He (God) has spoken to us by his Son whom he appointed heir of all things and through whom He made the universe'

The last verses of the Bible say 'Yes I am coming soon. Amen. Come Lord Jesus'.

Let's be ready to meet the King who loves us and died to have relationship with us.

Thoughts on Love



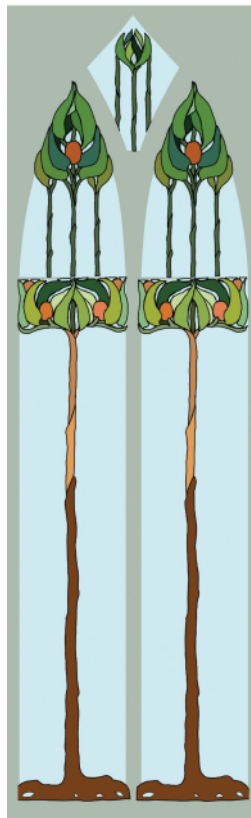
After Christmas the shops fill with everything heart-shaped for St Valentine's Day. February 14th has become a day to celebrate love in all its forms, but this day has a long history, shrouded in mystery, with a mention of St Valentine being connected with romance in the 14th century, but its origins are possibly from a Roman festival and may even precede Christianity. Today's celebrations centre around love and relationships and it is a popular time to "pop the question."

The discoverer and founder of Christian Science, Mary Baker Eddy, dedicated a chapter of her seminal work, "Science and Health with Key to the Scriptures" to the subject of marriage, which is as relevant today as in the 19th century, when she wrote the book. As she says on page 64, "Marriage should signify a union of hearts." This is a sentiment with which most of us can agree and which underpins many life-long partnerships today. Although the St Valentine's celebration of love has many commercial connotations now, thinking about our most important relationships in the light of selfless love, gives a positivity to our home lives, and is a foundation of Christianity and Christ Jesus' teachings.

"Home is the dearest spot on earth, and it should be the centre, though not the boundary, of the affections." Mary Baker Eddy.

Our church holds services every Sunday at 11am at 10 Queens Drive, Hunstanton. A midweek service is held on the first Wednesday of each month at 12 o'clock and we welcome visitors. Free magazines can be taken from the box outside the church. Please call 01366 328108 for more information.

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Just a thought....

We live in an age of uncertainties, where people have ceased to be sure about anything. Life seems so full, yet deep down right where our lives really matter it is empty, and having no signpost to lead the way, people turn to wealth and possessions. There is, of course, no problem in wealth and possessions, but it needs to be tempered with a spiritual inner self which can help find peace and truth in an unsure world. And this is where I believe a revival in Jesus needs to begin now in 2019.

The band Third Day sing the following

Anybody here looking for revival
In our own hearts and across the land
Anybody looking for a revival
Lift up your voice and say Amen
Lift up your voice and say Amen

There is no point in fooling ourselves that a revival will just happen; as Third day continue in their song:

Ain't gonna find it in a politician
Not from the government or any law
Can't get it going by your own religion
Only by the Spirit and the Word of God
Only by the Spirit and the Word of God

Revival is a re-encountering with God through Jesus and if there was ever a time in people's lives to re-encounter God it is now.

I have spoken before about expectation and as we now consider the amazing possibility of a revival we need to expect Jesus to turn up.

Psalm 85:6 cries out "Will You not revive us again, that Your people may rejoice in You?"

All this talk of revival may sound a little crazy, especially to those who have never met Jesus, but be prepared because when God moves He will enable all to meet with Jesus and then..... well that will be up to you!

Steve, Rev Steve Oliver, Methodist Church

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with Elizabeth Macleod





17 February

Holy Communion
with Rev Steve Oliver

10 February

Worship led by
Carol Powers





24 February

with Rev Gail Kerry

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Rector of the Saxon Shore's final letter

Today we find ourselves right at the end of the season of Epiphany, the season of journeying and of insight. It is interesting how a journey can bring us insight, I find I do my best thinking on a train, as if being in neither one place or another somehow frees my mind.

At this point in time I describe myself as being in limbo, I find myself neither completely here, having just signed off as Rector of the Saxon Shore Churches, and neither in the new place either. But I am in a place that many find themselves at different times, and indeed I am in very good company.

For thirty years Jesus had been in limbo, and then one day he got up, left the house, went to meet his cousin John in the wilderness and was baptised and then sent by the Spirit into the wilderness. When he returned to Nazareth he went to the synagogue, was given the reading for the day and realised it was God his Fathers instructions for his new journey:

‘he has anointed me
to bring good news to the poor.
He has sent me to proclaim release to the captives
and recovery of sight to the blind,
to let the oppressed go free,
19 to proclaim the year of the Lord's favour.’

Interesting that Jesus went into the wilderness, the same experience that the Israelites had when they were freed from slavery in Egypt, in fact, we learn that not only did God want to take them into the wilderness, but God wanted to take them a circuitous route.

‘God did not lead them by way of the land of the Philistines, although that was nearer; for God thought, ‘If the people face war, they may change their minds and return to Egypt.’ So God led the people by the roundabout way of the wilderness towards the Red Sea.

When I went away on retreat in December it was with the purpose of both looking back and perhaps looking forward, and one of the main tools I used when I was there was the labyrinth. Most days, and often more than once at a time I walked this labyrinth. I am familiar with labyrinths, they are not mazes, there are no dead ends, instead it is a convoluted path, it has a pattern, your aim is to reach the centre, but as you walk it you feel all the twists and turns and it is never obvious that you are about to reach the centre. And it is a great place to walk out ones own particular journey, I talked to God as I did it. (private grounds!)

God led the Israelites the roundabout way.

This next stage in your life, or here on the Saxon Shore, may feel to you like a roundabout way, like the path you were in has suddenly swerved, but it is all in God's way. Jesus experience of the wilderness would have been difficult and may well have felt obscure, surely this wasn't the point of why he had come? But gradually the path became clearer.

Let's walk this part of the labyrinth, a part that might feel like a state of limbo, but is in itself part of the path onward, and part of the purpose of God to bring greater reward.

The wise men at epiphany had to turn home, I wonder what that felt like, having discovered the treasure? Let's be wise people, let's keep travelling, keep discovering the treasure still ahead.

Rev Susan Bowden-Pickstock

News from St Mary's Church Old Hunstanton

What a busy time we had in church over Christmas, with nearly 1,000 people attending the services of celebration. We munched our way through quite a few mince pies and enjoyed the generosity of the Moss bakery sausage rolls. We are very grateful for their delicious donation. Also, glasses were raised in celebration of Neville and Julia Mackinder's diamond wedding anniversary. Congratulations to them.

We are making plans to say goodbye to our Rector the Rev Susan Bowden Pickstock as she leaves us for a new post in Cambridgeshire and MA studies in Cambridge, and continue the task of working together during the interregnum (interval) before a new priest is appointed.

Our new Flower Group is flourishing with many new and inexperienced arrangers surprising themselves and giving pleasure to visitors and congregation. If you would like to join us please contact us.

Singing has been flourishing on Thursday evenings during January when we have been meeting to practice some new hymns and sing a few old favourites under the lively guidance of our organist Richard Clarke. A welcome glass of wine has helped keep our voices tuneful.

Playchurch has started again on Monday mornings during term-time from 9.30-11.00 in church. We welcome all pre-school

children with their grown-ups to come and play, sing, eat and begin to find a gentle way to God through play.

Also, on Monday mornings from 10.00-11.00 we welcome anyone to meet up for fellowship, cake and coffee.

If you would like to become involved in supporting the church in any way please contact us – there is plenty to do.

Marie Jarvis Johnston PCC Secretary

Old Hunstanton Flower Festival (26th to 28th July)

Plans are well under way for the 2019 Flower Festival. As you know, our theme will be The St Mary's department Store. We already have a good group of arrangers but we do still have space for more if anyone wants to join us.

We would also love to recruit people who might be able to help with making props in advance – including anyone with woodworking or signwriting skills would be fantastic.

It would also be lovely if any local shops would like to sponsor a display or offer some props. Specific requests will be circulated later but all offers will be gratefully received and publicly acknowledged.

We are particularly looking for some more dummies/models if anyone has one they could lend for the weekend.

Please contact Gary Bocking on bocking554@btinternet.com 01485 210408 for further details or to volunteer your services.

Sarah Bocking

Brancaster Cemetery

Once again, I call upon our Parishioners – it is that time of year again for our annual tidy up of Brancaster Cemetery.

We are engaging a tree surgeon to do the major work on the Cemetery trees so, as we have been working so well over the last few years, we would like to continue in the same vein, concentrating on the bits other contractors can't reach! This will mostly be tidying between kerb stones plus trimming any regrowth from the smaller saplings.

This year's work party will be on 23rd of February from 9am to 12.

Please bring your own tools if you have them. Refreshments will be provided.

Gary Bocking

bocking554@btinternet.com 01485 210408



From St Edmund's

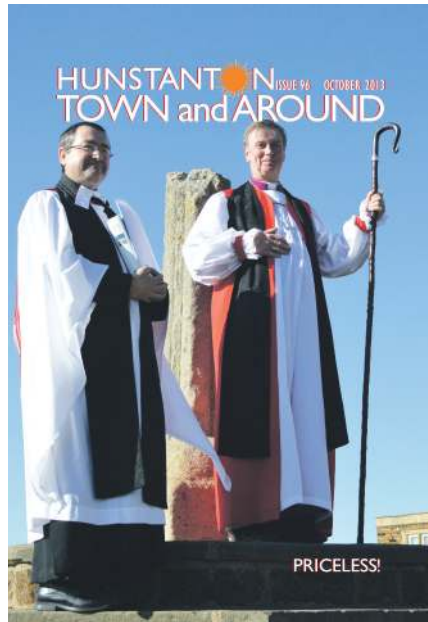
Dear friends,

After more than 20 years this will be my last letter to you as your vicar.

When I first came to the parish we had our own church parish magazine "CrossBeat" which some of you may remember. When we were unable to put together that publication we were invited to include a letter or article each month from St Edmund's in this magazine. On behalf of St Edmund's and Ringstead parish church may I express my thanks to Elaine Bird for letting us have this space every month. It is a great privilege to be able to write something to you every month.

I would like to be able to say I have been reflecting on my twenty years in the parish, however with continuing to look after the 2 churches, and preparing for a move with packing things up, I have not had the luxury of spare time on my hands to do so. But I have enjoyed my time here amongst you and it seems no time at all since Bishop Tony Footitt, then archdeacon of Lynn, was inducting me as incumbent of this united benefice.

In the time that I have been able to reflect on my time here I remember so many people who are no longer with us and who have passed from our sight into the closer presence of God. Amongst them Bishop Dennis Hawker, Fr Cuthbert Mather and Fr Donald Youngman; those three were part of my support team of retired clergy. Also amongst that team was The Revd Sylvia Spear, who I am pleased to say is still present with us here on earth. Other colleagues have joined us since then, Fr Michael Penny is still with us, Fr John Hunt who has now moved to East Dereham and Fr David Davis who moved a few years ago to Walsingham. More recently we have been joined by the Ven Bill Jacob in Ringstead and Gill Stevens. And then two colleagues who have been licensed as assistant priest: Fr Bob Easeman who now enjoys his retirement and is still with us



Fr John with Bishop Jonathan Meyrick on Hunstanton Green in 2013

worshipping at Ringstead, and in the last couple of years we have had Fr James Monro as assistant priest in the benefice, and who will continue through the interregnum and on into the ministry of the next parish priest. As a priest it is so good to have colleagues with whom one can share insights into the ministry God has given us. Having colleagues means that one can be fed and nourished by God through them. It is so important for clergy to be on the receiving end of worship and preaching, and not just in giving out. To all my priestly colleagues, those with us and those who have gone from our sight, I owe a great deal and I am thankful I have been able to share with them in the work of God's Church.

I am also conscious of fellow clergy and ministers from the other churches in the town with whom I have enjoyed their company and

support.

Most of all I thank all of you who have been my family (and friends) for these last twenty years. I shall miss you all, but as Stephen, churchwarden of St Edmund's said to me, "You're just going on a seven year holiday." Seven years will take me to my retirement, God willing, and then I shall be returning to the area to my cottage in Dersingham.

I finish with some words reminiscent of Elizabeth I and adapted by me to suit this letter. "You may have had, and still may have other priests who are more able theologians than myself and better at administration and raising money for the parish share, but you will not have another priest who loves you all as I have done for these last twenty years."

May God be with you as you journey into the future; stay faithful to him in all that comes your way, and spare a prayer for me as I journey with God into the future and in a different part of his Kingdom.

Father John



(and Dixie thanks all those who let her know how much they enjoyed her letter in the last issue of Town and around)

Renew

A short weekend conference to refresh Christians through worship, teaching and prayer ministry.

Friday 22nd February & Saturday 23rd February 2019
at Union Church Hunstanton

You're invited to Renew!

A short weekend conference to refresh Christians through worship, teaching and prayer ministry.

What's happening?

Friday 22nd February 2019

7pm Worship and prayer ministry evening. An extended time of contemporary worship followed by a short talk and an opportunity for prayer.

Saturday 23rd February 2019

9.30am Welcome Refreshments
10am Talk 1 - 'Personal renewal through the Spirit'
10.45am Refreshments
11.10am Talk 2 - 'Church renewal through the Lord'
12pm Lunch (Bring your own)

Who's involved?

Phil Shaw is the worship pastor at Kings Church Amersham and also leads at New Wine summer conferences. He will be leading the Friday evening worship with a band from local churches.

Derek Tidball (Rev. Dr.) is a minister, theologian, author and a former Bible College principle, who preaches around the world. Derek will be speaking on the Saturday morning.

Where is it?

Union Church Hunstanton, 2 Sandingham Road, PE36 5BN (Parking information on church website)

Booking and more information...

Phone: 01485 532471

Website: www.unionchurchhunstanton.org.uk/renew

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SOME WW1 STORIES - CENSORING THE ARMY MAIL

Some Humours of the Letters Home

By a Regimental Chaplain

Pity the Padre in the leaky postal wagon, knee deep in picture postcards, love letters, brief acknowledgements, of parcels, and stolid accounts of doings too epic for the written word! As postal censor we parsons often relieve keen, combatant subalterns who would otherwise be fretting and pouring over the pencil scrawls which Tommy produces by the hundred thousand. Thus in the Daily News, writes a Regimental Chaplain.

Each letter is carefully read for incautious revelations, unreasonable grouching, and matter 'calculated to alarm or depress' folks at home if published. Our soldiers know what not to say. What is more, they are better looked after than soldiers ever were before. The man to be checked is the 'lonely soldier' who is after creature comforts and – such is public kindness – succeeds in coaxing a perfectly monstrous mail from home – to the fury and disgust of the postal section of our Royal Engineers. So we clip the lonely soldier. He may be a good sort, and share the booty, but any extra stress thrown on our Field Post Office is very properly resented at Headquarters. Then there is the too fluent amorist – a real nuisance to the Censor, landed (and bewildered!) with five "darlings" and "ducks" to get back into the right envelopes; together with acres of heroics, screaming shells and V.C. deeds (entirely unrewarded), which I know took place miles from the firing line!

Very sad are unfinished letters of the dead. "Well Ciss, we are parading in a minute, Goodbye, and the dearest kiss, - to be continued tomorrow!" alas there was no tomorrow! "The Padre will censor this." I read again. "Look up to heaven, says he last Sunday" – I said no such thing. "We did - and bang! Came bombs from an Aviatik! "Consider the fields' says he – and up went a mine under our feet! 'There's victory in the air,' says he – but all we could see of it was poison gas from a new shell!"

In the main, Tommy's letter is stolid enough, or gay. Hal and Jim have little gift for self-expression, whereas the French soldiers translate their deep emotions into real prose. I've read their letters so I know. Yet our men's poverty in this way reveals their real strength. You can't impress or depress a lad who tells his mother; "We need more ground to bury these tin-hats!"

Last winter to leave a trench was called "going ashore"; and the waddle of frostbite drew "Quack-quack!" from the victim himself. "Deer Mother," wrote the rustic private, "Yesterday a shell burst and tor my trouser. I shall dror compashun." I knew "that shell." You could hide a bus in the crater of it! One man was never seen again, even in bits. He whose trousers were "tor" was blown up a tree, where he hung

dazed and mute, with his rifle swaying on a still higher branch. For two days the lad could neither hear nor speak.

These men write gaily of their hair-breadth escapes. They give brief account of daily life in the "dog-kennel" with its door from the ruined cottage, and "Hotel Cecil" across it in sprawling chalk. "Have read of my death, but am well," is a startling postcard. I pity the Adjutant-General's department, charged with these endless Casualty-Lists! I knew a family who'd been in black six weeks for a son when he wrote to them a "chirpy" letter from the prisoner's camp at Torgau!

Letters from the dead are astonishingly frivolous. I saw an anxious note at the end of one; "Do we have to give back the Insurance?"

I have Censored 1,600 letters in a day. It is tedious work and anxious. I once passed a seemingly trivial local illusion to a church service, regularly held in a certain spot. A few days later the congregation were plastered with shell from German batteries two miles away!

The average subaltern dislikes the role of censor, though it gives him new insight into the character of his men. I found that one officer whom I relieved at short notice had slipped a ten-shilling P.O. into a wistful note, hinting at mouth-organs and blank "broke-ness" in the matter of funds. And that 'Sub' was none too flush himself! Tommy's news seems trivial enough to the outsider, "Will close now. Whistle blowing us to business. What shall I bring you from Berlin?" How he'd got hung up on the "Mug-rack" (barbed wire) in a night attack. The finding of a stray pig in a ruined farm, with "chops for lunch that morning!" And here's a letter, months old but with today's postscript, thanking kind ladies for cigarettes, and saying the writer had meanwhile "stopped a lump of iron with his head." and so had been laid aside. The doings of the trench cat (a village waif); the magic of the uncensored mail.

Like the Active Service postcard and the little green envelope which franks its contents right through unchallenged. I've known a "green" to fetch a Louis at auction. Many men tell of new hobbies in their letters – trench carpentry and the making of photo frame out of army biscuits. "We are learning German," wrote the cockney Corporal. "So when we hear Hock, Hock! We know the Huns are looking for trouble!"

TONY ARMSTRONG

With thanks to the Lynn News. Written by an Army Padre in the Lynn News and County Press from 1914 to 1918.

Turning off street lights at night would help moths, scientists say

Switching off street lights during the night would help moths and other nocturnal pollinators, new research has found.

The study, led by experts from Newcastle and York universities, revealed that night-lighting attracts moths away from plants so they spend less time pollinating.

However, it found that there was no difference in pollination success between part-night lighting and full darkness. They found that regardless of the type of light, full-night light caused the greatest ecological disruption.

Dr Darren Evans, Reader in Ecology and Conservation at Newcastle University, said: 'We know that light pollution significantly alters moth activity and this in turn is disrupting their role as pollinators.'

'But what our study showed was that while full-night lighting caused significant ecological disruption, part-night lighting did not appear to have any strong effect on pollination success or quality.'



Celebrating sixty years of ministry

A special service was held at St Mary's Old Hunstanton on 21st December to celebrate the anniversary of The Very Reverend Alan Warren's ordination in Canterbury Cathedral.

He is pictured here with his wife Sylvia and holding the bible signed by Archbishop Geoffrey Fisher that was given to him on 21st December 1958. Next to them is part of a display chronicling his progress through the years.

Alan's seaside retirement years at Hunstanton in West Norfolk have been full of interest and pleasure for him. He preaches and leads services regularly in the local churches and his home is always a place of welcome and advice for many. He is a keen, single figure handicap golfer on Hunstanton's links and was also especially active in musical commitments. He directed the West Norfolk Singers, was a music tutor for the Norfolk Adult Education authority, chairman of the Hunstanton Arts Festival, composed some choral and keyboard music and founded, with the conductor, Peter Marchbank, the annual Brancaster Music Festival which attracted such famous musicians as Malcom Arnold and Imogen Cooper to its concerts, for which he regularly wrote programme notes.

His retirement years, like most of his life, are aimed at his favourite quote, "I can't - but God can - through me". He married Sylvia Mary Matthews in 1957, an outstandingly happy marriage and partnership in his varied ministry.

Many readers will recognise Alan as he has lived in Hunstanton for a long time, but I wonder if you know very much about his past? What follows is a potted history of a man with many talents.

Alan Warren was one of several future influential church leaders who were much inspired by their years of association with Coventry Cathedral during the provostship of Dr 'Bill' Williams and the bishopric of Dr Cuthbert Bardsley. It was Bishop Bardsley who invited him to become Canon Missioner there in 1972 for what he described as 'probably the six happiest and, most formative years of my life'.

He won a scholarship to Dulwich College in 1943 where his talents as musician and cricketer were encouraged. He was leader of the College Orchestra and scored several centuries for the cricket XI so he was especially delighted to succeed the test cricketer Trevor Bailey as President of the Alleyne Club in 1991. After National Service, he went to Corpus Christi College Cambridge as a Choral Exhibitioner to read theology, a choice of subject which arose from his firm desire to be ordained. His vocation had come as something of a surprise to him and to his family. He gained a Lazard Award and



enjoyed himself playing in the Footlights orchestra and captaining his College soccer team rather than playing in the University orchestra or attempting to gain, as some had expected, a cricket blue.

After further training at Ridley Hall, he was ordained by Archbishop Geoffrey Fisher to serve his title at St Paul's church, Margate in 1957 and then in 1959 he went as one of four young Curates at St Andrew's church, Plymouth, a future diocesan bishop and archdeacon among them. During his years in Plymouth he played in the Plymouth orchestra as violinist and gave many religious epilogues on Westward TV the newly founded commercial television station.

In 1962 he went as Chaplain to Kelly College, Tavistock but he was anxious to return to parish work and, after less than three years there, he accepted an invitation from Bishop Ronald Williams to become Vicar of Holy Apostles church and its large and varied parish in the suburbs of Leicester. Here his friendly enthusiasm made a considerable impact. He was a lively preacher and a resolute visitor of hundreds of homes in the parish, including those of early immigrants from Asia. His church choir with its Choral Society became acknowledged as one of the best in the diocese and a new church hall was erected during his eight years there. Alan was often referred to as 'the cricketing parson' as he was then playing for the M.C.C. and occasionally for the County 2nd XI.

His pastoral and evangelistic gifts were well suited to his years as Missioner in Coventry diocese, 1972-78. As well as encouraging renewal in the churches of Warwickshire, he travelled widely with Bishop Bardsley and himself led ecumenical missions in Worcester, Lancaster, Croydon, Belfast, Limerick, Long island and Central Florida. Also, with the

encouragement of the staff at Coventry Cathedral at this time he wrote numerous articles about evangelism and stewardship which were widely published.

In 1978 Bishop Williams asked him to return to Leicester as Provost (Dean) of its Cathedral which at that time badly needed an injection of vitality and confidence. He was just the man for this task and within a few years of his arrival the regular congregations had greatly increased, outstanding preachers such as Lord Soper were gracing the pulpit, choir scholarships were being established, the cathedral roof and screen were imaginatively redecorated and the great organ renovated. He composed new settings for his choir and, outside the Cathedral precincts, he was President of the Civic Society, founder chairman of the Leicester Council of Christian and Jews, Vice President of the Bach choir and of the Schools Cricket Association and a governor of several state and independent schools. He was a welcome guest at Leicester's major sporting events and a highly regarded speaker at sports club dinners. There were rumours that he would move from Leicester to other senior church posts but instead decided to remain at his cherished Cathedral of St Martins, taking early retirement at 60 years of age in 1992.

This profile has been put together with help from a Lay Canon (retirement speeches 1992), Canon Michael Banks (Chronicle of Leicester Cathedral) the Very Revd Derek Hole and Churchwarden Howard Johnston and Marie Johnston.

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Fizz and
Oysters
Friday 22nd
February

February diary

- | | | | |
|----|--|-------|---|
| 2 | United Services Club Hunstanton entertainment
8.30pm: Dancing to 'The Spree' | | Hunstanton Library 2-7pm to see the initial designs and meet the project team working on the |
| 3 | Docking Walking Group 11am Castle Acre, meet at Castle car park, Pyes Lane PE32 2XB Contacts: Helena Aldis 07769 850965 or Mike Rogers 07765 571313 | | Hunstanton to King's Lynn section that will be very close to the Norfolk Coast Path. There is also an online survey at www.norfolk.gov.uk/greenways |
| 3 | United Services Club Hunstanton entertainment
8.30pm: Karaoke | | Alternatively you can e mail: norfolkgreenways@norfolk.gov.uk |
| 4 | Hunstanton Library 10.30 Crochet Along, learn, share tips and ideas. More info: 01485 532280 | 14 | Valentine's Day |
| 6 | Hunstanton Library 10.30 Gardening Tips, share tips and ideas with a cuppa. More info: 01485 532280 | 14 | Hunstanton Library 10.30 Sci Fi/Fantasy Book club. More info: 01485 532280 |
| 6 | Thornham Village Cinema 'King of Thieves'
Thornham Village Hall 7.30pm Doors and bar 7pm Tickets £5 0781 802 8687 | 14 | Social 50/50 Dance 2-4pm Hunstanton Community Centre. Call 07787 966000 to book tickets £4 |
| 7 | Hunstanton Library 10.30 Knit and Knatter, have a chat, knit, swap patterns and ideas. More info: 01485 532280 | 15 | United Services Club Hunstanton entertainment
8.30pm: Quiz Night with food £3pp |
| 7 | Social 50/50 Dance 2-4pm Hunstanton Community Centre. Call 07787 966000 to book tickets £4 | 16 | Hunstanton Conservative Club, High Street.
Valentine Dinner 7.00 for 7.30pm |
| 8 | Docking Walking Group 11am Docking & Bircham Circuit meet at the Playing Field car park Bradmere Lane. Contacts: Helena Aldis 07769 850965 or Mike Rogers 07765 571313 | 16 | Syderstone Village Cinema presents: KING OF THIEVES (15) This is the incredible true story of the spectacular Hatton Garden diamond heist. |
| 9 | Pruning Day at the Henry Le Strange Community Orchard, Community Centre, Avenue Road, Hunstanton. 10am-noon. Learn about pruning of fruit trees and management of the orchard or just come along and lend a hand in any way you can. (If weather is unsuitable another date will be arranged.) Any queries please contact Adrian Winnington 07775 643877 | | Amy Robsart Village Hall PE31 8SD Start 7.30pm Advance tickets £3.50, on the door £4 01485 578171 or 01485 578244 cinema@syderstone.com . To be shown on a new screen, sound system and projector, following a successful bid for a grant of £5,000 from Norfolk Community Foundation. |
| 9 | King's Lynn Festival Chorus present Brahms' Liebesliedervaltzer Op. 52 and Rossini's Petite Messe Solennelle at St Nicholas' Chapel at 7 p.m Tickets £20 (free for under 12s) are available from the Corn Exchange Tel. 01553 764864, online or on the door. | 16 | United Services Club Hunstanton entertainment
8.30pm: Dancing to 'Kenny & The Motives' |
| 9 | United Services Club Hunstanton entertainment
8.30pm: Dancing to '54321' | 16-17 | Thornham History Society Exhibition at Thornham Village Hall 'Thornham and the War 1939-1945' Admission Free 11-4.30 both days |
| 10 | Antique and Vintage Fair at Thornham Village Hall 10am-4pm | 17 | Docking Walking Group 11am Ringstead Green Lane meet at Gin Trap PH Contacts: Helena Aldis 07769 850965 or Mike Rogers 07765 571313 |
| 10 | Hunstanton Conservative Club, High Street.
Coffee/Brandy morning from 10am | 17 | United Services Club Hunstanton entertainment
8.30pm: Karaoke |
| 10 | United Services Club Hunstanton entertainment
8.30pm: Karaoke | 18 | Hunstanton U3A meeting 2.00 pm at the Community Hall. Speaker Dr. Gerry Barnes on Norfolk's Trees. |
| 11 | Hunstanton Library 10.30 Colour yourself calm. More info: 01485 532280 | 18-22 | Half-term week |
| 11 | Hunstanton Library 2.30 Book Club, new members welcome. Ask staff about books being discussed. More info: 01485 532280 | 19 | Live by Satellite at Thornham Village Hall Don Quixote Doors & Bar 6.30 Curtain up 7.15pm Tickets £15 Call 07788 725 5597 |
| 12 | Docking Walking Group 2pm Walsingham Abbey (£) meet at Abbey Gates Contacts: Helena Aldis 07769 850965 or Mike Rogers 07765 571313 | 20 | Hunstanton Library 5.30 NEW Crime Book club. All welcome. More info: 01485 532280 |
| 12 | Hunstanton Library 6-7pm Quiet Time – ideal for people with autism, dementia or if you just want peace and quiet. More info: 01485 532280 | 20 | Hunstanton and District Civic Society talk: John Crofts 'A life in Prep Schools'. Hunstanton Town Hall 7.30pm Admission £1 members £4 visitors includes refreshments. |
| 13 | Hunstanton Library 10.30 Crochet Along, learn, share tips and ideas. More info: 01485 532280 | 20 | Snettisham Village Cinema The Old Man and the Gun. Memorial Hall, Snettisham 7pm, doors and bar 6.30. £5 on the door |
| 13 | Norfolk County Council Greenways exhibition at | 21 | Social 50/50 Dance 2-4pm Hunstanton Community Centre. Call 07787 966000 to book tickets £4 |
| | | 21 | Hunstanton Gardeners' Association: Talk by Geoff Hodge, Freelance writer and broadcaster will talk about Gardening on the Coast 7.30pm Hunstanton Community Centre |
| | | 21 | High Tide (27 feet) |
| | | 22 | High Tide (27 feet) |
| | | 22 | Docking Walking Group 11am Wells Town and Coast Path, meet at The Buttlands. Contacts: Helena Aldis |

- 07769 850965 or Mike Rogers 07765 571313
- 22 Winter Warmers talk at Thornham Village Hall
Speaker Sir Henry Bellingham MP 'Life as a
Constituency MP' £20 including welcome drink and
two-course supper.
- 22-23 Renew: A short weekend conference to refresh
Christians through worship, teaching and prayer
ministry. Union Church Hunstanton, 2 Sandringham
Road, PE36 5BN (Parking information on church
website) Phone: 01485 532471 Website:
www.unionchurchhunstanton.org.uk/renew
- 23 Community Coffee morning at Hunstanton
Community Centre 10am-12noon
- 23 Hunstanton Library 10.30 Colour a postcard, design,
colour and write cards for the housebound and
isolated. All cards sent through West Norfolk
Befriending Service. More info: 01485 532280
- 23 United Services Club Hunstanton entertainment
8.30pm: Dancing to 'High Definition'
- 24 United Services Club Hunstanton entertainment
8.30pm: Karaoke
- 25 Hunstanton Library 10.30 Colour yourself calm.
More info: 01485 532280
- 26 Docking Walking Group 2pm Holkham Lake, meet at
Village Car Park. Contacts: Helena Aldis 07769
850965 or Mike Rogers 07765 571313
- 26 Dersingham Village Centre: Darkest Hour starring
Gary Oldman as Winston Churchill. Entry Fee of £5 i
includes Free Tea or Coffee. Other drinks available at
reasonable prices. 7.30pm
- 27 South Creak War Memorial Institute 10.30-noon
Coffee morning. Memorial Pavilion, The Green,
South Creak, NR21 9PD. Tea, Coffee and
Cakes/Biscuits will be available. There will also be
four stalls selling cakes, plants, books and Greeting
cards. There will also be a raffle with proceeds
towards local charities. Peter Haywood 01328
823920
- 27 Hunstanton Library 4.30-6.30 Friends of the Library,
help organise activities and events.
More info: 01485 532280
- 27 South Creak War Memorial Institute 7 – 10pm
"Soup and Pudding Supper" within a Quiz Night
Memorial Pavilion, The Green, South Creak, NR21
9PD £6 pp. please bring along your own drinks.
There will also be a raffle. All proceeds go towards
the pavilion funds. Peter Haywood 01328 823920
- 28 Social 50/50 Dance 2-4pm Hunstanton Community
Centre. Call 07787 966000 to book tickets £4
- 28 Norfolk Wildlife Trust illustrated talk: Birds, Blooms
and Beasts of British Columbia and Alberta, Canada
by Geoff Randall 7.30pm Methodist Church Hall,
Austin St, Hunstanton £2.50 members £3 Visitors

At the Library each week:

Wed 3pm Job club. Update your CV, search for jobs etc.

Booking essential 01485 532280

Fri 10.30. Just a cuppa, weekly discussion

Sat 10.30. Bored Games, Chess board games and jigsaws.

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Please send items for inclusion in the March listing to the
Editor by 12th February editor@townandaround.net

Help to boost GP trainee numbers in hard-to-recruit areas

West Norfolk is one of 22 locations across England which will benefit from a national scheme to recruit trainee GPs to work in areas where vacancies for family doctors are hardest to fill.

Under the Targeted Enhanced Recruitment Scheme (TERS), run by NHS England and Health Education England, the trainees must commit to working there for three years in return for a £20,000 "golden hello" funded by NHS England.

In the latest round of the Scheme, up to 6 GP trainees will be supported in West Norfolk.

Norsemans Boxing Gym

The boxing gyms timings are changing, the gym will be open:

Tuesday 6-7pm Juniors 15yrs and under/ 7-8pm Seniors 16yrs and over
Friday 6-7pm Juniors 15yrs and under/ 7-8pm Seniors 16yrs and over
£2 for Juniors £3 for Seniors

Leon Bolmeer / Chairman Norsemans Boxing Gym

West Norfolk University Challenge 2019

One hundred and sixteen Year 11 students took part in the third University Challenge on 18 January.

The University Centre at the College of West Anglia was commandeered for the day as students from seven secondary schools in west Norfolk participated in a series of challenges.

The aim of the conference was to give the students an opportunity to push each other beyond their limits in their core subjects, helping to build their confidence and inspiring them to achieve even better results in their GCSEs this summer.

This unique event is the only one in the area where students don't work in their school groups. They are put into mixed teams of six named after UK universities.

The maths challenge was a relay against the clock. Each team had a 6th form student as a 'runner'. The correct answer had to be submitted before they could receive the next question. The English and science challenges were timed quiz papers.

The winners were the teams with the highest total scores after they had completed all three challenges.

Cllr Nick Daubney, the Mayor of King's Lynn & West Norfolk presented the winning teams with gold, silver and bronze medals.

Schools taking part were King's Lynn Academy, King Edward VII Academy, Icen Academy, Marshland, St. Clements, Smithdon and Springwood high schools.

At the close of the event Smithdon High School @Smithdon_High posed the picture below and tweeted:

"A couple of silver medals from the West Norfolk University Challenge conference #somethinghappeningatSmithdon #strengthintegrityexcellence" Congratulations!



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Saturday, 11 May 2019 at 11:00

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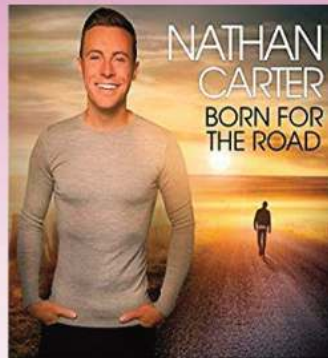
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Saturday 2nd



Tuesday 5th



Fri 8th & Sat 9th



Sunday 10th



Tuesday 12th



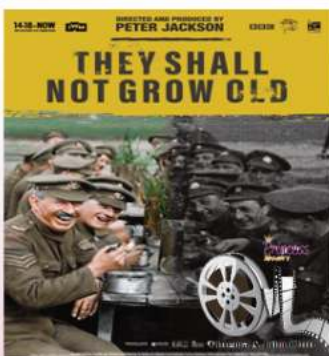
Thur 14th & Fri 15th



Saturday 16th



Sunday 17th



Tuesday 19th



Saturday 23rd



Sunday 24th

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