

TOWN and AROUND

ISSUE 164 JUNE 2019

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FREE





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First word



Hats off to Charlie Parfitt on the cover of the magazine this month. Charlie is the RNLI's first female Hovercraft Commander. She joins the list of firsts for the Hunstanton Station which was also the first to trial tractors for launching lifeboats in 1922, the first to trial the Hovercraft and the first to pass a female pilot, Leesa Espley, still a member of the crew. News from the station is on pages 42-43.

June is the month for Open Gardens, Fetes and outdoor activities; I hope I've managed to gather all the information together so you can plan your diaries! There isn't enough room in the magazine for full details of everything so we have an extended diary on our website that is updated daily. There you can also find news stories between print editions.

We had a massive response to the competition for free tickets to the Back to Bacharach concert at the Princess Theatre. I'm just trying to find a bucket big enough to get all the entries in! We will notify the winners at the end of the May.

My thanks as always to our fantastic delivery team, our contributors and advertisers; you are all truly appreciated.

As we approach the second Bank Holiday of the month, the weather forecast looks good - let's hope it continues through June. Terry Parish's article is on page 70, he tells us that the "Summer Solstice is on Friday 21st June. The Sun will rise around 4.43am and set around 21.21pm - 16 hours 38 minutes of daylight." Sounds like a good day for a summer party to me....

Hope you have a splendid June

Best wishes

Elaine

Elaine Bird, Editor, Hunstanton Town and Around
The Perches, 18 Tapping Close, Snettisham PE31 7FF
T: 01485 540620 M:07533 088196 E: editor@townandaround.net
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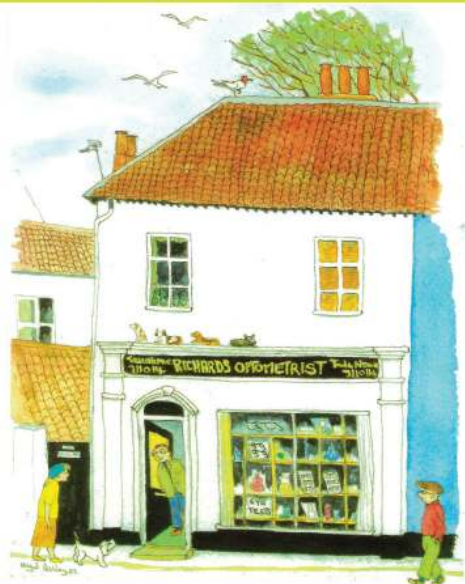
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Outstanding result for West Norfolk home care company

A West Norfolk home care company has been declared outstanding by the Care Quality Commission which has praised managers and staff for their work.

Extra Hands' Heacham office was inspected in February and is currently the only home care company in Norfolk to be rated as outstanding - the highest rating that can be given by the commission.

The company, which has another office near Norwich, has many hundreds of people using the range of services on offer (over 700 in the last year alone) - from the elderly to younger people needing help in their own homes and is a multi-award winning, family-run company.

It uses innovative approaches, including a smart phone app for staff and a 'rapid response' team of carers to cover emergencies and provide additional support when needed.

"We are absolutely delighted to receive the outstanding rating and incredibly proud of everyone at Extra Hands who works so hard to provide fantastic person-centred care for all of our service users," said manager Lynda Hilliard.

"Our services range from a well-being check to palliative care and everything in between, so having exceptional people providing that care is crucial to Extra Hands and it is thanks to them that we have been awarded outstanding," she added.

The inspecting team praised the company in all five key areas of safety, effectiveness, caring, responsiveness and leadership and awarded an overall outstanding rating for the service.

"People had consistency from a small team of care staff who knew their needs well and could be relied upon. Care calls were electronically monitored to ensure people received a needs-based service," said the inspector.

Particular praise was made of the company's training which includes a detailed induction and training programme.

They receive regular and updated training which the inspectors described as 'thorough' while service users and their relatives said the staff were patient, caring and knowledgeable.



"All of them are brilliant. Since we have had them his life has been completely changed for the better. It is all down to the wonderful training and skill of the carers," a relative told the inspectors.

The report also added: "Training was exceptional because it was provided face-to-face and included a wide range of additional training around the specific needs of individuals. These enable care staff to support people in the way they wanted to be supported in their own homes.

Before any service is provided, a holistic assessment is completed involving the person and their extended network of support, including other healthcare professionals.

"Care giving was responsive around people's changing needs which helped ensure continuity for the person and enabling people to stay for as long as possible in their own homes," the report says.

The inspection team also praised the management of Extra Hands and said it was 'highly effective' with exceptional and distinctive leaders creating a service culture of high quality person-centred care.

"The registered manager demonstrated an in-depth knowledge of the people they supported and their staff."

The Extra Hands team at Heacham celebrates its Outstanding status. Company founder David Evans is centre (dark glasses), with company director and wife Hazel (second right, yellow jacket). Manager Lynda Hilliard is on David's right (black top). The banner is being held by carer Katrina Bussey, left, and director James Back, right.



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RNLI Coffee Morning at Caley Hall raises £401.37

Thank you to everyone that came along and supported our RNLI coffee morning on Wednesday 24th April. We raised an amazing £401.37 and the RNLI shop took £145. Congratulations to chef Richard for winning the bake off with his delicious coffee and walnut cake.

Our next coffee morning will take place on Wednesday 11th September from 10-12 and we will also be holding a quiz night on Friday 8th November.



Ringstead's hands of time restored

By Bridget Crofts

The church clock at Ringstead has a reputation for being somewhat unreliable but the Diocesan Church Clock Advisor, Colin Walton, has over several years worked tirelessly to give it a new lease of life. At approximately 170 years old the mechanism was in need of TLC and has also had an electronic winding system added to save the Churchwarden having to scale the tower on a weekly basis to wind both the hands and the strike.

Despite this work however the clock continued to stop - always at 20 minutes to 2 - and it was apparent that the dial and hands (last given an overhaul in 1986) were also in need of refurbishment and restoration. On 9th April Colin and his colleagues carefully lowered the clock face and hands to the foot of the tower, loaded them onto a bespoke roof rack on his car and took them to his workshop on the other side of the county, leaving the clock mechanism still running and reliably striking every hour to give the villagers an audio time check if not a visual one!

On Friday 10th May the newly painted and gilded clock was returned and, in slightly less than ideal weather conditions, was lifted back to its rightful position. The scaffolding will remain in place for a short while 'just in case' but we look forward to revealing the clock in all its glory later this month.

The Churchwardens and members of St Andrew's PCC would like to extend their thanks to all who made this project possible: Tony Thorpe and his colleagues at 5 Star Scaffolding in Docking for their help throughout, Dan Short and his colleagues at Lime and Flint in Rougham for making good the stonework and mortar and the fixings behind the dial, and of course to Colin and Norman for their dedication and care of our beautiful clock. Finally, a big vote of thanks to the Chairman and members of the Friends of St Andrew's Church who have kindly financed the restoration of our historic timepiece.

*Photo of clock being lifted into position by Bridget Crofts
Drone photo by Rik Williams*



Sunshine and crowds turn out for the Hanse Festival

King's Lynn's rich and colourful Hanseatic heritage was celebrated for the 11th Hanse Festival over the weekend of 11/12 May.

The Mayor of King's Lynn & West Norfolk Nick Daubney explains: "The Hanse Festival celebrates everything we have to be proud of about our town - its history, people, cultural events, international links and stunning architecture. It draws people to the historic waterside and naturally focusses on the town's maritime past and its position as one of the country's most significant ports in medieval times.

"We were delighted to welcome the Latvian Ambassador to the UK, H.E. Ms Baiba Braze, to the festival and the Riga Art Nouveau exhibition being held at Hanse House".

"The weather was perfect and the festival was magnificent, the support for the talks on Saturday, the visit from the Ambassador, the music, the boats, the children's excitement were all fantastic".

Led by the mayor, the 'Parade of Flags' started the activities on Sunday and drew a huge crowd who joined the colourful and noisy procession from the Tuesday Market Place, through town and into King's Staithe Square.

The procession included flag bearers from countries who are part of the Hanseatic Union and walking boats created by children from local schools.

Entertainment on the quayside included traditional Latvian dancing, the Hanse Regatta organised by King's Lynn Coastal Rowing Club and live music from Pot of Gold Shantymen, The Shackleton Trio and Bear Club.

Rachael Williams, the Learning and Engagement Officer from Stories of Lynn, helped children build small boats and said: "We had a wonderful turnout and a lot of little boats were created for children to try to float on our mini river. We held races to see which boats could cross the tank of water the fastest, powered only by the wind created by

a fan".

"The water tank was awesome and so many children loved and learned so much in just 4 inches of water. What a perfect day".

Elsewhere, Discover Hanseatic Lynn walks took place on Saturday and lectures at Marriott's Warehouse. A training workshop for young Hanse sailors also took place at Hanse House. In the minster churchyard there was a falconry display.

A Folk in the Town showcase event took place in the sun-drenched courtyard of The Rathskeller. The winners, Tabernacle Dusk, secured a spot at the Folk in the Town event in July.

Photo credit: Matt Usher



USAF host community outreach day at RAF Sculthorpe

John Maiden

Key leaders from the USAF 352nd Special Operations Wing, stationed at RAF Mildenhall in Suffolk, recently hosted a capabilities briefing and a live flying demonstration at RAF Sculthorpe. Inside a military tent, and outside on the windswept airfield itself, the Americans interacted with invited civic leaders to discuss the importance of military training in the Sculthorpe area. The delegation from Hunstanton included Neil Quincey, a survivor of the 1953 Floods that devastated the South Beach area of the resort, claiming the lives of 31 victims, of whom 16 were Americans living off the Sculthorpe base.

Neil says he will be forever grateful to members of the USAF, based at RAF Sculthorpe throughout the 1950's, for their prompt response to the disaster on the night of January 31 1953. Close links between the USAF and Hunstanton, once known as 'Little America', have actually strengthened in recent years. This is because the 1953 rescue operation was led the 67th Air Rescue Squadron, since renamed the 67th Special Operations Squadron, which is one of several Squadrons comprising the 352nd Special Operations Wing.

The close proximity of Mildenhall has made it relatively easy to arrange reciprocal visits between current members of the 67th



SOS and the local community.

The Community Outreach Day was made even more memorable, when the Commando II aircraft that had been involved in demonstrations with an Osprey helicopter from the 7th SOS, landed on the runway. Those on board included the Commander of the 67th, Lt Col Martin Weeks and SM Sgt

Steve Pressler. As luck would have it, USAF photographer, Senior Airman Benjamin Cooper, who had taken pictures of aircraft in flight, was on hand to take a group picture of the Hunstanton contingent in front of the Commando II. L to R: Steve Pressler, Neil Quincey, David Jones, Andrew Murray, John Maiden and Martin Weeks.



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Musical cycles for King's Lynn Samaritans

Sophie Hooker



Pictured: riders setting off from Sandringham

Over 70 riders got their bicycles out and many donned their best fancy dress inspired by their favourite musicals for the King's Lynn's Samaritans annual bike ride at the weekend.

Featuring characters from the Rocky Horror Picture Show, Grease and Matilda, the riders proved a colourfully diverse bunch that paid homage to the famous musicals.

Riders had a choice between an 8 mile or 12 mile ride starting at Sandringham with the longer route going through Shernborne, Fring and Sedgeford and then down through Snettisham and Ingoldisthope to return to Sandringham.

On the wings to judge the many fabulous entries were Sir Henry Bellingham MP and borough Deputy Mayor and Mayoress Geoff and Rose Hipperson. The overall winners were a family dressed as Matilda. Other winners included Singing in the Rain and Mr Banks from Mary

Poppins.

Proving a successful day in the sunshine they managed to raise over £900 on the day with more expected from sponsors. Samaritans King's Lynn chairman Jenny Storf said: "any money raised will go to King's Lynn branch of Samaritans who are not funded and rely totally on donations and local fund raising events. The numbers of calls to Samaritans have increased greatly recently especially with young men. Samaritans are involved with prison and British rail where suicides have also increased."

The Samaritans are a non-profit mental health organisation that helps those suffering from feelings of isolation and disconnection that can ultimately lead to suicidal thoughts. They are available 24/7 through phone, email, SMS or at local branches such as the branch in King's Lynn.



May the Fourth be with you...

Sophie Hooker

To combat a rather gloomy bank holiday weekend, Hunstanton Library commemorated international Star Wars day with a fun-filled morning of activities celebrating the beloved franchise that transcends generations.

To mark the day, volunteer group Hunstanton Library Friends ran the family-orientated event. Activities on offer included painting stones as Ewoks, decorating your own 'Wookiee Cookie' and a Star Wars quiz.

Nikki Hastie of the group created a display of her own personal collection of Star Wars memorabilia—including posters dating back to 1977, a vinyl from 1980 and a limited edition Star Wars monopoly game from 1997.

Though this is the first year that they have held a Star Wars event, the group often holds events that benefit their local community and that appeal to a wide range of people; for example, events such as Life Made Easier that helps locals living with disabilities.



Photo: Back (LtoR) Manager Helen Senior, Dylan Smith and Margaret Hallett. Front (L) Kathryn and Nikki Hastie
Photo credit: Ian Burt

Keep up to date with local news stories between each issue of Town and Around at www.townandaround.net

Keeping it moving with Zumba Gold

Sophie Hooker

Starting Monday morning on the right foot is the introduction of Zumba instructor Julie-Ann Rayner's new class at Snettisham Memorial Hall.

Zumba Gold is a low impact dance fitness class that is Latin inspired. The class is aimed toward more mature students or anyone who cannot handle high impact exercise and aims to improve balance, range of motion, flexibility and heart function, crucial to maintaining good health so often neglected in later years. Julie-Ann explains: "we really have to keep moving for our long term health."

The whole aim of the class is to start small and slowly build up intensity, seeing gradual improvement in overall fitness as the weeks go by. The results speak for themselves: attendees have already reported to Julie-Ann that they now have better flexibility and range of motion only two classes in.

Julie-Ann trained to be a Zumba teacher last year both to improve her own fitness and because her passion lies with teaching the Gold class. Not only is she on a mission to improve health and wellness in this group, she is also championing the importance of its social aspect too by bringing along tea and cake for special socials, saying: "it's a really nice social—people are all getting together and having a chat and exchanging telephone numbers."

With the oldest attendee at 86 years old, Zumba Gold is truly a testament to inclusivity in exercise and welcomes anyone who wishes to keep themselves active, whatever age they may be. The goal is not perfection but just to get going, as attendee Lynne Swainston says: "even if we can't keep up—we're still moving."

Zumba Gold is a pay as you go class held at Snettisham Memorial Hall, PE31 7LX every Monday morning at 10am and finishes at 11am. The first session is free and then £5 per class from then on.

Pictured: Julie-Ann with her students



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We currently run two classes per week: the first is a Zumba Gold class on a Monday at 10am, this is a lower intensity class to help with movement and fitness to suit people less mobile or getting back into fitness. Whether you've never done exercise or are thinking of starting again after years away then this will really help you in the right direction.

The second is a standard Zumba class at Thornham Village Hall on a Thursday evening at 18:30. Please contact me if you would like further information. Thanks

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OUR HIDDEN ARMY

We are frequently visited by ladies and gents offering their services for cleaning, housekeeping, gardening, plus the occasional window cleaner and property maintenance companies. I am sorry to say that from experience, the majority of these disappear into oblivion before even getting started. In theory the work and idea seems positive but in reality the work is challenging and harder than expected, not to forget the fierce competition.

So this month is a 'shout out' to all the marvellous workmen and women in all aspects of jobs that we require and whose service to us in our industry, is exemplary - Norfolk Holiday Homes hidden 'Army'.

It is from the little jobs that recommendations can snowball. After all, we all know that it is the small jobs which keep everyone ticking along and honesty goes a long way too! So with that, I have recommendations for a very helpful and experienced plumber whom we should all have the acquaintance of as he writes monthly in T & A - Dean Baker. Dean will help out at short notice if available and has the courtesy to return calls even if he cannot do the job. He will make a recommendation of someone else too. This also applies to Owen the Electrician, (you may have seen his advert in T & A too). Both have worked at my home on easy jobs and some time consuming but they have been there when promised and deliver up to expectations. They have also done many jobs for our holiday home owners with the same polite, punctual and efficient service. Prices are fair too I may add. Pro Heat Gas Service is another excellent part of our little 'army' who has been working with us for several years now. There are gardeners and handymen who also give us this service and as we use several, too many to list.

I usually say a 'thank you' to everyone in the background at Norfolk Holiday Homes at the end of the season if they read Hunstanton T & A, but the beginning of the season is my choice this year as they all work very hard to prepare for the onslaught of the holiday period. Visitors may only see the three of us in the office, but besides the aforementioned maintenance 'team' there are many other busy bees such as the housekeepers and their own teams who put in a lot of time and effort to prepare holiday homes for the guests.

Cleaning is only part of the job which brings me back to the start of this report. There are endless duties to carry out as a housekeeper if the job is to be done properly. These may not appeal to those who think it is easy money just to flounce a duster around and thrust the Hoover up and down a few times. I've done a season's housekeeping myself so know how hard it can be. It is not your own home so it has to be perfect. If complaints follow, then it is no wonder the new businesses with bright ideas soon crumble if they cannot keep up to expected high standards of guest, owner and agent. It can be a back breaking and thankless job but our little army of 'behind the scenes' work force battles on regardless. A huge thank you to you all as you are much appreciated!

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Blossom Day: The show must go on

Sophie Hooker

Undeterred by the hail and winds that forced the cancellation of Blossom Day's outdoor events on Saturday May 4, performers instead took the party inside Hunstanton Community Centre where crowds were treated to a selection of performances from Xen Arts, Hunstanton Primary School and Folk Dance Remixed.

Local primary students teamed up with adult community group Xen Arts and performed a series of routines incorporating both traditional Maypole and contemporary dancing. Xen Arts is a non-profit organisation set up by Xenoula Eleftheriades that uses the arts as a positive form of expression and helps to create opportunities for those from all backgrounds and age groups.

With thanks to The National Lottery Community Fund, Xen Arts were able to bring national dance group Folk Dance Remixed to Hunstanton. A truly unique dance troupe, they are inspired by elements of Folk, Hip Hop, and Street, incorporating beat box and instrumentals of bass guitar and violin. With nods to African and Bollywood dance and music, their performance is truly a multicultural phenomenon that defies any simple definition.

Engaging with the audience and the schoolchildren, the groups all came together to deliver a workshop on the art of the 'Soul Train'—inspired by the 70s television show of the same name. Split into lines each pair took it in turns to dance down the middle, guaranteeing many cheers and laughs from both the remaining audience and the participants.

Despite the weather putting an unfortunate dampener on Blossom Day, the perseverance of its organisers and performers to put on a spectacular show regardless is truly a testament of keeping calm and carrying on.



Pictured: Hunstanton Primary School students and Xen Arts

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A Page from the Sage

Hi there well here we are again with a Page from the Sage for the June 2019 issue of the Hunstanton Town and Around.

A dear lady asked me if I could do a bit about the history of the Princess Theatre; I have done it before but what I know about it I will write once more.

When the building was constructed I am not too sure but I have a write-up dated 1925 when it was Simpson's Hotel and Restaurant, Miss M.A. Simpson was the resident proprietress, the write up says it was facing the Green and the pier, with accommodation for 100 persons, parties specially catered for, the phone number was Hunstanton 23.

In 1932 it was converted to the Capitol Cinema, the first film was the Desert Song with John Boles and Carlotta King, up to then the only other place in town showing films was the Mikado Concert Hall in Beach Terrace. It started to show films in 1923, but was destroyed by fire in 1924 along with a fish and chip shop and an oriental bazaar that were on the same site where the Waterside now stands. The cinema closed in 1960; it later became the Kinsley Centre and also for a short time it was a bingo hall.

In 1981 it was re-opened by new owners, the Borough Council of King's Lynn and West Norfolk, it was named after Princess Diana, in 1989 Princess Diana took the two princes to a pantomime there, the building has the largest gable end ever constructed in carrstone.

Many people have said to me of late: "what's the matter with the beach Dick with all them stones on it?" So I thought I had better go down and have a look. From the power boat slip way to the Oasis there is plenty of sand, when you get past the Oasis there are more stones but these stones have always been there. It is just that a few rough tides have taken the sand away, when I was a boy there were many large rocks under the pier where we would go and get crabs, these large rocks are still down there as are many more bits off the old pier it is just that they are covered in

by
Dick Melton



sand.

All the way along from Johnson's Slipway to the fairground there are many large blocks of concrete that were washed on to the beach from the promenade and the Blue Lagoon during the great flood of 1953; they have not been visible for years as the sand has covered them up, no one has taken them away they are still there.

We get two tides a day in Hunstanton for 365 days of the year the beach changes with every tide, this year 2019 we have ten tides of over 27 feet 27 feet, I have never known this before. At the end of September, we have three of these 27 feet tides on top of each other so the beach could be changed a lot by the end of the year.

Staying with the beach and the sea there was a report in the paper saying how clean the sea water is around Norfolk, the findings, published by the Environment Agency, show that 12 of the 18 bathing spots across Norfolk and Waveney have been classified as excellent - the cleanest rating, the classifications are based on readings taken over the last four bathing seasons, from 2015 to 2018. The bathing water at Heacham and Hunstanton's main beach were rated as sufficient, the water at Old Hunstanton was recorded as good. Sufficient is the minimum standard. In my opinion these ratings don't

mean a thing, I spent many years bait digging on Heacham, Hunstanton and Old Hunstanton beach; one day the water would be right clear the next day it would be right murky, unless the water is tested every day or even once a week all the year round I do not think these ratings mean much, as long as the sun shines bright and the weather is warm people will swim in the sea no matter what these ratings say. I swam in the sea at Hunstanton for many years especially when in I lived in Seagate the only problem I had swimming in the sea was in the summer of 1968 when I swam into a shoal of jelly fish and got stung but after painting the stings with some stuff from the chemist for a day or two I was okay.

I was asked the other day which covers the largest in area, Old Hunstanton or New Hunstanton, well in 1908 the area of acreage for Old Hunstanton was 1,813 with a foreshore of 550 acres and a population of 508, by the year 1921 the population had gone up to 810 but the acreage of land and foreshore was the same as in 1908.

In 1908 the acreage of land for New Hunstanton was 318 acres with just 134 acres of foreshore, by 1921 the acreage of land had gone up to 559 acres. How this came about I do not know. In 1908 the population of New Hunstanton was 1,893 but by 1921 it had gone up to 3,100 it is now over 5,000. There was another boundary change about ten years ago as up till then some of the Campbells Close estate were in Old Hunstanton as was the Smithdon School and the business park, but now they are in New Hunstanton. At one time Lodge Farm was in Old Hunstanton but it has been in Ringstead Parva now for many years. Just one more thing before I close I saw in Town and Around there could be a parkrun in Hunstanton. That's fine but when the runners go past the Hall no doubt the grey lady will be looking out of one of the windows to see what they are up to you, never know she might join in the run with them! That's the lot for now, just keep on a troshin' it will soon be sanfar time again.

All the best The Boy Dick Sunny Hunny



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Round the bend with Dean Baker

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It's flaming June! The year is half way through and in no time the longest day will be upon us...

I've been looking back through almost 5 years of articles for the Town and Around and I noticed that there's one plumbing topic I haven't written about for a long time..... the dreaded blocked toilet!

The first and most important point to make is this - if your toilet is blocked you must resist the temptation to continually flush. Flushing

rarely solves the problem and the toilet bowl is only designed to hold one cistern full of water. If you flush more than once the bowl will overflow making an unpleasant task significantly messier. If you're going to tackle the blockage always put rubber gloves on and put newspaper around the base of the toilet.

If you can break up the blockage or in the case of wet wipes remove it, then you won't need to call a plumber. Always bag up nappies, wet wipes etc and put them in the bin. Even flushable wet wipes don't really flush away.

If the toilet is still blocked and you decide to continue then it's time to get the toilet plunger out. I suggest at this point you turn off the water supply to the toilet or if you can't find it turn off the water supply to the whole house with the stop cock.

A toilet plunger is different from a sink plunger, it has a collar that creates a tight seal in the toilet and increases the suction power. This is available from all iron mongers and is a once in a lifetime purchase!

At this point I ask Mrs B what she would do, I wonder if she would try using a plunger?

"After the first flush I would go the nearest cafe and order a piece of coffee cake or maybe a lemon drizzle. And while I eat it you could deal with the blockage."

DEAN BAKER

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"I write this article to try and help people with plumbing problems, there's a lot you can do for yourself and I hope that I can make a small difference....."

Mrs B clicks her tongue and rolls her eyes

"There's no point in having a dog and barking yourself no sane person is going to go through all this rigmarole!"

I'm going to ignore Mrs B and finish this article, in the hope that someone may benefit

Back to the blocked toilet....At this point you could use chemicals such as drain unblocker, vinegar or baking soda. None of these are a guaranteed cure and could make the blockage worse and more difficult to deal with. You could also try a plumbing snake.

Or you could use the Mrs B method and call a plumber.

Until next month

All the best

plombierdean@yahoo.co.uk 07973 131 906

Midsummer Fair at Dersingham Village Centre

Following on from the success of the Christmas Fair held by Fade to Grey last year, the Dersingham Village Centre are holding a Midsummer Fair on the afternoon of Saturday 29th June. This event will be family-friendly with indoor games and activities, also the Mermaid Boutique are coming along to provide glitter tattoos.

The cafe will be serving hot and cold drinks, cakes and cream teas and there will be stalls selling cupcakes, homemade fudge, Indian finger food and chilled curries to take away.

Fade to Grey will be demonstrating how to use Frenchic chalk paint, if you would like some advice before you attempt to paint your own furniture, as well as showcasing their range of gifts, signs and home accessories.

There will also be a variety of other stalls including local artists, fused glass and wood turning as well as jewellery and handmade cards.

Entry is free and there is plenty of parking

At the time of going to press there are a few spaces left for stalls, please contact Alex Dixon on 07981 294052 or email ianalex Dixon@sky.com if you are interested.

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Barking Mad Tania Recognised for Business Growth at National Conference

Barking Mad Dog Care recognised business success at their 16th National Conference last weekend, with local dog business owner Tania Stowe receiving an award for above average year on year financial growth. The franchised service, which provides bespoke holidays for dogs whilst their owners are away, celebrated at the Low Wood Bay Resort in the Lake District, where the North West Norfolk branch's achievements were acknowledged.

The event led by Managing Director, Lee Dancy, was a thank you for all the hard work from the dog care providers across the UK and marked 19 years of continued success.

Lee Dancy said: "We were delighted to recognise Tania's proactive and professional approach in running her business. It is a testament to her dedication and hard work, that Barking Mad North West Norfolk has shown such growth."

Tania's love of dogs and people has always shone through as she has grown her business. She has also built a thriving community of dog sitting host families, improving and enriching the lives of local people with dog companionship."

Tania said: "The Barking Mad concept has proven to be a great success across the UK and I am just delighted to be offering

our fantastic service to the dog owners of Norfolk. Our service is 5* rated and is provided by a wonderfully dedicated team of local dog lovers who get so much enjoyment from caring for our customer's dogs. It is an absolute win win! I am very proud of achieving year on year growth of 33%, especially given the current economic uncertainty in the UK. It goes to show that consumers put great value in a quality service."



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A pawsome day at the Hunstanton Fun Dog Show

Sophie Hooker

Saturday May 11 saw The Barking Bugle host their annual Fun Dog Show in the grounds of Glebe House School. Scores of dogs and their owners descended upon the site to both take part in and watch the show.



Events included twelve novelty classes, a Cavalier King Charles Spaniel class and a best in show class, all of which were sponsored by Coastal Vets. A rosette was awarded to each dog that made the top ten in each class. There was also a fastest recall competition and dachshund racing which was sponsored by Pawfection.



Trade stalls, food vans and bouncy castles lined the site, ensuring there were activities to suit everyone. Entertainment included a doggy dancing display by the fabulous Archie and his trainer Ruth from

Active Pupz.

Winner of the best in show class were Ian and Helen Meets with Dennis. The reserve (from the happy families class) were Maddie with Nero Shauna with Suki Helen with Dodge.



The next Barking Bugle Fun Dog Shows in Hunstanton will be at the Hunstanton Carnival Weekend on June 29 and the Old Hunstanton Flower Festival & Fete on July 28. For more details visit <https://www.thebarkingbugle.co.uk/>.



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Following the thousands of locals that made their way to their respective polling stations on Thursday 2 May, the Borough Councillors elected for this area are:

Brancaster: Robert Lawton (Independent)

Email: cllr.bob.lawton@west-norfolk.gov.uk

Bircham with Rudhams: Chris Morley (Independent)

Mobile: 07740 940906

Email: cllr.chris.morley@west-norfolk.gov.uk

Burnham Market & Docking: Sam Sandell (Conservative)

Mobile: 07823 556402

Email: cllr.sam.sandell@west-norfolk.gov.uk

Dersingham: Two seats

Tony Bubb (Conservative)

Phone: 01485 542638

Mobile: 07885 258511

Email: cllr.tony.bubb@west-norfolk.gov.uk

Judy Collingham (Conservative)

Phone: 01485 540271

Mobile: 07425 138160

Email: cllr.judith.collingham@west-norfolk.gov.uk

Heacham: Two seats

Stuart Dark (Conservative)

Phone: 01485 544339

Email: cllr.stuart.dark@west-norfolk.gov.uk

Terry Parish (Independent)

Mobile: 07885 258428

Email: cllr.terry.parish@west-norfolk.gov.uk

Hunstanton: Two seats

Paul Beal (Independent)

Phone: 01485 534630

Email: cllr.paul.beal@west-norfolk.gov.uk

Carol Bower (Conservative)

Mobile: 07885 258460

Email: cllr.carol.bower@west-norfolk.gov.uk

Snettisham: Ian Devereaux (Conservative)

Mobile: 07885 258523

Email: cllr.ian.devereaux@west-norfolk.gov.uk

Hunstanton Mayor Amanda Bosworth

At the Friday 10th May 2019 Full Council Meeting Cllr Amanda Bosworth was elected as the Mayor & Chairman of Council for a second year. Cllr Tony Bishopp was elected for a second year as Deputy Mayor.



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Pride in our Neighbourhood - 51

Andrew Murray

As mentioned in the previous article printed in the April edition, the Borough Council of King's Lynn and West Norfolk (BCKLWN) had a six-week consultation period for its Draft Local Plan 2016-2036 (DLP). 21 responses were made on behalf of the Town Council and an additional 3 on behalf of the King's Lynn Hunstanton Railway Campaign (KLHRC). These responses were aided by the timely publication of a House of Lords committee report on the 'Future of Seaside Towns' (FoST). In excess of 600 responses were submitted and in due course the planning officers will add their comments to these and then draw up a new version of the DLP.

In Hunstanton, only the Huggins land near the bottom of Redgate Hill was put forward as being suitable for development in the 2016 'Call for Sites' but in other parishes several sites were proposed. The DLP does not cross-reference these where neighbourhood plans are being prepared and it therefore does not present an overall view of potential developments within the Borough.

The Spatial Portrait of Hunstanton suggests that the town has a dual function, a service hub for the surrounding villages and a seaside resort but this is too simplistic. It ignores the fact that it is home for a large number of retirees who require various levels of support and care and it is home to a number of people who commute to King's Lynn and further afield. This means that the town has at least a quadruple function.

When the Spatial Strategy states "Improving visitor accessibility and Public Transport so that the town may benefit from growth proposals for King's Lynn", it makes no mention of how that might be achieved. The congestion at the Hardwick Roundabout, Hospital Roundabout, Knight's Hill and along the A149 makes travel to and from the town slow, frustrating and unreliable. The Lynx bus services are unable to keep to scheduled timetables. There is a need for alternative means of travel, footpaths, cycle-ways, bridleways, dedicated bus routes or a restored rail route.

The introduction of FoST published in April 2019, states, "Improvements to transport will be vital in supporting further economic development in seaside towns. Improving digital infrastructure in coastal areas should also be considered a top priority, helping to compensate for these towns' relative isolation, and enhancing their potential role in supporting a good work-life balance by enabling people to work from home and enjoy the delights of the seaside. Young people in seaside towns are being let down and left behind by poor standards in existing provision, limited access to educational institutions and a lack of employment opportunities, resulting in low levels of aspiration. Partnership work between schools, further and higher education institutions, and local business and industry will be vital in helping to create career paths, improve local skills levels and boost local economies."

In the FoST report, Professor Tanya Ovenden-Hope asserted that while in the last decade there had been an intense focus on raising achievement in inner city schools, both in support and funding through the London and City Challenges - which had been successful in raising educational outcomes - coastal communities had not yet benefitted from similar schemes. The most prominent concern, however, that was raised about education in coastal communities centred on the recruitment and retention of teachers. Many areas remarked upon the local difficulties associated with staff recruitment in coastal schools, which were attributed to factors such as geographical isolation, poor transport links, low wages and limited opportunities for professional development.

Greener Journeys 2014 research showed there is a significant relationship between accessibility by bus and employment. The findings highlight particular issues for younger job searchers -23% of unemployed 18-24 year old respondents in this survey (compared to 16% of the other age groups combined) cite the lack of a suitable bus service as a key barrier to finding a job. The combination of retired people moving into the area and the lack of facilities for young people leading to their outward migration produces a severe imbalance of age structure.

The Spatial Strategy of the DLP also proposes, "Implement improvement to the town" but does not indicate if or when the local people and town council may be involved in the design or whether this



refers to the One Public Estate exercise or any proposals that Wayne Hemingway may make.

The Retail Development section of the DLP states "The Council attach a high priority to the need to support and maintain King's Lynn, Downham Market and Hunstanton as retail centres." However, these will not thrive unless decisive measures are taken to make them more accessible. There is strong resentment to having to pay for relatively short term parking (under 2 hours) when it is possible to park for free in the Hardwick area or the rural trading oases e.g. those at Creake Abbey, Burnham Deepdale, or Drove Orchards in Thornham. King's Lynn is failing to achieve its potential as a Sub Regional Centre because it is not readily accessible to private cars or to public transport.

The FoST report draws attention to the following factors relating to the economy: - The seaside should be viewed as a natural home and a host for visitors and residents where sustainable tourism can develop environmentally and economically; the hospitality sector should be championed and transformed into a rewarding and highly-respected career path; the provision of high-quality affordable housing in our coastal communities is essential; educational standards and the ambitions of young people must be raised; teaching in our coastal communities must be made to be an attractive career path; further and higher education should be brought within reach of young people who must not be left behind; partnerships should be enabled to blossom between education providers and local employers; connectivity, both in terms of transport and the digital world, must be enhanced.

Agarwal et al. (Tourism Management Vol. 69 December 2018) argued in their report 'Disadvantage in English seaside resorts': A typology of deprived neighbourhoods, that tourism has, in some coastal communities, been a "poisoned chalice" because the "unskilled, low paid and seasonal nature of employment in the sector has fashioned a major societal issue of poverty and deprivation." For some areas, promoting or reinvigorating tourism has been overstated as a solution to local economic challenges. Additional support is needed to recognise, promote and support diversification where a sole reliance on tourism is no longer a viable option.

In essence the Draft Local Plan (DLP) is akin to election manifestos - lovely words and intentions but not matched by achievements. There seems to be a mismatch between the DLP and the planning applications that are approved and built. The wording of the 2011 Local Development Framework Core Strategy and the 2016 SADMP is similar if not identical to this DLP - much of it has been cut and pasted. So the problems of second homes, congestion on the A149, population imbalance and need for affordable homes has been recognised but there is little evidence that the permitted plans have taken these into account.

The full consultation document and responses can be found at <https://west-norfolk.objective.co.uk/portal/lpr2019/lpr2019?pointId=5170767>

The House of Lords committee report on the Future of Seaside Towns can be found at <https://publications.parliament.uk/pa/ld201719/ldselect/ldseaside/320/320.pdf>

Hunstanton & District Civic Society News

Heritage Centre

The size of the former bank building, particularly the height of the ceilings, the discovery of a cellar and various voids and the re-connection of the sewer have proved to be challenging. Although several people have given a lot of their time freely, there remains much to do to transform the bank into a Heritage Centre. Most of the structural and dusty work has been done and decorating has begun but our opening date has been put back and we now are working towards an opening date of Saturday, 8th June but it is always possible that this may have to be put back. We will be organising a training day for the volunteers so that they know their way around the new premises.

If you would like to see inside the building site, please ring the doorbell on the left of the main entrance and we will be pleased to show you around. If you feel able to help with the transformation there are several jobs to be done and any financial contributions would be gratefully received – you can specify what the contributions should be spent on (e.g. carpet tiles, paint etc). Contact Treasurer, Stephen Kent on 01485 534200.

Talks Programme

The last of this season's talks was given on Wednesday 15 May when Mr Chris Gutteridge talked about the 'History of King's Lynn Waites'. The Waites are part of the international guild of town pipers and aim

to recreate the atmosphere of music making in the middle ages using contemporary instruments. The next talk will be on 18th September when we shall be showing the film 'A Plastic Ocean'. Entrance fee Members - £1, Non-Members - £4 (includes refreshments).

Visits

A party went to visit Langham Dome and Wells Maltings incorporating the Heritage Centre on 16 May. The dome was built in 1942 to aid the training of anti-aircraft gunners. It is owned by the Norfolk Historic Buildings Trust. They have restored the area and it opened as a museum in 2014 to show what life was like in the RAF during the second World War. The Wells Maltings has been transformed with grants worth some £5m. A visit to RAF Coningsby is planned for 4th July. This is the home of the RAF Battle of Britain Memorial Flight. Application form available on the Society's Website (www.hunstantoncivicsociety.org.uk).

In Bloom

Hunstanton has been invited to enter the Britain in Bloom competition again this year. The Civic Society looks after a number of the beds in the town which make an important contribution to the overall appearance of the area. You don't have to be green fingered to be able to help.

Borough Council News

Well, thank you and here we are again. I am now writing for the extended ward consisting of Heacham, Sedgeford and Fring. Someone decided to call it Heacham Ward which I will question as other wards contain a plethora of places in their description. Perhaps next time.....

The biggest news within the BC was the overall result. Conservatives 29 seats, others 28 seats. This includes the Independent Group which currently has 17 members. The last count had two recounts and the candidate who missed out is querying procedures. Other counts came down to a handful of votes

You might think that this almost dead heat would change the direction of the council. Unfortunately, not likely. The majority party has kept all cabinet posts, all chairmen of committee posts and all significant vice chairmen of committee posts. They also have Mayor and Deputy Mayor.

Consequently, significant changes in some directions will require concerted and co-ordinated efforts. Planning policies will fall into this category. Neighbourhood plans can be sidestepped through civil servant designed back doors and the Borough must resist such attacks rather than shrugging its shoulders; the local plan does not go anywhere towards addressing climate change (through energy supply considerations) or water resource issues. Lip service is paid to environmental matters through the small levy from house building paid to national reserves, and from a multitude of conditions placed on planning consents (not all of which will make a difference).

The Hopkins Homes (A149 approaching Hunstanton) scenario must never be allowed to happen again and we are still awaiting conditioned landscaping. (For those of you new to the area it would take about 6 pages to explain the background. Suffice it to say, a pleasant outlook and important habitat has been lost under many, some certainly unnecessary, houses).

Consultation about proposed changes (speed and junctions) to the A149 has ended. I have been told public consultation will follow. If you want speed reductions between the lavender lights and Hunstanton I suggest you speak loudly. Similarly, if you do not want junction closures in the Snettisham area but, rather, better speed restrictions and enforcement.

The recycling centre at the Chalk Pit, Heacham, was in the press just before the elections. The County has put in a planning application to allow it to take some trade waste, open a ReCyc shop and (oddly) sell Christmas trees. All to the good you might say. However, the only reason they have the space and capacity to consider such operations is because they started charging for DIY waste and, consequently, they are not at all busy. County and Borough says there has been no increase in fly tipping (of DIY material). I have suggested it is all going into the grey bins and the odd public waste bin. If so, it ends up in Sussex or Holland for incineration. I would like the County to go back to proper, free recycling of domestic waste before they expand operations.

Local issues relate to Heacham only at the moment. The second glamping application at

Long Wood, Hunstanton Road, has been refused. I hope that this matter now has a line drawn underneath it.

Proposals for several small developments are in the system. The proposed development in Hadley crescent has, quite rightly, been refused. Another, two houses dropped just beyond the boundaries of properties on Balmoral Crescent, continues. Both were good examples of lack of consultation with neighbours and the Parish Council. I would be developers should not just negotiate through discussions with Borough Council planners to establish what they can get away with but should try talking to those adversely affected and/or their immediate representatives. I am pleased to say that, just at the time of writing, representatives of the second application have come forward to clarify their intentions.

Independent Borough Councillor
Deputy Leader of the Independent Group

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Mudpies and Butterflies

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Feeling uninspired?, look no further, the Open Gardens scheme is well under way. Go to www.opengardens.co.uk, www.ngs.org.uk or www.rhs.org.uk/gardens. Visits to open gardens can provide inspiration and valuable local advice and knowledge. We have so many open gardens on our door step, Stanhoe and Walsingham in June, Holme and Ringstead in July to name but a few.

Flowers

Fill gaps in borders with annual bedding. There are lots to choose from, from exotic and vibrant to subtle and flowing. It is not too late to direct sow a few fast growing, late-flowering hardy annuals such as Calendula and Cleome or love in a mist (nigella).

Tubs can be planted up with summer bedding if not done already or fill gaps in borders with bedding in drifts.

For a natural feel, choose a few key seeds, mix in a bucket of light soil or sand and simply sow in prepared ground.

Cutting back, pruning and dividing

Don't let them run out of steam!. Pots and baskets will benefit from regular feeding, fish, blood and bone or a basic tomato feed or liquid

seaweed is fine.

Bedding plants can become tatty. Trimming them back after flowering encourages fresh growth.

Cut back or pull away dead bulb foliage. Cut back clumps of spring-flowering perennials to encourage a fresh flush of foliage.

Cut back Oriental poppies after flowering. Cutting them right back to ground level will stimulate growth and perhaps some new blooms. Mulch and feed.

Remove euphorbia flowers, cut the stems back to ground level.

Divide hostas now. Divide primroses after flowering. Lift and divide overcrowded clumps of bulbs too. If there is excess, pop them outside your gate and share the bounty with passers by!.

General maintenance

Hoe borders to prevent annual and perennial weeds from spreading, on a warm day the weed can be left to dry up in the sun, meaning your job is even easier!. Stake tall perennials and climbers to prevent wind damage to flower spikes.

Bugs

If pests are caught early, damage can be prevented. Wash off bugs with your hose, treat with warm soapy water in a spray gun or a chemical spray.

Lawn

Do not cut too short during dry periods. Strengthen thin patches with additional grass seed if necessary. Keep new grass seed watered well until it starts to shoot.

Vegetables and fruit

Keep sowing cut and come again crops for a regular harvest. Pinch out tomato plant side shoots. Invest in a few small plants for a local nursery or even car boot, if you haven't grown vegetables as yet. Many can be grown in pots/tubs or sacks if space is limited. Regular watering rather than panic drenching is best. Get in to a routine and stick to it. www.balanis.co.uk

HUNSTANTON FRONT GARDEN COMPETITION 2019

If you are considering entering your garden in this year's event, then now is the time for action. Hunstanton Gardeners' Association are again organizing the competition which will be sponsored as usual by Thaxters Garden Centre of Dersingham.

There are 4 classes to choose from. Either large or small garden, hanging basket or container, and there is a separate class for Hotels and Guest Houses. Entry forms can be obtained from Witleys shop in the High Street and from the Tourist Information Centre from the 1st June. The closing date for entries is the 30th June, with judging to take place on the 10th July.

There will be many awards & prizes for those taking part, including of course the opportunity to win and hold the prestigious Anneka Rice Challenge Cup for a year and a replica to keep. So if you are interested, make up your mind, and go for it!

Hannah's Roses

Monica Burton

Hannah is having another sale in June. It's on the 9th June, in the Town Hall, Hunstanton 10:00 am till 2:00pm All in aid of Children with Cancer of course. There's raffle, tombolas, games, tabletop stuff, toys etc.... there's also tea and cake, all served by children. See you there!

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Thaxters Plant of the Month – Hardy Geraniums

There's a Geranium suitable for every type of garden as these versatile hardy perennials come in a great range of sizes, habits and colours with hundreds of different species and cultivars. Hardy Geraniums should not to be confused with the bright, summer bedding plants known as Geraniums which are actually Pelargoniums.

With their delicate five-petalled saucer-shaped flowers, they come in shades of white, pink, purple and blue. The majority flower above a mound of dissected green foliage and can be used in the front of borders as edging or ground cover. Taller forms are suited to the middle of borders and there are even miniature types that can be grown in alpine displays or on rockeries.

Although most flower throughout the summer, some of the early flowering varieties can be cut to the ground as flowers fade and they will regenerate and may well flower again later in the season. Geraniums tend not to be bothered by slugs and will generally not be attacked by rabbits or deer.

Geraniums can grow in any soil as long as it isn't waterlogged. They are not terribly fussy about their position either, not minding sun or shade. If planting in pots, use an equal mix of multipurpose and John Innes No. 2 compost. If they are grown in free-draining soils some non-sterile types can self-seed freely. Others as they bulk up can be divided in the spring as they come into new growth. They will die down completely in the autumn and you will be left with bare soil until small leaf shoots appear in the Spring. For this reason, they can happily be grown in borders with Spring flowering bulbs such as snowdrops, crocus and narcissi as the bulbs will flower before the Geraniums emerge. The dying leaves of the bulbs will then be disguised by the Geranium foliage.

Geranium cinereum 'Ballerina' is a deeply veined light-pink alpine

variety ideal for rockeries or at the front of a border in a sunny position. Geranium 'Johnson's Blue' is a popular mid-size plant. Geranium 'Ann Folkard' has magnificent magenta flowers with a dark eye above bright, lime green leaves and has an unusual spreading, wandering habit which makes it ideal for growing through shrubs in a border. A firm favourite and probably the longest flowering and most versatile is Geranium 'Rozanne' with large blue flowers with a white eye. It is equally suited to a pot (I have it growing in a tall urn) or the border where it is perfect for underplanting roses.

And another thing – the common name for the Geranium is cranesbill, after the shape of the beak-shaped seed pod that is visible after flowering!



Geranium 'Johnson's Blue'



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HUNSTANTON GARDENERS' ASSOCIATION

The latest trends in home decorating seem to indicate a move away from the minimalistic style which dominated design thinking over the last couple of decades, and more of a move towards the display of decorative items rather than hiding them away. This shift in home decoration is encouraging sales of house plants which are now becoming available in ever-increasing varieties in garden centres and even super-markets, and it was therefore most appropriate that the speaker at the last meeting of the Hunstanton Gardeners' Association was one of East Anglia's experts on the growing of house plants.

Mrs Robin McDonald has won many prizes for her entries of orchids and other house plants at various shows, and her talk concentrated on the best ways to maintain healthy plants in the home environment. The first thing to consider was to try to replicate as far as possible the conditions under which the plant grows in its natural wild setting, and although it is virtually impossible to exactly reproduce these conditions in the home, it is important to bear them in mind. The speaker illustrated this point by referring to the moth orchid, *Phalaenopsis*, which is widely available for sale, and the fact that in the wild it grows mainly on trees and has aerial roots means that these roots should never be buried and the orchid should be planted in a transparent pot to allow light to enter.

Centrally heated homes provide the warmth required by many house plants, but care must be taken to ensure they are adequately watered (but not drowned!) once a week and, where necessary, their surroundings maintained at a fairly high humidity, either by standing them on a damp gravel tray or by occasional morning misting. All plants require exposure to light to grow properly, but it is very important to determine the amount of light required by a plant and to position it within the room accordingly; orchids for example require

light shade or filtered light, whereas the North American pitcher plant thrives in full sun. The ideal spot for most house plants is in an area a short distance from a sunny window and away from radiators.

The speaker mentioned the beneficial effects of house plants in that they not only provided a sense of wellbeing by bringing visually attractive living plants into the home, but it has been shown that plants draw in polluting chemicals as they respire, leaving the air cleaner and healthier for us to breathe. Robin had arranged a table full of different house plants to illustrate the huge range now available from nurseries and garden centres, and at the conclusion of the talk the audience examined these with great interest, no doubt to obtain ideas for their next garden centre shopping list.

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Nature Notes with Joanna

Where has Spring warmth gone?

I don't know about you all but I am fed up with the cold winds we are getting. This is 11th May when I am writing! Okay so the sun has actually appeared and there is one of the bluest skies we have had for days!

I have actually had a couple of days out working on my month's lists. Trying to add missing birds to the April list led to a trip to Snettisham on the 29th. It was grey, cold and breezy but pretty productive with several waders to add Little Egret, Dunlin (with their summer brown chests) Spoonbill and Avocet and spread over the mud Grey Plover most of them in their splendid silver, white and black summer coats. They really are resplendent and a delight to behold.

I also managed to add two of the summer migrants with a Swallow and a White Throat. Then May crept up on me and I needed to start the new list. First on the tick list at this time of the year is always Fulmar, found along the cliff edge. These are miniature Albatrosses they have a stiff winged flight and are easy to spot among the gulls, however as they spend a lot of the time soaring below cliff edge it can take a while to spot them. They nest on the cliff face every year and only go missing when their young have fledged and they need to take to the oceans to moult from their now tatty plumage. I followed up with a Bank Holiday trip to Snettisham. It was a good sunny start eventually clouding in to Mares Tails and distant Cumulus following on. A good find was a

Lesser White Throat on the approach and then on the mud there were endless 'Spangles' (Grey Plover), they will soon be off to breeding much further north, there were also the usual waders, Linnets and Goldfinch, then among the Gorse bushes I heard a Sedge Warbler, saw Yellow Hammer several Long Tail Tits a Swallow flew past and a Black Cap emerged from bushes by the entrance gate. I completed the trip by taking to the back roads and doing a flower watch!! There isn't a great del of colour in the verges but with the car window down there is a great mix of fresh herb smells. Nettles Cleavers, Jack by the Hedge along with the grasses, in flower Alexanders, Queen Anne's Lace and Red Campion along with the gold of Dandelions add some colour. We used to call Red Campion 'Soldiers Buttons' when I was out with my Mum looking at flowers, she was flowers and Dad was birds. It made for a good training ground as we walked the lanes in Anglesey on family holidays.

My third trip out followed on after a drive over to Titchwell to collect bird food. It was a cold, damp grey day and I had to push myself to get the scooter out of the boot but it was worth it in the end. Joy of joys there were streams of Swifts flying over the reserve. Those of you who read my column will by now know that these consummate flyers are my favourite birds. I have recently been delighting in the flights of the local raptors



Buzzards and Kites, but the flights of Swifts beats them hollow. Mixed among the Swifts were House Martins and Swallows. In spite of the breeze Bearded Tits and Reed Warblers put I brief appearances and a very smart Reed Bunting sat high on reed to show off his smart dark head and pristine white collar. It was also good to hear the emphatic 'I'm a Cetti's Warbler' call from the brushwood. The Beast from The East wiped them out and they have been hard to find so maybe this will mean that the numbers are building up again.

By the time you read this I can only pray that we are into warmer weather!

Keep your eyes open for the Swifts, House Martins and Swallows. Enjoy the greens of the opening trees and also keep an eye on the Ash trees I am afraid many of them are showing the results of Ash die back and we will loose even more this summer. May be one day we will learn that importing things from abroad can cause trouble on the home front. Enjoy the unfolding world as the trees, flowers and birds appear around us!

Funding will protect priority birds at Holme

Ringed plovers, little terns and oystercatchers are three of the important species to be better protected at NWT's coastal National Nature Reserve as a new summer warden post is made possible thanks to generous funding.

Norfolk Wildlife Trust has received more than £9,000 from the Borough Council of King's Lynn and West Norfolk Habitat Monitoring and Mitigation (HMM) Fund to protect the nesting and breeding sites of these priority birds at NWT Holme Dunes. It has enabled NWT to employ a summer warden to prevent disturbance to the birds and hopefully improve breeding success by reducing the impacts of by increasing visitor numbers.

The project includes clearly designated areas where public access is restricted to protect breeding birds; improved monitoring of species populations, monitoring of visitor numbers using the beach and wider area; and the training of volunteers.

The UK's birds can be split in to three categories of conservation importance: red, amber and green. Red is the highest conservation priority, with species needing urgent action. It means there has been a severe (at least 50%) decline in UK breeding population or range. Ringed plovers are on the red list.

A small, rotund wader, the ringed plover nests on bare gravel, shingle and sand at the coast. It forages for invertebrates and crus-

taceans in a particular way: standing and watching, running forward, pecking, then standing still again. The ringed plover tempts underground prey to the surface by 'foot-trembling': tapping its feet fast on the ground to mimic raindrops. It is a resident species in the UK.

Little terns and oystercatchers are on the amber list, the next most critical group showing a moderate decline.

Living up to its name, the little tern is the UK's smallest tern and can be seen nesting on gravelly beaches in small colonies. It feeds just offshore, hovering above the water before diving in to catch its prey of small fish. During courtship, male little terns put on impressive aerial displays that involve carrying fish to attract mates. The females will chase them high up into the sky; the males then descending at a glide with their wings forming a 'V' shape. A summer visitor to Europe, the little tern leaves in August to spend the winter in Africa.

The oystercatcher is a very noisy wading bird with a loud 'peep-ing' call. On the coast, it specialises in eating shellfish, particularly cockles and mussels, which it either prises or hammers open with its strong, flattened bill.

Head of Nature Reserves at Norfolk Wildlife Trust, Kevin Hart said:

"We are hugely grateful to the Monitoring



and Mitigation Fund for their support to protect these threatened birds at NWT Holme Dunes NNR. The summer warden has now started and will patrol the stretch of beach at Holme Dunes running from Old Hunstanton to Thornham Channel where the cordoned nesting/breeding areas are situated. We hope the project will help to promote positive attitudes towards the conservation management and importantly, understanding of its ecological value and the primary purpose of the site as a nature reserve."

The Habitat Monitoring and Mitigation (HMM) Fund has been created using levies from new housing development within the Borough of King's Lynn and West Norfolk. The purpose of this fund is to help monitor and mitigate the adverse effects of increasing visitor numbers to Natura 2000 sites resulting from the development. The fund is being administered by the Norfolk Coast Partnership on behalf of the Borough Council of King's Lynn and West Norfolk.

NEWS FROM THE HERITAGE GARDENS

Temperamental Easter!

The extremities of weather affected all the Easter activities. Most activities suffered with the cold but the hottest Easter Sunday on record did not help us either! The planned Mass Dog Walk only had 25 dogs and their owners braving the heat but all enjoyed their walks. A shorter walk was made available for those most concerned about the heat and all the dogs enjoyed their ice creams at the end. Thanks go to Amanda and David Knight and the Barking Bugle for helping to organise. £62 was raised for the PACT Animal Sanctuary.



Women's Running Course

The six week beginners' course finished successfully with a 3k run around town. As usual all participants were pleasantly surprised at the progress they made and how they worked up to running that far. Many of the ladies now plan to carry on running with the local ladies running group that emerged from last year's course- the Hunnybees. Thanks go to the Lynnsport Ladybirds for leading the course.



The Hunnybees.....

Are a local ladies running group. They meet at 6.30pm every Thursday at the Victorian Pavilion in the Heritage Gardens. They are a very sociable group who welcome newcomers of all standards, all ages and all shapes and sizes. Don't let anything put you off from having a go. No one ever gets left on their own. Come and give them a try.

Folk at the Bandstand

A Showcase event for Folk in the Town comes to the Green on 22nd

June. Musicians are welcome to take part, performing folk, roots and Americana music. If you want to take part please register at www.west-norfolk.gov.uk/folkinthetown. You can win you or your band a chance to play at Folk in the Town in the Tuesday Market Place in King's Lynn on the weekend of 27/28 July. Local folk outfit The Fried Pirates will finish the day's entertainment off in the Bandstand at about 3.00pm. Why not bring a blanket and a picnic, sit on the Green and soak up the sounds!

Busker's Corner

And continuing on a musical theme, Busker's Corner dates have now been set for 27 May, 27 July and 26 August, all 11am to 3pm in the Gardens by the Victorian Pavilion (the Crazy Golf Hut). It's an informal occasion, musicians of any ilk are welcome to come and play. Please call Ian Wells on 07766 561993 for further information and to book your time.

Plastic Art

A plastic art workshop will take place in the Gardens on Sunday 23rd June from 10.30 to 4.00. Working with recycled plastic bottles collected by Hunstanton Primary School and the Glebe School, families and children are invited to come and paint plastic for the day. Pop in at any time that suits; in the Gardens near the play area. The finished artwork will be put on display in the Gardens and will contribute to Hunstanton in Bloom.

Nia is Back!

Watch out for the gentle exercise to music sessions which return to the Green on Tuesdays at 12.30 from 25th June. Very popular last year with the older generation, they take place by the Bandstand.

Further details available at the website address below or from:

Roger Partridge
Activities Coordinator
Hunstanton Heritage Gardens
Borough Council of King's
Lynn & West Norfolk
c/o Alive Oasis,
Central Promenade,
Hunstanton PE36 5BD
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Mobile: 07795 333989
www.west-norfolk.gov.uk/hunstantonevents

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Here we hoe again...

Northfields Allotments are offering North Korea, Donald Trump and the EU a way forward at their annual open day. Their diplomatic correspondent Old Muck has this world exclusive report.

Do me a favour. Don't mention beans. John was going to put his out, but he was ummin-and-arrin' about the weather. I said while I'm not generally renowned for my forecasts, I didn't think we'd get another frost.

Then Sam said there might be a late one around the full moon, because it gets colder then-or-thereabouts. So put half out now, half on the 19th of the month, we half agree.

But Jim's got his out already. And Richard chucks his in next to his shed and his beans put everyone else's beans to shame last year.

Here's half the fun of the corr, blast you don't to do that/corr, blast you do kind of conversations which happen on an almost daily basis in the cauldron of debate that is Northfields.

Fears about Brexit, the nuclear ambitions of North Korea or other internationally-important issues soon become over-shadowed by why 'ent my parsnips come up yet or who's nicked all the horse muck.

One thing you do learn about having an allotment is there are always at least two ways of looking at things. Possibly at least twice as many, depending on the weather and who's about.

People who have allotments tend to take other people's views on board. That's how you learn how to get your spuds off to a flying start,

how to keep on top of couch grass or carrot fly, or grow strawberries that melt in your mouth.

We all pull together, because it just all works better when you do. Need some help putting up that shed..? Want a few tomato plants? Need help eating all those lovely apples..?

Perhaps we should export this feel good factor to the left-over political produce stall that is the wider world.

To this aim, we're thinking of inviting Theresa May, Jeremy Corbyn, the French President and the Belgian bloke who was all over the telly about Brexit to our open day. As in never mind the Irish backstop - check out our onions.

We're also thinking of inviting Donald Trump and Kim Jong Un to join us for a quick tour of our plots, one of Mick and Mick's burgers and a slice of home-made cake.

We'll keep you informed as soon as we hear from 10 Downing Street, Brussels, the White House and Pynongyang.

In the meantime, the date when you could join us is Sunday, July 28 (10am - 3pm).

See you up there.

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Tulips in Amsterdam

By Robin Limb, agricultural consultant

The Netherlands is famous for its bulb and cut flower industry, but it wasn't always as colourful and profitable as it is today. The region we refer to as 'Holland' is comprised of only the two provinces of North and South Holland which lie to the west of the country. This region includes such major cities as The Hague, Amsterdam and Rotterdam. The correct name for the country is 'The Netherlands', (Lower Countries), referring to the historic difficulty of keeping floodwaters at bay, as most of it lies below sea level.



The Dutch bulb industry became so important to the country's economy back in the 17th century that the stock market revolved around it. This was to sow the seeds of a looming financial crisis.

'Tulip Mania' was a period in the 'Dutch Golden Age' when contract prices for some bulbs reached extraordinarily high levels, only to collapse dramatically in February 1637. This is generally considered to be the first recorded speculative market bubble, although some researchers have noted a previous "See-Saw" episode between 1619 and 1622. In many ways, tulip mania was as much a hitherto unknown socio-economic phenomenon as opposed to a significant economic crisis. Historically, these events had no critical influence on the prosperity of the Dutch Republic, the world's leading economic and financial powerhouse in the 17th century. In addition, from about 1600 to 1720, the Dutch had the highest per capita income in the world. The term "tulip mania" is now often used metaphorically to refer to any large economic bubble when asset prices deviate from their intrinsic value.

Tulips were first cultivated in Asia in the 10th century, and did not come to the attention of the West until the 16th century. In their natural environment, tulips are adapted to live in mountainous areas and temperate climates.

During the time of tulip mania, in the 17th

century, the 'Tulip Breaking Virus' created variegation of the species, much admired and valued by all. The petals gained a 'marbled' white, or light coloured appearance as a result.

Truly 'broken tulips' do not exist anymore: the closest living relatives are the 'Rembrandts', reminiscent of the ones the artist painted at the time. The Netherlands is now the world's main producer of commercial tulip bulbs, amounting to over 3BN annually – the majority intended for export markets.

Official 'futures' markets appeared in the Dutch Republic during the 17th century. The most notable was centred on the tulip market, during its frenzied height. At its peak in February 1637, some single tulip bulbs sold for more than ten times the annual income of a skilled craftsman. A few modern economists have proposed a rational explanation, rather than speculative activity, for the rise and fall in prices. Other flowers, such as the hyacinth, also had high initial prices at the time of their introduction, which then immediately collapsed. These high asset prices may also have been driven by a parliamentary decree that contracts could be voided for a small cost, thus lowering the risk to buyers.

*“what goes
up must,
inevitably,
come down”*

The 1637 event was popularized in 1841 in the books 'Extraordinary Popular Delusions' and 'The Madness of Crowds', written by British journalist Charles Mackay. At one point 12 acres (5 hectares) of land were offered for a 'Semper Augustus' bulb. Mackay claims that many such investors were ruined



by the fall in prices, and Dutch commerce suffered a severe shock. Many modern scholars feel that the mania was not as extraordinary as Mackay described and argue that not enough price data is available to prove that a tulip-bulb bubble actually occurred. As with all things in life: "You pays your money and takes your choice".

With over seven million flower bulbs planted every year across 79 acres (32 hectares), Keukenhof Gardens is a colourful sea of more than 800 varieties of tulips and other spring flowers, attracting visitors from around the globe who wish to visit the Netherlands' iconic tulip fields. More than nine miles (15 km) of footpaths provide space to stroll around the park, take photos of flowers in bloom, and enjoy this popular tradition.

National Tulip Day in The Netherlands is when anyone can pick up flowers for free in the main square of Amsterdam. The annual Spalding Flower Festival celebrates the contribution made to its local economy by the bulb industry with a parade of floats, decorated in detailed splendour with thousands of spent flower heads.

This article tries to illustrate how bubbles can grow in size, but will always burst at some point. This applies to all markets - not just the flower industry. Markets, of any kind, are cyclical by their very nature, and what goes up must, inevitably, come down. Former Chancellor of the Exchequer, Gordon Brown, must have rued the day he made his triumphant statement: "The days of boom and bust are gone forever", only months before the stock market crash of 2008, that we are all still trying to recover from to this day.



Sweeties and Swifts

Carrie Carey, RSPB Titchwell

I like chocolate. It tastes good, I love the creamy consistency and it feels great when it melts on my tongue. I probably have chocolate in some form or other most days and feel deprived if I don't. So what would I do if production slowed down, supply was less easy to come by or even stopped? I don't think anything would mitigate the giant shadow which that would cast over my world.

We are losing our swifts.

Swifts are some of the most visually exciting birds to see, one minute they are tiny dots high overhead and the next they are zooming metres above me. Swifts are known for their speed of flight (hence their name) and can reach speeds of more than 60 mph. Using rapid wing beats to pick up speed and height they will then swoop low often changing course abruptly as they zip around buildings, usually 'screaming' as they go. These supreme flyers spend most of their lives in the air and can feed, sleep and mate while on the wing. On average they will fly about 500 miles a day and make an exhausting trip from Africa to Britain and back every summer.

Once cave or tree-hole nesters, swifts have adapted well to urban sprawl. Nest sites are commonly found in the eaves, lofts or recess of a man-made building, a little cosiness is added with a few feathers, leaves and fluff. It's probably not easy to find youngsters in the dark so chicks have an area of white around their beaks which makes the endless feeding sessions less complicated. As they grow, the youngsters do push-ups on their wings and tails to make them strong enough for flying. When they can hold a push-up for 10 seconds or more, they are ready to leave home. They'll spend the next two or three years airborne before finding a partner and raising their own family.

So, why are these amazing aerialists in decline?

Swifts are social birds and usually stay with the same partner for life. They are one of the last summer migrants to return to Britain and are very faithful to their nest sites, but these are under threat. Swifts almost always choose buildings constructed before WWII because modern builds tend to use soffit and fascia boards or loft ventilation boards which prohibit access to the eaves. Older structures, where colonies have flourished for many years are either being demolished or replaced by hermetically sealed buildings.

Is there a link to the demise of swifts in Britain and my love of chocolate? Well it's tenuous at best but if we don't address the problem soon then we won't see swifts zooming high above us in the future and

that should cast a giant shadow over anyone's world.

There are ways to help, especially if you are considering a home renovation project. Hollow 'swift bricks' can be incorporated into the tops of walls below the roof or why not fit a row of swift boxes under your eaves? The RSPB can give you free advice on either of these ideas, so why not pop into the shop at RSPB Titchwell Marsh or email the team at rspb.org.uk/titchwell.



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RINGSTEAD OPEN GARDENS OFFER COLOUR, CAKES AND COMMUNITY SPIRIT! Sunday 7th July 2019 is RINGSTEAD OPEN GARDENS DAY

This special event raising funds for the village church has been a tradition for more than 50 years and this year promises another wonderful blaze of colour, cakes and community spirit!

Visitors can make a day of it with a variety of gardens – large and small opening specially to the public from 11am to 5pm. A new entry this year will also include a Pétanque (Boules) pitch so come and have a go! St Andrew's Church itself will play host to a Flower Festival of Women in the Bible and work by local artists across 3 days from Sat 6th to Mon 8th July.

The delicious home cooked, 2 course lunch is always a popular draw on the Sunday and this year will be served in Ringstead Village Hall from 12-2pm @ £12 per head. Teas and Coffees will be served from 2pm til 5pm. With the added bonus of traditional Cake and Produce stalls, Tombola, Raffle, the unmissable Plant Stall and a walk in nearby Ringstead Downs Chalk Pit it has all the makings of a fun day out for all ages.

See you there!

£5 admits to all gardens. Call 07786 316610 to book lunches
Facebook @ringsteadopengardens



Snettisham Gardening Club

Open Gardens Sunday 23rd June 2019 11am-5 pm

We are pleased to have many beautiful, interesting and thought provoking gardens and allotments open for your enjoyment and interest in Snettisham this year. Some are large and some are small, some are new and some are mature, some are modern and some old fashioned, and The Allotments well.....what can I say.....have a look and enjoy the variety. We hope they will give you pleasure and encouragement to "Have a Go" at home. Come along and see the views, the scents, the colours and textures and maybe find a little inspiration.

The gardens are open from 11 am to 5 pm.

Maps will be available from Rodney Forster's garden at 17d Old Church Road (opposite the Memorial Hall/Rose & Crown) with his kind permission. His garden will be open too.

There will be refreshments available at Peace Cottage during the day to enhance your enjoyment and conversation. Other gardens will have somewhere shady to rest and look, perhaps a cold glass of water to refresh you as well as "a necessary visit". Details will be on the map.

All proceeds raised from this event will be donated to our chosen charities for 2019. These are West Norfolk MIND and Norfolk Stroke Association. Snettisham Garden Club supports these throughout the year with various events such as a Plant Stall at the Village fete in July and a Tombola stall at the village Christmas Market in December.

Our village Garden Club has been going for 27 years now and is a thriving and diverse group of people with a mutual interest in gardening on its many levels from a few pots and window boxes to vegetable plots to orchards and onto acres!!! Definitely time for



that Ride on Mower!!! However, the one thing it does do, whatever your interests in gardening are, is to bring us together and chat. We meet on the last Wednesday of most months at the Memorial Hall in Snettisham from 7.30 pm. We have a wide variety of speakers, some professional, some well-known in the gardening world, others knowledgeable but none the less interesting. We even have light refreshments to encourage you too!!! All are welcome.

Look forward to seeing you on Sunday 23rd June. Happy gardening.

Gail Lees

Chairman Snettisham Gardening Club



St Mary's Old Hunstanton Flower Festival 26-28th July APPEAL FOR HELP!

Last year's Festival was a major success, and we aim to make this year even better!

We have some new daytime festival activities and great evening events planned for 2019. This year the theme is "The St Mary's Department Store" a really exciting theme for our talented team of flower arrangers to be creative with!

As ever there will be plenty of stalls in Park House garden, and this is where we are appealing for help: We need your donations to keep our stalls topped up and buzzing in 2019!

Bric a Brac: We always need plenty of stuff for this stall! Don't throw it away, White elephants welcome. Contact David Johnson 533873, Mike Tuffs 532303 or momtuffs@gmail.com

Book Stall. As well as Hardbacks and Softbacks we need Jigsaws and Games. Also CDs, records and DVDs. Contact Glynis Allen on 07917 757328

Clothes and Shoes. Please go through your wardrobe! Summer is nearly here! If you don't think you'll wear it again, then call Christine Earnshaw, 533367

Tombola. Plenty of prizes



ENJOY A TRADITIONAL VILLAGE FÊTE

Now in its 45th year, the Old Hunstanton flower festival is an unmissable event in Norfolk's summer calendar. This year's theme is 'The St Mary's Department Store', so come along and see how the local floral artists have been inspired in their creativity this year.

Alongside the magnificent floral displays, there will be a traditional fete - cakes, preserves, crafts, gifts, bric-a-brac, plants, books, clothes, bags and jewellery etc. Indulge in an ice cream along the way or see if your luck is in with a go on the tombola.

Food and drinks available from 10am-5pm, with lunch served from 12noon-2.30pm, so bring along your friends and family, and enjoy a few hours together.



Festival events timetable

Friday 26 July
10am-5pm Flower festival, stalls and food

Saturday 27 July
10am-5pm Flower festival, stalls and food
6-9pm 'Shoo the Moon' Band with Hog Roast and drink
Adults £15, children under 12 years £7

Sunday 28 July
9am-9.30am Church service
10-5pm Flower festival, stalls and food
2.30pm 'Barking Bugle' Dog Show
7-8pm 'Songs of Praise', Popular hymns with 'Hunstanton Concert Band' - all welcome to join in Free entry



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help please call Jennie Guest on 533511

Bling, Scarves and Bags. Pretty things please for this ever popular stall. Contact David Johnson 533873, Mike Tuffs 532303 or momtuffs@gmail.com

Also we are on the lookout for

more volunteers! So if you think you might be able to lend a hand, on a stall, with putting up tents, parking duties etcetera, contact: David Johnson 533873, Mike Tuffs 532303 momtuffs@gmail.com or Chris Guest chris@guestco.net

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What about the children? Shared parenting after divorce

Maria Endall, Family Solicitor, Hayes + Storr

Coping with your own emotions during a break up is hard enough, let alone the opinions, and sometimes interference of those around you. The bigger and likely more troubling question is: how do you make the separation easier on your children? So often separating parents begin to think of the children as 'theirs' – belonging to them and denying the important relationship between the child(ren) and the other parent.

Clearly children do not have the same insight or understanding into the reasons for the break-up, but if they are regularly surrounded by conflict, it is not uncommon for them to feel they are in some way implicated or responsible for it. Seeing the two people they love and need most, separate, can have a life-long effect on a child's mental wellbeing, depending on how it is handled by their parents.

Children can't be expected to 'choose' which parent to live with and, assuming that both the mother and father are fit to parent, what happens next? Although it may seem inconceivable at the time, shared parenting arrangements where children spend equal amounts of time with both parents is an option worth considering.

For shared parenting to work, you and your ex-partner will need to live within a reasonable distance of one another so that your children can attend the same school, continue friendships and maintain contact with other family members, causing the least amount of disruption to their lives as possible. Each parent then shares responsibilities which may include school runs, attending after-school activities, appointments or helping with homework and so on.

Often, after a break-up, children remain living with one parent and have limited contact with the other. This level of contact can feel transient and insufficient. With a shared parenting arrangement, both parents retain equal status and the children benefit from the routine and stability of having both parents fully involved in their lives.

If you're interested in a shared

parenting arrangement, it's worth exploring further with your solicitor or putting forward for consideration if you're attending mediation.

This article aims to supply general information, but it is not intended to constitute advice. Every effort is made to ensure that the law referred to is correct at the date of publication and to avoid any statement which may mislead. However no duty of care is assumed to any person and no liability is accepted for any omission or inaccuracy. Always seek our specific advice.

If you would like further advice on this matter please contact Maria on 01328 863231. If you require advice on any other legal matter call 01485 524166 email law@hayes-storr.com.


A large advertisement for Hayes + Storr Solicitors. The background is a photograph of a woman in a blue and white plaid shirt holding a white daisy flower. Overlaid on this is a dark blue rectangular box containing white and orange text.

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On the turf with Charles Joyce

Another result for Town and Around with Liverpool pulling off a remarkable turnaround to overcome a brilliant Messi free kick goal in the Nou Camp, as Liverpool beat Barcelona four nil in front of their home crowd at Anfield. Maybe the best player was not on the pitch, because the quick return from fourteen-year-old ball boy, Oakley Cannonier, gave Trent Alexander Allen the chance to take the corner kick which caught the Barcelona defence asleep, with Divock Origi taking the chance to score that crucial fourth goal. While Liverpool's defeat of the Catalan giants was beyond belief, Tottenham's victory over Dutch team Ajax the following day with the winner in the 6th minute of injury time was virtually impossible to predict. Whatever happens the place part of the October Town and Around each/way bet is due to be paid, and the larger win part of the bet is still running with a solid chance of being successful.

One thing that was hopefully learnt from May's Town and Around edition is that betting on a short priced horse pre-race is fraught with dangers, except either for those with an updated copy of Gray's Sports Almanac (Marty McFly's book in Back To The Future II) or too much money (does anyone think they have too much money!). Aidan O'Brien won both Guineas races at Newmarket. He won the 2,000 Guineas with Magna Grecia who defied one trend in that his sire Invincible Spirit had a stallion stamina rating of less than 8.8f. (the Racing Post online has the stallion's stamina rating free). Just click on the horse's name and it will show the stallion and dam's name. Beside the stallion's name will be a figure with an f after it. The higher or lower the figure the more likely the stallion is to provide stamina or lack of it in his offspring. Magna Grecia got some of his stamina from his mother's side who had Galileo as her sire. The 1,000 Guineas was won by Hermosa who is likely to go for the Oaks at Epsom. Her win in the Newmarket race reminded me of a trend I have for Aidan O'Brien's fillies. It's a very simple trend. Aidan O'Brien fillies of two or three years old in Group 1 only races restricted to only females. They should be Irish or American bred (have IRE or USA after their name in the racecard) not wear blinkers, nor a tongue tie, and run in a Group 1, 2 or 3 last time they ran in the UK or Ireland. The jockey should be one

of Ballydoyle's regulars of Ryan Moore, Donncha O'Brien, Seammie Heffernan, Colm O'Donoghue (no longer a Ballydoyle rider) or Wayne Lordan. Over the last 8 years you would on average have lost 3 times to every time you collected, but the overall return is more than welcome, especially on the betting exchanges starting price. The Oaks this year is 31st May, and the Derby is beginning to look like an Aidan O'Brien prize to be taken. I will be taking an interest in one of his runners that turned out at Chester in early May. I'll wait until jockey bookings are known and the draw is made keeping in mind the big negative about stall 1 and to a lesser extent stall 2.

The big racing event in June every year is Royal Ascot. Last year Aidan O'Brien had a bug in his yard and it proved expensive, but had Gossamer Wing got up to win the story would have been very different. So I don't see a whole lot of reasoning to ignore the same trend this year. Group 1, 2 and 3 along with Listed races are all Class 1s. So ignoring the Group 1s, backing all of Aidan O'Brien's runners in Class 1s, that's Group 2s, Group 3s and Listed races, at the Royal meeting. Again the betting exchanges are likely to prove more profitable even after the commission is deducted.

Between the Derby and the end of Royal Ascot, Steph Houghton will be leading out the Lionesses in France trying to eradicate the heart break of Laura Basset's injury time own goal that kept them out of the World Cup Final in 2015. This time Faye Williams, the goal scorer in the Japan semi final game, is not in Phil Neville's team. They kick off on 9 June against Scotland, followed by Argentina on the 14th, and the clash with Japan on 19th means it will be no easy task to even get out of the group stages. I'm not sure they'll be shouting "Cry God for Harry, England and Saint George" as the Bard claimed about previous combatants on French soil, but hopefully we'll be able to cheer them on through to the Parc Olympique Lyonnais in Lyon on 7 July.

The odds to win their Group are far from enticing, but I'll not be able to resist 7/1 to win the outright.

As always remember the golden rule of punting. Pay the bills first and under no circumstances bet if you cannot afford to lose, because even the best professional punters lose more often than they win.

Check out our website for news and more: www.townandaround.net



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Rounce and Evans celebration BBQ



On a wonderful sunny Sunday in May, Rounce and Evans colleagues and their families enjoyed a celebration barbecue.

May 1st marked Sarah Kent's 5th anniversary as accounts manager at Rounce and Evans and it was also the day that Sophie Cribb started her new role of Assistant Block Manager. Sophie has been employed to help manage the continuing growth of the Block Management Department.



Sophie will be based in Kings Lynn and Hunstanton and is pictured here with Emma, the Block Manager.

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Charlie Parfitt becomes the RNLI's first female Hovercraft Commander

Hunstanton resident and lifeboat volunteer Charlie Parfitt has become the RNLI's first female Hovercraft Commander. Here, she tells Town and Around all about volunteering for the RNLI and about this momentous achievement.

Charlie says: "I moved to Hunstanton just over 4 years ago. Having always had an interest in the sea, I was really keen to get involved in the RNLI."

"After training as Crew on both the Atlantic 85 Inshore Lifeboat and Inshore Rescue Hovercraft, I then progressed to being a Pilot on the Hovercraft and then trainee Helm and Commander."

"When I first joined Hunstanton Lifeboat Station as prospective Crew, one of the first things I was able to do was fly the Hovercraft. This week I was able to take the Hovercraft out on exercise as Commander and instruct one of our new Crew members through their first experience of flying."

"I am very grateful to have had the opportunity to work towards being a Commander and to have the support of my Station and fellow Crew mates, and extremely proud to be part of the RNLI and its history."

Shaun Edwards, Area Lifesaving Manager for north Norfolk, said: "What Charlie has achieved is down to her own hard work determination, expert training and no small amount of skill. Everyone at Hunstanton is incredibly proud of her."

"The RNLI is taking strides to become more representative of the communities it serves, and I hope Charlie's story can inspire more women to consider volunteering."

The inception of the RNLI station at Old Hunstanton was in 1867 with the old pulling lifeboat. It closed in 1931 but was reopened in 1979 and now has a B-class Atlantic 85 lifeboat and a Hovercraft on station.



Pictured: Charlie Parfitt. Photo credit: RNLI Hunstanton

From Easter to October the station is open Monday to Friday from 10am to 4pm and every Sunday morning from 8.30am till 12pm to visitors wishing to tour the station and to see what their donations go towards.

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Hunstanton Lifeboat Station news

Geoff Needham, LPO

The weather and the Easter Bank Holiday certainly livened up the number of incidents we were involved in.

Friday 19th April Hunstanton Lifeboat "Spirit of West Norfolk" launched on service at 12.00 p.m. to a rowing group, Norfolk Broads from Kings Lynn, the group were rowing from Kings Lynn to Gorleston, stopping off at Lifeboat stations, and delivering Easter eggs, and were due at the station at 10.00 a.m. The crew found them about 2 miles off Hunstanton struggling against wind and tide, the five persons were exhausted, the lifeboat took them in tow and landed them on the beach opposite the L/B station, the local Coastguard and a local fisherman Mr. Loose towed the boat across the beach, to the safety above high tide, where it was recovered, and taken back to Lynn by road.



Saturday 20th UK Coastguard requested launch of Hunstanton L/B to a report of people cut off by tide on the sandbanks off Hunstanton, crew assembled, but were stood down before launching as persons were now safely ashore.

Saturday 20th at 4.10 p.m. UK Coastguard requested launch of Hunstanton Hovercraft to report of people cut off by tide at Scolt Head Island, they managed to get across before the Hovercraft arrived, crew checked area before returning to station.

Sunday 21st crew were put on immediate readiness to report of missing child on Old Hunstanton beach, child was found and crew were stood down. Later, at 4.00 p.m. Hovercraft, was launched to Scolt Head Island, and brought one person ashore to the care of the local coastguard.

Monday 22nd UK Coastguard requested launch of Hunstanton Hovercraft to a report of an inflatable dinghy being blown out to sea off Heacham three people in it. On arrival at scene, the persons and dinghy had been recovered. The local coastguard had requested an ambulance, and a paramedic was in attendance. Hunstanton hovercraft was released to return to station. The crew, at the station were also dealing with an incident near the station, a young lady had collapsed on the beach, an ambulance was requested, and responded, she was taken to the ambulance and was being checked over by the ambulance crew, no further information. High Water. Monday. 22nd 9.26 p.m. Wind Easterly 2/3 Sea state slight. Vis. good.

Friday 3rd May at 7.30 a.m. UK Coastguard requested launch of Hovercraft to assist with a 65ft Barge that was taking in water, at Kings Lynn. H-003 launched on service and proceeded to Kings Lynn. About five miles into the service, the crew received a radio message that they could stand down and return to station, as the situation was known under control, it was understood the fire service were pumping the vessel out, and our assistance was not required. H.W. 6.36 a.m. Wind. S.W. 2. Weather part/cloud Vis. Good Sea state slight.

Sunday the annual Easter egg hunt was held at the station for the friends and family of the crew, the youngsters had to find the eggs hidden in and around the boathouse, refreshments were also laid on. Well done Jon and his helpers for making this a great success, photo



shows a happy band of children showing their eggs that they found around the station, along with Jon Butler who organised the event.

After lots of hard work and dedication, Charlie Parfitt crew-member of Hunstanton RNLI passed her final test to become a Commander on the hovercraft, making her the first female Hovercraft commander in the RNLI. She joins the list of firsts for the RNLI. Hunstanton became the first station to trial tractors for launching lifeboats in 1922. The first station to trial the Hovercraft. The first to pass a female pilot Leesa Espley, still a member of the crew. Charlie joined Hunstanton RNLI four years ago, after moving to Hunstanton, with a keen interest in the sea, she works the safety boat for Brancaster Sailing Club. Since joining the RNLI. Charlie has played very much a hands on role in all activities involved with the station. She passed her Day Skippers exam. Hovercraft pilots test, Casualty Care, and is progressing well to becoming a helmsman on our Atlantic 85. "Well done Charlie". We can now send our hovercraft on service with an all girl crew, another first for RNLI crew. Congratulations, Charlie, on passing your Hovercraft commanders test. Congratulations also to Edward Napolitano for passing his helmsman test. Congratulations also to Michael Darby, our senior helmsman, on completing the London Marathon, Michael was running in aid of our Charity RNLI.



He informs me that the total he has raised so far, is £6,000.100.

Pic. of Michael receiving a cheque For £100.00 from SAC(T) Atkin's from RAF Marham C4i, who held a cake sale and a poker night to raise funds to sponsor Michael.

Respect the water campaign and advice to Holiday makers, Tidal waters have strong tidal currents, especially the approaches to the harbours. General coastal safety tips. 1. Check the Weather and tide times. 2. Read signs. Be aware of local hazards, ie; sandbanks. Channel Strong tidal currents. 3. Carry means of calling for help. 4. If you see someone in danger dial 999 or 112 ask for the Coastguard who will page us.



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New computer shop keeping Hunstanton plugged in

Sophie Hooker



Gary Kite (left) and Craig Kite at Unique Computers Norfolk Ltd

Filling a rather large gap in the local market is the arrival of Unique Computers Norfolk Ltd onto Hunstanton's high street. A family-run business with Gary Kite and his son Craig in partnership, they offer an aptly unique, quality service.

Starting as a small shop in Fakenham, Gary eventually became a mobile business in 2008, visiting customers in their homes and businesses selling and repairing laptops and desktop computers. It was around this time that Craig began working for his father full time. This year they have now set up a permanent shop.

With over 25 years of experience under their belt they offer a range of services including repairs, data recovery, virus removal, machine maintenance and software installation. They also offer custom-built computers, catered to each individual taste.

You can purchase various accessories such as printers, USB sticks, ink cartridges and cables. With a client base of both local businesses and regulars they offer a distinct personal touch and can tailor a service suited to customers' unique needs, and they are always on hand for free advice; their ethos of "support, service, fairness and quick turnaround" being constantly in mind.

Having only been open for just over a month they have already achieved great levels of success thanks to their special and sought-after services. With a nod to the notorious difficulty in starting a new business in the town, Craig is thankful for the support that they have received so far, admitting that they "wouldn't be able to do it without our existing customers."

Now with their physical presence in town as opposed to working solely from a van, they have seen a great deal of interest due to their accessibility. On the topic of expansion and their future within Hunstanton's high street being a driving force toward its modernisation, Gary says: "people haven't had anything like this

around here before... It will slowly build up. It's not something that will happen overnight."

Visit Unique Computers Norfolk Ltd at 68 Westgate, Hunstanton (opening hours 9.30am-4.30pm, Monday to Saturday) or call 01485 544606 or 07775512485.

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Broadcast Live by Satellite from The Royal Opera House Covent Garden Tuesday 11th June ROMEO AND JULIET

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Book your tickets online at www.thornhamvillagehall.co.uk or call 0778 725 5597 Tickets £15 – Children £10

Thornham Fun Day 2019

It is with great regret that we have made the decision to cancel this year's Fun Day, which was due to take place at the end of August.

The Fun Day Committee has been working very hard on Fun Day 2019 with a large amount of support from individuals, sponsors and supporters.

However, a number of key players are unable, for valid and very understandable reasons, to support this year's event and, without their experience, we don't feel we can deliver the Fun Day we all want. We are planning other fundraising and community events and news of these will be available soon.

Many thanks to all of those who have offered help and support.

Charity Film Night

We were delighted with the funds raised at our charity film Night on 17th April. A big thank you to all our patrons for raising £957 (£1196.25 with gift aid) for Combat Stress through donations and a raffle. A huge thank you also to all those who donated prizes for the raffle.

The Makers Mark 2019

Thank you to all stallholders, visitors and volunteers who helped make the event such a great success.

Old Hunstanton Neighbourhood Plan



Delays in obtaining Government funding for the production of a questionnaire for all Old Hunstanton households mean that the Neighbourhood Plan process has rather stalled over the past two months. Monies which were expected to be available in April are still awaited. Once the funding is in place we can get moving on this, hopefully in June if we are lucky. The questionnaire responses will indicate what issues are important to residents, allowing policies covering the future development of the village to be drafted and put out for consultation. In the meantime, Parish Councillors will be contacting local businesses and landowners for their input into the Plan.

If you would like more information or would like to contribute to the development of the Plan, please contact Lynne Butters at neighbourhoodplan.oh@gmail.com

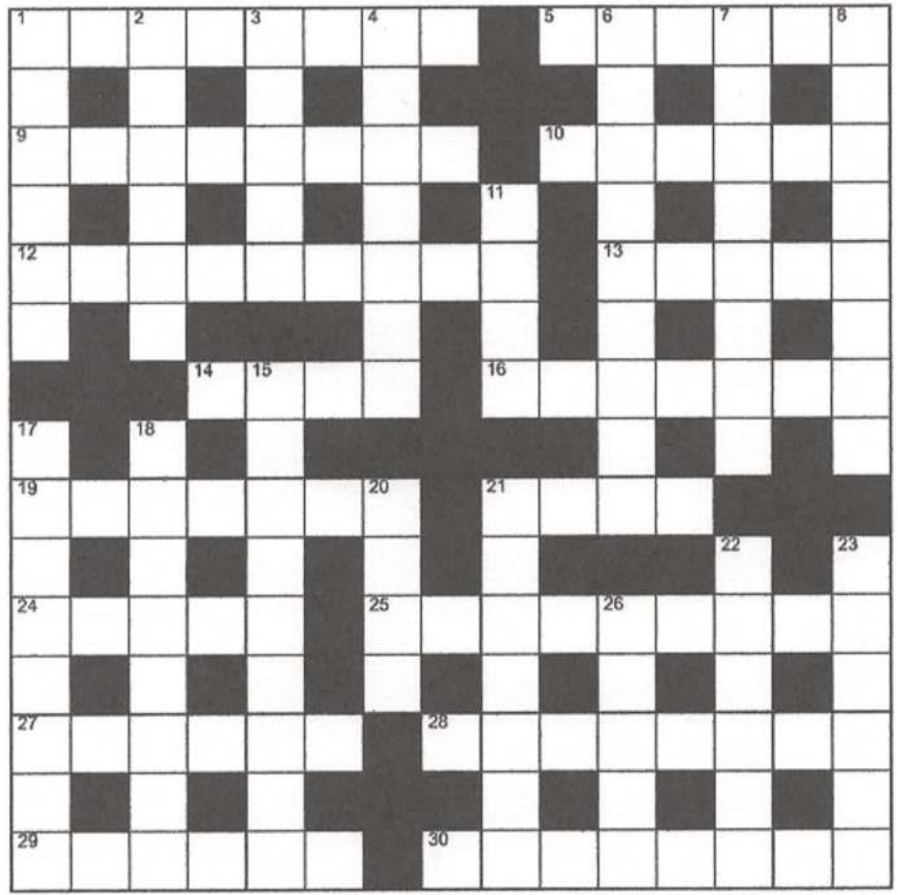
Crossword Clues Across

1. Lend a cup forged out of medals (8)
5. Overwhelms substitutes involved in first match (6)
9. Lift to reveal body (8)
10. Preferring not to fly immediately (6)
12. Behind wheel, lit up, she goes for a spin (9)
13. Loved dearly to finish tea without a drama starting (5)
14. Increased memory loss of my suffering (4)
16. Bob appeared after I gatecrashed organized air display.... (7)
19. Thomas came along sounding well pleased (7)
21. Call for study to back acceptance of recreational drug (4)
24. One doesn't want to work, submitting papers at length about retiring (5)
25. Roger accompanies old model ready to fashion old hat (9)
27. Servant causes atmosphere between four and five (6)
28. Leave after being allowed to make one's own choice (4,4)
29. Get set to transform magazine (6)
30. Took off at one with German, having fed dog first (8)

Crossword Clues Down

1. Initially, a French and part Scottish organization (6)
2. Quickly pause during half-written post (6)
3. A barrier made of stone (5)
4. Point to reason for moving (7)
6. During term pupil at comprehensive goes cosmopolitan (9)
7. I support crew on stricken vessel somewhere up north (8)
8. Appear dispirited at final confrontation (8)
11. Runs after vegetable and fruit (4)
15. Runs away before making shots (3,6)
17. Outshone from under cover (8)
18. A long way from telling the bigger story? (8)
20. Time needed for shock broadcast (4)
21. Magic formula without secret essence is lacking spirit (7)
22. Nut (head) dictates to a degree (6)
23. Hubcap provides cover (6)
26. Happening at regular time (5)

David Elsey's Cryptic Crossword



Crossword solution on page 58

Ray Butchers Su Doku

Easy first...

...then the more challenging

	4		8		9		6	
			5		2			
		2				4		
9	6		4		1		8	
			7		3			
	5			2			1	4
		5	1	7	8	3		
		3				9		
	1	6				8	5	

	4					8		
	2	5		4		9	1	
	9		1		5		7	
	8						4	
		3	6			7		
			5		2	1		
		9	3		7	6		
			8		6			

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DNS Computer Services

This month we are looking at internet connections, alternative options and troubleshooting problems.

Most households now rely on their broadband connection in the same way that they rely on electricity and water, it has become an essential element of modern life, and when our connections are slow, or intermittent it can be frustrating at best. Typically, most households and businesses will use ADSL or VDSL broadband supplied using a phone line or a fibre optic cable, but while the provision of this service is fast improving, there are still many areas of Norfolk which have very slow speeds, and some areas which cannot get a connection at all.

Fortunately there are a couple of possible alternatives.....

Mobile Data connections (3/4G)

If your traditional broadband connection is not performing well enough, you may consider a mobile data connection, in the same way that a mobile phone gets its internet service it is quite possible that you could get a much better connection to your home or business with a 4g router. It's a bit more expensive than BT etc, and there are usually limits on the amount of data you can download per month, however, there is government funding available for the initial setup equipment and costs which can be applied for as part of the process.

Satellite Broadband

Satellite broadband has been around for quite a while, but it has not really been considered as a viable option for domestic broadband due to high costs, more for the business sector, it can bring a much improved internet service in situations where other options are not possible.

Keep checking!

BT/Openreach are constantly working to upgrade our network and we are seeing speeds increase through the implementation of fibre optic cables widely across the county, but in order to take advantage of the upgrades you will most likely need to contact your provider and upgrade your package. The best way to see if you can take advantage of a faster connection is to go to the following website, and enter your postcode/landline number.

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In many cases, the broadband connection may be absolutely fine, but due to factors such as the size of the property and the thickness & construction of the walls, the service may not be getting distributed effectively. In these cases we can supply wireless access points to create a unified, secure wireless network, allowing the same speed and reliability throughout the property as if you were a foot away from your router.

For more information on mobile/satellite and improved WiFi systems please contact...

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Hunstanton Croquet Club

Having lived in the Hunstanton area for three years, we feel that we have fully integrated into the community, and part of the reason for that was our discovery of Hunstanton Croquet Club. We went along to the Come and try Day in April 2016, and as a result our lives have changed completely. We now travel all over the country playing in tournaments and league matches. We found it didn't take long for croquet to become a major factor in our lives.

Hunstanton Croquet Club was founded in 1911, and over 100 years later is a social friendly club based in the town. We have five lawns, car parking and a well-equipped club house. The club is situated adjacent to the children's play area on the Recreation ground, Hunstanton. Members can enjoy the use of the lawns 7 days a week, unless there are tournaments taking place, and for these events spectators are welcome. When you come to the Come and Try Day you are introduced to the game and provided with all the equipment you need to play. If you decide to join the club, you are supported and encouraged during club days, each Monday and Wednesday starting at 1.30pm.

The season opens in April, and this year it has already been very busy. There are a number of teams who represent the club at different levels, and so far this year, there have been matches, both home and away with Ipswich, Colchester, Chelmsford and West Park. Club members have already taken part in tournaments at Cheltenham, Surbiton and Northampton. There was also a three day tournament for Association Croquet, at Hunstanton in May, where competitors travelled from all over the country, to take part.

For those people who would like to keep fit, in either a leisurely way or in a more competitive way, croquet is a great way to spend your time. New members are always welcome, further information at Hunstanton Croquet Club website. I often describe croquet as 'Like playing snooker on grass', it certainly tests your brain power, as much as any brain training or daily crossword would do. On the social side, the twice weekly club days allow you to get together with like minded people, and enjoy time outdoors in Sunny Hunny.

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Why do I need to make a Will?

by James Davies, Solicitor

The amount of people who do not have a Will is increasing. In 2018 it was reported that 60% of UK adults had not yet made one, however it is one of the most important documents you can make. Without a Will you can't ensure that you pass your assets on to the people you most want to benefit after you die.

If you die intestate (without a Will), there are statutory rules that govern what will happen to your assets. If your estate is subject to intestacy rules, your assets will very likely not be divided in the way you would have chosen.

You may not have made a Will because you have heard that your estate automatically passes to your spouse or civil partner, but this is not necessarily the case. If you leave behind a spouse and children, your spouse will receive the first £250,000 from your estate, your personal possessions and half of your remaining assets. The remaining half will be divided between your children. Children would include your biological and adopted children, but not step-children. This can create problems if your main asset is a property worth more than £250,000 and someone lives in it or if you want to include step-children.

If your estate is valued below £250,000, it

will pass to your spouse in its entirety. This can also cause problems if you have been married before and have children from a previous marriage. The children from your previous marriage may not inherit anything if your new spouse dies without making a Will or leaves their estate to other beneficiaries and excludes the children from your first marriage.

The law does not recognise a common law Husband or Wife, so it is especially important to make a Will if you live with someone but are not married or in a civil partnership. If you don't, your partner will have no rights to inherit your assets under the intestacy rules, no matter how long you have lived together.

If you own a property with someone else and die intestate, your share of the property may not pass automatically to that person on your death. This could cause problems for the joint owner, particularly if they are living in the property and your beneficiaries wish to force a sale.

If you have no surviving family and die without a Will, your estate passes to the Crown and you may have preferred to have benefitted close friends or a charity.

People with young children can also use their Will to appoint legal guardians if they



become orphaned and can say who will look after their inheritance. You can also specify the age at which your children inherit, the minimum age is 18, but you may prefer to wait until they are 21 years old.

A Will is an important document that gives you control over what happens to your estate, Fraser Dawbarns are always happy to help you create a document that ensures your wishes will be carried out.



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Pushing the boat out with Snettisham Beach Sailing Club

Sophie Hooker

Snettisham Beach Sailing Club opened their doors and launched their boats for one of their open days on Saturday 11 March to give people a taste of the open water.

Scores of people from both complete novices to adept sailors came to the clubhouse for the special event. Though what started as a gloomy day, the clouds cleared by early afternoon, creating perfect sailing conditions. When the tide went out they took the boats to the lake behind the clubhouse and continued there.

Though officially formed in 1939, the Snettisham Beach club has a history stretching back to 1908, and is one of the oldest sailing clubs still operating today. The club has grown from strength to strength over the proceeding decades and now boasts a permanent RYA Chief Instructor and offers a range of courses and activities to suit both children and older adults.

Explaining what a typical week involves at the sailing club, instructor Jane Ellison explains: "during term time we get a lot of school groups, we run learn to sail courses for adults, after school clubs, our own members go out racing on Wednesdays and at weekends, we have a ladies sailing group and sessions for older adults as well. There is a lot happening right through the summer."

The next open day will be on July 7, open to anyone who wants to give sailing a try. A big event taking place this summer is Cadet Week running from August 5-10 which will see around 100 junior members aged between 7 and 16 sail everyday for a week.

Operating an all-inclusive policy, they welcome new members of all ages and offer memberships in a variety of categories. If you are

interested in joining or booking private tuition or taster sessions you can call the clubhouse on 01485 540639, visit their Facebook at www.facebook.com/Snetbeach/ or visit their website www.snetbeach.co.uk for more information and a membership form. Pictured: the boats taking to the lake behind the clubhouse



Redgate Rangers FC hit Carrow Road

Sophie Hooker



Pictured: Redgate Rangers during training at Old Hunstanton
Saturday 11 May saw the Redgate Rangers FC take to Carrow Road, home of champions Norwich City.

By far the biggest event that they have attended since they started playing, the day marked a momentous occasion for the club and gave the children the opportunity to hang out in the changing rooms and walk through the famous tunnel onto the pitch.

Secretary Andy May said: "They all had a superb day out, with four matches being played per team on the pitch at Carrow Road. They side brilliantly against some really good opposition (in general, probably the best/most talented teams they've come up against so far—teams from as far as London were taking part, so the level was really strong)."

"The under 7s came third in their age group, the under 8s a little lower down the table but had they had a little bit of luck at certain times they would likely have ended up in the top 4 of their age group also."

The two teams (the under 7s and under 8s) play in the Mid Norfolk Youth League during the main football season and they play various tournaments and festivals over the summer months.

The match marked the pinnacle of a very busy time for the club, as they prepare for tournaments and pre-season friendlies through the summer to prepare them for the start of their next proper season in September.

On the subject of the future of the club and recruiting more players, Andy adds: "Training is usually on a Thursday evening at Old Hunstanton, 6pm start. We also have an under 9's team competing in the same league (Mid Norfolk Youth League). We're hoping to start a younger team also, but that is always subject to having enough volunteers and coaches. Best way to double check is email secretary@redgaterangers.com for details of times and spaces available etc."



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Thornham Cricket Club

A lot has happened in the past few weeks with the junior section being started and despite the weather our numbers are improving every single week, also despite the earliness of the season a club record has been broken as well.

The Senior Match Report

On the 28th April 11 Brave Souls travelled in the cold to Narborough to open their season. Narborough CC won the Toss and Immediately stuck us into bat.

Opening the Bowling was Liam Woodcock (3-26) with the Benji Richardson (2-17) bowling with control and Pace saw the Nar boys losing 3 early wickets before a partnership from Steeles (68) and Cropley (27) saw the team to a highly respectable 152 all out a ball before the 40 overs finished

Apart from the opening bowlers pick of the bowlers was Alex Fry with 2-34

In reply we made a solid start with Ben Lucas (36) and Alf Burgess (16) building a solid foundation before Andy Arnold moved to the fore with 35 saw us looking at a successful start to the season.

That was before an inspired spell of bowling from Jake Eves who took 6-17 took us from the brink of victory to the disappointment of defeat to see us fall 7 runs short. Benji capped a fine all-round game with 19* at the end in vain.

Last Saturday Kev Williamson and the lads made the trip to Garboldisham for their Maiden Norfolk Cricket League Division 2 match. In conditions that could only be described as Wintery the home side won the toss and had no doubt than put us into bat.

We got off to a steady start after the early dismissal of Andy Arnold, with Dickie Sayers (35) and Alf Burgess (24) underpinning the innings before some runs from O Conner and Bradley Williams saw us to a highly respectable 148-7 off the shortened 35 overs.

In reply the boys battled hard taking wickets at regular intervals with more delays than British Rail, the opposition we reduced them from a dominant 115/3 to 129/7 to set up a tight finish before they reached their target with 5 overs to spare with 3 wickets to spare.

The Pick of the bowlers was Jacob Hewson with 3-11

On Sunday we hosted Hockwold in a League match, winning the toss we got off to a slow start losing Ben Lucas without scoring which brought Chris "Alf" Burgess to the wicket, putting on 69 with Stephen Lucas we started to build a strong foundation for a challenging score.



After the dismissal of Woodcock Alf came to the fore thumping the ball to all corners surpassing the club's record score before reaching 154* reaching 235-4 off our 40 overs, a mention to Jimmy Edwards (30) who put on 128 with Alf as well.

Alf Burgess immediately dedicated his ton to our ex-president Harry

Bird, who spent many a Saturday watching Alf bat

In reply we were always in front taking early wickets to see the opposition reduced to 29/4 before a solid 117 run partnership took them to 146/4 to secure us a 89 run victory

Junior Cricket Season

It is finally here and we started training on the 30th April with junior with some very enthusiastic boys and girls as we hope to ensure that every child has the ability to play cricket in our community. We hope to be able to provide cricket for all in our community throughout the summer months, with all the sessions being completely FREE, we have also been very lucky to get some cricket kit for all of the juniors as well for the summer.

We have a very dedicated team of coaches who aim to make a massive difference to children's lives in the area, to us it isn't about how many runs or wickets you take but about how many memories you make on the pitch.

Under 8's running from 6.30-7.15

9-15 Year Olds from 7.15-8.30

With the funding we have secured we have managed to get lots of coaches through their coaching badges and we hope that we will be able to create a fantastic legacy for our community that will last for generations to come

For more details on how to join please contact Jim Clarke on thornhamccinthecommunity@gmail.com or 07885995414.

Secondly we are always on the lookout for new players so if you would like to get involved please contact Ron Williamson on 07789276365, age and ability is irrelevant we will have a game of cricket for you at the club this summer.

Weather or not we win or lose let's have fun and make some amazing memories in 2019

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Sunny Hunny's inaugural triathlon

Sophie Hooker



The winners and runners-up of the Hunstanton Triathlon with Hunstanton Mayor Amanda Bosworth, West Norfolk Mayor Geoff Hipperson and Mayoress Rose Hipperson. Front (L) Ladies winner Caroline Woods and (R) Men's winner Ben Smith.

An overcast morning on Sunday 19 May saw the King's Lynn Triathlon Club in partnership with the Borough Council of West Norfolk and Alive leisure hold their first public event, the Sunny Hunny Triathlon.

Almost 100 participants took part in the triathlon, which consisted of a 200 m pool swim, an 18 km bike ride made up of 3 laps and a 3.5 km run.

The top five with the best times for the men consisted of Ben Smith, Phil Hurr, Jonathon Summers, Anthony Cude and David Edis. The women's top five were Caroline Woods, Della Brown, Rebecca Harris, Louise Franklin and Zoe Worledge. The winner of Junior Male went to Callum Stedman and Junior Female went to Alice Page.

The new Mayor and Mayoress of King's Lynn and West Norfolk Geoff Hipperson and Rose Hipperson were on hand to congratulate and present awards to the winners assisted by the Hunstanton Mayor Amanda Bosworth.

Participant Sarah Hardy, a member of King's Lynn Cycling Club, said: "This was my first triathlon — the bike ride was okay but the run was very tough. So there was a bit of run-walking — but it was enjoyable."

The event was aimed at both those completely new to the sport and those that are more seasoned. Chairman of the King's Lynn Triathlon Club Steve Bowdery said: "That's the thing with triathlon, it's open to everybody. It's not an elitist thing, it's one of those things where you come and have a go."

"It's the first event that we as the King's Lynn Triathlon Club have organised outside of our club. The first time we've done something for the general public."

"The plan is to hopefully do this as an annual, so next year we will be doing it again. After looking at the logistics of things we might get s



Triathletes (LtoR) Vicky Dunthorne, Debbie Sheils, Dean Blackburn, Sarah Byatt and Jackie Wrouth

something a bit bigger as well. Move up to the Olympic distance. We want to bring people to Hunstanton to promote the club and to promote the sport."

On the subject of the King's Lynn Triathlon Club, Steve says: "We are always open to new members. We do open water swimming on a Saturday so you can have a swim in the Ouse. Swim training Wednesday morning. Throughout the winter we do transition training. We use King's Lynn Cycling Club to do cycle training."

For more information on how to get involved with the club, visit <http://www.kingslyntriathlonclub.co.uk/>.

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THE VIEW JUST OFF THE HIGH STREET

Mark Kacary

At the time of writing we're half way through the Easter Bank Holiday weekend and we've had almost as many frustrated people coming into the shop to ask if there's a working cash machine in Hunstanton as we've had customers. (Well ok, not quite, but maybe that's because we take card payments.)

The queue of people at the Barclays & Nationwide cash machines were only surpassed by those outside many of the fish & chip shops, so it shouldn't be too surprising to hear that by Saturday afternoon The Nationwide & Barclays cash machines had run dry. In an increasingly digital world with a wide variety of easy to use and largely secure payment methods available to us all, the length of the queues surprised us, until we realised how many shops in Hunstanton operate on a cash only basis. Is this because there is more trust in cash, or could it be for other reasons?

There are at least 3 reasons why a business might wish to be a cash only business. Equipment costs, transaction costs and general IT maintenance can seem daunting. The need to ensure that the equipment is secure may worry some but possibly not as much as the cost. A café for example needs to sell many more cups of coffee within the space of a month to pay for the monthly card machine rental fees and of course there are the transaction fees which are on average in the ballpark area of 0.39%+ 2p for debit card transactions and 0.65%+ 2p for credit card transactions. This means that a single cup of coffee costing £2 results in a cost to the retailer of just over 2p per coffee for the transaction and a proportion of the monthly fee.

Is this expensive? To survive and prosper every business must manage its money and cashflow. Costs like these must be factored into how the business is run. Would you the customer for example accept a 5p increase in the price for the convenience of not having to try and find a cash machine? It's just one of the many decisions small business' must consider. Will it mean more customers or fewer customers?

Having a card machine for us was always a no brainer. We run two merchant accounts. One for our "bricks and mortar" business and one for our online business. For us there quite simply isn't a question as to whether it's too expensive because for a business like ours it is a business enabler. It is also clear to us that it would be more expensive for us to be a cash only business. We are charged by our bank 1.6% for every £100 we pay in to our account or exchange for change.

It would also be hugely inconvenient for many of our customers who simply don't carry wads of money in their pocket/handbag. The sense of relief many of our customers show when they've confirmed with us that we accept cards is palpable. Most card transactions in our shop are made with debit cards. Our approach to supporting electronic pay-

ments means customers do not need to mentally calculate whether they are carrying enough cash on them.

One saying that's stuck with me for close to 40 years in sales is that "It costs more to acquire new customers than it costs to retain them". Transfer that saying to a retail situation and once someone has crossed the threshold of your shop you want to make it as easy as possible for them to shop with you. If somebody leaves to get cash, can you always guarantee they come back?

I find it hard to understand how a business can avoid offering card payments as an option. This has now become the payment method of choice. Card payments made up a total of 78.4% of all national retail sales by the end of Q1 in 2017, with contactless payments driving the way forward. In July 2018 card-based payments had overtaken coins and notes-based payment. The use of contactless has risen to more than 6 billion transactions a year. 63% of the population regularly use contactless payments which means that debit cards are now the nation's favourite choice in making payments, which takes me back to the queues over the Easter weekend. Were people forced into queuing for cash because they couldn't use their debit card? We take all types of card payments such as Visa, Mastercard and AMEX. We even offered a cashback facility during the weekend which brought us business which was originally destined elsewhere. It's not my place to tell others what to do, but the theme of my articles is to look at how the high street can help itself and make itself more attractive to customers and I can't help but think that in what is a competitive world, a world where (as explained previously) supermarkets are seen to be the very essence of convenience that to put the additional hurdle of needing enough cash to trade with you is one more reason for a customer to go elsewhere.

So, should everybody offer card payment facilities? If the cost of offering card facilities is greater than any additional revenues it will bring then it's prudent to stick with the cash only approach. However, if customers come in and leave to get cash, but never come back...

Over the next few years it is likely that fewer customers will carry cash. Banks will continue to close branches while obtaining cash from machines will cost us more as operators seek to make them economically viable. But if you're in business who do you approach for help and assistance? Should you approach your bank? Or do you "google" payment provider?

One option would be for our local Chamber of Trade to show initiative by arranging representatives from payment providers to attend a chamber meeting and present their offering to local businesses. It wouldn't surprise me if they would be open to offering a special pricing structure if the business opportunity was large enough. It would be hard to dispute the fact that small independent businesses com-

pete with the corporate giants on the high street (such as supermarkets) and increasingly with online businesses. Both offer their customers the ease of card payments, if you're not doing the same you could find that you're providing one more reason for your customers to shop elsewhere.

The Guardian published an article on the 2nd May 2019. Entitled "Thousands of UK shops left empty as high street crisis deepens" If you've read this you will know that in 2018 the top 5 high street business closures saw 716 banks, 635 Pubs, 448 Estate Agents 380 discount stores and 374 fashion shops. In 2018 the number of empty shops rose by more than 7,500 as multiple chain businesses like Poundworld, Maplin, Toys R Us and Multiyork all went into administration. Restaurant chains such as Gourmet Burger Kitchen, Byron, Jamies's Italian, Carluccio's and Prezzo also closed large numbers of outlets.

The facts are that since 2015 High Streets across the country have seen more shops close than open. Which made me think that if anything Hunstanton is a small coastal town which is bucking the national trend. There are probably fewer empty shop units in Hunstanton than there have been in the 5+ years since we opened our shop. This should be a reason to celebrate, and yet I started writing this column on the back of a fellow columnist complaining that things weren't what they were like 50 years ago.

When you live through change you probably don't appreciate how much things change, and you look back at your youth with rose tinted spectacles. There have been seismic changes to how we do things now compared to how things were done in 1960. Don't believe me? Look at pictures from 1901 and I'm sure you can 'spot the difference'. I am sure that many who were born in 1901 wouldn't have been too impressed with the changes seen in the 59 years to 1960. Does this explain why many rue the day Woolworths closed their doors for the last time even though in truth it was a business model which had not kept up with the changing world and wasn't delivering what the next wave of customers actually wanted.

So, what do people want? The fastest growing retail categories in 2018 were Barbers (813), Beauty Salons (495) Vape Stores (244), Restaurants (218), Cafes & Tearooms (214), Nail Salons (166), Bars (145), Heath Clubs (144), Ice Cream Parlours (92) & finally Supermarkets (90). These are the national figures but strangely enough I would suggest it reflects the range of new businesses which opened in Hunstanton in the last 12 months.

What does it take for a business to stay in business? How can you help? Do you appreciate what it means to help? I'll be looking at these questions and possibly many more when I take my next look from just off the high street.

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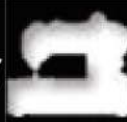
Monday	Bridge Club 6.45pm
Tuesday	Poker 8pm
Wednesday	Bridge Club 6.45pm Whist Drive 7.30pm
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High days and holidays

The summer calendar is filling up, so make sure your wardrobe is ready for the season with a visit to Allez Chic, writes Cheryl Daubney

It's a blissful time of year as the weather starts to warm up and the social season seems to spring into life. Whether you are enjoying a day at the races or just a gathering with friends or family, this is the month when special outfits and stylish casualwear are in hot demand.

At Allez Chic we have a wonderful range of collections, not found on the high street, which fit the bill wherever you're headed. I wrote previously about Michaela Louisa's stylish dresses and these really do come into their own for ladies looking for smart yet wearable clothing for 'high days and holidays'. Having recently completed a busy year with numerous formal events, I have found Michaela Louisa a wonderful 'go-to' label that never disappoints. If you're looking for something special, pop-in and we'd love to help you pick out an outfit to suit the occasion.

In anticipation of a hopefully hot summer that's as good as last year's sizzler, we have some fabulous loose-fitting, longer dresses from Capri which are so, so easy to wear. This dress falls beautifully between a classic sundress and maxi, and is perfect for super scorching days or styled up with some chunky beads and a wrap for an evening out. Teamed with a pair of stylish sandals from our gorgeous range of Luna Shoes, you're all set for summer living.

Finally, before I close for this month, I wanted to say a huge thank you to all who have supported the Mayor's Charity this year. Back in April, I was supported by a number of people and local businesses in organising a Fashion Show at King's Lynn Town Hall in support of the charity's two beneficiaries, The Purfleet Trust and King's Lynn Winter Night Shelter. The event raised more than £4,000, which will go to help members of our community in need. It is heartening to have been involved and seen so many people give their time, energy and donations to this worthy cause. If you would still like to make a donation, you can do so at Allez Chic – please do pop in and we look forward to seeing you.

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Down: 1. UNESCO, 2. Presto, 3. Agate, 4. Emotive, 6. Worldwide, 7. Manitoba, 8. Showdown, 11. Pear, 15. Off drives, 17. Eclipsed, 18. Outlying, 20. Days, 21. Nostrum, 22. Addict, 23. Eyelid, 26. Event

Hunstanton & District Rotary Club News

June is the last month of the Rotary Year and is a good time to look back on what has been achieved as well as looking forward to what we might achieve in the next year.

Our recent AGM was a celebration of our activity to support local groups. Sometimes it activity or practical help that we can offer, sometimes it is simple donations, primarily from our two major activities: Norton Hill Weekend (see the poster attached to this report for this year's weekend on 27/28th July) and the Kite & Classic Car Festival.

From last year's events we were delighted to donate £4,500 to The Norfolk Hospice Tapping House and they will remain our main beneficiary from the events, which we hope you will support this summer and I'm delighted that the RAF Memorial Flight have agreed to the Lancaster, which was spectacular last year, making a return visit on 18th August 2019.

Four figure sums were also given to the Magpie Centre Riding for the Disabled Association who, at their Wallington Hall base, provide therapy, achievement and enjoyment to people with disabilities, Snettisham Scouts, whose new hut at Jimmy's Field is nearing completion and the Stroke Association, who offer information, advice, social and peer support, along with exercise, outings, creative workshops and speakers to stroke survivors and their families.

Many other organisations also benefitted from the two events which we (and hopefully you) immensely enjoy.

Other fundraising is used to support local schools through competitions, recognising



achievement by pupils and donating dictionaries to year 5 pupils.

For a number of years we have sponsored Mollie Patterson, who is now 16 and is an England Table tennis player, who continues to achieve very well indeed. When I was in Bedford my Rotary Club sponsored a young long jumper from Milton Keynes called Greg Rutherford, who was far from the confident personality of today. Perhaps the greatest moment for us was when he was interviewed straight after achieving his Olympic Gold medal at London 2012 and he thanked the Rotary Club of Bedford Park on live TV – hopefully Mollie may be there one day!

Internationally, as I have reported over the last few months, we have helped in the case of disasters, donated to a larger project by another Rotary Club to a schools project in the Gambia and provided wheelchairs for users in Botswana and South Africa, delivered in person by our President Hilary Farrell.

Socially it has been a good year and we have enjoyed working with the Hunstanton &

District Inner Wheel Club, who put on a very successful Music Concert a week ago in the Town Hall as well as supporting our events.

In early June we are delighted to have been able to sponsor the Save The Children concert for schools with Classical Music Rocks on the afternoon of Friday 8th June. This came about when a local organiser came to speak at one of our meetings and we are always happy to welcome visitors to our meetings. If you would like to learn more about Rotary and potential membership or ways in which your business might be involved, please do contact me to arrange a chat on 01485 525142 or by email at johnpicrofts@gmail.com



HUNSTANTON AND DISTRICT INNER WHEEL

'Pastures New'

Friendship is a very important part of belonging to IW along with.....A small group of us got together and devised a programme of social gatherings for members and friends to stay connected in between our monthly meetings.

Our first event took us to Holme beach to stretch our legs, admire the Norfolk coast at its best and build up an appetite for lunch in a local pub.

Even though we all know each other, I can tell you that walking with someone gives you a chance to get to know them even better. It reminded me of a school trip where a leader emerges, a head girl takes her place and the stragglers get left behind. I was one of the stragglers! Our second outing was to Bawdeswell, for a traditional afternoon tea organised by our President Hazel Evans. It was also an opportunity to celebrate our Charter event with a candle lighting ceremony followed by overdosing on carbs and preceded by some retail shopping. Finally a charity concert was organised to raise funds for our chosen charities. The programme was made up of local groups who played and sang to a packed hall.

Watch this space for our next adventure.

Sue Trewin
Club Correspondent





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Stand out guys

West Norfolk Glass' managing director Geoff Parker explains why colour is just one of the ways to add style to your home



There are plenty of new developments in Norfolk and wherever we travel to install our high quality double glazing windows, doors and conservatories I am struck by how the frontage of houses is changing.

When I think back to the developments of the 80s and 90s, the look was uniform – each home likely to have the same style of doors and window. Today you are more likely to find a range of house sizes and designs, and with that a variety of glazing choices which add character and interest to these new buildings.

It's not just new homes either, and homeowners looking for replacement doors and windows have a wealth of options to choose from, including coloured frames, flush windows, timber look joints

which make white PVCu pale. There's nothing wrong with a good quality, well-installed basic product, but when there are so many options, it makes sense to think carefully about whether a minimalist or traditional style will best suit your home. It's an opportunity create something bespoke which is in keeping with your home's interior style, and which suits the type of building and setting.

Our team can help you with the decision process and we have a wide selection of work in the gallery on our website westnorfolkglass.co.uk – have a look or give us a call and we'd be delighted to help you plan something special which really does make your property somewhere special to come home to every day.

A date for your diary if you missed our recent Open Day, we will be at the 138th Sandringham Flower Show on Wednesday 24 July, so if you are visiting, please stop by and say hello – it's a wonderful day out and we would love to see you!

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Creative writing Course with Sue Burge

The HDFA's Creative Writing Course on Ecology with Sue Burge took place on Wednesday May 8th and was most effective.

There were 11 students taking part, including me, and we spent a wonderful day creating poetry and prose from the interesting stimulus that Tutor Sue brought along to the group.

Some excellent and thought-provoking poetry and prose was the result, which we hope will appear in published form at a later date.

On the facing page you can see Sue leading a the group at the venue Number 21 The Green in Hunstanton. Keen participants wrote poetry and prose in response to prompts on the theme of climate change and other environmental concerns during an intensive day of Creative Writing with a splendid view of the Wash to help form our thoughts.

Ann McKimm

The Creakes Drama Group
affiliated to the National Operatic and Dramatic Association
presents

Lend Me A Tenor
a play by Ken Ludwig
Directed by Robert Hill

North Creake Village Hall

Thur 13 June @7:30pm
Fri 14 June @7:30pm
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Tickets : £10.00

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CENTENARY CONCERT

SATURDAY JUNE 8TH 2019 7.30pm

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Arts round-up

The HDFA Festival 3 by the Sea programme of Arts events for the summer continues with a performance of "Gangsta Granny" by Heartbreak Productions on Thursday June 6th. There is just one performance at 6pm so early booking is a must. This is a fun play adapted from the book by David Walliams and will delight all ages. Tickets cost £7.00 for Adults and £3.50 for children and are available from the Tourist Information Centre in Hunstanton on 01485 532610 or at the gate. Doors open at 5.30 for a performance at 6pm.

This is an open-air show, so wrap up well as it gets cold at night even in the summer and bring low chairs and picnics to enjoy. There will be refreshments available.

There will again be a programme of live pop and rock music by various artists at "The Spinney" at the end of the High Street throughout the summer. This event is free although hat collections would be welcomed by the artists.

The Hunstanton Drama Festival of One Act plays takes place from Friday June 28th till Sunday June 30th this year.

Here you can see 12 different one act plays performed by Drama Groups from all over the Eastern area. This is a friendly competition so on Sunday evening there will be an award giving Red Carpet Night where everyone gets to know who won the best actor, best team and best Youth Group awards. There will be a celebration party after in the Sunset Bar.

Tickets cost £8.50 or £30.00 to see all sessions. Tickets are available from The Princess Theatre in Hunstanton. Box office 01485 532252.

The annual Family Picnic with the Hunstanton Town Concert Band will be playing at the Bandstand on the Green on Sunday 25th August from 2 – 4pm. This is a free event but please bring suitable seating and a picnic to enjoy.

The Hunstanton Music Festival will take place on Saturday September 7th on The Green from 2pm till late. Lots of fine acts are promised including the Sheringham Shantymen. More acts to follow.

CLASSICAL MUSIC ROCKS is a voluntary not-for-profit organisation bringing talented, professional classical musicians direct into schools across West Norfolk.

Founded in October 2016, we have since reached 6,000 children in 25 schools. Our musicians have performed at Smithdon High School on 3 occasions and this April a fantastic theorbo player and flautist gave very well received introductions to classical music at Hunstanton Primary. We also visited the Glebe House school.

On Saturday 8th June at 7.30pm, **SAVE THE CHILDREN FUND** is holding a **CENTENARY** concert in St Mary's Old Hunstanton. Tickets from the Princess Theatre.

Bandstand concerts and events in June

- 2 June - Fleckney Silver Band (Brass Band concert) - 2:00 to 4:00pm
- 9 June - Hunstanton Concert Band (wide variety of concert band music) - 2:00 to 4:00pm
- 23 June - King's Lynn Town Band (Brass Band concert) - 2:00 to 4:00pm



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Thursday June 6th

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6pm-gates open 5.30pm (some free parking available)

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The Yorke Trust Summer Opera

This year's summer opera is *The Tempest* or *Enchanted Land* by Henry Purcell, adapted by John Dryden and William D'Avenant from Shakespeare's comedy, *The Tempest*.

The Yorke Trust's thrilling production is conducted by award-winning Christopher McMullen-Laird and directed by Jennifer Hamilton, Head of Vocal Studies at Trinity Laban Conservatoire of Music in London. A period instrument ensemble accompanies the production, led by outstanding young violinist Conor Gricmanis. The soloists are drawn from music conservatoires and once again, The Yorke Trust Community Choristers will sing the choruses under the direction of Sue Valentine.

The Yorke Trust is grateful for the financial support received from the Borough Council of King's Lynn and West Norfolk Small Grants Scheme, through Norfolk Community Foundation, Norfolk County Council Arts Project Fund and the Norfolk Opera Trust.

The performances will take place at St Mary's Church, South Creak, NR219LX on Friday 26th July and Saturday 27th July, both performances will start at 19.30 with doors opening at 18.45.

Tickets, £20 and £18 for Friends of The Yorke Trust are available online www.yorketrust.org and are available on the door.



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Mercedes Gleitze

Mercedes Gleitze (18 November 1900 – 9 February 1981) was a British professional swimmer. She was the first person to swim the Straits of Gibraltar and the first British woman to swim the English channel.

She also set new record in the chronicles of sport on the 20th June 1929 when she became the first person to swim across the Wash from Benington (Lincolnshire) to Heacham (Norfolk) in just under 13½ hours.

To celebrate the 90th Anniversary of this fantastic achievement the Parish Council, in conjunction with Norfolk County Council's Heritage Team are holding an information afternoon at the Public Hall on Sunday 16th June at 2 -4pm

The event will include a presentation about Mercedes' life and her epic Wash swim.

Sunday 16th June 2019

2pm – 4pm

Heacham Parish Council in conjunction with Norfolk County Council's Heritage team, would like to invite you to an information afternoon at The Heacham Public Hall Along with a Guided walk with the Heritage team

MERCEDES GLEITZE

18th November 1900 - 9th February 1981



Open Water and Endurance Swimmer

Mercedes was the first British woman to swim the Wash on the 20th June 1929

She swam from Benington, Lincolnshire and landed 13½ hours later on Heacham Beach.

This is just one of her many achievements, join us to discover more. There will be a small charge to cover cost and refreshments

HEACHAM TO HOST BIG BAND CONCERT!

Fans of Big Band music are eagerly awaiting the 6th July 2019 when, at 7.30pm the Alan Norris Big Band will be giving a concert in the Public Hall at the Heacham Social Club in aid of Break Children's Homes, King's Lynn.

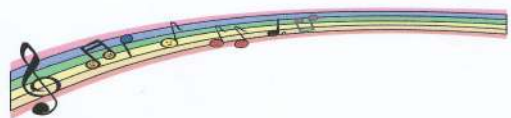
The concert has been organised by local man Ian Cooke as part of his charitable appeal during his year of office as Provincial Grand Primo of the RAOB (the Buffs).

The Alan Norris band plays the whole range of popular big band music such as American Patrol, Pick Yourself Up, I'll be seeing you and a whole host of other favourites.

A good attendance is expected so come early. Doors will be open from 6.15pm. Tickets £8.00 or on the door.

There will also be a bar and raffle. May also be some dancing!!

Ian may be contacted on 07776 195610



ALAN NORRIS BIG BAND CONCERT

In Aid of

Provincial Grand Primo's Appeal
Kings Lynn Province RAOB (The Buffs)
For The Break Children's Homes
(king's Lynn)

On Saturday 6th July 2019 at 7-30pm

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Doors Open 6-15pm

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Hunstanton hosts Folk in the Town Showcase

Following the success of the first event, Hunstanton hosts the second and last Folk in the Town showcase in June.

Adrian Tebbutt, who organises Folk in the Town on behalf of the council said: "There is a strong tradition of folk and acoustic music in the area so it's great to be able to highlight the talent in this way."

The showcase events are new this year. Winners at each event get to perform on stage at Folk in the Town and win £100".

Local duo Tabernacle Dusk (pictured below) won their place during the King's Lynn event, now performers are invited to apply to perform at the Bandstand on the Green in Hunstanton on 22 June.

Entries are being accepted at <https://www.west-norfolk.gov.uk/folkinthetown>



Hunstanton Probus Club

Hunstanton Probus Club provides an opportunity for retired professional and business men to meet and have lunch together once a month at the Le Strange Arms hotel, and these are always very happy and relaxed affairs, accompanied by a great deal of friendly banter and amusing chatter. The President, currently David Scott, congenially presides over lunch and at the conclusion of the meal calls for a member to propose the loyal toast, after which he then reads out notices of interest to members and congratulates those members whose birthdays are celebrated that month.

The May meeting celebrated the 90th Birthday of Neville Mackinder, who has been a staunch member of Hunstanton Probus for 22 years, during which time he has attended almost every monthly meeting, and held the office of President for two of those years. After an excellent lunch President David Scott presented Neville with a splendid birthday cake adorned with the Probus logo, which with the assistance of his wife Julia, he ceremoniously cut and which was then subsequently enjoyed by the Club's members.

Neville and Julia live in Old Hunstanton, and support the local Parish Church of St Mary, Neville being a churchwarden there for several years. His notable and varied career in music included a spell instructing in the Army School of Music at Neller Hall, and for many years was closely associated with Ronnie Hazlehurst, the sometime Director of Music at the BBC. Although Neville's musical ability extends to his mastery of several different instruments, especially woodwind, much of his career was concerned with the arrangement of music for many well-known songs introducing iconic BBC programmes on radio and television.

Membership of Hunstanton Probus is open to all retired professional or business men, and the club extends an invitation to anyone interested in attending a meeting, without commitment to permanent membership, to contact the Secretary, Ken Lawson, telephone 01485 532163, or email kennethlawson80@btinternet.com



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Choir Concert Season Off to a Great Start

by Diane (Barney) Sheldon



Every year I think that Hunstanton Community Choir would be hard pushed to get any better, but every year the singing improves incredibly. The music and lyrics that often feel like tongue-twisters as we begin a new season's journey, on a week-to-week progression get a little easier and the magical transformation begins and the songs emerge like some magnificent butterfly metamorphosing from its shell.

If you've been impressed by an evening with HCC in the past, come join us again this year. If you've yet to have the experience, come along it's well worth it. There is a musical genre to suit every taste, from classical, songs from some of the greatest shows, to pop/rock and comedy. It really is a treat of an evening if you enjoy music. It's been heard from members of the choir that this has been a particular favourite catalogue of songs and everyone seemed especially enthusiastic to share them.

It was a bleak Saturday evening on 4th May when we performed our first concert of the year at St Nicholas Church, Dersingham. It was certainly dark and chilly outdoors, but the welcome of the audience made for a very special experience.

There certainly aren't many ways to better kick-start an event than by raising the roof with the rip-roaring "There's no business like show business". The rollercoaster genre of music and song continued, causing a stir of emotion from spinetingling versions of "Climb every mountain," "I will follow you" and the haunting "Lacrymosa" composed by WA Mozart. With the addition of a compilation of songs from West Side Story that also plucked heartstrings with the beautiful "Tonight", "One hand, one heart" and "Somewhere" and ending the set with "America" that was such fun and brought out the Aarriibbaaaaa! in everyone!

To top everything, the guest appearance from Angela Brun whose angelic voice and amazing performance wowed the audience. Accompanied by choir musical director, Simon Bower, the sound was pure perfection. Our very own accompanist Matthew James Preston also delighted everyone with his superb piano skills, and overall everything contributed to this being a wonderful evening.

We're already looking forward to our next appearance in the Save the Children Centenary Concert, to be held at St Mary's Church, Old Hunstanton on Saturday 8th June starting at 7:30pm, certainly something not to be missed. We also have our own full Summer Concert at St Edmunds Church, Hunstanton on Saturday 27th July. Keep your eyes peeled for more information being posted in Hunstanton and surrounding areas as we move closer to the dates. Hope to see you there!

For more information please visit our website at www.hunstanton-choir.co.uk

Thanks for the ten bob

Stanhoe WI seeks family members to receive wartime letters.

Stanhoe & Barwick WI is asking local residents to help locate the families of some former villagers. The WI celebrates its centenary this year and has been delving into their records in order to write a record of the past 100 years. In the progress, the ladies have unearthed several thank-you letters from Stanhoe WWII servicemen, following gifts of 10 shillings (50p) from the WI for Christmas 1943 and/or 1944.

The aim is to find a relative of each serviceman and present the original letter. Already four letters have been handed over to delighted family members.



Brother of Maurice Ayres



Son of Cecil Oldfield



Daughter of Eric Blackburn



Son of Louis Norman

If you can help locate the families of the remaining letter-writers, please contact Pamela (01485 518033) or Valerie (01485 576261)

- H W Blower (Harold William?)
- (Wilfred) Jack Blower
- Crook (letter written by his wife)
- E W Fisher (Edward, Ted?)
- Robert E Goodman
- A Johnson (Albert?)
- Arthur Kendle (on HMS Rupert)
- D Mayhew
- Tom Newstead
- Edgar W Smithson



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Hunstanton Eyecare Blog

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Many of us wear varifocal lenses, enjoying clear vision at distance, middle and near working zones, all in one pair of spectacles. The first "Varilux" lens was produced for the mass market in 1959, so it is 60 years old. Over the years research and development have made massive improvements to the lens design and the quality of varifocals today is far superior to those in the early days. Every lens is individually made to a prescription and the measurements for spectacles are unique to each frame and the person wearing it, so how can we improve on that? What is truly "tailor-made"? Concentrate for the techie explanation!



When we dispense varifocal lenses, we measure where your pupil is positioned in the eyeshape of the frame, vertically and horizontally. However, when lenses are manufactured, Essilor has to make certain assumptions about the fit of the frame and the wearer, for example, how far away the frame sits from your face, the angle of tilt of the front of the frame and the angle of "wrap" around the face. We are all individual, but the lens manufacturer can only use an average of these factors. For 80% of us that will probably be fine although not perfect. The remaining 20% of us may be quite disappointed with the performance of our new spectacles. Nowadays clothing manufacturers often produce garments in "one size" for example socks, and for us ladies, our nylons. The label says one size fits all! The tall amongst us are always tugging at them to try to stretch them and the shorter folks are doing the same to stop looking like Nora Battys' wrinkled stockings, so one size certainly does not fit all. Even if we choose a sized garment from Marks and Spencers, there will always be people who are not quite a size 14 or regular length. If we want something to fit perfectly then measurements for each part of a garment must be taken, and that's the job of the bespoke tailor. When making spectacles we have many measurements but not enough for the tailor-made option, until now!

"VISIOFFICE" has arrived at Hunstanton Eyecare.

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Whatever the reason you may be struggling with in life, you are not alone.

I have helped many people like you to change their stumbling blocks into stepping-stones, so that they may take control over life issues confidently.

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I'm aware that after seven years of being a Counsellor/Hypnotherapist is that having someone to talk to and who you can trust with your problems and who is there just for you is good.

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ZOE BACK IS SET TO SHARE HER SLIMMING SECRETS

A slimmer who transformed her life by losing 3 stone is using her success to shape a whole new career helping other people change their lives and achieve their weight loss dreams too.



Zoe Back joined her local Slimming World group in Hunstanton 4 years ago and dropped from a size 16 to a size 12.

Zoe has now trained as a Consultant for Slimming World, the UK's largest group-based weight loss organisation, at their national training academy in Derbyshire. Now she is opening her own group in Snettisham at the Memorial Hall on Thursday 27th June at 5:30pm.

The latest government figures reveal that around one in four adults are obese and it is estimated that, by 2034, this will increase to one in three. 70.1% of the King's Lynn & West Norfolk Borough Council's population is now overweight or obese, and Zoe says her new role has never been more important.

She says: "Obesity is becoming such a huge issue across the UK. When I first joined Slimming World as a member, I never dreamed that I would end up helping other people to lose weight but now I just can't wait to get started. After losing 3st and completing my training, it's a privilege for me to be able to pass on the experience, insight and understanding that helped me, so that I can give my members the support they need to get to target.

"Support is really the most important thing. It all starts with feeling that you're not alone. I couldn't have lost 3 stone without the weekly help, encouragement and understanding of my own Consultant and group. As someone who has lost weight myself I know the challenges people can face, which is why, along with the group, I will be there to support every one of my members all the way to their chosen target weight. Setting targets, sharing recipes and other ideas, and working together as a group to overcome challenges and celebrate success is so important to a successful journey. That's why, at my Slimming World group, there'll be tons of support, encouragement and fun.

"Like a lot of slimmers, I had tried to lose weight so many times before by following numerous diets but they were never sustainable because I'd always get tired of restricting what I ate. I thought I was destined to struggle with my weight for the rest of my life, but when I came to Slimming World it was different. I never felt like I was on a diet. The eating plan encourages you to eat lots of tasty, filling foods like pasta, rice, potatoes and lean meat and fish, you are never hungry and no foods are banned so there's no deprivation. I couldn't believe I'd found a way to lose weight without starving myself.

"Slimming World isn't just about changing what you eat. Becoming more active is important too. Our Body Magic programme takes the threat out of activity by showing people, many of whom have unpleasant memories of being forced to take part in activity at school, how they can build activity into their daily routine without having to take up traditional forms of exercise like going to the gym or running. Everything counts from walking to gardening to washing the car. I love walking my dogs and playing netball to get my Body Magic! As a Consultant it's my role to create that warm, supportive atmosphere to get people sharing their ideas and experiences to help others - it's going to be great fun!"

Like Zoe, Slimming World Consultants are all former members who have lost weight at their local group themselves and groups are set up as micro businesses in the heart of local communities. There are currently around 4,000 Slimming World Consultants across the UK and Ireland

running 15,000 groups. Consultants receive training in Slimming World's healthy eating and physical activity programmes and learn how to use the power of group support to empower members to take control of their own weight loss journey.

Jo Jackson, who runs Slimming World groups in both Hunstanton and King's Lynn and manages Zoe as a Team Developer, says: "Slimming World Consultants are chosen for their positive outlook and because they genuinely care about the health and happiness of others. With Zoe's experience of being a successful Slimming World member and her kind and warm personality and great sense of humour I just know that she'll be an amazing support to members, cheering them all the way to their target weight."

Zoe's Slimming World group will be held at Snettisham Memorial Hall every Thursday at 5:30pm from the 27th June. For more information or to join Zoe's group either pop along on the 27th June or call her on 07909996491. Or: visit www.slimmingworld.co.uk or call 0344 897 8000.

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Heacham and Hunstanton at Night

Terry Parish

Summer Solstice is on Friday 21st June. The Sun will rise around 4.43am and set around 21.21pm – 16 hours 38 minutes of daylight. The Sun is directly overhead, as seen from the Tropic of Cancer, at 16.54 pm Heacham time.

All fascinating stuff but not good news for astronomical observations. The sky is dark enough at or after astronomical twilight which is after nautical twilight which is after civil twilight. At our latitude we don't get astronomical twilight between May 18th and July 25th. The skies will be very clear no doubt.

There are planets about. Mars and Mercury very low and hard to spot in the WNW after sunset. Jupiter and Saturn somewhat later in the S or SSW.

During The first week of the month, at around 10pm, look low into the WNW. Heacham Beaches or Hunstanton Cliffs should be your choices for location. A thin crescent Moon should be visible (at least between the 4th and 6th). On the 4th a spark might be seen just above the Moon – Mercury. A fainter spark above and to the left will be Mars. On the 5th, Mars will be just to the left of the Moon. After that the two planets are in similar positions but the Moon is climbing higher and to the west.

Remember to wait until the Sun has dipped below the horizon before staring out to sea. As you watch the sunset ponder the following picture, a sunset on Mars taken by Insight Rover.



NASA

On the 18th at 22.15pm look WNW and very low – about 8 degrees above the horizon. Mars and Mercury will be almost touching - in conjunction.

If you are lucky enough to see this, then understand that Mercury will be between us and the Sun and Mars will be on the far side of the Sun. There is a website, the planetstoday.com, which illustrates the relative positions of the planets very well. You can choose from various ways of visualising them.

At the time of writing, the Mars Insight Rover is in the news as a dust devil cleaned it which was not the fate of Opportunity Rover when a dust storm last year closed it down

forever.

Both Jupiter and Saturn are pretty low down not rising more than about 14 degrees above the horizon. This means the seeing is likely poor as you have to look through a very thick layer of atmosphere with attending dust and water vapour. However, Jupiter does not get to a reasonable altitude until 2023 and Saturn not 'til 2031 so continue looking for them and at them as best you can.

Viewing the four Galilean Moons of Jupiter and seeing the Rings of Saturn are the best regular sights for the casual observer. Large binoculars or a birding scope will find the sparks orbiting the largest planet whilst a small telescope will be needed to see Saturn's rings.

The Galilean moons are Ganymede, Io, Europa and Callisto and were discovered in 1610 by Galileo Galilei. He had read about a 'Dutch Perspective Glass' which had been invented just two years before by Hans Lippershey. Galileo improved on it and turned it towards the planets and our Moon.



Parish. Heacham 5 years ago. Ganymede; Europa; Io; Callisto. The moons are still there. They orbit around Jupiter between a day or so (Io) and almost 3 weeks (Callisto). You can see them move in one observation several hours long.

The four Galilean satellites of Jupiter are all of reasonable size which is why his small telescope could pick them up – Ganymede is bigger than Mercury. His observations showed the moons moving around Jupiter which was a large nail in the dominant belief, promoted by the Church, that all heavenly bodies were in thrall to the Earth. He escaped being burnt to death by publishing his work as a conversation between fictional characters but he still got confined.

Io is the most volcanic of moons, is stirred up by Jupiter's massive gravity and magnetic field and is coated in sulphur. Europa has water oceans under a thick, frozen, crust; the water geysers out from time to time and will be investigated for signs of life by space missions currently being planned. Ganymede has a lot of water ice and likely a sub surface ocean of salty water. Callisto is rocky and very cratered and also may have a sub surface ocean.

So, look for these sparks orbiting Jupiter and marvel as Galileo did 400 years ago. No-one will lock you up for it (perhaps).

Good viewing and a decent telescope may show the famous Great Red Spot of Jupiter. This is a storm which has been present for at least 200 hundred years. However, it is shrinking. Back in the past it was likely 25,000 miles across – 3 times as wide as the Earth. Voyager, in the 1970's found it 14,500 miles wide and, now, it is just about 10,000 miles across. Look for it while you can!



NASA

Anyway, on June 10th, Jupiter is at opposition which is the closest and brightest it will be this year. Look SSE and low down from 10.30pm. After that, Jupiter will rise a little and move towards the SSW. On the 16th, Jupiter will be the bright object just to the right of the Moon. From midnight Saturn will be seen rising in the SSE and by 2am both planets will be either side of due south. So, early morning viewing but it is worth it if you have large binoculars, a birding scope or access to a telescope. If you have none of these and have not looked out for these planets before then just use your eyes and then use the Internet to find pictures and more information. The NASA planets site lets you rotate images of the moons and planets so you can see all their surfaces.

Last month I included some diagrams and text describing a cluster of fuzzy blobs in Virgo. This is known as the 'Realm of the Galaxies' as there are 14 or so that can be picked up in small telescopes and many fainter ones. They are still well placed this month so look at last month's Heacham Newsletter or Town and Around, both are on-line.

This month lack of twilight (see above) makes observing fuzzy things hard. However, you might like to try finding Messier Object 3 which is a globular cluster. M3 was the first object in his catalogue that Messier identified himself. He did this in 1764 and thought it was a nebula – a gas cloud. 20 years later Herschel (of Uranus fame) resolved the cloud into stars. We now know that M3 consists of half a million stars forming a sphere with a diameter of 90 light years. It is 34,000 light years distant and 8 billion years old.

You will need large aperture binoculars or

better to pick up M3. All month it will be SW and high in the sky to the right and a little higher than Arcturus. Choose a clear night and start looking at 10.30. Two bright stars should be visible in the SW. The lower is blue white Spica, the one well above it is red Arcturus. Above and to the right of Arcturus, about a fist away, should be a fuzzy blob. M3.



Hubble. M3. Each dot is a star

July 20th/21st is the 50th Anniversary of Mans' landing on the Moon. Next month's column will feature that. Those of you older than, say, 56 might like to write in with your recollections - where were you when Neil Armstrong placed his boot on the Lunar dust?

Letters to the Editor

Local elections

I would like to thank all those Hunstanton residents who voted for me in the recently elections. I was unsuccessful at Borough Council level but I was elected unopposed to Hunstanton Town Council.

I was surprised and delighted that none one of those who were elected to Hunstanton Town Council declared for a political party. Some described themselves as independent, as I did, and others did not include a description. I found this particularly gratifying as I firmly believe there is no place for party politics in local government.

If I can be of any help to any resident of Hunstanton, I can be contacted through my website debbielemay.co.uk

Yours sincerely
Debbie Lemay

Dear Electors of Hunstanton

As an unsuccessful candidate in the Hunstanton ward for the Borough Council elections on 2nd May I would like to congratulate Carol Bower and Paul Beal on their re-election and above all thank the many people I met during the campaign. It was interesting to hear your views and in many cases your affection for the town. Many commented that apart from Richard Bird's views in Hunstanton Town & Around they feel uninformed about what is happening that affects us in the town and are sad that they only hear from most Councillors at election time and then nothing for four years. I hope that will change and certainly I will continue to be active in promoting the issues I campaigned on I would be glad to communicate with anyone, my email address is : John.Crofts@westnorfolklibdems.org.uk. Of course the people who can affect real change are your Borough Councillors and Andrew Jamieson, your County Councillor, so do use them! The outcome of the elections across the Borough has meant that there will need to be a far greater degree of cooperation between Councillors of all persuasions with greater opportunities for scrutiny of the decisions made.

With sincere thanks to those who kindly lent me their vote on this occasion.

John Crofts

Beeswax food wrap

We all know what single use plastics are doing to the planet and we've seen the evidence in countless documentaries and so it is interesting to be able to test new products that are more sustainable.

I have to admit to being a bit sceptical about their effectiveness when Richard at the Richard's cook shop in Hunstanton handed me a pack of three wax wraps, especially with a price tag of £14.99. The packaging tells us they are made with natural ingredients - beeswax, 100% cotton, tree gum and jojoba oil. You have to hand wash them in warm, not hot, soapy water and air dry them (preferably flat) and they can be used for covering bowls and wrapping fruit, vegetables, cheese, bread etc in the fridge or freezer but mustn't be used for raw meat or fish.

So, dear reader, this is how I got on.

When I took the beeswax wraps out of their cardboard wrapping they felt stiff, tacky and well, waxy! The instructions said to scrunch them up into a ball a couple of times and they did become more flexible. Covering a bowl was simple and effective, with just the warmth of my hands a bowl of salad was effectively covered and on inspection the next day there was no 'sweating' and the cucumber was still lovely and crisp.

Over the next few days I wrapped sandwiches, biscuits, fruit, veg and cheese. Possibly the most surprising result was a piece of butternut squash that I wrapped and left for 10 days (as an experiment - I wasn't planning to give it to anyone to eat!) and it was still OK!

As a family we do care about our planet and are always looking for ways to be more environmentally friendly and after three weeks of wax wrap use I can tell you I am a convert. The wraps have become more flexible and I can wash and reuse for up to a year, so whilst the initial outlay might make you gulp, the product has already eliminated the need for cling film at chez Bird, and that must be good both for the environment and financially over the life of the product which is, incidentally, compostable!



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Brancaster CE VA Primary School

by Eden and Evelina

We have all settled back into school after our Easter holidays, we said goodbye to Miss Bland and welcomed Ms Jones as our Interim Executive Head teacher, we are looking forward to working with her this term. This month some of us in Samphire class – Eden, Evelina, Eve, Faith and Charlie Hunter were given the opportunity to perform “The Bootleg Beatles” at Smithdon High School with all the cluster schools. We all sang and danced to lots of different Beatles songs. We were all so good that we were asked to perform at different places including Festival 2 and The Royal Norfolk Show. We all had a great time and our Federation performed Obla di obla da.

We are really pleased to be going back to APhS for swimming and gym, Samphire class are swimming and Thrift are using the gym, they love using the large equipment. Seth, Matilda and Gracie ran the Mini Gear at Kings Lynn and all got a medal for taking part. We have also held a Sports Council meeting at Dersingham School where we have been planning a Key Stage One sports festival.



Eden and Evelina both went to Crucial Crew which is a special event for Year 6 children that was held at the fire station in King's Lynn. We learnt about all different types of safety and how to keep safe in different situations including in a fire, online, helping with first aid and using defibrillators. One of the best things we enjoyed was when we got to do CPR on Annie. We had a really good time.

Thank you to everyone who has sent in Lego tokens, we are now in the process of counting these up and looking to see what we can get from these. The children love the Lego club so are very excited to be getting some more equipment.

Dersingham VA Primary School

Superhero afternoon tea



A superhero afternoon tea party was held at Dersingham VA Primary School on 21st of May. The Year 1 class (Foresters) held their third afternoon tea party of the school year where a fantastic afternoon was had with parents and relatives joining the children. The theme of the party was superheroes and favourites such as Wolverine, Superwoman and Spiderman were emulated. The Year 6s also celebrated finishing their SATs exams by holding a little funfair in the hall where they held stalls with games that they had created and sold plant pots.



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Sunny, with healthy meatballs

Are you happy with your child's school place for September? If not, it could be time to plan a change, writes Glebe House School & Nursery's headmaster Louis Taylor



As I write, we are fast approaching half term followed by the final weeks of my first year at Glebe House School, which seems incredible in itself. Already in just ten months, our school has made many changes – some small (such as changing our meatballs, but more of that later!), some major – and I believe we are in excellent shape to build even greater achievements on the foundation of our 'Outstanding' and 'Excellent' ISI rating, awarded earlier this year.

Some of us react well to change, while for others it takes a bit of time to adjust. When I announced recently that we had taken the decision to reshape our school menu, to increase our focus on balanced, healthy nutrition, I think most parents were pleased. For some of the children, the withdrawal of a few less than stellar dishes and desserts for freshly-made alternatives took a little convincing, but just a few weeks in and they have embraced the changes, especially our new 'international day' which has challenged some taste buds to new flavours and ingredients. It may sound silly, but helping young children to see that 'different' can be a good thing is a great way to build resilience and acceptance.

One thing that doesn't change is our commitment to delivering an excellent, rounded education which combines strong academic teaching, an inclusive approach to sport, performance and creative arts. Every child is individually nurtured to ensure they achieve their full potential and leave us at the age of 13 as confident young adults, ready to start the next stage of their education.

We are also committed to working parents who want the best possible education for their children. You may have seen our two mini buses which offer a twice daily service between King's Lynn and Marham, we have a full wraparound programme and importantly we offer financial support to make an independent education a reality for many hardworking families. Along with an existing range of scholarships we are also introducing five new Sports Scholarships from September 2019 with the opportunity to try out for these at our upcoming Open Day at 10am on Saturday 15 June.

So, if you think a change of school for your child for September might be a positive move, please contact our registrar on 01485 532809 ext. 4 by Friday 7 June to book a place and come find out more about our school and the exciting times ahead.

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Sedgeford Primary School

Topics

In Class 1 we have been looking into all aspects of the seaside and, at the beginning of May, had two very eventful activity days at Brancaster Activity Centre. We participated in a scavenger hunt, nature trail and a coastal safari and we thoroughly enjoyed some mud sliding when we got very wet and muddy.

Class 2 are currently studying rivers and this term will be learning about the water cycle and pollution (and what we can do to prevent it). In Science we are looking at solids, liquids and gases, changes of state – e.g. evaporation, condensation, freezing and melting. We will also be separating materials e.g. using magnets to separate iron from sand, filtering a flour solution and evaporating a sugar solution. All-in-all some busy and exciting science lessons.

Football

Two of our children took part in the Cluster football tournament at Hunstanton on 25 April.

Bootleg Beatles

Three Year 2 pupils took part in the Cluster Bootleg Beatles performance on 3 May. This was a special event to celebrate the 50th

anniversary of the Beatles last performance and involved extensive rehearsals. The performance was so good that all the children who took part have been asked to perform at the King's Lynn Festival.

Crucial Crew

On 1st May, our Year 6 children went to King's Lynn fire station for a Crucial Crew event which is laid on by the Norfolk Fire Service to show children how to deal with hazardous situations which they may experience in everyday life.

Bespak Mini-gear

Several of our children took part in the mini-gear run on 5th May – fortunately the weather was just right – not too hot or too cold.

Swimming

The whole school (not the teachers!) go swimming at the CITB, Bircham, pool every Thursday morning during the summer term.

Open Day

At time of writing we are preparing for our school Open Morning on 20th May with an invitation to parents of prospective children, not only in Sedgeford but also wider afield to come and see what our school has to offer. We are a small, friendly village school with a good education standard. We have spaces available in most classes.

Bootleg Beatles at Smithdon High School

On 3rd May Primary students from Dersingham, Brancaster, Docking, Heacham, Hunstanton, Sedgeford and Snettisham schools recreated one of the greatest songbooks in history as they marked the 50-year anniversary of the Beatles last live performance.

Bringing the Smithdon Cluster together, students worked on their performances from February with weekly drama and singing sessions with West Norfolk Academies Trust staff and this encouraged the primary schools involved to extend their study of the songs, into topic research in the classroom.

Songs included Hey Jude, All You Need Is Love and Let It Be; along with intermittent poetry and narration that the students have been studying and composing in class.

Each school had 'their moment' on stage to present narration, poetry and song and students from all of the schools collectively performed some of the classic tunes in a stunning recreation of one of the greatest songbooks of all time.

Following the performance, the West Norfolk Academies Trust tweeted: "Well done to all that took part in the Beatles Extravaganza at Smithdon on Friday 3rd May. It was a fantastic evening and we are all very proud of what you achieved."

Photos: Ian Burt





The flowers in both churches were beautiful this Easter. Many thanks to all those who gave their time and efforts to make the churches look so lovely.



The spring ladies shared lunch was held in the Garnett room at the parish church in Hunstanton on Saturday 4th May and included an interesting talk by Penny Downen on fundraising for the NSPCC. Money raised from the raffle was donated to the NSPCC.



On Wednesday the 19th June there will be a parish outing to Oxborough Hall. The cost will be £19 [or £13.50 for National Trust members], this will include admission and tea. Mass will be celebrated

at 2.00pm in the Chapel at the Hall. If you are interested you can book a place on the coach by signing the sheet which is available in both churches.

The Strawberry fair fundraiser this year will be on 6th July at St Cecilia's, with all the usual stalls, tombola, raffle and of course lots of delicious strawberries. Everyone is welcome.

Foodbank supplies are still required, items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support...

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. Please support this very worthwhile cause by buying fairly traded goods to support families abroad trying to earn a living. For more information please contact Caroline Brooks on 01553 673069.

All social events will be well publicised in the weekly bulletins and on the website. Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Everyone will be most welcome.

Daily Masses are 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is at 10.15am at St Cecilia's, Dersingham.

Sunday Masses are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at the Parish Church of Our Lady of Perpetual Succour & St Edmunds, Sandringham Road, Hunstanton. The Parish telephone number is 01485 534675.

If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email; parishpriest763@gmail.com

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

Union Church

Here at the Union Church what an incredible Easter we had, sharing with the other churches, Maundy Thursday with the Methodists, Good Friday saw the march through town and the handing out of flowers and sweets and on Easter Sunday we had a wet morning!! Well three of the congregation did as we had the joy of use of our new Baptism pool and three ladies plucked up courage to be 'dunked'. This is very much part of church tradition as baptisms were held on Easter Sundays to show that Jesus has risen and the newly baptised were being part of our risen nature through His great Sacrifice. It is always a joyous event and also an infectious event as we already have several more requests for baptism for the near future.

As we head into the holiday season we are already seeing a steady stream of visitors in our Sunday services and the gang are talking of the return visitors at Wednesday Coffee. It is a lovely part of being in a coastal church, the converse being that we also lose many of our basic congregation as they host friends or head off into 'foreign' parts for their own holidays, we wish you all a good holiday time and enjoyment in hosting visitors. Joanna (for Sam up to his eyes in ministry)

UNION CHURCH COMMUNITY CAFE



COFFEE MORNING & SALE

EVERY WEDNESDAY
FROM: 10:00 - 12:00

Come and enjoy a cup of fresh coffee, tea, etc. together with a slice of delicious homemade cake in a warm and friendly environment

A range of sale items including Christian Cards & gifts (Well behaved dogs welcome) Other cakes generously donated by Mr Bun the bakers Sandringham Road, Hunstanton (opposite the library)

Plea for carrier bags for the Food Bank

They can be dropped off at any of our Churches: Union Methodists and St Edmund's!! I have the job of sorting them and we use 1 thick and 4 thin for every food parcel! I need to push 2 thin ones together to make them strong enough! Thanks in advance!

Sunday 9 June at 10.30a.m
'Celebrating Pentecost'



A time of Praise and Worship



Guest Preacher: Ian Coffey
You are welcome to join us.....

Opportunities for growing together.....

10.30 a.m. Sunday mornings
All Age Worship

10.00 a.m. Wednesday mornings
'Coffee with God'
 a time of quiet meditation and prayer
 except

10.00 a.m. 3rd Weds. in the month
Midweek Communion
 with Rev. Steve Oliver

7.00p.m. Alternate Mondays
Bible Study
 with Rev. Steve Oliver

FIND US : Hunstanton Methodist Church, PE36 6AL
 at the junction of Austin Street and A149
www.hunstantonmethodistchurch.com
 Follow us on Facebook

PLAYCHURCH

**St Mary's Church
 Old Hunstanton
 9.30-11.00 Monday (Term
 times)**

**Playchurch welcomes children,
 their families and carers.**

**We offer a gentle way to God
 through play, music, prayer
 and refreshments.
 Just come along.**

**Please contact either
 Anne Fletcher 1485 572467
 or Marie Jarvis 07866 889967**

News from St Mary's Church Old Hunstanton

Firstly, I bring news that the signs in the churchyard about the murders in 1884 of Revenue man, William Green, aged 37 and Light Dragoon Guard, William Webb, aged 26 by smugglers, which over the years have deteriorated are being renewed by the PCC. By the time you come to our Flower Festival on Friday 26th – Sunday 28th July they will have been installed. The story of their demise will be available for you to read in a leaflet inside the church. We hope to see you at the Flower Festival. If you are interested in helping with the event then contact me and I will direct you to the appropriate person.

Music, which is an important part of worship at St Mary's is being doubly catered for by our two superb organists, Richard Clarke and Andrew Pearson, with a recital being planned for the autumn featuring William Moss, who is a prominent Lincolnshire organist residing in Hunstanton and well known locally.

Before that we will have a concert combining the talents of Flautist Klio Blonz and Pianist Melanie Jones who perform through the Classical Music Rocks organisation and our local Community Choir under the baton on Simon Bower. This concert is being organised by the Hunstanton branch of Save Children Fund to mark the Centenary of this important international organisation. Please come along at 7.30 on Saturday 8th June. Tickets, £10.00, available from the Princess Theatre. On the previous day we are inviting over 200 local school children to the church to a Children's Concert with Klio and Melanie.

The church took on another role at the beginning of May when it was being used as a polling station (the Social Club being unavailable) and will be used again for the European elections. This was a long day for all concerned since the church was required to be opened from 5.45 am – 10.15 pm.

Our upgraded sound system will make a difference for those who wish to play recorded music at events such as weddings and funeral.

The Easter lily flower arrangements made by our team and guided by Gary Bocking (Helligan Flowers/Flower Festival Co-ordinator) and purchased with contributions given on behalf of departed loved ones, were much appreciated at our Easter Service.

Whilst we await the appointment of new clergy for our eight-church benefice we are being well supported by our retired clergy, The Very Rev Alan Warren, The Rev Phil Unsworth and The Rev Sandra Ellison. The Local Team are enjoying their role in supporting and leading some of the services.

In addition to our regular services, Playchurch on Monday mornings continues as does the Stillness on the Shore group who meet on Friday afternoons at Titchwell. We are currently finding out about Celtic Saints having been in more reflective mood during the solemn period

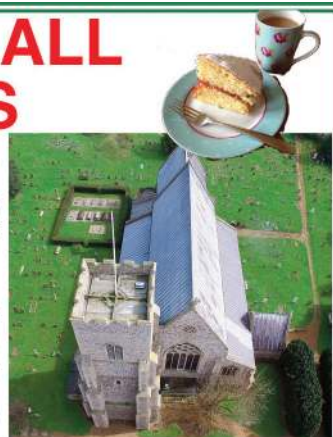
of Lent whilst we plan to consider the meaning of Christ's ascension. Wednesday evenings is the time for bible study with a midweek communion in church on Thursday morning.

We look forward to bringing you news about developments in the exciting days ahead as the six churches of the Saxon Shore combine with Hunstanton St Edmunds and Ringstead St Andrews to form a new group under the leadership of some people we are yet to meet! We look forward to working together to welcome them.

Marie Jarvis Johnston (PCC Sec)
 tel 07866889967 marie125@btinternet.com

CALLING ALL WALKERS

If you are walking thro'
Hunstanton Hall Park
 stop and have a cup of
 real coffee or tea with
 home made cakes at
St Mary's Church
 every Thursday
 10.30 - 12.30



ST MARY THE VIRGIN CHURCH TITCHWELL

**FETE- OPEN GARDEN
 29th June 2-4.30pm**

**at Ventulus, Cross Lane, Brancaster.
 We hope you will support our fete
 in aid of Church funds.**

**There will be stalls with books, plants
 and miscellaneous items.
 Games for the children and also
 refreshments.**

We look forward to seeing you.

June - can old traditions speak to us today?

Although there are no bank holidays in June there are a number of days for celebration. Two of these, the birth of John the Baptist and fathers day have their roots in the ancient celebrations of midsummer.

Midsummer has been celebrated since ancient times with many stone circles and other ancient monuments being aligned to the sunrise on midsummer's day. Thanks were given for the light, warmth and new life that the sun brings. In an effort to stop the sun from losing power and days becoming shorter fires would be lit on the eve of midsummer's day. A good harvest depended on the sun. The belief that the sun was the 'all father' led to 'masculine' activities such as sport, trials of strength and horse riding were entered into. It was thought that this also encouraged growth of crops and animals. For example the highest height jumped would show the height of the harvest that year. Domestic beats were also blessed at this time by walking them around the fire. This was the early beginning of father's day which continues to be celebrated on the Sunday before midsummer's day.

The bible tells us that John the Baptist was six months older than Jesus and with the adoption of Christianity the birth of John the Baptist was celebrated on midsummer's day. This day continues to be celebrated on June 24th which is the date for midsummer's day following the Julian calendar.

With Easter so late this year the Christian Church also celebrates Pentecost or Whit Sunday on June 9 and Trinity Sunday on June 16th.

The festival of Pentecost celebrated the Jewish 'Feast of Weeks' or first fruits which celebrated the beginning of the wheat harvest. The Greek name for the Feast of Weeks was Pentecost. This celebration was 50 days after the exodus of the Jews from Egypt known as the Passover. Following the ascension of Jesus the disciples were gathered together to celebrate Pentecost when they were filled with the Holy Spirit. This day also became one of the main days for baptism, the other being Holy Saturday (the day before Easter Sunday) and became known as White Sunday or Whit Sunday from the white clothes that were worn. Trinity Sunday shows the perfect, equal relationship between Father, Son and Holy Spirit.

We may view the early midsummer traditions of trying to control the sun as 'outdated', but are we not able to learn from them? Perhaps if we are able to give thanks for and respect the power of nature rather take it for granted then the world would not be in the precarious position it is today.

In his letter to the Galatians St. Paul tells us that the fruits of the Spirit are love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self control. Let us embrace our traditions and celebrations which show the fruits of the spirit to one another and to nature and abandon those that do not.

With every blessing

Rev. Sandra Ellison

Concerts at St Edmund's Church, Hunstanton

Saturday, 1st June 2019
at 7.00pm

King's Lynn
Male Voice Choir

At
St. Edmund's Church,
Hunstanton

Entry: £10.00 at the Door
Refreshments included
Proceeds in aid of the
Restoration of St. Edmund's Church building.



King's Lynn Male Voice Choir

The King's Lynn Male Voice Choir was formed in 1957 by the Choristers of St. Margaret's Church and St. Nicholas Chapel in King's Lynn. An enthusiastic group of singers, one of whom has been in the choir since it began, they very much enjoy entertaining their audiences and being part of the cultural life of West Norfolk, as well as helping other organisations and local charities to raise much needed funds. Their ever-growing repertoire of music includes many genres from traditional choral music to modern day songs, classic hymns, songs from the shows, as well

as many others that audiences always enjoy. Describing themselves as a 'merry bunch of men' with Anne accompanying them and Michael Hankinson, their Musical Director, leading them, they always give their all whenever they perform.

Nelson's Shantymen

Based at Burnham Thorpe, birthplace of England's greatest seaman, Lord Horatio Nelson, Nelson's Shantymen are a diverse group of enthusiasts, driven in equal measure by a love of singing and a desire to keep the tradition of the sea-shanty alive. True to the original spirit of the shanty, a major emphasis is placed on the voice and while musical accompaniment, in the form of accordion, banjo, bodhran, guitar and harmonica, is often an integral part of performance, it is never to the detriment of the close vocal harmonies that the group achieves.

Since their formation in March 2010, Nelson's Shantymen have performed to acclaim in a wide range of venues throughout Norfolk, and, as a non-profit-making group, have raised a substantial sum of money for a variety of charities, while fulfilling their wish to entertain the public with authentic songs of the sea.

As well as traditional shanties, the group's repertoire includes songs which celebrate the achievements of Lord Nelson, together with a range of lyrics that record the hardships of the fisherman's way of life.

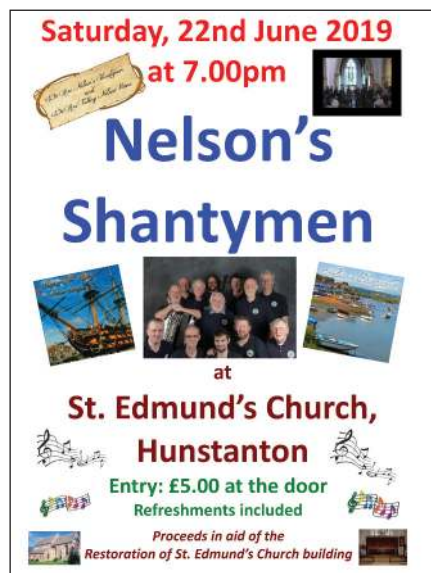
The proceeds from both concerts will be for the restoration of the church building.

Saturday, 22nd June 2019
at 7.00pm

Nelson's
Shantymen

at
St. Edmund's Church,
Hunstanton

Entry: £5.00 at the door
Refreshments included
Proceeds in aid of the
Restoration of St. Edmund's Church building




M.E., Myself and I Am

by Dennis Acott (a member of The Way CF)

I believe in a God of miracles, not only because I have witnessed Him at work in miraculous ways but also because I have experienced an amazing miracle in my own body. This happened one evening in May 2008, but the story goes back more than 10 years before that unforgettable day.

I had suffered with a fairly typical virus illness, nothing unusual when recovery is normally experienced within a matter of days. My problem was that complete recovery never seemed to happen and, over the next few years, I got progressively worse. Eventually, when all sorts of medical tests had drawn a blank, the doctors decided that I must have M.E. (Chronic Fatigue Syndrome).

Over the years I had become aware that God does indeed heal today, and I had served on church ministry teams. Therefore, I sought healing prayer from friends, and others, involved in this ministry. I experienced blessing but not healing. I managed to continue working full time but had to be careful neither to work extra hours nor to hang on to all of my previous responsibilities. My wife had to take on more or less all domestic tasks, on top of her demanding role as a primary school teacher, and our social life suffered too.

In May 2008 we were made aware of a Christian event in Lakeland, Florida, that was, by then, being televised daily on God TV. People were being healed of many and various diseases. We decided to watch the programme in the hope that a personal breakthrough would come to us as well.

The speaker ministered primarily through words of knowledge (1 Corinthians 12:8) and people were healed in their seats rather than after coming to the platform. They would go forward subsequently to testify to what had happened to them. Across the bottom of the screen appeared a constant stream of testimonies from people who had been healed at home whilst watching the programmes.

On about the fourth evening that we tuned in, the speaker combined two words of knowledge, "chronic fatigue" and "spirit of infirmity". My immediate gut reaction was, "That's me!" Then he said, "If you are responding to these words at home, just get up out of your seat, touch your television screen and God will heal you." There was no way I was going to do something as ridiculous as that! That is until, I believe, God popped a thought into my head about Namaan the Syrian (2 Kings 5). So, I grabbed my wife's hand, headed across the lounge, touched the TV screen and – nothing happened!

Immediately I felt prompted to ask my wife to touch the screen as well. When she did so, it was like 10,000 volts of electricity hit me. I was thrown head first, backwards, across the room, over a coffee table and onto the settee we had just vacated. I actually "felt" the spirit of infirmity leave me. I knew I was healed! Over the next few days and weeks there were various confirmations that my full health had been regained and "normal" life resumed.

After an amazing experience like that nothing can be the same again, can it? My wife and I have become more involved with healing ministry (in the name of Jesus) and we have seen Him heal many people of many different things. We have also had the special privilege of seeing Him heal and set free some from M.E. Consequently, my message is a simple but powerful one – God heals today!

Richard Bird's finest hour

By John Maiden

My choice, when it comes to Richard Bird's finest hour in local politics, may not be the most outstanding achievement Richard Bird remembers from the 14 years he spent in local government, but it was the only time I can remember the Mayor of Hunstanton taking action that made West Norfolk Council (WNC) change course on a major issue.

In 2007 WNC finally acknowledged that Hunstanton should have a proper pier in accordance with the 999-year Pier Lease. No sooner had the change of policy been announced than the pier lessee sold the non-pier, presumably in recognition of the fact that he would be called upon to pay for a new pier, or else forfeit the Pier Lease.

The new owner took a very different approach by demanding that WNC alter the terms of the Pier Lease, so that he could be relieved of such an onerous obligation. At first this idea was rejected, but in a report published on the WNC website in January 2008, the following course of action was recommended by the Legal Services Manager for WNC:

"authority be given to the Legal Services Manager to execute on behalf of the Council a Deed of Variation with the Hunstanton Pier Company releasing the Company from the maintain and repair obligations in the Lease dated 17th April 1870." This suggestion should have been rejected, because it is really not possible to remove the obligation to provide a Pier from the Pier Lease, but in spite of this fact, it seemed highly likely that WNC Cabinet would adopt the recommendation at a meeting on February 5th 2008.

With this in mind, Richard called an extraordinary meeting of Hunstanton Town Council, at which standing orders were suspended so that those of us with a better understanding of the legal situation than anyone at WNC, including the Legal Services Manager, could

explain the situation for the benefit of Cabinet members who were in attendance, including Council Leader Nick Daubney. The next day, Cabinet adopted a revised version of the recommendation. This added the following provisos: "authority be given to the Legal Services Manager, if they consider it to be in the Council's interest to do so, in consultation with the Leader and Ward members for the area, to execute a Deed of Variation with the Hunstanton Pier Company releasing the Company from the maintenance and repair obligations in the Lease dated 17 April 1870."

When the new owner of the Pier Company renewed his demand to be released from the obligation to provide a pier, WNC Chief Executive Ray Harding pointed in a letter dated 14 May 2008 that the decision of the Council was in accordance with the amended version.

In September 2008, Mrs Nicola Leader, the Legal Services Manager, informed solicitors acting for the Hunstanton Pier Company that it was not considered to be in the Council's interests to execute a Deed of Variation to the Pier Lease.

This should have been the moment for the Pier Company to be reminded of the fact that under its Charter, as a Statutory Company created by an Act of Parliament in 1868, its only function is to make and maintain a pier at Hunstanton. Unfortunately, in spite of the golden opportunity, created by Richard's decision to hold an extraordinary Town Council meeting, Mr Daubney, Mr Harding and Mrs Leader sold Hunstanton short by eventually agreeing to the Pier Company's outrageous demands.

There is clearly unfinished business as far as the pier is concerned, but perhaps the controversy over the KLIC debacle, as reported in "Private Eye", will arouse curiosity in the perverse decisions that sadly overshadowed Richard Bird's finest hour...

DONATE your old car or other vehicle with/without MOT
Money raised for local charities & good causes. All correct paperwork completed.
No charge for vehicle collection.
Call Richard Bird on 07860 476198

JUNE DIARY - MORE DETAILS ON THE WEBSITE! www.townandaround.net

1	Hunstanton Library 10.30am (Booking essential) Come and create your very own paper plant and pot to celebrate National Gardening Week. Paint a rock as a little bug friend! £3 per child.	18	Docking Walking Group 6pm Ringstead Green Lane, meet at The Gin Trap PH Helena Aldis 07769 850965 / Mike Rogers 07765 571313
1	King's Lynn Male Voice Choir at St Edmund's Church Hunstanton 7pm £5 at the door	18	Cinema in the Creakes presents Green Book 7.30pm at North Creake Village Hall Licensed Bar opens at 7pm and first drink is included in ticket price. £3 Booking 07905805388
1	Hunstanton Conservative Club entertainment: Dancing to Mikki Jons from 8.30pm	19	Hunstanton Library Who Dunnit? 5.30pm Crime Book Club.
1	United Services Club Hunstanton entertainment: Dancing to Kenny & The Motives 8.30pm	21	Hunstanton Library Jo Cox's Great Get Together 10:30am
3	Hunstanton Library Crochet along 10.30am-noon	21	Anmer Village Social Club Film Night 8.00 p.m. MARY POPPINS RETURNS Anmer Village Social Club.
4	Docking Walking Group 6pm Burnham Overy Staithe meet opposite the Hero PH, Beach Picnic Helena Aldis 07769 850965 / Mike Rogers 07765 571313		Admission by ticket £3 at the door. Doors and bar opens at 7.30 p.m. Email: films@anmerclub.co.uk or telephone 01485 579465.
5	Top Tips Gardening Group 10.30am A monthly group to share ideas and tips for gardening at Hunstanton Library	21	United Services Club Hunstanton entertainment: Quiz Night £3 per person plus food 8.30pm
6	Ringstead Village Club meet at 2pm, in the Village Hall, High Street (next to the Gin Trap inn). Steve Collin from the Norfolk Wildlife Trust - Ancient Woodlands.	22	Folk in the Town on Hunstanton Green
6	Stanhoe and Barwick WI 2pm: Meeting in the Reading Room, Stanhoe. We will be entertained by 'Marko'. "My Life in Cartoons and Comedy" Valerie (01485 576261) or Pamela (01485 518033)	22	Nelson's Shantymen at St Edmund's Church Hunstanton 7pm £5 at the door
6	Save the Children Centenary Concert, to be held at St Mary's Church, Old Hunstanton June starting at 7:30pm	22	Syderstone Village Cinema, with the support of Creative Arts East, presents STAN & OLLIE (PG) Amy Robsart Village Hall, Syderstone PE31 8SD 7.30pm Advance tickets £3.50 Tel. 01485 578171 or 01485 578244
7	United Services Club Hunstanton entertainment: Dancing to Black Steel Country & Western 8.30pm	22	Hunstanton Conservative Club entertainment: The Dave Andrews Disco from 8.30pm
8	Hunstanton Library Pyjamarama! 10:30am No need to book.	22	United Services Club Hunstanton entertainment: Dancing to Moonstruck 8.30pm
8	Save the Children Centenary Concert at St Mary's Old Hunstanton - tickets available from the Princess Theatre.	23	Docking Walking Group 11am Roydon Common Car Park 1km east of Knights Hill OS Ref 681 230 Helena Aldis 07769 850965 / Mike Rogers 07765 571313
8	Hunstanton Conservative Club entertainment: Music with Tony G from 8.30pm	23	Snettisham Open Gardens. Maps available on the day with directions to all the gardens that are open. Refreshments at Peace Cottage, Park Lane
8	United Services Club Hunstanton entertainment: Dancing to Tocatta 8.30pm	23	An evening of Country Music with Johnny & Lynette at Snettisham Memorial Hall 7pm. £7 BYO refreshments.
9	Docking Walking Group 11am Docking & Bircham meet at car park in Bradmere Lane Docking Helena Aldis 07769 850965 / Mike Rogers 07765 571313	24	Hunstanton Library Get Crafty and Colouring 10.30am - 12noon .
9	An evening of Country Music with John Dougherty at Snettisham Memorial Hall 7pm. £7 BYO refreshments.	25	Dersingham village Screen presents Quartet Dersingham Village Centre 7.30pm
10	Hunstanton Library Get Crafty and Colouring 10.30am - 12noon Refreshments provided, donations are welcome.	26	South Creake War Memorial Institute 10.30am - 12 noon Coffee Morning. See old friends or meet new ones for a chat.
10	Hunstanton Library Book Club 2.30pm	26	Memorial Pavilion, The Green, South Creake, NR21 9PD
11	Hunstanton Library Walk and Talk group 2pm from the library.	26	Friends of Hunstanton Library meeting 5pm.
13	Hunstanton Library Knit and Natter 10.30-12.30pm Refreshments provided, donations are welcome.	26	South Creake War Memorial Institute 7 - 10pm Bingo Night. Eyes down at 7.30pm £6pp for 11 games. Memorial Pavilion, The Green, South Creake, NR21 9PD Peter Haywood 01328 823920
13-15	The Creakes Drama Group present 'Lend me a Tenor' 7.30pm each evening. North Creake Village Hall 07818 696660	28	Docking Walking Group 11am North Creake meet Creake Abbey Deli/Café Helena Aldis 07769 850965 / Mike Rogers 07765 571313
14	Docking Walking Group 11am Heacham and Snettisham coast Walk meet at Heacham South Beach Helena Aldis 07769 850965 / Mike Rogers 07765 571313	28	United Services Club Hunstanton entertainment: Ali James Comedy/Vocalist 8.30pm
14	United Services Club Hunstanton entertainment: Dancing to Dennis Frere-Smith 8.30pm	29	Dersingham Midsummer Fair 12-5pm at the Dersingham Village Centre PE31 6LN
15	Table Top Sale at Sedgeford Village Hall 8am-12 noon To book please ring 01485 570504. Table £5	29	St Mary the Virgin Church Titchwell Fete-Open Garden at Ventulus, Cross Lane Brancaster 2-4.30pm
15	Hunstanton Conservative Club entertainment: Dancing to Mark Josef from 8.30pm	29	Hunstanton Conservative Club entertainment: Dancing to Mike Shelby from 8.30pm
15	United Services Club Hunstanton entertainment: Dancing to Splash 8.30pm	29	United Services Club Hunstanton entertainment: Dancing to DNA 8.30pm
16	Royal Air Force Bircham Newton Heritage Centre Open Day 10am to 4pm The National Construction College PE31 6RH. NCC is signposted off the A148 and B1454	30	Royal Air Force Bircham Newton Heritage Centre Open Day 10am to 4pm Entrance is FREE. Disabled access and toilet facilities are provided. The Heritage Centre at Bircham Newton has a unique collection of memorabilia from the former Royal Air Force station's past service, which spanned more than 44 years, including two world wars and the Cold War. Venue:-The National Construction College Bircham Newton NW Norfolk PE31 6RH. NCC is signposted off the A148 and B1454
16	Mercedes Gleitze information afternoon & exhibition at Heacham Public Hall 2-4pm		
17	Hunstanton Library Crochet along 10.30am-noon Refreshments provided, donations are welcome		
17	U3A 2.00 pm at Community Centre, Avenue Road, Hunstanton speaker Jo Reynolds on Norfolk's First Firewoman.		

Please send details of events to be included in the July issue to the Editor buy 12th June.

What's on June 2019



Saturday 1st

Tuesday 4th

Wednesday 5th

Saturday 8th

Sunday 9th



Tuesday 11th

Saturday 15th

Tuesday 18th

Thursday 20th

Saturday 22nd



Sunday 23rd

Tuesday 25th

Thursday 27th

Thursday 27th

Fri 28th/Sun 30th

Ticket Booking Hotline: 01485 53 22 52

Box Office Open 7 Days a week: 10am to 4pm

Website & Online Bookings: www.princesshunstanton.co.uk



BOOK NOW TO AVOID DISAPPOINTMENT