

TOWN and AROUND



ISSUE 176 JUNE 2020

PRICELESS!

NEWS FROM
NW NORFOLK
FREE

THE GREAT OUTDOORS: Sport, gardening, farming, nature and wildlife
LOCAL NEWS: Business, jobs, schools, clubs, council, civic and churches
FEATURES: A Page from the Sage, Lifeboats, Money Matters and more...

First word



Hello, and welcome to the June edition of Town and Around.

You will probably recognise the windmill on the front cover this month; it is of course Bircham Windmill, and you can see what's been happening there during the lockdown on our centre pages.

A young lady from Dersingham came to our attention recently. I remember photographing Emily Riddington at Smithdon High

School about 10 years or so ago, since then she has become a teacher, travelled the world, and more. Emily tells her story on page 44.

Ever since we began publishing in 2005 our June issues have been full of news about open gardens, fetes and summer gatherings. This year is very different, but the community spirit is high and there seems to be a garden revolution underway. Taking my daily walk I see people tending their plots and talking to passers by and neighbours, swapping hints and tips. Local garden centres and nurseries have been busy delivering garden essentials, and the area looks a treat.

Of course things are not all rosy; some local businesses have ceased to trade and will not be re-opening their doors, and many people face managing on a furlough income or redundancy.

At T&A we have news of our own. Our part-time reporter Sophie, who has been with us for a year, has been offered a super new full time job and she'll be moving on mid-June. She won't be too far away and there will be news from her in future editions. We wish her the very best of luck.

Someone said to me recently: "kindness is a medicine we should all be giving and receiving", and that seems like a good way to sign off this month.

Kind regards

Elaine

Elaine Bird, Editor, Town and Around

The Perches, 18 Tapping Close, Snettisham PE31 7FF

T: 01485 540620 M: 07533 088196 E: editor@townandaround.net

Town and Around is published by Elaine Bird and printed by Mortons of Horncastle

Follow the latest stories at www.townandaround.net

and on Twitter @hunny_bird

www.facebook.com/pages/TownandAroundNorfolk



Keelie's

So many nail varnishes
So few fingers
Ladies, you know your favourite colour
For your return to Naildom

73 Westgate, Hunstanton
01485 534735

Stitchers Sewing Machine Workshop

Servicing & Repairs by the Local Expert
Tel: 07866 923417 + 01485 535977
www.stitchers-repairs.co.uk david@stitchers-repairs.co.uk

P.J. PARSONS
PLUMBING AND HEATING

BATHROOM DESIGN AND FITTING
FITTED KITCHENS | CERAMIC TILING

01485 533506 OR 07831 776237
E mail: pjparsons@btinternet.com
NO VAT

COMMERCIAL ADVERTISING RATES ex-VAT & SIZES

Sixteenth page: 42mm wide x 60mm high £22.50 per month or £120 for 6 months with advance payment (£20 pro-rata)

Eighth page: 88mm wide x 60mm high OR 180mm wide x 29mm high £43.50 per issue or £217.50 for 6 months (£36.25) pro rata

Quarter page 88mm wide x 122 high (portrait) OR 180mm wide x 60mm high (landscape) £72 per issue or £360 for six months (£60.00 pro rata)

Half page 180 mm wide x 122mm high (landscape) OR 88mm wide x 246mm high (portrait) £134.85 per issue or £674.25 for six months (£122.38 pro rata)

Full page 180mm wide x 246mm high £247.50 per issue or £1237.50 for six months (£206.25 pro rata)

Centre DPS: 380mm wide x 246mm high £475.00 per issue or £2375 for six months (£395.84 pro rata)

The copy date is 12th of the month preceding publication.

No part of the magazine may be reproduced, stored in a retrieval system, or transmitted in any other form, or by any other means without written prior permission. Copyright © 2020 All Rights Reserved. This magazine reflects the views of its contributors; not necessarily those of its editor or advertisers.



K. Brown

Auto Repairs
Hunstanton



SHOULD I MOT MY CAR?

The government have given everyone an extra 6 months to get their MOT done, however your car still needs to be deemed road-worthy for you to legally drive it. So, how can you be sure of this?

Here's a list of things you can do to ensure your car is safe to drive now:

1. Check your MOT paperwork for last year to see what advisories you had. It's best to get these checked by a professional as, left unchecked, they could put you and others on the road in danger.
2. Book your car in for a full safety check with a trusted garage.
3. Have your car serviced.
4. Book your car in for an MOT. Although this isn't mandatory, it's the best way to ensure you're not putting yourself or others at risk whilst driving.



To help with the cost during this difficult time please help yourself to the vouchers below. Simply cut them out and present them to us when you book your car in for these services.

K. Brown

Auto Repairs

**BOOK YOUR MOT IN
JUNE FOR £35**

K. Brown

Auto Repairs

**FREE MOT ADVISORY CHECK
IN JUNE**

K. Brown

Auto Repairs

**BOOK A SAFETY CHECK IN
JUNE FOR £20**

K. Brown

Auto Repairs

10% OFF ALL SERVICING IN JUNE*
*CANNOT BE TAKEN WITH ANY OTHER OFFERS/DISCOUNTS.

12 King's Lynn Road, Hunstanton
Norfolk, PE36 5HP.

Telephone: 01485 533786

www.kbrownautoskingslynn.co.uk

Couple's VE Day Tribute

A Hunstanton couple created a history wall at their home in Butterfield Rise to commemorate the 75th Anniversary of VE Day.

Ted and June Barrett's garden fence along the walkway between Butterfield Rise and Harry's Way in Hunstanton tells the stories of local servicemen who lost their lives in Europe during World War II.

Starting with the information from graves and War Memorials in Hunstanton, Old Hunstanton, Ringstead and Heacham, June, who spent her career in the Queen Alexander's Royal Navy Nursing Service, set about collating the stories behind the names and preparing the display with husband Ted who is also a qualified nurse and served in the Medical Branch of the Royal Navy.

"You can find a lot of the information online now" June said, "and some records include photographs that I've added too; I enjoy the research and finding out what happened from the old service records.

"Sometimes you start with the ship, find the crew and battle – it's a bit like a huge jigsaw puzzle.

"Amongst the records we discovered friends and brothers and their details are grouped together on the fence."

Originally from Warwickshire, the couple moved to Hunstanton last September. Both members of the Royal British Legion, they had previously completed a similar project at their former home for the centenary of World



War I.

"When we moved here we joined the Hunstanton Branch of the Legion, we asked what was planned for the 75th Anniversary and volunteered to do this work.

"Sadly all the events have had to be cancelled because of Coronavirus so Ted and I decided to mount the stories on our fence, and each day we add a few more," she added.

The VE Day section was completed by Friday 8th May when Ted, June and all their neighbours picnicked in their front gardens to celebrate the anniversary.

As if this isn't enough, the couple have already completed their Far East research and prepared their display for the 75th anniversary of VJ day will be celebrated on 15th August.

Kemps thank their volunteer delivery team and children

Owners of the greengrocers shop in Hunstanton High Street Shaun and Leanne are splitting shifts at the shop whilst home-schooling their children aged 7, 8 and 10 who normally attend Heacham School.



Shaun and Leanne talked to Town and Around saying:

"We would like to thank all the lovely volunteers that are helping us get our deliveries out to people in need at the current time; we could not manage without the help of everybody involved and we cannot thank them enough.

"We are working extremely hard on a daily basis to get people's orders out to them within a 24 hour period, to ensure people are not

left without the basic food supplies.

"We have many drivers that are with us daily, and companies who have donated their time and vans and staff to help us as well as all our local customers.

"We have pulled together as a community and this shows us how strong a nation we can be if we stand together.

"All of our own children and the children who have parents helping us are fantastic, keeping our spirits high with lovely pictures, and also the cards and home-made cakes we are receiving daily make us smile and let us know that what we are doing is amazing work so thank you to everybody involved."



FOREMAN & SON LTD

PLUMBING & HEATING ENGINEERS

The care package you and your boiler deserve.

We understand that when your heating or hot water isn't running as it should it can be a distressing time and can cost lots of money on emergency call outs. At Foreman & Son we have three packages which will eliminate the stress and ensure your problem is solved safely and efficiently.



Standard



Premium



Premium Plus

Prices starting from £14.99 per month

To discuss our packages please call our Boiler care team, pop in to see us or visit our website.

✉ Boilercare@foremanandsonltd.co.uk
 ☎ 01485 570578
 🌐 www.foremanandsonltd.co.uk
 📍 32 High Street, Heacham, PE31 7EP



Are your finances heading in the right direction?

We provide a comprehensive wealth management service, offering specialist face-to-face advice tailored to you. Our services include:

- Investment Planning
- Retirement Planning
- Inheritance Tax Planning
- Intergenerational Planning

For further details please contact:

Plummer & Associates

Tel: 01485 500025 | Email: jeremy.plummer@sjpp.co.uk

Web: www.plummerandassociates.co.uk

Address: The Business Centre, 43 Lynn Road,
 Snettisham, Norfolk, PE31 7LR

Plummer & Associates represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the Group's wealth management products and services, more details of which are set out on the Group's website www.sjp.co.uk/products.

Are you over 50?

Can you help with research into how people use technology?

Richard Milne

I'm an academic researcher at the Wellcome Genome Campus, a scientific research centre near Cambridge. I'm looking for volunteers who are over fifty to take part in telephone interviews for a research project on how people use technology and what they think about how technology might be used in the future.

Technology is increasingly important to how many of us live our lives. More people than ever use the internet regularly, most have mobile phones or smartphones, and devices like step-counters, FitBits or smart speakers are becoming more common. During the Coronavirus pandemic, these technologies have become increasingly important, helping us to keep in touch with people, shop for groceries and do our banking, and are even being used to track the spread of the virus. In the future, many doctors and scientists think that phones, computers and other devices might become important tools for checking on or monitoring our health or that of family members. However, while technologies can bring benefits, they can also raise concerns. For example, people may worry about their privacy, who has information about them and how it might be used.

The project aims to find out how and why people use technology, how this has changed, and what they think about the pros and cons of

using technology to check on or track their health. I hope that the findings of the study will help future technologies better serve the needs of older adults, particularly in relation to health.

Taking part in the study would involve three telephone interviews. These will take place during the next six months. Each call will take no more than 45 minutes. The calls will be recorded, and everything you say in the interviews will be anonymised.

If you are interested in taking part, please get in touch with me on 01223 496 836 or by email at richard.milne@wgc.org.uk, and I will give you more details about the research and answer any questions you have. You can also find more detailed information at the study website, www.thespacestudy.com.

The research study is funded by The Wellcome Trust, an independent charity that funds research to improve human and animal health. The study is based in the Society and Ethics Research group at the Wellcome Genome Campus. We are a group of academics working in a non-profit research institute, who explore the ethical, legal and social issues raised by genetics and other new medical science and technology.

Centenary Tennis Tournament cancelled

Britain's largest tennis tournament - the Hunstanton Lawn Tennis Tournament scheduled to take place Sunday, August 16 to Saturday, August 22, 2020 - has been cancelled due to the coronavirus (Covid-19) pandemic.

The Hunstanton Lawn Tennis Tournament committee has with great disappointment and sadness reluctantly taken the decision to cancel the event, which annually attracts more than 1,200 competitors to play junior and senior events at the Recreation Ground. This year's Tournament would also have included a celebration of the event's centenary.

Tournament secretary Chris Holt, who has been involved in the event for 45 years, said: "The decision to cancel the 2020 event has not been taken lightly. But the health and well-being of everyone involved - competitors and their families, caterers, sponsors and stallholders - and that of the residents of Hunstanton and the surrounding villages is the Tournament committee's top priority.

"While the decision not to hold this year's Tournament is a blow to the economy of Hunstanton and the surrounding villages given that the event attracts so many competitors and their families and friends for a week of tennis, the committee believes it is the right decision.

"The Tournament committee is clearly aware of social distancing requirements as outlined by the UK Government. The fact that on some days during Tournament week, approaching 4,000 people - in addition to more than 1,200 players - could be on the Recreation Ground site would make social distancing extremely difficult, if not impossible, to manage.



14 & Under Girls Doubles winners Darcey Trotman and Beatrice Painter at last year's tournament

"It is against that background, and considering all the facts and available information from the UK Government and the Lawn Tennis Association, that the Tournament committee has taken the decision to cancel the 2020 Tournament. It will be the first year that the Tournament has not taken place since it was revived in 1950 after the Second World War."

Mr Holt added: "We must now look forward to the 2021 Tournament, which will

take place Sunday, August 15 to Saturday, August 21. The Hunstanton Lawn Tennis Tournament is a unique 100-year-old institution and next year's event will include a celebration of its centenary.

"The Tournament committee would like to take this opportunity to say to tennis players and the residents of Hunstanton and the surrounding villages that we hope that you and your families are safe and well at this difficult time."

**Home
Instead**
SENIOR CARE
to us, it's personal.



Live well, your way
with care at home

Your home is where you feel the most comfortable and the happiest.

It's the place you know the best. Why would you move away from the place you love if you are faced with needing some extra care and support when you age? If you want to stay living comfortably at home, we can help you make that choice an informed one.



Our **care**

- ✓ Home help
- ✓ Companionship
- ✓ Personal care
- ✓ Dementia care

Contact us for more **information**

Home Instead Senior Care cover
all PE31 and PE36 postcodes

01485 496987

tom.mcewan@homeinstead.co.uk
homeinstead.co.uk/westnorfolk

Bigger than Bayeux community project

Alice Hipwell's community project aims to create a fabric picture bigger than the Bayeux Tapestry.

Inspired by the world famous 900 year old Bayeux Tapestry, at nearly 70 metres long and 50 centimetres tall, that tells the story of the Norman invasion of England in 1066, Head of Art and Design Technology at Glebe House School Alice Hipwell has devised and is leading the Bigger than Bayeux community project.

Alice, who lives in Hunstanton, said:

"It has been a unique and unsettling few weeks. Key workers are under pressure, parents are juggling home schooling with working from home while others are frightened or stressed by the never-ending cycle of bad news.

"So, during this period when we are spending more time at home I thought that a project that celebrates the world around us would provide a sense of routine and community for everyone involved.

"The theme for our 'Bigger than Bayeux' challenge is Nature and I am asking people of all ages to sow, stitch or paint a picture on a piece of fabric that measures 22cm x 22cm.

"Ideas for your square include a daffodil, a hedgehog, a leaf, a robin, a blackbird, a chaffinch, a rose, a lily, a ladybird, a lion, a sun, some grasses or something else – you decide!

"Once we've collected the squares, and we need just over a thousand, I will sew them all together to make a record breaking work for East Anglia over 70 metres long. The only challenge then will be where and how to display it!" She added.

Alice suggests you keep it simple and keep it bright; and if you need inspiration here are a few photos of some completed squares.

**The collection point for your work is
Glebe House School
2 Cromer Rd,
Hunstanton PE36 6HW.**

**Please put your square(s) in an
envelope marked
'Bigger than Bayeux'.**



BORDOLI PIZZAS

MON: RIPPER HALL DOCKING
TUES: INGOLDISTHORPE LAY-BY
WEDS: HEACHAM SOCIAL CLUB
FRI: OLD HUNSTANTON SOCIAL CLUB

From
5pm

T: 07565 754812 E: bordoli99@gmail.com

CURTIS HOME IMPROVEMENTS

UPVC Double Glazing Windows, Doors and Conservatories, Fascia and Guttering. Specialists in Garden Rooms, Flat Roofs, Lanterns, Bifold Doors and Cladding

Approved partner of George Barnsdale high quality timber windows and doors.

GEORGE
BARNSDALE
Est. 1884



Call Tim Curtis for a free no obligation quotation

07794 085473 or **01553 760543**

tim@curtishi.co.uk | www.curtishi.co.uk



Insurance Quotation
All types of Personal, Business & Vehicle



By Appointment

Telephone Cliff on: 01485 534971

Friendly, confidential divorce & family law advice



King's Lynn based family law solicitor Karen Willis is on hand to answer your family law questions.

For help with:

- Divorce and separation
- Financial disputes and settlements
- Arrangements for your children
- Cohabitation disputes and agreements
- Prenuptial agreements



Take advantage of a free initial telephone appointment by calling
01553 605809 or email
karen.willis@family-lawfirm.co.uk

www.family-lawfirm.co.uk

Woolley & Co, Solicitors is a member of the Law Society and authorised and regulated by the Solicitors Regulation Authority



Norfolk family business swap delivering hand crafted beds to essential food parcels

From online supermarkets and small independent green grocers, to restaurants and cafes, across the UK many businesses are changing the way they serve their customers. When the call came from government to stay at home, save lives and protect the NHS, local family business the Wrought Iron and Brass Bed Company downed tools, temporarily closed their doors, picked up their van keys and volunteered to help deliver essential medications and food supplies to residents in Norfolk.

"Since we opened in 2003, we've been blessed by the support of our local community and now was a time, for us to get involved and pay it forward" commented Harry Thompson, company director. "We're so proud of our team, so when we asked who would be willing to volunteer and come out of lockdown, all were eager and keen to help."

Hand crafting iron beds on the Sandringham Estate, this first and second-generation family business reached out to Norfolk County Council. Volunteering the services of their delivery vehicles and eager team members to ferry essential supplies to local residents. This local iron bed maker has now completed nearly 200 personal deliveries to vulnerable residents, whilst also supporting fruit and veg deliveries for Kemps Fruit and Veg in Hunstanton.

One area in which deliveries have been made is Breckland, in the heart of the county. Cllr Sam Chapman-Allen, Breckland Council's Leader, commented: "When we put a call out to local businesses to support our pandemic response effort, we were blown away by the offers we received. The generosity shown by the local business community has been outstanding, and we cannot thank Wrought Iron and Brass Bed Company enough for their logistical support during these difficult times and for helping us to support our most vulnerable residents."

Since before lockdown began, demand for home deliveries has rocketed; with shoppers staying up through the night for the chance of booking a delivery slot. But the demand hasn't just affected the big boys, with small independent food outlets also seeing a dramatic upsurge in orders.

Turning their eye to local businesses on their own door step, this team of once iron bed makers; are also volunteering their delivery



services to Kemps Fruit and Veg in Hunstanton. "one man clapped me for delivering his fruit and veg box. Everyone has said thank you and I'm finding it such a humbling experience." Sarah Franks, once powder coater, now food delivery driver. "Because what they don't realise, is that they are also helping me too."

But although helping the community is at the heart of their generosity, they still maintain a strict eye on the current situation we found ourselves in. Implementing stringent procedures, covering personal protective items, to the sanitisation of vehicles and drivers. Helping to ensure they are doing everything they can, to protect their team and those they come into contact with.

Over a month ago, this family company were delivering hand crafted iron beds. Now they are delivering essential food items to those vulnerable, thinking about their community and following the spirit of "pay it forward".

Hunstanton and District Rotary Club launches Community Award Scheme

To say we live in strange times is an understatement! For many of us the enforced lockdown is a source of frustration as we are separated from family and friends.

Within the local Rotary Club, meetings are now virtual via Zoom, while major fundraising and community events have been cancelled, including the Norton Hill Railway weekend and the Kite Fair and Classic Car Rally.

The Club has noted the positivity of communities looking to support one another and people 'going the extra mile' to help one another through this period.

President John Crofts said:

"We all know of businesses ensuring that those self-isolating are kept supplied with food, of people co-ordinating efforts to shop for food and medication for others and of ways in which friends, families and neighbours have stimulated us all to join together through social media to promote physical and mental wellbeing.

"It is for this reason that my Rotary Club are launching a Community Award scheme to recognise the heroes of this period and I would encourage you to email me on



Happier times at Norton Hill Railway Weekend

johnpcrofts@gmail.com or phone me on 01485 525142 to nominate your hero including a brief reason why you have nominated them. We will then ensure that all receive at least a certificate of recognition, but

also, for those deemed the most worthy, a financial reward. The more nominations we receive the greater the impact, so please show your appreciation in this way.



The First Carbon Neutral Iron Bed Maker



Wrought Iron and Brass Bed Co.

Hand made in Norfolk. Guaranteed to last a lifetime.

A family company. Where all our beds are lovingly hand crafted, on the Royal Sandringham Estate and come guaranteed to last a lifetime.

01485 540679

view our full range at

www.wroughtironandbrassbed.co.uk



GRIFFINSHAWS

www.griffinshaws.co.uk

OPENING HOURS
MON – THUR
9.00 – 16.30
FRI 9.00 – 16.00
SAT BY
APPOINTMENT

BLANCO

SIEMENS

Quooker®
THE BOILING-WATER TAP

KITCHENS • BEDROOMS • BATHROOMS
FAMILY BUSINESS EST. 1988



Kitchens, bedrooms and bathrooms available with full design service and installation

Contact Pam: 01485 571367 or Email: pam@griffinshaws.co.uk

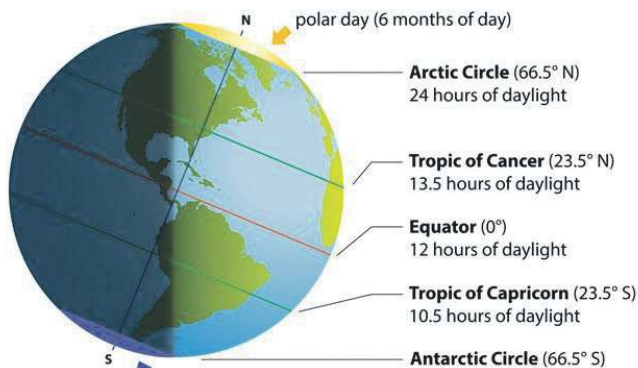
GRIFFINSHAWS your local independent retailer at 42 Station Road,
Heacham - next to Boots the chemist

We would like to thank our customers for their support and understanding in these extraordinary times

Heacham and Hunstanton at Night

Terry Parish

June 20th at 21.44pm is the Summer Solstice. The Sun is at its highest point in the northern hemisphere. After that, it is all downhill, the nights start drawing in and it is Christmas. You might need 2-metre-long crackers.



Northern Summer Solstice, The Sun is directly above the Tropic of Cancer. Internet

The solstice is sometimes referred to as Midsummer's Day which is on the 24th.



Stonehenge. Prehistoric markers for social distancing? Internet

The sky in June does not darken very much and it is hard to make star patterns out. It is the month of noctilucent clouds, very high-altitude ice particles which remain lit by the Sun when it has gone below our horizon.

The Moon is almost always visible when it is not New. On the 5th (should have told you last month) at 7.25pm the Full Moon will slightly dim as it enters the penumbral shadow of the Earth – a little of the sunlight which illuminates the Moon will be blocked by the Earth. On the 30th the Moon is at perigee, closest this month, at 369,000km. It won't be a supermoon though because it just past First Quarter, not Full.

There are a few planets to spot and three of them are in the night sky rather than before sunrise. In the first week of the month, Mercury is very low down in the NW. On the 4th the planet is at its greatest eastern elongation some 24 degrees (two and a half fists) away from the Sun. Look at around 10.30pm just 4 degrees (four finger tips) above

the horizon. So, an observation from Heacham beaches with a clear sky down to the Lincolnshire coast. Steady binoculars will be needed. Good luck with that. (You are probably reading this after the event so it won't matter if it was cloudy).

Rather easier to spot, and becoming easier as the month progresses from its middle to its end, are the gas giants Jupiter and Saturn. Earth's passage around the Sun means they will be rising in the SE at about midnight in the middle of the month and 11pm at the end. Jupiter appears 20 minutes before Saturn. They remain visible and get higher in the sky until the Sun rises. If you are an early bird, they will form a nice triangle with the Moon at 3am on the 8th and 9th.

Saturn's rings and the Galilean Moons of Jupiter are things to observe. More of those next month. Something to ponder, Jupiter currently has 79 confirmed moons. When I was a lad there were only 12 known.

Mars is still a morning object. Look ESE at 3am on the 13th to see it just above the Last Quarter Moon.

What about Venus you might ask? The searchlight that has illuminated the clear, Covid, skies. I did remember to explain its disappearance last month. On the 3rd it was at inferior conjunction, between us and the Sun so sunlight hit the side turned away from us. Then it passed into the sun's glare so cannot be seen. It will emerge about the middle of this month but will not be really visible until July.



This is what you are looking for. A tiny crescent close to a large crescent. All against a bright blue sky. With binoculars, Venus will be a point of light. Whitby Astronomy Society via Internet.

There is a chance to spot Venus in daylight on the 19th. The time, 8am, the place, very close to the edge of the Crescent Moon. The problem, you have to find the Moon. Look 22 degrees (just over a handspan) away from the upper right of the Sun. Position yourself so that the Sun is blocked from view. A small telescope will reveal what looks like a star by the Moon. This is Venus. It will have the same crescent phase as the Moon.

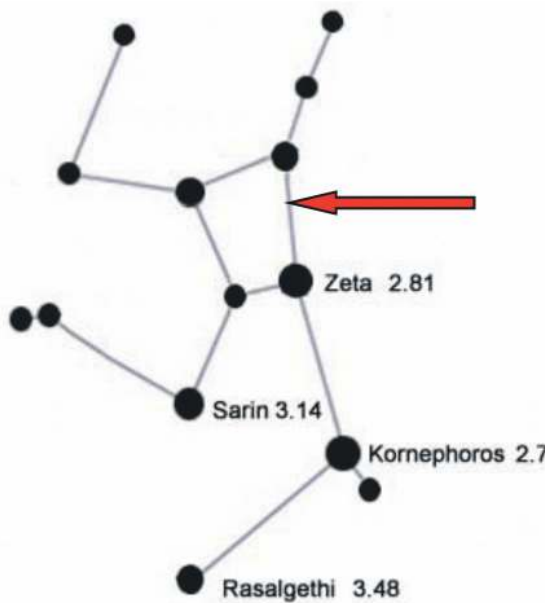
If you try this, you must be **VERY CAREFUL** to avoid the Sun entering your field of vision and blinding you. **DO NOT** let children attempt it.

At 8.35am, the Moon will occult Venus – the planet appears to pass behind it.

If you do like staying up until it is dark then find Hercules above your head. His rectangular body is not too hard to identify. On one side a fuzzy blob, M13, will be seen through binoculars. A telescope should resolve some of the third of a million stars contained in this globular cluster. All old, red giants.



Bright Vega will guide you to Hercules in the sky. Look for the Keystone in the middle.



The brightest stars of Hercules. The red arrow points to M13.
Internet

Find Rasalgethi too. A star 400 times as big as the Sun which fluctuates in brightness as its end nears. It is the brightest of a multi-star system.

NASA's Artemis programme intends to land the next Man on the Moon by 2024. Not quite self-isolation though, the first Woman will be with him.

Keep looking up but avoid others doing the same.

C L STEPHENSON
PAINTER & DECORATOR
HUNSTANTON BASED



- Free Estimates
- Interior & Exterior Decoration
- 15 Years' Experience
- All types of Wallpapering

Tel: 07950 363 031 / 07932 074 207
or 01485 533 783

Complete
**GARAGE
 DOORS**

01553 611246

Visit our Showroom:
 Austin Fields Ind Est, King's Lynn

Roller Doors | Up & Over | Side Hinged
 Sectional Doors | Electric Doors
 Security Shutters | Window Grilles | Fire Doors
 Steel Security Doors | Car Ports & Canopies



Installation | Automation | Repairs



www.completegaragedoorsnorfolk.co.uk
info@completegaragedoorsnorfolk.co.uk

Ringstead Village
The General Store
Hidden Treasures
Norfolk Ale Shop
Visit us now

Open 8.00 - 5.30

Except Mon/Tue/Wed close 1.00pm

Trusted
 Experts For
 Over 40 Years



G W KEIR
 Flat Roofing Specialist
 Est. 1976

- ✓ All Aspects of Flat Roofing in Norfolk
- ✓ Residential & Commercial Roofing
- ✓ New Builds, Extensions, Garages etc..
- ✓ EPDM Rubber, Fibreglass & Felt Roofing
- ✓ Roof Replacement & Repairs
- ✓ Roof Maintenance & Cleaning
- ✓ Gutter and Fascia Cleaning & Repairs
- ✓ Fully Qualified & Insured

Free No Obligation Visit and Quotation

01485 571105 **07766659352**

www.gwkeirroofing.co.uk info@gwkeirroofing.co.uk

20 YEAR GUARANTEE

A Page from the Sage

We are all having a rough old time, therefore I hope that by the time you get to read this issue things will be getting better.

A 1930's booklet

I have in my possession a small book entitled 'The Parish Church of St Mary the Virgin Hunstanton'. It tells you all about the church but it also has in it many adverts of shops and other businesses in and around Hunstanton, some of them I have never heard of. The book was printed in 1930.

This is the first one, Watt's Stores (opposite the Town Hall Hunstanton) useful gifts and fancy goods, including, Norah Welling dolls, English toys and games, specialists in antique brass reproductions, crucifixes, candlesticks, warming pans, bellows, toasting forks, souvenir caddy spoons of Sandringham and Hunstanton from one shilling each, also sundials and bird baths, all at low prices.

Next we have, Doris Leggett, Art Photographer and stationer, all kinds of portraiture, wedding groups and private parties in your home, films developed and printed, 24 hour service, cameras for hire, also stationery and fancy goods of every description, library with all the latest books, Westgate, Hunstanton. I have never heard of this photographer, I can remember May Bone and Swains, and also Dearden's in Chapel Lane.

And next we had the Sunny Nook boarding house at number 2 Cliff Terrace, facing south, near pier and gardens, rooms large and lofty, well recommended, water softener installed, it also had electric light, when most places in Hunstanton still had gas. The Sunny Nook was run by the Misses Sheringham.

We now have a Mr W H Lenton, a dispensing chemist and optician, he had two premises in Hunstanton, one at number 6 Le-Strange Terrace and the other at number 4 High Street Hunstanton.

Another one I had not heard of was H J Baker, a family grocer with a shop in St Edmunds Avenue and York Avenue, his specialities were as follows: the finest English and imported bacon, the very best New Zealand butter, freshly ground coffee and our own blended teas, also finest quality Australian fruits.

Another one I could not remember was the Westgate Library in the High Street opposite the Post Office, where you could find all the latest novels with short subscriptions for visitors. You could also buy in this shop maps, guides, local views, stationery, good glass and leather and fancy goods.

We now come to a very old established company that had been in Hunstanton since 1880 and are still trading, and that is Ingram and Watson and Son, for houses bungalows, furnished unfurnished for sale or to let, also

by
Dick Melton
01485 535658

for auction sales, valuations, building land and sites, in 1930 they had offices and premises opposite the station in Hunstanton, adjoining the Lifeboat Station in Old Hunstanton, and adjoining the railway level crossing in South Beach Road Hunstanton.

Now we have the Glebe House School, this was the first building to be built on the east side of the main road the A149 in 1878, it was advertised as a preparatory for the public schools and for Dartmouth Royal Naval College, numbers were limited to fifty aged from 7 to 14; the headmaster in 1930 was Mr H Cambridge Barber MA (Oxon).

Another very popular shop in the town was J J Coles that was in town for many years they sold everything for every sport, tennis, cricket golf, football, fishing, also pub games like darts, dart boards, packs of cards, dominoes and cribbage boards and toys and games of every description, they were agents for Meccano and Hornby Trains, there shop was in the High Street opposite the Post Office.

Garages

There were many garages until Tesco came in 2002 like Duckers where Sainsburys now is, Thaxters at the bottom of Westgate, another garage where the bus station is and one in Church Street. There was also a set of petrol pumps on the corner of Southend Road and the Grove, these were run by the same man that had the Pit caravan site also in Southend Road, but I cannot remember his name, maybe someone will tell me what it was. Then of course there was Johnson and Sons garage on the top road (A149) that I think was the first garage in the town to sell petrol in 1919.

Bus Services

W H Johnson and sons were running a bus service between Lynn and Wisbech and the surrounding village, their fleet comprised nineteen solid rubber tyred vehicles, seventeen Thornycrofts, one Lancia and one Chevrolet charabanc. These were subsequently bought by the United Automobile Services in 1930, Norfolk Road



Services bought out the service that ran between Lynn and Hunstanton, originated by Giles and Bullen. The NRS were bought out by the United Automobile Services in 1926, after they had been running a service to the resort since 1924, the journey time from Lynn to Hunstanton took then, one hour and twenty minutes, with seven services daily, the takeover by the United Automobile Services gave them a foothold in West Norfolk, their fleet consisted of eight buses: four Dennis 4 tonners, two Dennis two and a half tonners, a Lancia Napier, with a Wolseley and a Palladium motor car. The livery was green and white and was retained by the United for some time, then it was changed later to yellow and black.

The East Anglian District of United Automobile Services Ltd, which by 1931 also operated bus services in other parts of the country, were later merged with Eastern Counties Road Car Company Ltd of Ipswich, then the Ortona Motor Co Ltd of Cambridge and the Peterborough Electric Traction Co Ltd, merged to form Eastern Counties Omnibus Co Ltd, which was registered on July 7th 1931 and commenced business on July 24th 1931, and commenced hence forth to have all of their buses painted red.

In 1928 the speed limit for pneumatic-tyred vehicles was from 12mph to 28mph, also in the summer of 1928 a new service was introduced, No35b, that ran Hunstanton, Old Hunstanton and Heacham beaches, that age old journey took some thirty minutes to perform each way and was suspended in the winter months.

The bus fares were somewhat lower than today, Service 35 King's Lynn to Hunstanton in 1927 was as follows, 1/- and 10 pence single and 2/- and six pence return, Tuesday market day return fares of 2/- shillings. Service 36 from Hunstanton to Wells-on-Sea in 1927 was 2/- and 8 pence single and 3/- 6 pence return, service 36a from Hunstanton to Fakenham was 2/- and 8 pence single and 3/- and 9 pence return. By 1934 the services were renumbered on some routes, and following the reorganisation of the Eastern Counties Bus Service, the express services were introduced between Cambridge and Hunstanton in 1933 from June to September only.

In 1935 new services were introduced between Hunstanton and Ringstead, and remained almost unaltered till the summer of 1940 when a new service was introduced between Hunstanton and the RAF base at Bircham Newton; some services were suspended during the war years and then reintroduced in the summer of 1945. In 1963 an enquiry office and bus station was built on the old Westgate Garden site on the corner of Westgate and St Edmund's Terrace. Eastern counties bus company built a large shed for their buses; it was right next to where the

Tesco petrol pumps are now. There was a track that went along the side of the shed and at the end of the lane were two small caravan sites called Hill Side and Sunny Side.

Squite

Well, now I am going to write a little bit of squite to try and cheer you all up. Tom was out in a field on his own near the railway line chopping out sugar beet, his boss sent Harry over to give him a hand.

Harry say ha you got a watch Tom, Tom say no I hent, so Harry say well then how do we know when to knock off work?

Well Tom say that's easy, we knock off at 4 o'clock there is a train come along that railway line at 4.30 so if we knock off half an hour before it get here we shall be all right.

Well fare you well together, we need a good rain to make the sanfar grow, take care all on ya.

The Boy Dick, Sunny Hunny



Photo: Penny Tong

VE day Celebrations

By Carole Hawkins

As second home owners we are unable to come to enjoy Hunstanton and see all our friends in Norfolk, so we spent the day at home and I wrote an article about our day. We are really missing Hunstanton and look forward to coming as soon as we can.

What a glorious sunny day greeted us when we awoke to celebrate the 75th anniversary of VE Day - and how sad it was that the huge national and local festivities that were planned had to be scaled back so much as Britain faced arguably its darkest hour since the war, as the Covid 19 pandemic stretched its sinister tentacles silently and unseen across the nation.



We were determined to make the most of the day and bedecked the front of our house with bunting and an abundance of flags - all right if you looked closely you may have seen that some were recycled from the Olympics, the Queen's diamond jubilee and some sporting events but make do and mend seemed appropriate in the circumstances.

We were also aware that, despite the fact that VE itself was a national day of celebration, for many families, our own included, it was a day of sadness too, as they mourned the loss of young lives. Bill's great uncle, Flying officer Andrew Grellis, was killed learning to fly at very low level over water in Canada in 1942, we believe in early training for the type of flying needed for the Dambuster raid, and my mother's cousin, Flt Sgt Jack Hougham was killed in a Lancaster bomber returning from a raid on Cologne in 1943, his 27th mission.

Neither of these young men, each aged 23, made it to the real VE day, so we took their pictures outside with us so they were there for the anniversary. If you want to read of Jack's last flight, my cousin, Clive Smith, has written a book about it called "Bale Out" which is

available on Amazon. Bill wore Andrew's medals for the day.

We started the morning outside with the 2 minute silence and, with the additional silence of lockdown, the deep silence over the village was quite eerie and immensely moving.

We then started drinking! - well in the words of the song we were going to get lit up!

We played wartime music for the rest of the day.

The day remained gloriously sunny and then we had a real treat as the distinctive sound of a Rolls Royce Merlin engine could be heard, and we watched a lone Spitfire fly over, a little too far away to photograph but a wonderful moment nonetheless.



There was a further treat an hour or so later as another plane flew over with a VE day banner behind. This time we had cameras at the ready and managed a few, if somewhat distant, photos

Helena then arrived to deliver a beautiful wicker tea hamper complete with vintage china and we enjoyed our very own remote street party as other people in the road also came out into their gardens and we toasted the heroes at 3pm. We all agreed we would come out to sing after the Queen's speech.

Our daughter, Lizzy, living in Ashbourne, had already nearly lost her voice as she had been singing loudly for 2 hours in their wartime community singing from front gardens but we still managed a WhatsApp video call with both our offspring. It was heartening to see and hear how people of all generations all over the country embraced the anniversary, and I cannot help but wonder if the celebrations reached more people because of the lockdown and shared adversity. Our son, Ed, who is Head of 6th Form at Tring Park School for the Performing Arts, and who has taught every lesson since lockdown in real time as interactively as normal via video links, did his weekly assembly about VE day and if you would like to see it, the link is https://youtu.be/jL9MmAUJn_k

continued overleaf

We continued to enjoy food and drink throughout the day and I could not help but reflect how different that was from my mother's experience 75 years earlier. Knowing the end of the war in Europe was very near, she decided to save her one egg to have as a special treat for tea, and so she went home, scraped her remaining butter on to a thin piece of bread and carefully boiled her egg, but when she removed the top, she found it was bad and had to be thrown away- so all she had was the bread! On the plus side, she and my father set the date for their wedding as 18th August which as it happened was the first Saturday of peace after VJ day.

For many people of course VE Day at the time did not mean very much as they were still involved in the war in the Far East, including my friend Peggy Batchelor whose biography I had the pleasure of writing a few years ago. It is called "Never a Dull Moment" and I still have copies if anyone would like to buy one for a lockdown read - just email me - carole.hawkins@hotmail.co.uk. Unfortunately Peggy aged

103 has limited awareness of what is going on today, but she commented in her diary illicitly written in 1945 that VE day had occurred, but her focus was on her next ENSA show for the troops still fighting.

We watched the anniversary concert and the Queen's address - how beautifully she judged it and how apt that she who enjoyed the day so much at the time could still lead our celebration. We finally went outside as the sun went down and all sang "We'll Meet Again", a song which has a special message to us in these difficult times

The 75th anniversary of VJ Day is Saturday 15th August, the anniversary of the true end to the war. It is an anniversary that is often forgotten but I would like to suggest that this year, assuming we can mix a little more freely by then, that we all mark that anniversary, so please save your bunting, get your tea ready and let's have another sing song and celebration then -let's meet again there!

Nature Notes with Roger

Sights and sounds of Spring

It is now week seven of the lockdown and very hard for those of us who love to get out and explore the countryside, especially at this time of year, as wildlife is becoming so much more active at the beginning of Spring. It is also the time when we see our summer visitors return from their winter haunts. Usually I would be travelling to various locations to try and find the first returning ring ouzels and wheatears, but now have to content myself with very short and localised trips around my immediate area. It has been good, however, as it has allowed me a different perspective on nature. I am listening more to the individual bird sounds, trying to be more observant from my own house and garden, and, of course, realising that I am not adding to the pollution as I drive round!

I have, however, managed a few short trips into the countryside, not venturing too far, and have enjoyed the songs of the returning migrant birds. The first was the blackcap, a warbler inhabiting more wooded areas, with a rich melodic flutey tune. A little later it was the turn of the whitethroat, another warbler favouring more open areas with hedgerows and bramble bushes, and identified with a jumble of scratchy notes. I have also made one or two brief walks along farmland field edges where hares seem to be more abundant than before, and have seen many individuals and a pair with two young. I have also delighted in being serenaded by several skylarks. These birds remain in this area all year round but some do make journeys during the winter to lower altitudes and to the sea shore and saltmarshes along the coast. Our skylark population has taken a tumble over the last forty years, decreasing by a massive 75%. A number of factors has contributed to this, but the most pressing has been the change in farming practices, particularly the shift from spring to autumn sown crops. Fewer fields are left fallow over winter depriving the birds of grain and other foodstuff, and by the time the birds start to nest in April the crops are too tall for them.



Some farmers on Stewardship Schemes are creating "skylark plots" - squares of shorter grass in the middle of the fields - which has been of benefit to the numbers of breeding birds.

I saw my first swallow moving north over the house on 22 April and heard my first Cuckoo, from our garden, on 25 April. The British Trust for Ornithology started a programme of satellite tracking Cuckoos in 2011 and this year have just reported that one particular bird has completed his return to England in record time. The bird, named Carlton II, has taken just seven days to fly from the Ivory Coast to southern England a distance of more than 5,000 kilometres (over 3,000 miles). Carlton II was fitted with a hi-tech satellite tag at Carlton Marshes in Suffolk in May 2018 and since then has flown more than 35,000 kilometres on his migrations. These satellite tags have been fitted as it is important to understand exactly where the

birds go during our winter, the journey they take to get there, and any pressures they face that might be contributing to their decline, which has been quite drastic over the last 25 years.

We are hearing reports from all around the country that people are noticing bird-song much more with less traffic on the roads and less activity generally, and that wildlife is changing its habits during this time of lockdown. With far fewer people moving around and therefore much less disturbance, many birds and animals are taking advantage and roaming more freely or even reclaiming areas previously lost to them through our own activities. It would be good to think that when life returns to "normal" we would be able to give nature a bit more space, see ourselves as an integral part of the wider natural environment, and even curtail some of our development and activities simply for the sake of the wildlife that shares this planet with us.

DROVE ORCHARDS

A place to visit with all the family; boutique shopping, Farm Shop,
Restaurants and acres of heritage orchards to explore...



We are looking forward to seeing all our friends again, from near and far,
as soon as these challenging times are over.

If you want to keep a supply of our juice and cider, please e mail:
hello@droveorchards.com



Drove Farm Shop and Gurney's Fish Shack
remain open 10.00-2.00 Monday - Saturday
www.droveorchards.com | 01485 525652

Follow us for
updates and news



Ilex Garden Designs

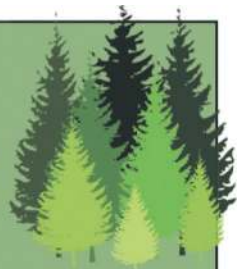
Beautiful gardens designed to suit your lifestyle
Traditional or contemporary
Low maintenance
Adding value to your home
Environmentally and wildlife friendly



Gwen Leary
Call: 01485 541755 or 07833 321055
E mail: gwen.leary@uwclub.net
12 Sandringham Road, Dersingham PE31 6LL



Tim's Tree Services



**PRUNING · TOPPING
FELLING · CLEARING**

ALL ASPECTS OF
TREE & HEDGE WORK UNDERTAKEN

OVER 30 YEARS EXPERIENCE

QUALIFIED - INSURED



**CALL 01485 541560
or 07884 263897**

FOR YOUR FREE QUOTE!

www.timstreeservices.com

LOCAL MAN ~ LOCAL RATES

THE WASH BARRIER PROPOSAL

By Robin Limb, agricultural consultant



The Wash area is roughly 20 km by 20 km wide and 5.00 metres deep, on average, and equates to roughly two billion cubic metres of water. It is a natural coastal enclave, and a haven for wildfowl and wetland species.

If a Wash barrier was built between Boston and Hunstanton, circa 20 km long, this has the potential to create the greatest inland freshwater reservoir in the UK - and this is not the first time it has been suggested, going way back to the 1970's.

It would not only provide potable water supplies for the mass population, but also ample irrigation water for agriculture. Three main rivers drain into the Wash: the Great Ouse, the Nene and the Welland, so this freshwater inland sea would always remain fully supplied.

The IJsselmeer, known as Lake IJssel in English, is a closed off inland bay in the central Netherlands, bordering the provinces of Flevoland, North Holland, and Friesland. It covers an area of 1,100 km, with an average depth of 5.5 metres. The river IJssel flows into the IJsselmeer. The final stage was never achieved, due to budget cuts, but the first two stages were successfully completed.

The estimated cost of this project is £25BN - but that would probably 'over-run' - as always. I think this proposal has some merit, but others may disagree violently. At a time when natural resources are under pressure, we need to look at every opportunity - no matter how extreme.

The dual carriageway running

along the top of the barrier would need to be speed restricted to say 50 mph by average speed cameras, and security stations to control the movement of so-

called 'cross county gangs' and illegal immigrants. Toll booths would also be required to gradually recover the capital costs - £3.00 per car and £10.00 per lorry.

The vital port of Kings Lynn would need to remain accessible, which could be achieved by two-way lock gates and a fly-over bridge section for road traffic. Consideration for wildlife and the environment would also need to be a high priority and be factored into the project plans.

The recreational opportunities could include a stop-off restaurant and play area, plus both sea and freshwater fishing options for anglers.

If you need an argument against the preservationists you may like to raise the point that the current marshlands are not all natural either. The Dutch did a superb job of polderising and draining the Wash surrounds a few hundred years ago and if all the silt that is dredged and

gradually dumped and planted outside the dike, you create a new marsh. Wetlands can be created as easily as they are destroyed.

Engagement with all relevant stakeholders would be required - DEFRA, the RSPB, the EA, planning authorities, agricultural organisations, drainage boards, water authorities, etc.

Consultants with experience in such similar projects would be necessary - the Dutch basically.

Part of the feasibility study would take into account the relief of existing traffic on the A17, A16, and other major trunk routes.

A detailed assessment of the environmental impact would be required to determine the inflow and egress of water into the newly-created Wash area. This



1953.

Would a private management company be engaged to run the newly-created barrier, and if so on what terms - payback guarantees, penalty clauses in case of failure to deliver, and so on?

Opportunities for solar panels and wind turbine locations may also be a consideration, together with monitoring of marine life habitats. The project has considerable potential for job creation (5,000?) plus contractors (200?). Development grants may also be made available.

We only have to look to our Dutch counterparts to see how the sea can be contained, controlled, and managed for the benefit of both mankind and the environment. We may not find King John's jewels, but there may be a greater prize to be had in the process.

The RSPB's opinion on a Wash Barrier is on page 22.



“Consideration for wildlife and the environment would also need to be a high priority and be factored into the project plans.”

G&M

Fencing & Landscaping

Fencing | Decking | Paths
Patios | Driveways
Drainage & Guttering
Hedge, Tree & Grass Cutting
Rubbish Clearance
30+ yrs experience
Free no obligation quotes
01485 570 143
07917 725 015

G&M

Fencing & Landscaping

Still working in these difficult times.
Call me on:
01485 570 143
07917 725 015

M Haycock

Carpenter and Joiner



Michael Haycock
42 Victoria Avenue,
Hunstanton PE36 6BX
T: 01485 533845
M: 07867 528706
E: mlhaycock@hotmail.com

Mark's

Gardening Services



Garden Maintenance
Free quotes
Call: Mark Wright
07876 151688
wright680199381@gmail.com



Snettisham Plant Nursery

Quality Local Plants

Visit by appointment - contact us via Facebook,
E: anharris23@outlook.com or T: 07813 755 572



Summer bedding plants available now
TREES, SHRUBS, ROSES, PERENNIALS, ALPINES,
BEDDING PLANTS & VEGETABLE PLANTS
You can order via Facebook!

Snettisham Nursery
Lynn Road Snettisham PE31 7QG
All enquiries: 07813 755 572
Like us on Facebook: Snettisham Plant Nursery



HUNSTANTON IN BLOOM COMPETITION TIME

Even though there will be no In Bloom competition this year, the Esplanade Gardens will be planted with summer bedding and the In Bloom Committee is offering ten cash prizes of £25, to Hunstanton residents and anyone who attends school or nursery in the town, in their summer competition.

The categories are:



Tallest Sunflower:
Stand beside your prize exhibit with a measure to record the height.



Miniature container
gardens: using any natural materials to create a beautiful mini-garden.



Flowerpot Fun:
your chance to get creative; the possibilities are boundless!

Send your recent photographs with name, address and grower or creator to: cllr.winnington@hunstantontowncouncil.co.uk before 31.07.2020

The In Bloom Committee will then choose 10 winners and would want entrants to be willing for their photos to be used in their 2021 portfolio which they submit to Anglia In Bloom and RHS Britain In Bloom.

Please join in and have fun!

R&B

TURF & GROUND CARE

MACHINERY REPAIR SPECIALISTS

WE MEND ~ YOU MOW!



T: 01485 540645 M: 07702 795794
E: randbgroundcare@googlemail.com
W: www.mower-mend.co.uk
The Workshop, Marsh Farm,
Wolferton, King's Lynn PE31 6HB

R&B IN TUNE WITH YOUR MACHINERY NEEDS

Mudpies & Butterflies

with Louise Barby, Balanis Garden Design

During May and June, I often focus on mental wellbeing and try to persuade you to find time to garden. This year is really very different. If you are not able to work at the moment, it is a worrying time and can feel overwhelming, I hope you have already been getting out in the sunshine and gardening. If not, I have provided some simple ideas to keep you motivated.

✿ Flowers

It is not too late, Why not grow a cutting bed, a meadow area, allocate a small area of a flower bed or simply fill a few pots? It is so lovely to take flowers in to the house that we have grown ourselves. There is something super satisfying about doing so. Give it a go now that we have access to nurseries and garden centres once more.

✿ Try quick growing annuals, nigella, poppy, phlox, cosmos and nicotiana to name but a few.

✿ If you're feeling a little more adventurous, sow biennials, foxgloves and wallflowers work well. These will flower for you next year.

✿ You can add plug plants of sweet peas too. They are happy to grow in a large pot with a tripod of canes.

Keep watering them well, every other day if very hot and dry. Once they have germinated and you can see little plants emerging, simply ensure they do not dry out. Then watch and wait. You will not believe how quickly they flower and fill you garden will colour until September/October if we have a warm summer. Cutting back, pruning and dividing:

✿ Feed pots and baskets regularly, fish, blood and bone or a basic liquid seaweed feed.

✿ Sadly, no Chelsea flower show this year, but still good to implement the 'Chelsea chop'. By trimming back herbaceous perennials by 1/3, you will ensure they do not get too tall before flowering and delays the start of flowering. If you take clumps of

sedum for example, chop 1/3 of the plants by 1/3 and another clump by 2/3. This will ensure you have a show of flowers for much longer than expected. Well worth the effort.

✿ If bedding plants become tatty, trim them back after flowering to encourage fresh growth. Cut back dead bulb foliage. Trim clumps of spring-flowering perennials to encourage a fresh flush of foliage.

✿ Remove euphorbia flowers, cut the stems back to ground level.

✿ Trim early flowering clematis once they have finished flowering. This will ensure they don't become 'birds nest' like and will look healthy throughout this summer.

✿ Divide hostas now. Divide primroses after flowering. Lift and divide overcrowded clumps of bulbs too. If there is excess, pop them outside your gate and share the bounty with passers by!

General maintenance

Hoe to prevent weeds from spreading. Stake tall perennials and climbers to prevent wind damage.

🐛 Bugs

If pests are caught early, damage can be prevented. Wash off bugs with your hose, treat with warm soapy water or a chemical spray.

🍅 Vegetables and fruit

Keep sowing cut and come again crops, spinach and rocket can be sowed on a window sill or outside. The success rate is high and the taste, perfect.

Pinch out tomato plant side shoots. Invest in a few small plants from a local nursery if you haven't grown any from seed. Many can be grown in pots/sacks and even old sinks, if space is limited. Regular watering rather than panic drenching is best. Get in to a routine and stick to it.

🌿 Lawn & Project

Do not cut too short during dry periods. Strengthen thin patches with additional grass seed if necessary.

However stressful your day may have been, your garden can bring solace. You don't need science to prove it, gardening is great for mind, body and spirit, enjoy!



Thaxters

Open 9:30-4:30 DAILY
with last entry at 4pm

Garden Centre

49 Hunstanton Road,
Dersingham, PE31 6NA

www.thaxters.co.uk

Tel: 01485 541514

**WE ARE VERY PLEASED TO WELCOME BACK OUR CUSTOMERS
INTO THE GARDEN CENTRE**

NEW PROCEDURES IN PLACE FOR EVERYONE'S SAFETY

Just 20 customers allowed in store at any one time

Maximum 2 customers shopping together (sorry no dogs allowed at present)

Social distancing and one-way system in place

Screens at the tills - card payment preferred

Sorry we are unable to help you with lifting or loading

The toilets and Coffee Shop remain closed

DELIVERY AND COLLECTIONS STILL AVAILABLE

***Thank you to all the customers who have used our Delivery and Click + Collect Services
whilst the garden centre has been closed***

Tel: 01485 541514 E mail: gardencentre@thaxters.co.uk

Sandringham Estate Sawmill

Admiral's Drive, Sandringham PE35 6EG

Quality Timber:

♣ Fencing ♣ Decking ♣ Trellis ♣ Gates of all sizes

ALL TIMBERS ARE PRESSURE TREATED

FIREWOOD - AVAILABLE IN BAGS, BOXES OR BY THE TRUCKLOAD

♣ Oak posts ♣ Fencing Panels ♣ Arches ♣ Garden Tools

♣ Rustic and machined poles ♣ Ironmongery ♣ Garden Furniture

sawmill@fsmail.net

Tel: 01485 543641 Fax: 01485 543239

GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

Sandringham
IRONCRAFT

**HIGH QUALITY ORNAMENTAL IRONWORK
AND STEEL FABRICATION**

Unit 4, Cheney Crescent, Heacham, Norfolk PE31 7BT

Tel: 01485 571129

SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS ETC

RDR CONSTRUCTION

CONSTRUCTION | LANDSCAPING | CARPENTRY



Spring into action with your local
Landscaping & Construction Specialists
No job too big or small - just give us a call

Office: 01485 543579 Mobile: 07786 499912

www.rdrconstructionnorfolk.co.uk

Email: rdr100@hotmail.co.uk



STEVE PENN

PAVING AND GROUNDWORKS
RESIN BOUND DRIVEWAYS

ALL TYPES OF PAVING, SURFACING
& BRICK WORK, QUALITY WORKMANSHIP

Part of Gold Award winning team at the Chelsea Flower Show



Mobile: 07712 244825

Email: stevepennpaving@aol.com



Website: www.stevepennpaving.co.uk

SOPHIE'S

SHEDS & GARDEN BUILDINGS

Your local supplier of made to measure
Bespoke Sheds and Garden Buildings

We can do your groundworks too!



Office: 01485 543579

Mobile: 07786 499912

E: rdr100@hotmail.co.uk

W: www.sophiessheds.co.uk



SEMBA TRADING CO LTD

Timber and Builders Merchants

SANDSTONE PAVING £18 sq m / SLABS £2.30 450x450
REDUCTION FOR QUANTITY - All prices include VAT

Various Paving ♦ Decorative Walling ♦ Fencing ♦ Posts ♦ Sleepers
Decking ♦ Bricks ♦ Blocks ♦ Sand ♦ Shingle ♦ Premix ♦ Topsoil
Cement ♦ Roofing Felt ♦ PVC Sheets ♦ Insulation ♦ Guttering
Underground Pipe ♦ Ply ♦ Timber ♦ Water Butts etc

STATION YARD, STATION ROAD, DERSINGHAM

TEL: 01485 541394

NGC NORFOLK GARDEN CARE

YOUR LOCAL LAWN AND GARDEN SPECIALISTS

LAWN MOWING . GARDEN MAINTENANCE AND REFURBISHMENT
FULL LAWN RENOVATIONS . HEDGE AND TREE TRIMMING
ONGOING WORK . ONE OFF WORK . DOMESTIC AND COMMERCIAL

CALL TODAY FOR A NO OBLIGATION DISCUSSION AND QUOTE.

01485 770670 or 07487 297254

www.norfolkgardencare.co.uk

The Wash Barrier Proposal – a response from the RSPB

Sarah Mitchell

RSPB Conservation Officer, The Wash and North Norfolk Coast

The subject of a Wash barrier (or barrage) proposal comes up from time to time; last seriously rearing its head in 2008 when the idea was rejected by Government. At that time the RSPB joined forces with other conservation bodies to express our shared condemnation for the proposal. And we would do the same today.

Climate change and the associated sea level rise, flooding and the need for more sustainable fresh water is a huge concern for us all. We support the need for coastal resilience and flood protection, but in a way that works with nature, not against it.

The Wash is truly one of eastern England's last great wildernesses. It's the largest bay in England, the most important estuary for birds in the UK, and one of the most important wetlands for wildlife in Europe. The vast expanse of mudflat, sand dunes, saltmarsh, shingle and open water provide a rich mosaic of feeding, roosting and breeding habitats for birds. In fact, the rich wildlife of the Wash is of national and international importance and protected by law. It regularly holds up to 450,000 wildfowl and wading birds and, over the course of a year, more than two million birds use The Wash. It is also home to one of the North Sea's largest breeding populations of common seal. It's a breath-taking place, not just for the sheer volume of its wildlife, but for the astonishing variety of species.

People have lived and worked on The Wash for centuries; supporting a thriving fisheries and shellfish industry, bustling ports and nourishing the fertile soils of the surrounding farmland. The seclusion and beauty of The Wash bring pleasure to many and the benefits of the natural world for health and wellbeing are now well recognised. In the last few extraordinary weeks how many of us have lifted our spirits with views of The Wash?

It is well documented that tidal barriers carry huge risks to sensitive environments, but that's not the only cost. There's the huge monetary



cost - money paid by the public - of carrying out the works and maintaining the barrier into the future. And what of The Wash fishing fleet who would find themselves out of business, not to mention the impact on the multi-million-pound wildlife watching and tourism industry that exists around The Wash.

The investment required is high-cost and high-risk in comparison to natural flood defence alternatives.

Mr Limb's article calls for the need to "look at every opportunity – no matter how extreme", but at what cost? The article does not appear to be based on fact, and we feel this is dangerous and irresponsible, illustrating a lack of understanding about our wild places and their value to society.

Destroying an area as precious as The Wash to build a barrier does not go hand in hand with Government calls for development to 'leave the natural environment in a measurably better state than beforehand'. In the unlikely event such a proposal was to be taken seriously, the RSPB would vehemently oppose the project.



Allen Tomas &co
FINANCIAL MANAGEMENT



REVIEW YOUR

Investments
Pensions
Mortgages

With one of our
Independent Advisers

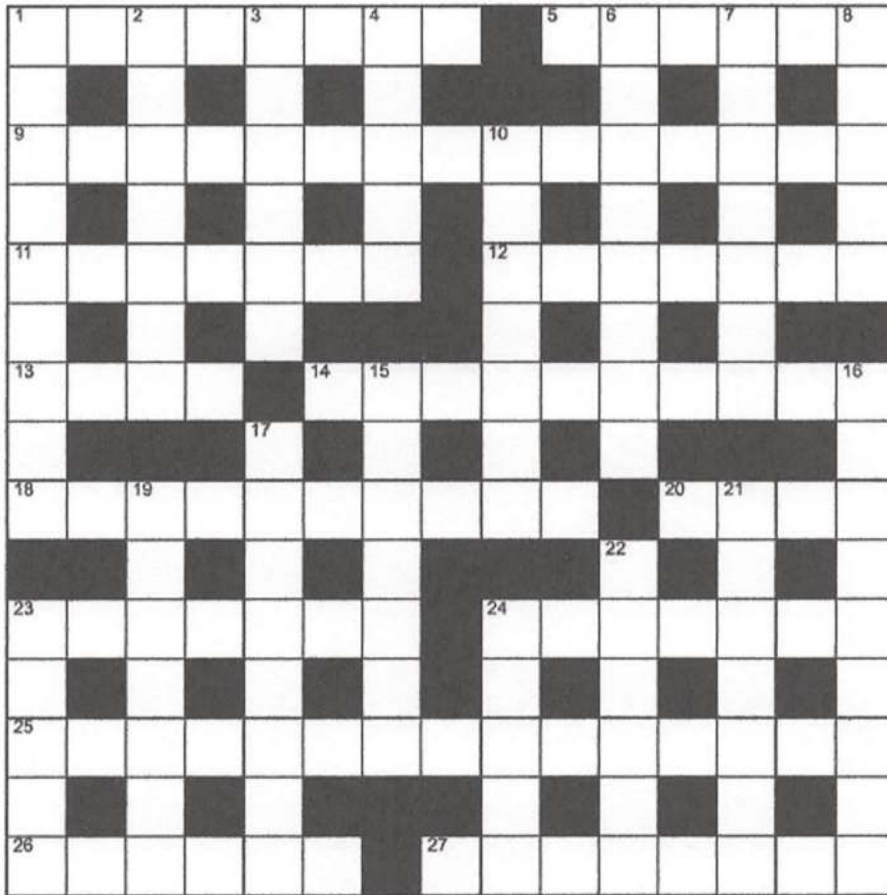
LOCAL CHARTERED INDEPENDENT FINANCIAL ADVISERS

CALL US TO BOOK A TELEPHONE BASED APPOINTMENT

info@allentomasfinancial.co.uk
www.allentomasfinancial.co.uk

6 St Nicholas Court, Dersingham 01485 541998
2 Oak Street, Fakenham 01328 854706

David Elsey's Cryptic Crossword



Crossword solution on page 33

Crossword Clues Across

1. Lie without being nervous (8)
5. This guy is, as expected, to front broadcast (6)
9. Leader in charge, surrounded by eccentrics, shows qualities (15)
11. Home is sensitively arranged in fine porcelain (7)
12. August sees latest invention yield capital (7)
13. Passed on boomerang and other things (2,2)
14. Frontman giving players some stick? (10)
18. One works very hard with exercise instructor (10)
20. Tattoo on daughter is unusual (4)
23. Coming to Cambridge, Oscar got smart (7)
24. During article buzzword appears to be 'heartless' (7)
25. Warmer coat put on after driving (8,7)
26. Retired runner lacks heart for return (6)
27. Came round after a weekend away (8)

Crossword Clues Down

1. Lying, you said bachelor had only just gone outside (9)
2. Grit a busy main road earlier (7)
3. Work together to put up canvas that is round the back (6)
4. Dress (medium) can be tucked under when taken up (5)
6. In a short time investment is shown to be wrong (8)
7. Type of ball, with casing, I catch (7)
8. Contest yearly arrests, getting irritable (5)
10. Stay outside hut in middle of grounds (7)
15. Criminal is ages going after a weapon (7)
16. Deliberated about minutiae I discarded when involved in R & D (9)
17. Add some lemon to drink to make sour (8)
19. Have a feeling of mistrust about religious group gathered in UK park (7)
21. Dish foreign maker takes home (7)
22. Quiet station made smaller (6)
23. Cow starts to run around meadow, or plain (5)
24. Charge one mile down long section (5)

Ray Butchers Su Doku

Easy first...

...then the more challenging

	9		7	8		1		
1	7		2	6		9		
6	2					8		4
			4					7
			1		2			
3					5			
		5					3	1
7		1		2	6		8	9
		9		5	1		4	

9	6	3			8			
		7	4		3			
	7			5		9	2	
			9		7			
	5		1	2		4		
3						5	4	
	9		6				1	
4	1	8						

Rising to the challenge

Twenty years ago Elly and Stevie Chalmers took over the business at Bircham Windmill. They had interesting careers; Stevie in International transport and Elly as a shepherd travelling the world helping the gangs of sheep shearers who work ten months of every year from the U.K. to N.Z. They took over from Elly's dad, Roger Wagg, who is part of the Wagg family of bakers from Docking. He had originally renovated the site after purchasing it as a near derelict Windmill in the 1970's. This iconic building has been part of the local landscape for hundreds of years and the challenge of restoration together with viability as a business enterprise has undergone many changes over that time.



In the early days it was a curiosity with many visitors, both local and holiday makers, enjoying the views from the top of the mill, the excellent local fare on sale, the bakery, consuming the home made products available in the tea rooms, and much more.

When the Chalmers took over they continued with what Dad had started but also added their own ideas, so along came the summer events. These became very important to the overall business model especially the Bank Holiday sheep event, craft fairs and bike events. A huge development was the opportunity for visitors to 'bake your own bread' with individuals and groups producing their own bakery products, either from part-prepared dough, or from completely from scratch, under varying degrees of supervision.



e at Bircham Windmill

This year, a year most of us will never forget, saw all the standard leisure and tourism events cancelled, curtailed or generally abandoned, Covid 19 saw to that with regular business dropping off a cliff.

Then the Chalmers had their brainwave. There was a national shortage of baked bread ready to eat, and flour and the other ingredients to make this staple food. However, their suppliers had ample stock of the raw materials, but they just didn't have the packaging or the retail outlets to distribute bread products, or indeed bake.



They worked out that if they promoted that the mill had fresh bread and other pastry products baked each day on the premises, plus all the ingredients for customers to bake their own, there was a huge potential market. Bircham Windmill now bags up flour, sugar and baker's yeast ready for sale to home bakers whilst the bake your own continues for individuals under strict 2 metre distancing with pre-weighed ingredients.



The next challenge was how to keep themselves and the public safe and this was done by creating a take away drive through system, whereby customers could place their orders by telephone and then collect pre-prepared goods. Initially they arranged 10 minute slots for people to arrive and collect but this was soon reduced, due to demand, to 2 minute slots.

The range of products available was developed in conjunction with their wholesale suppliers, Barsby of Kings Lynn, so eggs, vegetable boxes, flour and many other kitchen necessities became available.

So the old Bircham Windmill has succeeded again, yet again the business is transformed with new developments almost weekly, the business has become innovative and resourceful, long may it continue. It makes you proud to be British.



Elly and Stevie wanted to say thanks to family (the two younger Chalmers are helping daily), staff for their help in these difficult times, and most of all to their customers, old and new who have been so supportive over the initial period, tolerant to a fault and many of whom have become friends.



Linking Up

Andrew Jamieson, County Councillor for the North Coast and Cabinet Member for Finance

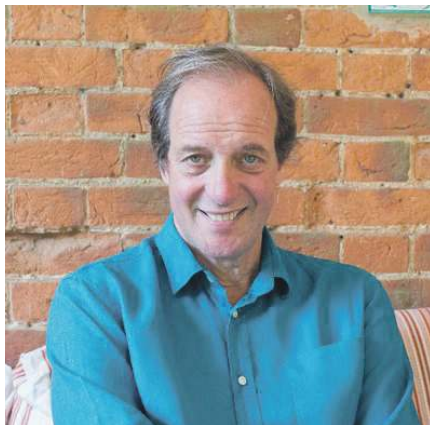
In February I announced that the budget deficit was forecast to be nearly £39 million in 2021/22 and the level of the budget gap to be closed in future years was around £120 million in total. The Council is still evaluating how the likely 2021-22 gap will be funded, but clearly is a need for a new relationship with Government to rectify some of the long-term problems surrounding local government funding. I am anticipating we will need to find an additional £17-£18 million to deliver a balanced Budget in 2021-21}. In the absence of increased Government assistance, therefore, we are likely to need to find much higher savings. This is why your Council is calling for significant changes to the way in which Local Government is currently organised.

Nationally, the Government has provided significant additional funding to Local Authorities, some £3.2bn, to support them in responding to coronavirus. They expect Councils to play a key role in maintaining critical social care and other frontline services, to assist in the provision of care and education for key workers, to support vulnerable children and to support businesses and individuals suffering hardship.

Norfolk County Council's share of that grant was in two tranches: the first announced on 19th March was £26.932m, with a second allocation delivered in early May of £16.742m.

Currently, identified demand for this funding exceeds the grant available. It is forecast that the council will incur cost and income pressures of £62.709m against the total grant funding to date of £43.674m, a shortfall of £19.035m to be found in this financial year.

Even without the pandemic, Local Authorities continue to face a growing gap between funding and service pressures, driven by demographic changes, by unfunded burdens such as the National Living Wage, and the needs of vulnerable social care users becoming increasingly complex. Children's services, in both social care and education (particularly the



High Needs Block), are also under very significant stress. Other services such as transport, planning, environment, and trading standards have been subject to significant restrictions which have also seen increasing pressure placed on discretionary and preventative services.

It is clear that Covid 19 has placed extra pressures on our already stretched finances. But I'm not despondent.

During the Recovery Phase, there are some changes that could be helpful in the long term. We are working internally to learn from the cultural changes that Covid 19 has forced upon our ways of working and we anticipate making considerable savings to the amount of buildings we occupy, how we occupy them and the increased delivery of services through digital means.

Such changes would not, on their own, balance our budget – so, without a wholehearted response from the Government, the financial impact of Covid 19 will be felt by the people of Norfolk in the form of higher taxes and/or reduced levels of service. But if Government helps us now, they will get a double bang for their bucks. We are uniquely placed to be able to support key sectors of our Norfolk economy at scale. For example, by

providing funding for a long-term solution to Adult Social Care, we will be able to both support and grow this key sector of our economy as well as provide more, better paid jobs in a career with clear long-term prospects. My colleague Graham Plant, with responsibility for economic growth, will be setting out the next phase of plans to enhance Great Yarmouth's position in the off-shore renewable sector: a sector where a cluster of businesses around Norwich are already punching above their weight. Tourism and leisure are vital for our economic well-being. Many people may not be able to work as they have in a gig economy but this sector provides flexibility with stable employment. We have a wonderful opportunity to take positives from the lock-down and retain them in our beautiful but fragile Norfolk Coast, providing the right infrastructural backbone, at scale, for sustainable tourism to flourish.

So I am hopeful that ministers will listen. Robert Jenrick said that councils were the "unsung heroes" of the pandemic response. We have proven how we can rise to the challenge and we hope to keep this can do spirit going after the virus has subsided. All we need is fair and sustainable funding.

A resolution to the issue of funding for adult social care, in particular, is not only long overdue but will redraw the relationship between central and local government: hopefully in a way that finally allows local communities a long-term solution to enable us to plan for the future. In any event the outcome of this process will have a significant impact on how local government is run.

This is why we are working hard with LGA in helping to inform Central Government. Indeed, the I understand that LGA leadership has taken the response that I am putting to Cabinet today as a template for how Counties respond to the Government. Together, we will look for long-term solutions to our finances well beyond a resolution to the current uncertainty.

01485
570303

A.E. WALLIS

www.aewallis.co.uk

34-40
High St
Heacham

We can deliver your essentials:

Cookers | Washing Machines | Refrigerators

Order by phone: 01485 570303

Keep safe - stay healthy

Check out our prices at www.aewallis.co.uk
and follow the Euronics link or give us a call

Internet prices with local service

Over 80 years serving the local community

euronics

**CYCLE SALES
CYCLE REPAIRS
CYCLE HIRE
CYCLE ACCESSORIES
A.E. WALLIS
HIGH ST, HEACHAM
01485 571683
www.aewallis.co.uk @heachamcycleman**

Wild in Westminster

Fresh air and fun on the coast

Queuing. It certainly gives you time to think. While socially distancing recently at the supermarket I reflected on how things are likely to adjust permanently in our lives once the current crisis is over. Restrictions and design changes in shops and other venues will probably remain. Social practices will change – less backslapping and handshakes.

One thing that won't is our desire for human contact. Not being able to see family and friends has been one of the toughest parts of the lockdown.

Under the Prime Minister's three phase recovery plan, we can now meet someone from another household if we socially distance. We are able to enjoy more time outdoors sunbathing, having a picnic, and playing sport.

And experts are exploring how we can go

further so that one household can mix with another.

The new Covid-19 alert system will guide the pace at which restrictions can be eased while suppressing the R- rate. Our ultimate objective remains saving lives.

At this time of year our coast should be buzzing with people. Instead, businesses have been locked down. I welcome the support provided for our tourism sector but have called for further measures, including on VAT.

Slowly restarting tourism is part of phase three from July at the earliest. The ambition is to reopen businesses and premises that were required to close including pubs, B&Bs, hotels, holiday parks, and leisure facilities.

But, of course, this depends on the R rate staying under control.

Although the crisis has hit many businesses hard, West Norfolk is well placed to bounce



back as life gradually returns to a new normal.

We can make the most of our beautiful coastline and countryside to enjoy fresh air and fun whether in a beer garden, Creak Abbey Farmers' Market, garden centre, or al fresco distanced dining.

Demand for staycations will be boosted as international travel becomes less attractive with longer delays at airports and quarantine periods on return.

Greater awareness of local food supply chains and domestic production will help increase demand for delicious Norfolk produce whether mussels, meat, or wines from Burn Valley.

Working remotely is now more commonplace and better broadband will improve the attractiveness of basing businesses away from big cities.

This is the positive future to aim for. It will require government to help businesses and individuals in the recovery phase through targeted measures for sectors that have been hardest hit. A flexible approach to ending the furlough scheme and bringing people back to work in a managed way.

To realise these opportunities will also require the continuation of the strong sense of community that this crisis has produced. We have heard wonderful stories of volunteers looking out for the most vulnerable whether delivering food, medicines, or talking to someone who is lonely in the lockdown.

By channelling our strong sense of identity, our love for West Norfolk, we can help the tourism, hospitality, and leisure businesses back on their feet albeit operating in a different way.

James Wild MP
MP for North West Norfolk
House of Commons,
London SW1A 0AA
james.wild.mp@parliament.uk
www.jameswild.org.uk
[@jamesowild](https://twitter.com/jamesowild)

Your legal matters in safe hands for generations

Hayes + Storr Solicitors handle a whole range of family, property and business legal matters with care and professionalism.

Call us today **01328 863231**
www.hayesandstorr.co.uk

Fakenham | Holt | Hunstanton | Wells
King's Lynn | Sheringham | Swaffham

HS
HAYES + STORR
SOLICITORS

Borough Council News Heacham, Sedgeford and Fring

Cllr Terry Parish Borough Councillor Heacham Ward - Leader of the Independent Group

Congratulations to Heacham Post Office for maintaining a service during the lockdown, key workers indeed; there was pressure on other post offices to close and some did. And congratulations, too, to Wallace's bike shop on the High St, always open and providing an essential service particularly now. My thanks to Wallace's electrical store for still delivering goods, including my washing machine! And welcome back Heacham Fish Bar providing a much-appreciated service, safely. Other businesses were recognised last month and still are but I am short of space.



I wrote this during the first weekend of the eased lockdown, when visitors from afar could again visit Heacham. From comments I had received and from brief conversations on the High St. I understood there was some trepidation about this.

I was told the arrangements the Borough was putting place in Hunstanton and I reminded officers of the existence of Heacham and established that the same arrangements would apply here; Social distancing at or near food outlets, no seating near them, no large groups. Extra hand washing facilities at North Beach toilets.

I was told that new notices would be displayed along the A149 reminding visitors that they could not stay.

I have always been a moaner about the poor provision of bins along Heacham's sea defences and I was told that more were being distributed along the sea front and extra early morning teams of those key workers, refuse collectors, would be operating during the current situation.

I visited the beaches on Saturday. Not too many people about. South beach car park full, only one, single cubicle, toilet open. North beach toilets, no sign of extra hand washing facility, only two stalls in toilets accessible. The bins at both beaches were empty.

Sunday at South Beach was reported as chaotic by a villager. Confusing no parking signs (yet to be initiated) caused pandemonium. NCC Highways said they do not know when the restrictions would come into force and the public should learn the Highway Code. The Borough Council told me that the water supply failed at the South Beach toilets on Saturday but was restored Sunday. There had not been time to install extra hand washing at North Beach and they were also waiting for parts.

The slow resumption of Borough Council democracy I reported on last

month has accelerated. I have held on-line chats with particular groups of councillors and attended numerous briefings held in the same way. The first on-line planning committee is on the 1st June followed by others on the 15th and 29th June. They will all be on Zoom and also be live streamed on the Borough's You Tube site. Any interested parties to any applications should continue to submit their comments on the planning portal or by letter. Anyone, applicant, Parish Council, objector or supporter, who would normally speak at a planning committee, should email This must be done no later than 12 noon on the working day before the meeting -Friday 29th May for the first. Do so as early as you can so arrangements can be sorted for you.

Local things that have been going on: nothing that I could see on my drives (it is work) through Sedgeford and Fring. Neither does there seem to be any contentious planning applications in either village.

Heacham continues to generate issues. North Beach has a fence sat on top of the Environment Agency sea defence wall. I have reported that. The South Beach Association should be in the process of removing their notice telling people not to use a footpath. I noticed 9 occupied properties on South Beach during the lockdown. I also noticed that the public litter bins were packed with domestic rubbish. There may be no connection, it was reported.

A recently built large house on South Beach is advertised for sale as having a lodge. It was only ever given planning permission for a garage. This is being investigated. The no parking road signs along Beach Road are all in place but activation has been delayed due to a judge not being able to rubber stamp it during lockdown; NCC Highways also had to tar over their incorrect markings.

Hopkins Homes site, fronting Heacham, has been landscaped. It looks like a park from the A149 rather than ecologically friendly but it is a tad better if you drive into the estate and look towards the road. I have asked if the landscaping is to the specifications required. Adjacent to Hopkins, but not part of it, an area of land was cleared under the cover of Covid. Hedgerows and trees gone. I have asked for planning officers to look at this.

Work in the woodland on Hunstanton Road generated, as always, enquiries. The work appears to be legitimate management. Elsewhere several enforcement issues remain outstanding. Illness and lockdown restricted officer's work. They have not been forgotten.

My mantra is, be vigilant, avoid strangers, shop local.

Deepdale Café - Breakfast, Lunch & Afternoon Tea - 8am to 4pm

Fat Face ... One Stop Nature Shop ... Relish Boutique

Gone Crabbing ... The Hare & The Hen ... Nisa Supermarket

Pop Up Shops ... Deepdale Information ... Events

www.dalegatemarket.co.uk

A.T
Plumbing & Heating Company

01485 518648
0773 333 5845

atphcompany@gmail.com
at-plumbing-heating.co.uk

Are you ready to reopen?

Infared touchless taps for a safe, hygienic hand wash.

FOR A FAST, LOCAL & RELIABLE SERVICE

Bonny Dogs Grooming

Professional Grooming Service

21B High Street, Heacham

Call Helen: 07775 479 107

www.bonnydogsgrooming.co.uk



Bath, clip, scissor trim,
nails & ear clean.
City & Guilds
25 years experience

Suppliers of Royal Canin Dog Food

The Barking Bugle

Pet Food Donations - Coronavirus

If you live in the Hunstanton area and your pawrents are finding it hard to make ends meet and could do with some help, please get in touch privately by email at newsdesk@thebarkingbugle.co.uk

We have supplies of cat and dog food from the pet food bank to distribute. Please genuine replies only.

Our thanks to in Hunstanton and to everyone who has donated.

Woofs Pupstar xxxx



CÖASTAL Veterinary Group

16 Alma Road, Snettisham

King's Lynn, Norfolk, PE31 7NY

- ✓Caring, friendly and professional
- ✓Fully independent practice
- ✓24 hour emergency service
- ✓Full surgical facilities
- ✓On site x-ray facilities
- ✓Home visits available
- ✓Off street parking

Tel:01485 544201

Email: info@coastalvets.co.uk

www.coastalvets.co.uk



HARRY BRISTER PAINTER & DECORATOR

07944 954455 | info@bristerdecorators.co.uk | bristerdecorators.co.uk

f @bristerdecorators



CJB COMPUTING

- New and Used computers
- Tuition, advice
- Repairs and upgrades
- Broadband, Wireless, Internet, E.Mail
- Laptop power supplies, screen replacement

No job too big or small, give Chris a call

Office: 01553 606555

Mobile: 07447748356



Extra Hands

Established
1993

Providers of Home Care in Norfolk

Norfolk Care Awards 2018 Winners

We are a local multi award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are tailored to suit individual needs from personal care to shopping and companionship.

Our services can be arranged on either a short term or long term basis, we offer flexibility when organising care packages and can assure our customers that we will meet their requirements every step of the way.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.



Extra Hands - Heacham Office
Inspected and rated

Outstanding ★



Thinking of a career in Social Care? Why not join our award winning team

We offer: • Good rates of pay • Various hours available
• Enhanced holiday entitlement • Paid mileage
• Free DBS check & uniforms • Mobile Phone



Tel: 01485 570611

Extra Hands, Unit 13,
Heacham Hall Ind Est, Hunstanton Road,
Heacham, Norfolk. PE31 7DP

www.extrahandshomecarenorfolk.co.uk

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards





FABRICS CURTAINS BLINDS
Christyana

*Soon to be relocating to
Poppyfields Retail Park, Snettisham*

Tel: 01485 541111 Mob: 07917 695069
www.christyanafabricsblinds.co.uk

CHRISTINA THAIN

(Non-practising Solicitor)

WILLS & POWERS OF ATTORNEY

Home appointments at no additional charge.

Telephone: 07776 102 498**Email: christina2018thain@gmail.com**56 Peddars Way North,
Ringstead, Norfolk PE36 5JP

On the turf with Charles Joyce

Elite league football is back with the German Bundesliga up and running after a scare when second division Dresden Dynamo's whole team had to go into isolation after two players tested positive for Covid-19. Maybe the Premier League will return, but it's unlikely before the tail end of June. Celtic have been awarded the Premiership title in Scotland without completing the full programme.

Things are picking up on the horse racing front with the first race in England due to be run on the all-weather at Newcastle on the first of June. It's the same day as the French 1,000 Guineas and 2,000 Guineas are to be run at Longchamp. Racing began in Germany and restarted in France on 11 May. There have been a few trials for the French classics to give early clues to finding the winners. Victor Ludorum put his unbeaten record on the line, but could come only third. He remains favourite for the colts' classic, chiefly because his stablemate Earthlight is a likely non-runner according to trainer Andre Fabre. He is challenged for that position by runner-up Ecrivain who was trapped in a box at a vital stage of the race before finishing behind the eventual surprise winner The Summit who did get first run on the field making all the running. It's very possible for Victor Ludorum and Ecrivain to improve for their first race of the season, but The Summit is twice their odds, and merits each/race interest at present odds of 10/1. A few flies are in the ointment as Pao Alto was impressive when he won, and Alson is another to watch for if he turns up, but he doesn't have the benefit of a previous run.

The fillies classic is another interesting race. The favourite is another from Andre Fabre's stable. Tropbeau is owned by Lady Bamford who started the Daylesford Organic Farmshops and was a key member of the Full Stop campaign with the aim of stopping child cruelty. She is married to Anthony Bamford who is Chairman of JCB. Tropbeau won her trial from Dream And Do. She has the back form from her two-year-old runs to support her place at the head of the market. But the most impressive winner I saw was Magic Attitude. It seems she was being aimed at the French Oaks (Prix Diane) later in the month where she will face Raabihah who herself was an impressive winner. Magic Attitude is 10/1 for the French 1,000 Guineas and although her sire is super stallion Galileo her mother is Margot Did who was a Group 1 winning sprinter suggesting the 1,000 Guineas may suit her better than the longer Prix Diane. I'd be surprised if Magic Attitude misses the Poule d'Essai des Poulaches and 10/1 looks a very solid bet against the favourite. Replays of the French trials races run so far are all free to view on www.attheraces.com. This does all assume that the big fly does not get in the mix, that being foreign raiders from the UK and Ireland. All will depend on the Governments and what course of action they dictate.

The Newmarket 1,000 and 2,000 Guineas are due to be run at the weekend, but with no clues from the trials it is very tricky to find one to take on Pinatubo with any confidence. It's the same in the 1,000 Guineas. Racing is set to return in Ireland on 8 June at Naas with the Irish 1,000 Guineas and 2,000 Guineas on the following Friday and Saturday. Here, Ger Lyons Siskin is favourite, he misbehaved at Newmarket when he

was due to take on Pinatubo, and we know from previous that Aidan O'Brien can have one of his stars ready to perform without a run in a trial. In the Irish 1,000 Guineas Jessie Harrington has 3 of the first 4 at the head of the market. Jockey Shane Foley, seldom gets it wrong, and will have the benefit of the gallops to make his pick from.

The following week we are into Royal Ascot. It's difficult to see it being the same behind closed doors, more especially without the pomp and ceremony of the royal procession before the start of racing each day. The interest at Ascot is on the straight course where jockey Jamie Spencer excels in handicaps. Much will depend on him being fit after breaking his hip earlier this year, but if he is fit I'll stick to the three year olds and five year olds he rides and avoid any four year olds. I can't explain why he does poorly with four year olds, but he does. Another for the handicaps is trainer Mark Johnston with his last time out winners who are three or four year olds and have a starting price of 12/1 or shorter. Those stepping up one grade in class from their last run do not have a great record. Although stepping up two grades seems fine.

Another simple system is Ger Lyons with his Irish bred runners of any sex running on the turf that are having their first run for him, either making their own debut or having run elsewhere for another trainer. They should be ridden by Colin Keane or Gary Carroll in races where male runners are allowed to run with a starting price no bigger than 25/1. It can be difficult to gauge a starting price, and if that's not possible a forecast odds that can be found on the Racing Post website for free of no bigger than 20/1 will still show a profit over the years. On average you'll end up backing 3 losers for every winner which can be hard for some to handle, but as the late great Kenny Rogers said "you don't count your winnings until the dealings done".

Another simple profitable system is with a British, Irish or American bred horse who won their last race which was a handicap run at Chelmsford less than eleven weeks previously, and are running on turf in a race run at the same grade or higher than their Chelmsford race. I avoid Class 5 races and anything that has a starting price above 16/1. This does mean I miss the odd big price winner, but it's something I can live with.

In the present climate everyone should stay safe, save lives and enjoy the sport free on television and some betting sites.

As always. Remember the golden rule of punting. Pay the bills first and under no circumstances bet if you cannot afford to lose, because even the best professional punters lose more often than they win.

STOP PRESS: New government regional protocols to combat Covid-19 due to be published, means that Paris racetracks are back in lockdown until at least 2 June following the decision of the Paris prefecture to go ahead before publication and order the closure of Paris tracks immediately. This means the French 1,000 and 2,000 Guineas maybe diverted to tracks away from the red zones (Covid-19 hotspots) to green zone tracks such as Deauville. Head of racing authority France Galop, Edouard de Rothschild said on Twitter the decision was "inexplicable et irrationnel"



Chris Palmer

Plumbing And Heating Services Ltd

☎ 01485 571363

📞 07798 635860

✉ chrispalmer333@gmail.com

New boilers-repairs-servicing
Bathroom-shower room installs
Renewables



R.E.S.

**Painting, Decorating
& Home Improvements
Locally based**

Please call T: 01485 534183

M: 07785 785894

Fully insured

Free Quotes

R W Allsop Building (Norfolk)

45 years experience - City & Guilds Qualified

All building services undertaken

Fully Insured - Free Estimates

Visit my facebook page: **R W Allsop building norfolk**
for some examples of our work

Not VAT Registered



Tel 01485542122 Mobile 07932156473

e-mail allsopbuilding@gmail.com

Oak & Pine Parlour

EST. 1976

FURNITURE MAKERS



TABLES - CHAIRS - WARDROBES - BEDS
SIDEBOARDS - CHESTS OF DRAWERS
DRESSERS - BOOKCASES - AND MORE!

FURNITURE CAN BE MADE TO ORDER.
NOTHING IS TOO BIG OR SMALL FOR
THIS FAMILY RUN BUSINESS.

VISIT US: 18 CHAPEL ROAD, POTT ROW
NR KING'S LYNN PE32 1BS

OPENING HOURS: MON-SAT 9AM-5PM

SUNDAY BY APPOINTMENT ONLY

PHONE: 01485 600253

EMAIL: PINEPARLOUR70@HOTMAIL.CO.UK

Extra Lights, Sockets, Showers, Storage Heaters, TV & BT, Cookers Connected

T.M. ELECTRICAL

Small Jobs a speciality ♦ I don't charge the earth

01485 540333

Fuseboards Replaced, Electrical Inspection Certificates, Rewires
17th Edition ♦ Qualified to Test & Inspect C&G 2391 ♦ Part P Registered



Tony Morgan

ELECSA

E: TMElectrical2010@btinternet.com

Mob: 078844 54480

Donate your old car or other vehicle

With/without M.O.T. Running or not.

The older the better.

**Monies raised will go to local
charities or good causes.**

All correct paperwork completed.

No charge for vehicle collection.

Contact: Richard Bird

07860 476 198

Hunstanton Heritage Centre

Mercy Gray

This month's OBJECT'S from the Heritage Centre are "The Mercy Gray Shelter" - "The Mercy Gray Memorial Bench" plus a brief story of who Mercy Gray was.

In early 1900, a Hotel Catering Manager from Cambridge moved to Hunstanton and took on the ownership of the Le Strange Hotel and Golf Links. With him came his wife Katherine and eight children.

He soon became well known as a very successful Hotelier and a great asset to the town.

His name was Captain Charles Ernest Gray. Within 10 years he acquired the Lodge Hotel in Old Hunstanton, the Golden Lion on Hunstanton Green and in 1904 he had the Glebe Hotel built on Northgate (later it was demolished and is now a block of c1970's flats)

His children, Reginald, Marjory, Douglas, Winifred, Stanley, Gordon, Robert and Kenneth were all born in Cambridgeshire. The last child, Kathleen, was born in Hunstanton in summer of 1904, very sadly Charles's wife, Kate, died in April 1905.

As Charles was an extremely busy man, not just as a Hotelier, he got his Captaincy with the 3rd Bat, Norfolk Volunteer Regt, in which he served for 24 years. He also was Chairman of the Hunstanton Urban District Council four times and President of the Hunstanton British Legion and was on many other local committees.

He needed help bringing up the children, that came from a 31 year old Child Nurse called Mercy Hird who joined the staff at Charles's home.

Mercy did a wonderful job and from photographs, courtesy of granddaughter Jill Durne, they show that she became loved by the children and within 5 years by Capt. Charles himself.

In 1910 Mercy, 36 and Charles, 49 were married in her home town of Brierley in Yorkshire.

At this time, it was customary that everybody went to Church on a Sunday. Mr & Mrs Gray would walk from the Hotel to St Mary's in Old Hunstanton via Chapel Bank.

By all accounts they had a happy marriage and in the 1930's travelled to Canada to see his son Robert who was farming there. They also returned to Canada again in 1923. The last trip was to America in 1936, sailing on the Queen Mary, no less.

Then in 1937 Mercy passed away and Charles was devastated, he still worked hard and continued going to Church on Sundays, but the walk to Church was getting harder as he grew older. According to his granddaughter Jill Durne (daughter of Charles's son Douglas who was Manager of the Glebe Hotel), in his latter years she used to hold his hand and walk to church with him. This was partly due to his sight failing him, and he had Messrs Boulton & Paul build a wooden shelter on the corner of Chapel Bank and the A149, so he and others could rest, he dedicated it to the memory of Mercy and gifted it to the town. That shelter was there for 80 years until it became misused and needed repairing. It lay within the newly separated parish of Old Hunstanton whose councillors considered that it had become dilapidated and an eyesore. When the Civic Society became aware of the intention to demolish it, they decided that the Shelter was part of Hunstanton's history and efforts should be made to preserve it. With some financial aid, particularly from the Norfolk Coast Area of Outstanding Natural Beauty and the help of local tradesmen, a new concrete base was prepared near to the lighthouse and the shelter was moved, repaired, reglazed and decorated. The total cost came to nearly £10k.

It has, carved in the front beam the words, "IN MEMORY OF MERCY GRAY - 1937".

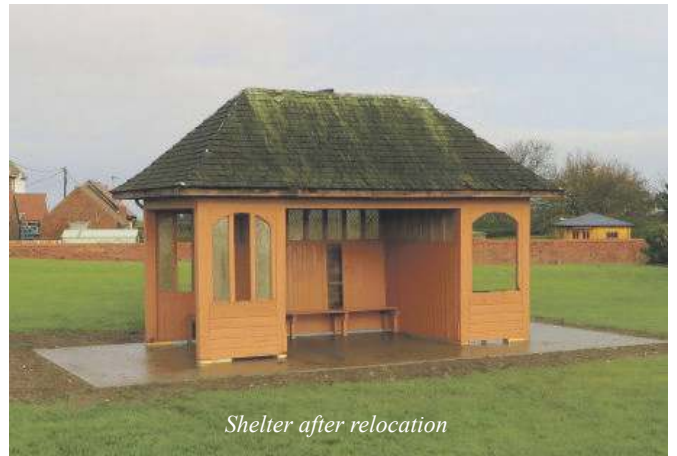
When visiting Jill Durne (Capt. Charles's Granddaughter) a few years ago, she donated a Bench to the Civic Society, this has been resurrected and when our Heritage Centre opens once again it can be viewed and used outside the Centre in Northgate.

More information on the Gray family is available to view in the Centre - when we reopen.

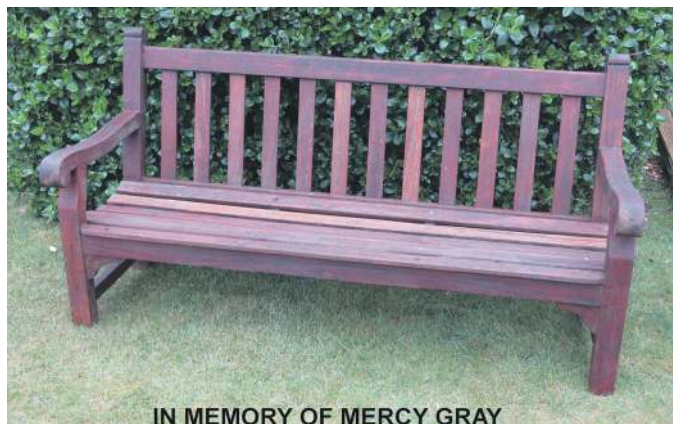
Researched by Heritage Volunteer Tony Armstrong.



Charles and Mercy Gray



Shelter after relocation



IN MEMORY OF MERCY GRAY

Two Names and Two Trophies

John Windibank

While Working on a project for the Heacham History Group I came across two names that had huge links with the history of Heacham and I later discovered that they were also, honorary members of the Ouse Amateur Sailing Club.



Holcombe Ingleby

Holcombe Ingleby was a Mayor of Kings Lynn, High Sheriff of Norfolk, the local member of parliament and had restarted the Heacham brick works in c1898. Holcombe Ingleby was married to Harriett Jane Rolfe and in 1899 he purchased Heacham Hall and the estate, from Eustace Neville-Rolfe. Generously supporting the area, he was known for his lavish parties and gifts and in 1910 he presented a silver cup as a racing trophy to the Ouse Amateur Sailing Club, a trophy I was pleased to win a 110 years later.



Heacham Hall was sold again in 1904 to Mr C E Strachan, who had made a fortune as a rubber planter. Mr Strachan enlarged the Hall to its final size and rented the Shooting Lodge on the estate to Lord Fermoy M.P.



Lord Maurice Fermoy

Lord Maurice Fermoy was a wealthy talented man who was elected in 1924 for the Kings Lynn, Norfolk Division of Parliament. A very popular and generous MP whose greatest pleasures were his charity works. Related on his mother's side to Winston Churchill and great grandfather to princess Diana. On leaving Heacham, he lived at several grand houses, married Ruth Sylvia



Gill and finally settled at Park House on the Sandringham estate, where he was closely associated with the Royal Family.

Lord Fermoy was an accomplished sportsman who generously donated and participated in events all over the area. As a member of the Ouse Amateur Sailing Club in 1926, he donated a trophy and was its first winner. Ninety-three years later I was a proud winner of this beautiful trophy.

Ref: The Rolf Papers - Call me Maurice
– Ouse Amateur Sailing Club Records.



Across: 1. Restless, 5. Impart, 9. Characteristics, 11. Meissen, 12. Stately, 13. Et al, 14. Bandleader, 18. Taskmaster, 20. Drum, 23. Costing, 24. Inhuman, 25. Electric blanket, 26. Retort, 27. Weakened, Down: 1. Recumbent, 2. Stamina, 3. Liaise, 4. Satin, 6. Mistaken, 7. Aniseed, 8. Testy, 10. Residue, 15. Assegai, 16. Rumination, 17. Embitter, 19. Suspect, 21. Ramekin, 22. Shrank, 23. Clear, 24. Imbue

CROSSWORD SOLUTION

Round the bend with Dean Baker

Green Shoots or Sing Up Mrs B!

I'm writing this article on the 15th May. The Spring sun is warm. The 'chippy' is open, as are most of the takeaways. The green shoots are shooting, at least, in the realm of fast food.

So many of us are still adrift. As the current Mrs B keeps asking: "Do you know where you're going to?" And occasionally,

"Do you like the things that life is showing you?"

Come to think of it, she might be singing a Diana Ross song....

Anyway, I'm here for emergency callouts. If you're not sure if you're plumbing problem constitutes an emergency, please call. If it's an emergency for you, for example, if you require a deep bath every day and the hot water is playing up, let me know. In recent weeks my customers have answered the door and dashed to the garden or the lounge and shut the door tight!

I've been plumbing for over 40 years, but this is brand new, in all sorts of ways, for all of us!

Last, but by no means least, a word about an old foe, Carbon



DEAN BAKER

Domestic Plumbing & Heating Engineer



ALL TYPES OF PLUMBING REPAIRS & INSTALLATIONS, BLOCKED DRAINS, BOILER REPAIRS AND SERVICING, POWER FLUSHING

18 Belgrave Av.
Hunstanton
PE36 6DQ

Mobile: 07973 131906

Email: plombierdean@yahoo.com

Monoxide Poisoning. The symptoms are dizziness, feeling and being sick, tiredness, confusion and stomach pain. However, you will NOT have a high temperature and you will feel better when you go outside or when your gas fire isn't lit.

And now it's my turn to invigilate guided home learning. All I have to do is keep my eyes open until 3 o'clock ...

Until next month, all the very best.

plombierdean@yahoo.com 07973 131 906

Don't throw it away, give it away!

Beth Winsor

Had a clearout in lockdown? Looking for something but can't go shopping? Freegle is an online community with over 2.7 million members, which helps people give their items away for free, in a UK-wide network of over 400 communities. The groups in Norfolk were started in 2004 and were amongst the first re-use groups in the UK. A team of local volunteers helps it all run smoothly.

Some people have items they don't want any more. Others would like things they don't have. We match them up, without shops

or warehouses - people give things directly to each other.

How it works

It's simple:

Post a message offering an item.

Other people see it and reply to you.

Choose who to give it to - they collect (contact-free, of course!).

You've de-cluttered, made someone's day and saved an item from landfill. That's Freegling! And it's all free.

You can also search or browse the items offered, or post a request for something that other people might have.

Groups

Our local group is King's Lynn:

<https://www.ilovefreegle.org/explore/KingsLynnFreegle>

There are also groups for Norwich, Cromer & Sheringham, Downham Market, Fakenham, Swaffham, and Dereham. You can join as many groups as you like.

Safety

We have issued comprehensive safety advice to members: <https://www.ilovefreegle.org/covid-safe-freegling>

Naturally we need to balance saving items from landfill (now

the waste sites are re-opening) with safety, and some people will understandably want to wait a while before taking part - we hope members offering items will hold items for collection later if requested. But as this is primarily a local service for the community, collection can be added to planned trips for shopping or exercise, and can be carried out without physical contact.

If you have used us before come and have another look - we have just launched a great new site!

Find out more about us at: <https://www.ilovefreegle.org/>

Bagot Goats

Diane Westwood

Why bagot goats are totally unsuitable for Hunstanton Cliffs - Dick Melton please note!

Anyone with experience of working with goats can tell you that tethering them on the cliffs at Hunstanton would be an utterly stupid thing to do. There are no slopes like Cromer has for the goats to escape from people and dogs. Therefore we would have goats plummeting - as far as their tethers would allow - off the cliffs if disturbed or frightened by off lead dogs or silly people trying to get a selfie with a goat.

Bagot goats in particular are unsuitable for tethering as they are known to have a nervous temperament. They are also renowned



escapologists, just talk to the staff at Baggeridge Country Park in South Staffs if you don't believe that. Tethering goats would compromise their welfare and probably would also contravene the Animal Welfare Act.

Thank goodness the KL&WNC saw sense and chucked the idea out straightaway.



E.H Prior & Sons

family butchers and local produce Est.1930

Fresh, high quality meat
Homemade ready meals
Hot pies, baked daily
Local produce and drinks
Self service hog roasts



Visit our stores at:
 St Nicholas' Court,
 Dersingham, Norfolk PE31 6GZ
tel: 01485 542589
www.ehpriorandsons.co.uk

HOME DELIVERY NOW AVAILABLE CALL FOR DETAILS



GARY RUSHMORE

FLOORING



- free measuring and estimates with no obligation
- superb range of carpet, vinyl and laminate samples
- exceptional service, including uplifting and disposing of old flooring and moving furniture
- a family-run business, with over 30 years of experience
- home selection service available

Unit 6, Heacham Hall Industrial Units, Hall Close, Hunstanton Road,
 Heacham, King's Lynn, Norfolk PE31 7JT

OPEN: Monday, Tuesday, Wednesday, Friday 9.30am-4pm
 Saturday: 10am-2pm (closed: all day Thursday)

t: 01485 572202 email: rushmoreflooring@btconnect.com
www.garyrushmoreflooring.co.uk



High Street Hunstanton

During the lock down we are still providing our exceptional service via online, email and phone!

Trouble sleeping, Anxious, feeling Depressed or experiencing Panic Attacks?

These symptoms are on the increase globally during this very difficult time, and we believe our organic CBD could help you manage this difficult time.

Check out our website www.thehemporiumshop.co.uk or the internet for more information and always consult your GP if in doubt – We make no claims to cure as people react differently to the effectiveness of CBD but have many happy customers for whom it has helped.

Our CBD comes in many forms oils, balm, capsules and pens and edibles. Please feel free to contact us for advice and further information using any of the options below.

Please note: we are hopeful that we may be opening shortly with all the required social distancing and other UK Govt. advice being utilised to keep us all as safe as possible. We may also be opening our new Hemporium shop in Wells-next-the-Sea dependent on the UK Gov. ease down rules at the time.

The Hemporium 9 High Street Hunstanton PE36 5AB

www.thehemporiumshop.co.uk

Email: Maria.thehemporiumshop@Gmail.com

Tel: 07809 506 217



JAMES JOHNSON & CO (ACCOUNTANCY) LTD

Telephone Our Office: 01485 534948

Financial Advice • Payroll • Taxation • VAT • Pensions • Investments

A personal, professional accountancy service for sole traders, partnerships and limited companies.

- ♦ annual accounts preparation
- ♦ partnership and limited company accounts
- ♦ self assessment tax returns
- ♦ capital gains tax computation
- ♦ tax dispute insurance
- ♦ VAT advice
- ♦ PAYE & payroll services
- ♦ full range bookkeeping services
- ♦ 2019 p11d deadline for filing - 19/07/2020
- ♦ Company accounts with year end 31/03/20 last day for filing - 31/12/2020
- ♦ 2020 Self assessment online filing - 31/01/2021
- ♦ Are you RTI compliant for PAYE? – call 01485 534948 or email: james@jamesjohnsonltd.co.uk

Accountancy at a local level
 James Johnson (Accountancy) Ltd
 7 Peddars Drive, Hunstanton PE36 6HF
 Company Reg: 5981654 • AAT Licence No: 126130

Insurance matters

How does the lockdown impact on your home and motor insurance?

The coronavirus crisis has cast the country into a state of uncertainty: How can I avoid infection, how long will the lockdown last and when will the pandemic be brought under control?

But there are practical questions too. Here the King's Lynn-based insurance broker Adrian Flux answers some of your FAQs about the impact the crisis may have on household and motor insurance.

How are insurers helping?

Motor and home insurers belonging to the Association of British Insurers have all committed to supporting their customers, including helping those supporting their communities using their vehicles.

Will my insurance be valid if I volunteer to drive for those who can't leave home?

If you are using your own car to collect and deliver medicine or groceries to support people affected by coronavirus your cover will automatically be extended to include this.

I've been advised to self-isolate.

Can I pause my car insurance?

It's a legal requirement to have valid car insurance unless you register your vehicle as being off the road. Instead of that, you may want to consider laid-up motor insurance which protects your car while not in use but it's cheaper because there is no third-party cover needed.

I want to drive to work instead of using public transport. Will I still be covered?

If you need to drive to your workplace because of COVID-19, your

insurance will be automatically extended to include this.

What is Adrian Flux doing to help NHS staff?

Adrian Flux is waiving all mid-term admin fees for NHS workers. We will also automatically extend cover to include driving to more than one workplace.

If I need someone to drive my car to collect groceries or medicine, will they be insured?

It is best to contact your provider and have the helper added to your policy as a named driver to make sure they are fully covered.

Will my home insurance be affected if I have to work from home?

If your work is clerical, working from home should be covered by standard home insurance. If you have visitors in the course of work, check with your insurer as there may be restrictions.

Am I covered if something happens to my work equipment at home?

Equipment your employer has provided is usually covered by their business insurance. If it is your own gear, you may be covered under your home insurance or any gadget policies you have. It's best to check.

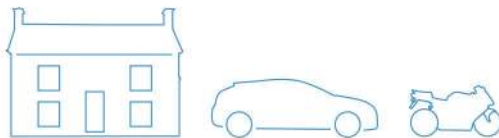
What is the impact on my insurance if I lose my job due to coronavirus?

Let your insurance provider know your circumstances. Adrian Flux is not adjusting any premiums due to unemployment caused by COVID-19.

Will home insurance cover the cost of a deep clean to my property should it become contaminated by coronavirus?

Most standard home insurance policies do not cover the cost of cleaning a property.

For more coronavirus FAQs fielded by the Adrian Flux customer service team visit <https://www.adrianflux.co.uk/>.



Save on your Car, Bike and Home Insurance

See how we measure up, call us on **01553 400399** and you could get a cheaper quote compared to online

At Adrian Flux we have over 40 years experience tailoring insurance to suit your specific needs. We don't believe in "one size fits all" when it comes to insurance, which is why you could save time and money by calling a member of our team directly.

We can offer cover for you:

Bike	Caravan
Van	Car
Home	Motorhome

Call us today on: 01553 400399

(Mon-Thurs 9am-5pm, Fri 9am-7pm Sat 9am-4pm. Authorised & regulated by the Financial Conduct Authority)

ADRIAN FLUX
adrianflux.co.uk

News from Hunstanton Foodbank

James Monro, Chair of Trustees.

hunstantondistrict.foodbank.org.uk

I would like to thank everyone who has contributed to our foodbank in such a wonderful way. We have been overwhelmed by peoples' generosity both financially and materially. This has meant that our stocks have kept up even though we gave out three times as much food in April compared to February.

Positive things have emerged from the pandemic as people work together in spite of the requirements of social distancing and lockdown. The Trussell Trust foodbanks in East Anglia are linking together more now that we have discovered Zoom meetings to share ideas and tips for good practice. British Gas fitters have been transporting food in their vans, and brought us a delivery over from the Tesco warehouse in Ipswich. The Norwich Co-Op have also been helpful checking needs weekly, and recently came with a large grocery delivery.

Thank you everyone.

There are donation points at Hunstanton Sainsburys, Dersingham Post Office and Burnham Deepdale Stores. The Foodbank is open Mondays and Thursdays 1.30-2.30pm.

Latest News from Brancaster CE VAP School

By Ryder (age 6) and Harry (age 7)

Our Federation schools have been closed due to coronavirus, but Brancaster has stayed open. The Government gave Mr King a list of what sort of children could still come to school and about 15 children in the Federation were on the list but only 2 have come.

It is really strange just being two of us but we are doing lots of fun things and learning lots. (Mrs Bocking adds Ryder can now write joined up and Harry's writing has changed out of all recognition! Well done, boys!)

Every afternoon we do art and we did a topic on famous artists and did finger painting to make pictures like Monet and printing like Andy Warhol and William Morris.

We have been making butterflies with folding paper and also made them symmetrical by painting them carefully and folding



them.

We painted multi-coloured rainbows for the people who help us



and we put them on the church gate so everyone would see them.

In English we have been learning about adjectives and adverbs so we can describe things and make it more interesting. We learnt about famous authors and compared and reviewed some of their special books.

We have explored plants and learnt about roots, leaves, petals and pollen. Insects like bees collect the pollen from the flowers. Birds collect the seeds so the plants can grow new plants.



We planted some seeds that are now growing.

We also did the life cycle of frogs and our tadpoles changed to froglets.



We learnt to program the beebots (little floor robots) to go places like the yellow, red, brown and blue towers.

We learnt about Mary, the mother of Jesus and made a attractive altar for our assembly table. We put flowers on.

Every morning we do PE with Joe and now Rosie. All the staff join in and we are getting much better at the exercises.

We have been happily reading all the Mr Men books and our favourite treat is watching the Mr Men and Little Miss DVD.

Mr Johnson and Mrs Sayers from Sedgeford come and help sometimes and Mr Sayers has been painting the school Sharon and Mrs Lack have been sorting out the library with a bit of help from Mr King, and Mrs Tidd and Mrs Bocking are tidying out the attic. Our school looks really nice now – all clean and tidy and fresh.

Hunstanton and the Saxon Shore

Dear Friends,

This is an extract from a recent letter I sent to our church members.

What we are experiencing at the moment is something that we could not have reasonably foreseen or indeed planned for. Decisions have been, and are continuing to be made that affect our personal lives and the life of our churches, communities and benefice. None of this is easy for us locally or for those who are having to make difficult decisions about the safety of those in our care. I hope that, like me, you are praying daily for our world and our leaders. They all need our prayers even if we might be confused by advice or conditions imposed upon us or indeed disagree with them. Please pray for them and us, that we may be gracious in thought, word and deed.

At a local level the churches in our Benefice all remain closed, as the diocese requested. I understand that this is incredibly frustrating because our church buildings are places of such comfort and prayerfulness that not being able to access them causes additional grief. This closure is purely for the safety of all who may come in for a time of prayer or to seek solace. There is no way in which we could open the door to a church and keep every surface free from contamination, or ask anyone to take on the task of cleaning them. I am taking enough funerals as it is, I do not wish to add to this number.

Due to my internet I am unable to record services, however, if you have internet access there are a huge number of churches in our diocese that are live streaming services. The Norwich diocese website has a link to a daily podcast and lists all the churches streaming virtual services. <https://www.dioceseofnorwich.org/>

Morning Prayer is said daily. I start at 9am so if anyone wants to join me they can go to the Church of England website and find the different daily services.

<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

Each day I am making a great many phone calls but would always welcome additional names and numbers of people who might be in need of a chat. They don't have to be church members simply people in our communities who need a listening ear. If you think I have missed anyone, do let me know!

The Foodbank in Hunstanton is providing a greatly increased number of food parcels to those in need in our area. Last month over 1,000kg of food was given out. Each month we are giving more than the last and we are so very grateful for those working behind the scenes and at 'front of house' to enable those who are in great need to receive both provisions and kindness. This is the love of Jesus In action for the most vulnerable.

Every donation to the Foodbank makes a difference so a huge thank you for your continued support.

The diocese is trying to find as many ways of supporting the people of this area as possible whilst reducing their own running costs. A

considerable number of staff in the diocese have been furloughed in order to keep the running costs down. They are fully aware of the massive impact that not having services, and thereby collections, is having on each church although we are encouraged to pay as much of our parish share as we possibly can. Any help would be warmly received.

There are many resources on line, and available to be printed off for others. There is also a phone line that is available 24 hours a day that has hymns, prayers and a reflection each day, it's free and called Daily Hope: 0800 804 8044. Please pass this on to anyone who might find this helpful.

Please know that you are all in my prayers daily and do not hesitate to contact me, or any of the clergy, if you have any worries, concerns or prayer requests. You could also contact us to share your joys as well!

Stay safe and may you all know the peace of God at this time,

Rachael, Rev Rachael Dines

Team Rector

Hunstanton and the Saxon Shore Benefice

01485 535936

07763211901

revd.rachael.dines@hotmail.com

Rest Day: Monday



QUALIFIED ELECTRICIAN

Available for:

- Extra Sockets
- Lighting
- BT Points



No job too small - Free Estimates

No call out charges

Phone Owen on:

01485 572726 or 07813 173 446

HEACHAM ROOFING

Roofing Contractor

*** Over 30 years' experience ***

Phone 01485 545856 / 07742 173058

Email – Simonsroofing123@gmail.com

All types of Roofing work undertaken

Specialist in Flat Roofing and Lead Work

Will cover all areas of West Norfolk and South Lincolnshire

All work fully guaranteed

Very Competitive Prices

Please call for a no-obligation quote!

HUNSTANTON METHODIST CHURCH



Just a thought...

This corona virus tragedy has troubled me since it happened; I am troubled over the loss of life, I have also been troubled by my God allowing this in the first place. You see I have no answers to the questions you may be asking yourselves, yet perhaps the answers are within each one of us. There is no sense to such a tragedy as this but if we search deep within there is a truth that is beyond our understanding; a truth which says God is there, in all the chaos and the hurt and the pain; God is there when all seems hopeless and lost; God is there even when we abandon all faith in his love for his people.

There may be no sense to what is happening, but within the chaos there is always hope. A hope in a world which will perhaps continue its thankfulness for those who care for us; thankfulness for our family and friends, thankfulness for creation which offers us its beauty for free; thankfulness for a God who loves us unconditionally.

Yes there is always hope, but will we learn from all of this. Will the carers continue to know we care; will the homeless still find a home; will the lonely still find a healing hand; will the creation we have found a new love for continue to breathe or will everything we have learnt go back to where it all was?

Below is a poem which asks us to look to today, because what we do today may bring us in the end to a much better understanding of yesterday and a greater hope for tomorrow:-

Look to this day
for it is life
the very life of life.
In its brief course lie all
the realities and truths of existence
the joy of growth
the splendour of action
the glory of power.

For yesterday is but a memory
And tomorrow is only a vision.
But today well lived
makes every yesterday a dream of happiness
and every tomorrow a vision of hope.

Look well, therefore, to this day.

Loving God, reach out to people, in their sorrow and despair; and grant them help, to rebuild their shattered lives and hopes of a better tomorrow.

Steve
Rev Steve Oliver

Words

During this pandemic we have become familiar with some new words and other words have become more popular. Who had heard of a coronavirus before Covid-19 appeared? We urge each other to 'stay safe' and there has been an unprecedented use of the word unprecedented! We have become familiar with the term PPE and the R number.

Words are powerful. God spoke this universe into creation. If you read the creation story in Genesis you will notice that before each act of creation are the words, 'God said.' In John's gospel Jesus is described as the 'Word'. Jesus is the way that God speaks to us. Jesus' life shows us how to live a life pleasing to God, much clearer than a list of instructions. Jesus' death speaks to us of God's immense love for each and every one of us and Jesus' resurrection speaks to us of the hope of eternal life that is available to all who believe in him.

Each year the Oxford English Dictionary produces a list of new entries into the dictionary, words which have come into common usage which had not been in use before. Our language develops and changes over the years we only have to read a Shakespeare play to realise how our language has changed over the intervening four hundred years.

Today, we have the Bible to guide us in our faith. The Bible is the word of God. God inspired the men who wrote the Bible and today it has been translated and paraphrased into modern language to make it easier for us to understand. The Message by Eugene Peterson is a good example of the truths of the Bible expressed in modern day language. If you don't already read the word of God daily, I urge you to do so. Find a translation that you find easy to read and allow His words to transform your life.

One year the founder of The Salvation Army, William Booth, was preparing to send his annual Christmas message to Salvationists around the world. In those days, communication was by telegraph, and you paid for each word that you sent. Times were tough and the Army was short on money, so William Booth sent a one-word telegram. The word he sent was – Others. This encapsulated all that The Salvation Army was about. Today our mission is still about 'others'. We aim to bring the gospel message to those who have not heard about Jesus Christ and we minister to those who need our practical assistance.

Even during the lockdown, The Salvation Army is still thinking of others. Across the world we are ensuring that those most affected by the financial consequences of the pandemic are given the necessities needed to survive, food, shelter, clothing and of course we are always available if you are in need of someone to talk to.

God bless and Stay Safe!

Alison Kirby

Snettisham Salvation Army

Alison.kirby@salvationarmy.org.uk

01485 579079

07775 717852

We publish news items between print editions
at: www.townandaround.net
Log on to keep up with local news.

Union Church

The Lookout

During this lockdown, I frequently make a walk to the platform near the Bowling Green, known as The Lookout and sit for a time on a bench there with it's marvellous views of the sea shore.

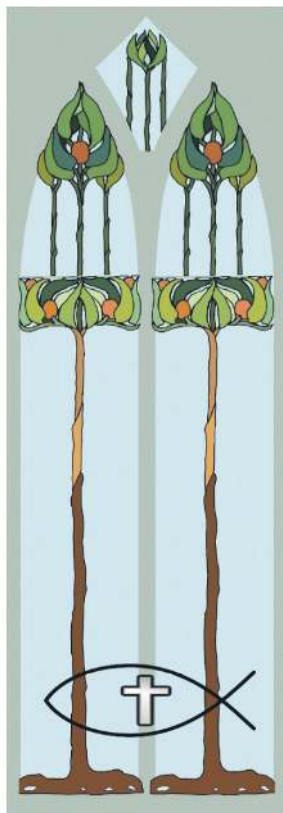
Often there are joggers, cyclists and walkers going by on the paths and it has been noticeable how often strangers will say 'hello' and 'how are you' or even stop for a chat.

In isolation we are more ready to acknowledge each other, especially if that is the only person we see all day. The good that is coming out of this pandemic is the 'looking out' for each other in our community. The Bible teaches us to love our neighbour and this crisis is showing us how to do this in the kindness we show and the care we have for those who are weak, lonely and vulnerable in our community.

When Jesus was asked 'who is my neighbour?', he told the story of the Good Samaritan (Luke 10.25-37) and turned the question into 'who was a neighbour to the man who was robbed?' We not only need to recognise our neighbours but when God puts people in need in our path, we should be prepared to put our concerns into action in the same way as the Good Samaritan.

Jesus said 'Go and do likewise'. In other words keep a 'lookout'.

With Every Blessing,
Janet Brown.



UNION CHURCH
Sandringham Rd
Hunstanton

Janet Brown
Secretary
Tel. 01485 532309
Email: ubianey@hotmail.co.uk

A Rumbling in the Land

By Gordon Tanner,
a member of The Way C F Leadership team

In one of his earliest recordings the American modern folk singer Tom Paxton wrote a song he called 'A Rumbling in the Land'. He recorded it in 1964. It was song about social change that was coming – especially in USA. It was change coming from a number of directions all at once - in industrial relations, in social conditions, in racial segregation. It was too diverse to be from a single initiating point. He could see the change coming, and there were plenty of people who agreed with him, but there were also many who didn't want it. Change always has its opposition.



In a way we are currently in a similar situation but not so diverse. Coronavirus has played havoc with society as we know it. Virtually everyone who is not a key worker is not working for some time, being furloughed, to slow the spreading of the infection. Schools are closed so there are many children at home indefinitely too. They are confined in the main to their own home and many are uneasy because of this. They are not used to it, having the children under their feet, and their partners there all the time. Few people are blessed enough to welcome this opportunity; in the main they survive by tolerating things, so now they have no space of their own, and people start to become a nuisance, or worse, an enemy. It is a form of social change and, sadly, we are not all ready to embrace it.

But there is a rumbling in the land. A recent opinion poll of over 2000 people for Tear Fund, a Christian aid agency, found that there as a massive increase in church attendance. The churches may all be shut with apologetic notices on the door such as 'Closed for further notice due to Coronavirus', but in the first seven weeks of the lockdown church attendance has increased from typically 6% of the population on an average Sunday to about 24%! The church doors may be closed but peoples' hearts are open, and they are going on-line to be part of church services. It is not just a local thing – it's too big to be that. It's a spontaneous reaction across the nation to a felt need. They want answers and they want security.

The rumbling is getting louder. 44% of the people polled admitted to having prayed in this time, and over 50% who had prayed said they believe that prayer can change things.

And the rumbling goes on. There is a video on YouTube called 'The Blessing UK' and it has had 2.1million viewings in its first week. It has people from nearly all streams of Christianity singing blessing over the UK. It was originally written in America and there is also a video with Americans performing, and now I notice there is one from South Africa too.

I'd love to chat with someone who doesn't regard themselves as a churchgoer, but who has watched a service on-line in these recent weeks, or who has found The Blessing video. There must be something drawing people and they are finding what they are seeking. I'd love to hear from you. My phone number is in the book.

As Christians we do believe that there is power in prayer, and we have experienced how prayer brings change, in big things and in little things. As soon as the lockdown is ended The Way Christian Fellowship will open its doors on Sunday morning for our 11 o'clock meeting. We have plenty of space to use social distancing if that is required by the authorities. You will find us in Downs Close Hunstanton. I'm sure all the other churches in the town will be open too and I know you will find a welcome in each of them.



**DOMESTIC
APPLIANCE
REPAIRS**



A family business for over 30 years

Same day/next day visit

Call: 01553 768557 / 842319

Mobile: 07775 858255

E mail: dkrepairs@tiscali.co.uk

HEATING AND PLUMBING SPECIALISTS

Gas Safe and Oftec Registered Engineers



Gas & Oil Heating
Boiler Servicing
Bathrooms
Renewable Energy

Your Local Experts. Great Service. Competitive Prices.
Contact us today to see how we can help you!

01328 862189 www.dempseyheating.com

George Edwards Road, Industrial Estate, Fakenham NR21 8NL

SUMMIT ARCHITECTURAL LTD

DESIGN, DRAWING AND SERVICES FOR
PLANNING, BUILDING REGULATIONS
BUILDING NOTICES
3D SITE AND BUILDING DRAWING

01485 570472

07787 568908

ivan@summitarchitectural.co.uk

Fullers Body Repair Centre

Established 1973



Unit 10
Cheney Crescent
Heacham
Norfolk
PE31 7BT

T: 01485 570799

M: 07799 118503

E: beautifulbodies@hotmail.co.uk

Free Estimates · Resprays · Accident Repairs
Corrosion Repairs · Insurance Approved



Daniel Sharman

07554 018307

dan@dnscomputerservices.co.uk

- IT Support & Consultancy
- Apple and Microsoft friendly
- Virus/Spy/Ad-ware removal
- Wi-Fi Coverage solutions
- Home & Business networks
- Repairs & Maintenance
- Data Recovery
- CCTV Systems
- Multi Room Audio
- Tuition & Sales
- GDPR Compliant

Tapping Close, Snettisham



HUNSTANTON

DENTAL LABORATORY

For Emergency Denture Repairs

Call: 0787 634 7753

or: 01485 533 388

9A High Street, Hunstanton PE36 5AB
j.asman@yahoo.co.uk

Tax Return Online Services Ltd

for all your accounting needs

Online OR On-site Services offered;

- Preparation & Filing of Accounts for Self Employed & Limited Companies
- Tax Returns for Individuals & Businesses
- Payroll Services including Auto Enrolment for Pensions
- Rental & Partnership Accounts
- MTD VAT Returns • CIS Returns • Book-keeping Services

Tel: 01485 601499 Mob: 07766 40 78 99

Fax: 01485 205499



E: karen@taxreturnonlineservices.co.uk

www.taxreturnonlineservices.co.uk



FOOTCARE WITH NICKY



"Take a step in the right direction"

Professional footcare from the comfort of your own home

Nail trimming • Corns/Callus • Verucas
Ingrowing toenails • Cracked Heels • Diabetics

07894249823

Nicky S.A.C. Dip FHPT, S.A.C. Dip FHPP registered

HUNSTANTON MAINTENANCE

Your local Handyman Service.

All types of work undertaken

NO JOB TOO SMALL

Tel/Fax 01485 533378

Mobile 07880 711614

Hunstanton Lifeboat Station

Geoff Needham

Hunstanton Hovercraft launched to people cut off by the tide on Wednesday 20th May. At 2.30pm UK Coastguard requested the launch of the Hunstanton RNLI Hovercraft in response to reports of people cut off by the tide on the Wreck Sands at Brancaster.

Hunstanton RNLI crew launched and proceeded to Brancaster. While proceeding a radio report was received that three people had been taken off the Island by a local Fisherman, and they could return to station. On returning a further report came in requesting help to find a missing child on Old Hunstanton beach. However, the child was soon located and our hovercraft stood down.

In England, now more than ever, people need to respect the sea and the coast. Whether you are local or not, whatever your ability or experience in your chosen sport or leisure activity, the sea can still catch you out and be unmerciful when it does. So please don't use inflatables on the beach, check weather forecasts, tide times and local signage and don't let your family swim alone. If you fall into the water unexpectedly, FLOAT TO LIVE. Fight your instinct to thrash around, lean back, extend your arms and legs, and FLOAT.

If you get into trouble call 999 and ask for the Coastguard and we will come to your aid. But coronavirus hasn't gone away and we all need to follow the rules. Remember your choices might put people, including yourself and frontline responders, at risk. Take extra care in these extraordinary times. This summer with beach lifeguard patrols significantly reduced the RNLI and HM Coastguard are advising the public not to use inflatables at all and for everyone, especially parents, planning a visit to a beach or the coast to follow this safety advice: Have a plan - check the weather forecast, tide times and read local hazard signage.

Keep a close eye on your family – on the beach and in the water. Don't allow your family to swim alone. Don't use inflatables. If you fall into the water unexpectedly, FLOAT TO LIVE.



Fight your instinct to thrash around, lean back, extend your arms and legs, and FLOAT.

With the continuation of the restrictions placed upon us, all Lifeboat stations remain shut to all but essential personal, the service still operates a search and rescue service, and as the government lifts the restriction on travel, we urge you all to take care when visiting the seaside, and not to put yourselves and emergency services at risk, we cannot social distance when attending a casualty situation, and if medical treatment is required it involves a large number of personnel from various organisations, ie; paramedics, ambulance crew, coastguard, Nurses, Doctors, Air ambulance, that's just on scene, mostly avoidable if you think before you venture out, stay safe.

Looking back, and as its 75 yrs since WW2 ended, thought you might like to read about the station involvement in the first world war. Our service Board records 1914 October 26th Admiralty Seaplane No. 898 Rendered assistance. A naval water-plane arrived at Hunstanton on Sunday afternoon about 4 and drew up at the pier. Shortly after the pilot glided his machine round to Old Hunstanton Beach opposite the Lifeboat Station. Here he left the machine in charge of four Territorials while he went to the Golf Links Hotel for tea, having had no food since early morning. A heavy gale and an incoming tide proved too much for the men in charge and the machine got away and went out to sea without the pilot.

Lieut. Wilson (the pilot) and Coxswain Riches, of the lifeboat went after it in a small boat, but failed to secure it. There was a heavy fog over the sea and it was very difficult to see many yards ahead. At 6 o'clock on Monday morning the rocket signals were fired for the lifeboat crew. The lifeboat was smartly launched at 6.15 a.m. Lieut. Wilson going on board with the crew. The lifeboat was out on a continuous stretch from the time it was launched till 2.30 on Tuesday morning (over 20 hours) and the crew were exhausted when they got back. The waterplane was located on Brancaster flats and was found to have suffered a certain amount of damage, the planes and floats being considerably dashed about. The engine fortunately suffered no damage. The wrecked machine was sent off to its base on Wednesday.

Further research discovered the following information. The aircraft was one of only eight aircraft based at that time at the Air station of the Royal Naval Air Service at South Denes, Great

Yarmouth. The aircraft was a Sopwith (Pusher) seaplane Type 880. It was fitted with a Gnome 100 hp Monosoupape engine, and was one six being built for the Greek Navy when war was declared. These aircraft impressed the British Admiralty. Numbers 880 897 898 and 899 were based at Great Yarmouth. During September 1914 No. 898 was fitted with a Lewis gun, which was operated by a gunner in the bow. At this early stage of the Great War these aircraft were carrying out patrols looking for units of the German Fleet, which later shelled the East Coast. They were also looking for Zeppelin airships, one of which L 4. On the 19th January 1915 dropped incendiary and high explosive bombs on Sheringham, Thornham, Brancaster, Hunstanton, Heacham, Snettisham and King's Lynn.

A typical 'daily report' of the Great Yarmouth Air Station at the time of our incident reads: 11.40a.m. Aeroplane No. 69 left Yarmouth for Hunstanton. 12.15p.m. Arrived Hunstanton and in accordance with orders landed and remained two hours. 2.10p.m. Left Hunstanton for Yarmouth. All this was taking place in the early days of aviation, and the aircraft were primitive compared to todays, the pilot sitting behind the gunner in the bow of the machine, exposed to the elements, only their flying suits for protection against the weather.

NDL

NORFOLK DECOR LTD

'DECORATING NORFOLK'

Qualified Decorators
Interior & Exterior | Wallpapers
Spray Finishes | Furniture Restoration

Telephone: Glenn 07495 704151
or Carl 07715 255581
Email: norfolkdecorltd@gmail.com
www.norfolkdecorltd.co.uk



HOME COOKED MEALS DELIVERED TO YOUR DOOR

Home cooked, high quality frozen meals delivered to your door.

All natural, no artificial preservatives or additives.

Made with fresh, locally sourced ingredients (where possible).

Made by local chef Kat Asker in Snettisham.

Cooked in a 5* hygiene rated kitchen.

Free local delivery (minimum order of 4 meals per delivery)

Real home cooking at its best!

My menu offers a large variety of choice and flavour with traditional meals such as casseroles, pies, lasagne and a roast as well as curries, moroccan inspired dishes and vegetarian options.



To place an order or see a full menu please contact me on

Tel: 07767753413

email: simplycookit.kat@gmail.com

Find menus and full details on [Facebook](#) [Twitter](#)

[@SimplyCookIt](http://www.facebook.com/simplycookitnorfolk)

CARPET CLEANING OVEN CLEANING

Sofas & curtains cleaned

Quality, regular, reliable service

Conservatory Cleaning,

Window Cleaning,

Patio Cleaning,

Gutter & Facia Cleaning

Conservatory & Patio Cleaning



www.cleantech-norfolk.co.uk

(Cash, card & cheque payments accepted)

Call Mike on 01485 609223
daily 7am - 10pm • 7 days a week

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of services for both business and personal clients

- annual accounts, business and company taxation
- business start up advice and incorporation
- SAGE, Quickbooks & Xero installation and training
- payroll & auto enrolment administration
- VAT and bookkeeping services
- small business specialists
- personal tax returns and self assessment advice
- capital gains tax advice and inheritance tax planning
- tax planning and accounting services for private property investors

For an appointment please contact: Mrs K H Gigg FCA

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk

Regulated for a range of investment business activities by
The Institute of Chartered Accountants in England and Wales.

THE ADMIN AGENCY

YOUR VIRTUAL PA

Do you need help with your paperwork?

The Admin Agency offers:

Payroll services

VAT

Bookkeeping - Sage - Xero - Spreadsheets

Covid-19 paperwork

Secure office

Confidentiality assured

Hourly/daily rates

We do the numbers while you do your job!

Office: 01485 500024

Mobile: 07811 360 389

teresa@theadminagency.co.uk

Emily Riddington's Discovery Diaries

I adore being a Primary School Teacher and a Forest School Leader but knew, while I am young, that I needed to pursue my dream of travelling the world. I created my YouTube channel 'Discovery Diaries' as a way to keep in touch with past pupils who I miss dearly and provide an educational channel for children to watch.



Youtube is an extremely powerful tool which reaches so many children globally. Our world is an amazing place with so much to learn and be fascinated by. I wanted to share that awe and wonder with children and teach on a much larger, more extreme, scale. I hope to inspire children to follow their dreams in the future too. I started my travel journey in South Africa, where I finished my teaching job, 'got brave', and went to teach children in a township school. It was incredibly rewarding and what struck me most was how happy and grateful the community were despite having 'so little'. Every single morning I would arrive to excited children chanting "TEACHER, TEACHER!" and would be applauded and thanked every time I read a story. It is a school I hold close to my heart. I keep in touch with the staff and, since, have tried to help the school by sending parcels but really would love to re-visit in the future and dream of turning it into a charity. I continued my journey in South Africa along the beautiful 'Garden Route' where I volunteered in a game reserve with the big five. I was mesmerised by the natural beauty of the world and appreciated the importance of the simple things. Since my first trip, I held on to my bravery and visited many other countries including Thailand, where I lived with a family who had pet elephants and I recycled elephant dung to make paper!

I have used my knowledge of the primary curriculum to create each episode. I aim to tie in new vocabulary for the children to pick up on through their interest. I also created a 'Love where you live' episode as I have always been proud of and grateful for where I live. After all, I didn't want children thinking there is an amazing world out there too far for them to reach themselves and where we live

is truly amazing too!

I trained to be a teacher in Lincoln and knew that I always wanted to come back to Norfolk to teach. I have a passion for the outdoors and that comes as no surprise having grown up near farms, forests and the seaside. I teach many of my lessons through the Forest School approach.

I am so happy that the channel has been useful for parents, especially during the lockdown period, and feel proud that it has become a resource for teachers to use in the classroom too. Children in several local schools now have 'Discovery Diaries' assemblies and one pupil I taught several years ago even chose to dress up as me on dress up day at school!



I can't wait to go on more adventures and share the amazing wonders of our world again after lockdown! My future plans involve eco projects around the world, working at a summer camp teaching Forest School in Canada, and returning to South Africa. I am also excited to experience diving for the first time one day, who knows where I will end up



to do that! Exciting adventures aside, Norfolk will always be home for me. I hope that my channel continues to encourage children to treasure the explorer within them in this modern world.



MY MEMORIES OF KARLSRUHE, GERMANY, IN 1972

Robin Limb, agricultural consultant

In 1972 I was invited to visit Karlsruhe at the age of 16, as part of a two-way exchange visit organised by Nottinghamshire NFU and their German counterparts, mainly because my father, Peter, was NFU county chairman at the time. I was 'shipped off' with a party of German farmers that I did not know from Adam. As I waved goodbye to my parents at Dover, I had no idea of what was in store for me.

On reaching the continent, we slept overnight on the train, and then later that same day we drank local beer from earthen-ware jugs - which I still have two of to this day. My hosts refused to let me spend a penny during the whole visit, and spoiled me rotten.

When we got home after a long day out, the schnapps came out along with a fantastic pizza. The next day we toured vineyards and farms around the region. Everywhere we stopped off we were offered excessive hospitality and friendship - which I could not turn down - it would have been rude to say the least. Herr Mittlestrass was my courier at the time and he could not have been more courteous or friendly.

My German hosts were more than generous, and it is an experience I shall never forget. I made some lifelong friends as a result, especially Heinrich Jung, and I was treated like royalty during my whole stay. Every evening we visited a different restaurant, including a Russian one - which was the best. Le Cigne (The Swan) on La Grande Place in Brussels was also fantastic, and I was very fortunate to be included.

We were fooling around on a motorbike when I fell off and burned my ankle badly. I was taken straight to the hospital where a beautiful nurse sprayed my injury with antiseptic and bandaged it carefully. I said: "How much is this going to cost?" She said "Nothing".

The city of Karlsruhe is built on a radial basis, and was perfectly planned from the outset - a slightly better version of Milton Keynes. Close to the Black Forest it provides ample recreational opportunities. The 'wild pigs' are more tame than the domestic ones - well worth a visit. The beer and food is also fantastic, and the public transport facilities are just brilliant and not too expensive - which puts the UK to shame.



Aerial shot of Karlsruhe

Later that same year Heinrich came to work on our farm in North Nottinghamshire for the harvest season. We had to tell him to stop work at 9.00 pm at night. I am proud to say we are still friends to this day.

He now runs a successful organic farm in Norway, with the help of his wife Barbara, having never come from an agricultural background. His father was an architect by trade - and a very accomplished one too. These memories never leave your head - so many happy times.

I suppose my main reason for these recollections is to reinforce the links we need to maintain with mainland Europe. I remain deeply saddened by the 'Brexit' vote, and we will all be the worse off for it - despite all of the EU's so-called 'failings'. As Winston Churchill once said: "Democracy is the worst form of government - apart from all the others"

Despite the general public's resentment of the UK farming industry, this is where your daily platter comes from. Get used to it, and don't come moaning when the supermarket shelves are empty. If you think farmers have an easy life, just try going out there and doing it for your-

self - you will choose to go to Tesco's instead - end of rant - not.

Farmers will always be in the firing line as primary producers. They are accused of being 'feather-bedded' by subsidies, or failing to provide enough food - you can't bloody win. BTW - reduced farm price support will put food prices up not down, because that lost money will have to come from the supply chain - get used to it consumers.

If you shop frugally, it is amazing how little you can live on. Vegetables are as cheap as chips, but it does take some preparation. Vegetable growers around The Wash area are currently struggling to find enough field workers to bring the harvest home. And if you think UK workers jobs are being stolen by Eastern Europeans, will they jump out of bed at 6.00 am on a Monday morning in the freezing cold to cut cabbages - no way.

Half of UK 'workers' are living on social benefits, as their previous two generations have done before them.

50% of the UK's workers support the other 50% through taxation. Donald Trump come back, all is forgiven...

"We live in a self-preservation society" as Michael Caine said in The Italian Job movie, and must have sold more Mini Coopers than ever before. No wonder BMW bought the company. German insight once again, and the Cowley workers at Oxford will be grateful for retaining their jobs as a result.

The word that 'springs' to mind is discipline, and German technology has that in abundance. Their list of successful agricultural and car manufacturers is just mind-boggling, but it came at a price. After WW2, it was a decision to invest money in the weaker southern areas, as opposed to the more powerful north.

This was a brilliant decision, and created a power-house of enterprise in Bavaria and other southern states. Wine production was enhanced at the same time - which was an added bonus. I'll drink to that.



Heinrich Jung with one of his hand-reared young piglets

Without wanting to sound patronising, whether you are vegan or carnivorous, food does not grow on trees (well some of it does - no joke intended).

"A man who has food has many problems - a man who has no food has only one problem."

Prejudicial opinions do not help to bring people together. We all need to respect others views, whether we like them or not. Constructive debate is to be welcomed, as in BBC's Question Time, as I was fortunate to attend the Bury St Edmunds event five years ago when David Dimbleby was in charge. Robin Day's famous comment when he chaired the programme was: "Answer the question". Sadly Fiona Bruce is a lightweight version of former presenters, but probably a desire for political correctness and gender equality.

You in Mind

Dear all,

Hope you are coping well in this time of uncertainty.

I know some of you may struggle with anxiety on a day to day basis. This time may indeed cause you to think more deeply about the negatives that are all around us now. But there is some solace in knowing that like most viruses they do and will eventually pass.

For some, this time may lead you away from worrying over your concerns of the past and future, of playing over in your mind the fears for you and your loved ones, and now, you find your mind's focusing on this pandemic.

It is indeed going to be worse for those of you who struggle with anxiety, as you tell yourselves that you have now a real solid reason to be concerned and to over-think.

I do understand that anxiety is a very real uncomfortable emotion that strips away any good feeling and can leave you in a state of complete panic and where you feel consumed by fear of life. Yes life can be fearful but it can be helpful to find comfort in the NOW! And when we only think of Now! and do not become distracted on concerns of the past and what may or may not happen in our future.

I wanted to let you know, because it would seem this could go on for a while yet, that I am still open to seeing clients. I am abiding by the government's safety guidance, keeping a safe distance of over 2 metres away from my clients at all times through the sessions.

You In Mind

Hypnotherapy + Counselling
Here to help

Depression | Stress | Relationships | Bipolar | M.S. |
Bereavement | Pain Management | Phobias | Weight
Problems | Addictions | Confidence Issues
And more

Call me now on
07842 974 748

www.sandiepayne.co.uk

support@sandiepayne.co.uk

Let me explain how I work: You will walk through my doors without having to touch anything, then will be seated on a clean throw (every one has a clean throw just for them) and then I will close doors and sit over 2 metres away from you. At the end of the session the same safe sequence will be repeated when you walk out of the premises.

So if you would like me to help you with what ever you may be struggling with, please get in contact with me. This has to be your decision not mine.

Your therapist
Sandie Payne
Here to help

Can a garden be a work of art?

Gerald Pepper

'Fine art is that in which the hand, the head and the heart of man go together'.

John Ruskin

Conceptual art is intended to elicit a reaction from the viewer, can the same be said of conceptual gardens, which are being increasing showcased at our Flower Shows. RHS Hampton Court Palace Flower Show appears to have attracted the biggest mainstream audience than in the past. Conceptual Gardens have been designed to demonstrate, for example, the tension between culture and nature, with themes to represent the disruptive effect of homophobic abuse on our society and the experience of depression.

Cleve West, gold medals winner at Chelsea Flower Show, says "I used to think that landscaping was the ultimate art form, but now I'm not so sure. Conceptual gardens are probably the nearest we can get to art, in that they side-track nature to focus on a feeling or a theme without always relying on plants".

"You need artistic talent to be a good garden designer. The best gardens are a successful composition: a series of shapes, forms, colours, textures that work in harmony. Often, the actual drawing might be considered much more a piece of art than the finished

garden itself".

Conceptual gardens are intended to get a reaction from the viewer which is as much about the abstract artwork as the materials with which the garden is made. A philosophical debate to follow. But we know that gardens mature and change. Is it still the same art form when the flowers have seeded and the lettuces have bolted?

Art invites critics and there are many out there ready to give their opinions. Would Art critics be equally as cautious about criticising gardens? The late Brian Sewell said "- you dare not say anything about the garden, or the motor car, or their clothes. My advice is for God's sake, stick to the status quo. Otherwise no one will send you any Christmas Cards".

Not all gardens are works of art but then not all paintings are works of art either, but who's to say? And should only conceptual gardens be considered works of art? The critical art forum, Thinking Gardens, (thinkinggardens.co.uk) believes criticism and analysis vital to help any art form evolve. Though critics have found that their criticism is not always readily appreciated. Many years ago, the garden writer Anne Wareham wrote a critical review on the fascinating, eclectic East Ruston Old Vicarage Garden ⁽¹⁾ here in Norfolk in the RHS journal and there was a shocked response.

SNETTISHAM GARDENING CLUB

**We are sorry to have to advise the planned Annual Open Show
for Saturday 11th July has had to be cancelled**

in view of the current Government directions on social distancing.

**We are still hoping to be able to hold a monthly meeting before the end of the year,
but are having to wait to see what happens over the next months.**

In the meantime please call Addie on 01485 544754

or Gail on 01485 541279 for any information or

e mail gardenclubsnettisham@gmail.com

P.D. BIRD

Plumbing & Heating Engineer
for Oil & Gas



No. CI 1852



No. 101992

**For All Your Plumbing & Central Heating Repairs,
Maintenance & Installation**

- Central Heating Systems
- Underfloor Heating
- High Efficiency Condensing & Combi Boilers
- Heating System Power Flushing
- Unvented Hot & Cold Systems
- Servicing & Repairs
- Complete Bathroom Design,
Installation & Tiling Service

Professional Quality Work - Guaranteed

www.pdbirdplumbingheatingbathrooms.co.uk

Tel: 01485 579472

Mob: 07889 167063

Solosaxclarinet



Weddings, birthdays,
anniversaries, fund raising,
care homes & all social events.

Saxophone/Clarinet lessons.
All ages. Beginners welcome.

esolosaxclarinet@btinternet.com

www.solosaxclarinet.com

Contact David on:

01485 534220

or 07754 497562

Paul Skinner Installations Ltd Double Glazing Services

Window & Door Repairs | Misted or Broken Glass
Double Glazing Repairs & Adjustments
Hinges & Handles | Security Upgrades



Call Paul - your local tradesman

T: 01485 535 247 M: 07834 697 719

pskinnerinstallationsltd@yahoo.com



**Delicious meals delivered
direct to your home**

Oakhouse Foods is a frozen
meals service that cares.

Offering 400 delicious dishes,
quality and taste is at the heart
of what we do, delivered right
to your home. Our network of
local teams are dedicated to
providing you with a friendly
and personal service, from
order through to delivery.

**Dedicated to delicious meals
and quality service**

**Contact
us for your
FREE
brochure
today!**

oakhousefoods.co.uk



01379 870 117

(LOCAL
RATE)

Trustpilot



Rating as of 11th Nov 2019





ROCK THE RAINBOW

THANK YOU
NHS

Sixties Tour

YOUR HOST & COMPERE

LITTLE MISS SIXTIES

THE UK'S 60'S DIVA !! AS SEEN WITH MARTY WILDE & THE WILDCATS

THE CUFFLINKS

MILLION SELLER 'TRACY' & 'WHEN JULIE COMES AROUND'

THE McCOYS^{UK}

HANG ON SLOOPY!

SHADES OF MIDNIGHT

BILLY OCEAN'S FIRST EVER BAND

JOIN US IN SAYING THANK YOU TO THE NHS, ALL PROCEEDS TO THE NHS


Princess
theatre

The Green,
Hunstanton PE36 5AH

Saturday 23rd January 2021

7:30pm

Box Office: 01485 532252

TICKETS

£25*

*£20 from each ticket sale donated to Queen Elizabeth Hospital, King's Lynn

www.princesshunstanton.co.uk