

TOWN and AROUND

NEWS FROM
NW NORFOLK
FREE

ISSUE 169 NOVEMBER 2019
PRICELESS!



EVENTS & ACTIVITIES: Your calendar for the month ahead
THE GREAT OUTDOORS: Sport, gardening, farming, nature and wildlife
LOCAL NEWS: Business, jobs, schools, clubs, council, civic and churches
FEATURES: A Page from the Sage, Lifeboats, Money Matters and more...

First word



This edition marks the start of our fifteenth year of publication and it is a good time to thank everyone who has contributed to the magazine. We are fortunate to have loyal advertisers, writers, photographers and an amazing delivery team. Thank you all.

There's a lot of articles in this issue so if the weather is really rubbish I suggest you make a

nice cup of tea and enjoy a good read.

November in this part of the world is actually a pretty good month. It's true that it is colder and the days shorter, but there's plenty to do, starting with arguably the best firework display organised by the Round Table at Hunstanton Clifftop on 2nd - and this year it also includes a laser light show set to music, and you can read all about it on page 22.

If it's laughter you're after, why not try a comedy night? Jenny Beake has recently performed at the Queen Victoria in Snettisham and on 15th she'll be at The Yurt in Thornham. Vicar's daughter Jenny is a talented comedian and pianist who has performed at the Edinburgh Fringe and is described as a mixture of Victoria Wood and Barbra Streisand! (See page 95 for booking details).

Stargazers should turn to page 62 to read about Mercury crossing the Sun, and where and how to view it. There won't be another opportunity until 2032, so it's an event not to be missed.

Your comments, articles, letters and photos are always welcome and the copy date for the December edition is 12th November.

Between print editions we post news stories to our website regularly, why not log on and have a look?

With best wishes for a great month

Elaine

Elaine Bird, Editor, Hunstanton Town and Around
The Perches, 18 Tapping Close, Snettisham PE31 7FF
T: 01485 540620 M: 07533 088196 E: editor@townandaround.net
Town and Around is published by Elaine Bird and printed by Mortons of Horncastle

Follow the latest stories at www.townandaround.net
and on Twitter @hunny_bird
www.facebook.com/pages/TownandAroundNorfolk

SUMMIT ARCHITECTURAL

DRAWINGS AND SERVICES FOR -
PLANNING, BUILDING REGULATIONS,
BUILDING NOTICES,
GENERAL BUILDING WORKS

summitarchi@gmail.com
01485 570472 or 07787 568908

PART-TIME CARER REQUIRED

Cheerful disabled lady, Hunstanton, requires a carer to assist with her morning personal care routine.

Dog lover essential. 6.5HPW Mon-Fri, £8.46PH.

Closes 22 November. **Job Reference DPSS150**

For details email: dpssrecruitment@norfolk.gov.uk

CHRISTINA THAIN

(Non-practising Solicitor)

WILLS & POWERS OF ATTORNEY

Home appointments at no additional charge.

Telephone: 07776 102 498

Email: christina2018thain@gmail.com

56 Peddars Way North,
Ringstead, Norfolk PE36 5JP

Town and Around Distribution Area



COMMERCIAL ADVERTISING RATES ex-VAT & SIZES

Sixteenth page: 42mm wide x 60mm high £22.50 per month or £120 for 6 months with advance payment (£20 pro-rata)

Eighth page: 88mm wide x 60mm high OR 180mm wide x 29mm high £43.50 per issue or £217.50 for 6 months (£36.25) pro rata

Quarter page 88mm wide x 122 high (portrait) OR 180mm wide x 60mm high (landscape) £72 per issue or £360 for six months (£60.00 pro rata)

Half page 180 mm wide x 122mm high (landscape) OR 88mm wide x 246mm high (portrait) £134.85 per issue or £674.25 for six months (£122.38 pro rata)

Full page 180mm wide x 246mm high £247.50 per issue or £1237.50 for six months (£206.25 pro rata)

Centre DPS: 380mm wide x 246mm high £475.00 per issue or £2375 for six months (£395.84 pro rata)

The copy date is 12th of the month preceding publication.

No part of the magazine may be reproduced, stored in a retrieval system, or transmitted in any other form, or by any other means without written prior permission. Copyright © 2019 All Rights Reserved. This magazine reflects the views of its contributors; not necessarily those of its editor or advertisers.

THE WHITE HORSE

HOLME-NEXT-THE-SEA

**Pre Christmas Lunch & Dinner
Monday December 2nd
to Tuesday 24th December 2019**

To Start

Broccoli & Stilton Soup
with Crusty Bread & Butter

Smoked Salmon & Tartare Fishcake with a Sweet Chilli Dip

Prawn and Crayfish Salad with Bread & Butter

Beetroot & Brie Tart with Red Onion Marmalade

Main Course

Roast Norfolk Turkey, Pigs in Blankets, Homemade
Chestnut Stuffing, Gravy, Roast Potatoes and Vegetables

Local Brancaster Mussels in a White Wine, Garlic and
Cream Sauce with Crusty Bread & Butter

Fillet of Seabass on wilted Spinach served with
New Potatoes a Caper & Prawn Butter
and Roasted Mediterranean Vegetables

Cheese & Butternut Wellington
with Mediterranean Vegetables, Minted New Potatoes
and a Piquant Tomato Sauce

Slow Roasted Belly Pork on Bubble & Squeak
served with a Peppercorn Sauce

Desserts

Christmas Pudding & Brandy Sauce

Chocolate & Caramel Tart with Cream

Vanilla Panacotta with Strawberry Ice-cream

Treacle Tart with Custard or Ice-cream

Cheese & Biscuits with Celery and Grapes

2 Courses £22.00 3 Courses £25.00

THE WHITE HORSE 40 Kirkgate Street, Holme-next-the-Sea PE36 6LH
To book call: 01485 525512 email: whitehorseholme@gmail.com

Hotel plan in the pipeline on Hunstanton seafront

The hotel would be built on the gravel car park opposite Tesco

Sophie Hooker

A well-known economy hotel chain is “committed” to opening a brand new 80-bed hotel in Hunstanton.

If approved by public consultation, the hotel would be built on the gravel car park beside the Honeystone pub, opposite Tesco.

Cabinet Member for Project Delivery Cllr. Peter Gidney said in a report last month: “We are exploring the possibility of an 80-bed hotel in Hunstanton with a major company in the hospitality industry, this will link with the Hemingway Design proposals to come forward for public consultation, hopefully soon.”

Following this report, we invited Cabinet Member for Business Development Cllr. Graham Middleton for an interview to clarify and provide more details. He says: “We’re at the final stages of negotiating where we’re at and how we can do it, [but] there’s a lot of ironing out needed. The hotel provider is committed too.”

Graham states that their three options at the moment are: the Borough council will build it and lease it out, or they ground rent and the provider build it, or the provider will build the hotel but give ownership to the Borough who will then lease it out to them.

“We’re working towards that point; it needs to be built, leased out, and they’re committed to a long lease.”

“What we need to ensure, is that because it is a commercial development, in terms of using taxpayers’ money, we need to make sure that it’s a prudent investment and we get a decent rate of return on that investment,” Graham adds.

Urban design expert Wayne Hemingway of Hemingway Design has been tasked with designing a masterplan for the southern promenade, with Graham assuring us that they are at the stage of finalising designs.



On the link to the Hemingway Design plans, Graham is hopeful that developments such as the hotel will utilise development land in the town. He says: “Through developments that can happen through this Hemingway Design, there is potential ability to unlock some quite prime pieces of development land doing different things.”

“I think that a budget hotel can be accommodated in Hunstanton and I think that it can be really successful. I think there could be a possibility in the future of a more boutique hotel and spa somewhere within that proximity,” he adds.

On concerns with the viability of an 80-bed hotel in a town that predominantly attracts tourists in the summer, Graham is confident

that this will not be too much of an issue, stating:

“The provider we’re working with have identified Hunstanton as an area they feel the concept would work. If you look at similar hotels in coastal towns, they often advertise budget weekends in the winter. So, I think it will be on the provider to create more tourism in the winter.”

“I think part of my role in business development, is asking the question, what can we do in Hunstanton to extend that season? It’s historically March to October; what can you do in the other 5 months? I think the whole economic environment in the town would have to buy into that vision.”

Hospice supports local charities

The Norfolk Hospice has joined forces with East Anglia’s Children’s Hospices (EACH) to offer a bereavement support group for local families.

The group, for parents who receive EACH bereavement support, is running once a month at The Norfolk Hospice, where EACH has trained counsellors available for parents and siblings to talk to.

Lyndsay Carter, Chief Executive at The Norfolk Hospice said, “We are delighted to be working with EACH to provide a them with a local facility to support families at this difficult time. Without the Hospice’s intervention families would have to continue travelling long distances for group support, which is not always possible or practical. This partnership will bring a vital service closer to our community.”

“We hope to work more closely with EACH in the future to provide transitional care for children.”

EACH cares for children with life-threatening conditions and supports their families, with all aspects of its service, including post-bereavement counselling, meeting the individual needs of the whole family. Although that can include offering one-to-one support at family homes, until the Hospice agreed to offer its facilities families had to travel to Norwich or Cambridgeshire for group bereavement support. The Hospice is keen to bring services such as this to its local community and thereby offer a more flexible arrangement for families when they

need support.

Amy Brown, Team Leader/Counsellor at EACH said, “Being able to offer bereavement support locally for West Norfolk families who have lost a child through illness is important to us. It will help them to connect with other families in the same position and save them from having to travel so far for group support. We are extremely pleased that The Norfolk Hospice has offered us the use of their facilities for this vital service.”



**Home
Instead**
SENIOR CARE®
To us, it's personal.



Live well, your way
with care at home

Your home is where you feel the most comfortable and the happiest.

It's the place you know the best. Why would you move away from the place you love if you are faced with needing some extra care and support when you age? If you want to stay living comfortably at home, we can help you make that choice an informed one.



Our care

- ✓ Home help
- ✓ Companionship
- ✓ Personal care
- ✓ Dementia care

Contact us for more **information**

Home Instead Senior Care cover
all PE31 and PE36 postcodes

01485 496987
tom.mcewan@homeinstead.co.uk
homeinstead.co.uk/westnorfolk

I'm going home

A joint initiative between the Careline Community Service and the Queen Elizabeth Hospital, launched on 1 September 2019, has already helped 3 local residents return home from hospital sooner.

'I'm going home' has been developed by the Borough Council of King's Lynn & West Norfolk to help provide services, free and at speed, which will enable patients to return home safely.

Hospital staff involved with discharging patients can refer them to the 'I'm going home' service. This means a 'Buddy Button' will be provided, free of charge, for six weeks while the patient gets settled back at home. The 'Buddy Button' is a communication device which enables patients to summon help just by pressing the button. The device also has GPS tracking so if a patient is confused or lost they can be found and assisted.

Tim Rees, Professional Lead Occupational Therapist, said: "Returning home from hospital can be very stressful for patients not just because of their health, but also because of environmental factors which may lead to isolation or fear of being able to cope. The 'buddy button' provides that additional reassurance both for the individual and for their families and reduces anxiety all round."

Patients are assessed before being referred



to this service, but once referred, set up is quick and easy, with no need for a landline. This enables patients to return home speedily where their recovery is likely to be quicker.

Cllr Adrian Lawrence, Cabinet Member for Housing at the Borough Council of King's Lynn & West Norfolk, said: "We developed this project with the hospital as we understand the need to get people home quickly. The benefit is two-fold as getting home can speed up a patient's recovery as they are in their own familiar surroundings and it frees up vital bedspace. The 'Buddy Button' gives patients and their families extra confidence, that they are safe. They know

help is at hand if they need it, without having to find a number to make a call. All they need to do is press the button."

After the six-week period, residents who wish to retain the 'Buddy Button' service would need to sign up for the paid-for Careline service.

Full details about the Careline service are available at careline-cs.org.uk or call 01553 616200.

Tel: 01553 616200
www.asklily.org.uk



Helping adults in west Norfolk get involved in our community

-  Telephone information line
-  Online directory
-  Lily Advisor home visits
-  Community locations



in association with
Norfolk County Council

Borough Council of
King's Lynn & West Norfolk

Every minute, six people over 65 suffer a fall/

We're here to help.

To find out more, call us on 01553 616200 or visit www.careline-cs.org.uk or www.careandrepair-wn.org



Careline
COMMUNITY SERVICE



Care & Repair

Borough Council of
King's Lynn & West Norfolk



Cracking turnout for Hunstanton's first parkrun

Sophie Hooker

Hunstanton's inaugural parkrun was a runaway success with 220 runners gathering at Hunstanton Sailing Club on Saturday 5th October.

A sense of community and camaraderie permeated the crisp morning air as the runners made their way from the Sailing Club, around the Heritage Gardens, along the clifftops and to the Lighthouse and back before returning to the Sailing Club for a total distance of 5km.

The first male record holder for Hunstanton was Josh O'Neil who recorded a time of 19:08 and the first female record holder was Marie French who recorded a time of 19:16.

Run Director Mike Shaw said: "The Hunstanton Promenade parkrun core team were surprised yet very pleased with the turnout of 220 parkrunners on Saturday morning."

"Feedback was very positive, and it was great to see both experienced and new runners and walkers of all abilities taking part."



"We are very grateful to our group of volunteers who without their help the parkrun would not take place. To volunteer, whether regularly or from time to time at the parkrun, you can sign up by looking at our website and emailing us at hunstantonpromenadehelpers@parkrun.com."

"We are very grateful to our local sponsors Active Norfolk,

Hunstanton Heritage Gardens, Hunstanton Rotary Club and Hunstanton and District Roundtable for their kind donations."

"The core team look forward to the weekly event going from strength to strength and will regularly update its website and Facebook page once this has been launched."

Parkrun UK organise free,

weekly 5km timed runs all around the world. They are open to people of every ability. Previously, the closest parkruns were at Holkham Hall and King's Lynn.

Hunstanton parkrun takes place every Saturday at 9:00am on Hunstanton North Promenade. Course details and information on registering is available on <https://www.parkrun.org.uk/hun..>

JEFF BRYAN BUILDERS LTD

Established 1986

www.jeffbryanbuildersltd.co.uk

For all your building requirements:

EXTENSIONS - RENOVATIONS
& REFURBISHMENTS

ALTERATIONS - FLAT ROOFING
PLASTERING

REPLACEMENT WINDOWS AND DOORS
SHOP FRONTS

HAY BARNs & FARM BUILDINGS



T: 01485 540539 M: 07971 207619
E: jeffbryanb@aol.com



Sandringham Estate introduces car parking charges

Sandringham Estate has announced plans to implement a parking charge from February 2020 as major development gets underway.

They will also introduce season tickets for those who use the Country Park regularly.

The charges will assist with the increasing cost of maintaining existing facilities and for funding for future developments.

Parking for 20 minutes will be free, up to 2 hours will be £3.00, up to 4 hours will be £5.00 and all day for £7.00. Parking will be free if visiting the Museum, Gardens or House.

There will be single (£40.00), couple (£60.00) or family (£70.00) season tickets available to purchase. These will include unlimited parking for one car, access to the Country Park, unlimited visits to the 60-acre Sandringham Gardens and Museum and 10% off in the Gift Shop, valid for a full calendar year from April 1st.

In a statement, the Sandringham Estate said: "Each year, thousands of people are welcomed to the Sandringham Estate to enjoy the Country Park, House, Museum and Gardens throughout the seasons. In recent years, the number of people and vehicles to the Estate has increased significantly, particularly in the Country Park, which received over 500,000 visitors last year."



"In light of the increase in numbers, the Estate is undergoing some redevelopments with a view to offering improved facilities for visitors, while also maintaining the landscape and environment for all to enjoy."

Work to improve facilities will begin this autumn and will include; improvements to the surfacing, layout, signage and lighting on both main car parks. They will also increase the number of disabled parking bays and a shuttle service will be available for those less able from the main car park to the café, shop and facilities.

Changes will also include an enlarged courtyard and a re-fitting of the gift shop, which will stock a new range of products developed around Sandringham.

The Scenic Drive will be pedestrianised creating safe access for people who enjoy using the path with wheelchairs, pushchairs and bicycles.

They are also planning on thinning the old conifer trees to allow in more light in the car parks and will re-plant a more diverse range of trees that will offer a better habitat for wildlife.

QEH ophthalmic consultant surgeon recognised for outstanding teaching

A highly respected and experienced ophthalmic consultant surgeon at QEH has been recognised for his outstanding teaching. It is particularly satisfying for Michael Kouroupis that the nomination for the award has come from his students.

The Excellent Teaching Awards were set up four years ago to allow students to recognise outstanding teaching they've received from any clinician. The awards are supported by the Cambridge School of Clinical Medicine and Higher Education East of England.

"My award is the result of a team effort," said Mr Kouroupis (49). "I am grateful to Mr Balapathiran Baskar and Mr Robert Florance, who facilitate the undergraduate teaching for the Cambridge medical students. I wish to thank all the nurses and doctors in the eye clinic who are supporting students."

Mr Kouroupis is the sub-dean for undergraduate teaching at Norwich Medical School, and honorary senior lecturer at University of East Anglia. He has completed a master's degree in Clinical Education with distinction and believes that this postgraduate qualification supports his role as an educator in the Trust.

He said: "I'm passionate about problem-based learning and incorporating modern technologies such as retinal images into everyday work-based teaching. Senior health professionals should not only engage with teaching and innovation but also involve junior colleagues and medical students in transformational learning and research."

Mr Kouroupis has recently contributed a chapter in an international book publication regarding Innovation in Health Informatics.

"I am a big believer in lifelong learning. I am currently an executive MBA student at the Norwich Business School. Being a part-time student helps me to relate better with the requirements and challenges



of all students."

Mr Kouroupis, who has been working at the Trust more than 15 years, will receive his award at Addenbrooke's Hospital in Cambridge on October 28.

Pictured: Michael Kouroupis and student Shravan Gowrishankar



THE KING WILLIAM IV
Country Inn & Restaurant



Restaurant • Bar • Real Ales • Rooms • Garden



SIMPLY THE BEST



Christmas Parties

Festive Food & Winter Breaks

For details & Bookings please call Nick, Tom or Liz
01485 571765 • www.thekingwilliamsedgeford.co.uk
Heacham Road, Sedgeford, PE36 5LU •  



Our glasses startle from £19

Book an eye test at specsavers.co.uk
Hunstanton Tel 01485 500 490
Kings Lynn Tel 01553 692 604



Includes standard single-vision lenses only. SKU 30519206. ©2019








For
Unique Gifts
Seasonal Produce
Delicious Refreshments

The BagLadies of Thornham
invite you to visit our annual
Winter Gift Fair
23rd 24th November 2019
10am-4pm Free Entry
Thornham Village Hall
High Street, Thornham
PE36 6LX















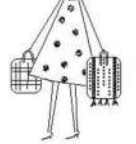















Raising Funds for Thornham

Bonny Dogs Grooming

Professional Grooming Service

21B High Street, Heacham

Call Helen: 07775 479 107

www.bonnydogsgrooming.co.uk

Supplier of James Wellbeloved



Bath, clip, scissor trim,
nails & ear clean.

City & Guilds
25 years experience

Donate your old car or other vehicle

With/without M.O.T. Running or not.

The older the better.

**Monies raised will go to local
charities or good causes.**

All correct paperwork completed.

No charge for vehicle collection.

Contact: Richard Bird

07860 476 198

Transformation of Outdoor Learning Environments at Burnham Market Primary School

Parents, friends, businesses and the local community joined the staff and children at Burnham Market Primary School in the autumn sunshine on 30th September for the opening of their outdoor learning facilities



Burnham Market Primary School, part of The Wensum Trust, has recently benefited from the hard work of its Friends and Parents Association (FOBS) fundraising efforts. At a special event organised by the FOBS, parents and members of the local community were invited to the school, where they were thanked for all their support of the fundraising events, during the last academic year. There had been a huge success raising funds to enhance the outdoor areas at the school and so it was really important to the school to be able to show what has been achieved. Thanks to the generosity of parents and the local people of Burnham Market, the school was able to renovate an old beach hut structure, which has been doubled in size and is now a fantastic outdoor learning space, catering for a full class and smaller groups of children, allowing them to get out into the fresh air and enjoy learning in a different environment.

The school has some wonderful lunchtime clubs which can now take place outside in the beach hut, providing a great space for the children to take part in colouring and play related activities.

This was part of a larger project in partnership with a company called Butterflies of Britain (B.O.B), which included; improvements being made to a woodland area on the school site and a renovation of the Early Years Foundation Stage garden area, to ensure new reception aged children have a great start to their school life. A team of parents spent several weekends clearing out the woodland area and creating a



new path to provide access for all children. B.O.B then built some amazing outdoor facilities in the woods which includes an outdoor classroom, fire pit, a textured kitchen, parkour area and small world area with story circles. B.O.B is now providing woodland school classes for all children on a Friday, helping them to learn about woodland animals, insects and trees. The children are loving the new outdoor lessons and the school hopes to be able to raise further funds, to continue them all year.

The FOBS team are so proud of what has been achieved so far and is really pleased to hear about how much enjoyment the children are getting from the new facilities. A spokesperson for FOBS said; "We couldn't have done any of it without the generosity and support of the local community, for which we are very grateful. We are really proud of our excellent school and so pleased to be able to support the fantastic teaching staff by providing this renovated outdoor space".

FOBS plan to continue their efforts this year by raising funds to weatherproof the beach hut, so that it can be used all year round. They also plan to ensure that the school can fund the woodland classes for the full academic year and hope to be able to create a much needed shelter on the school field, to provide a shaded area for the children.

Mrs Rachel Stroulger, Headteacher added; "We have the most amazing team of parents, staff, governors and children at Burnham Market Primary School and we are all dedicated to provide the best learning environment both inside and outside, that we can. We are immensely grateful to many local sponsors and donors, who have given both their time and made financial contributions, to enable this whole project to work. Together Everyone Achieves More is our school mantra and we absolutely have shown that here".



Golf day raises over £3000 for charities

Allen Tomas & Co Financial Management and Agrifac UK, held its first joint Charity Golf Day raising £3,050 (£1,000 for the Stroke Unit at The Queen Elizabeth Hospital and £2,050 for Cancer Research UK).

Teams of golfers enjoyed a Texas Scramble format at Heacham Manor Golf Club on Friday 13th September 2019.

Event organisers Ben Allen, Michael Crisp, Andrew Carse and Matt Carse concurred "We wanted to raise money for these charities as we all have a personal connection with them and know the Charities will use the funds well"

The event was won by FENMAN SPESH, Captained by Nick Barker of NB Construction (UK) Ltd playing some fantastic golf. The Red Devils Captained by Jonathan Shippey came second with Michael Crisp's team of Allen Tomas & Co II finishing third, we won't name last place!!

Well done Fred Case of team Branodunum, who won both the Longest Drives on Hole 4 and 11 and Nearest the Pin on Hole 7. Fred's team member and Captain, Thomas Oleson, winning Nearest the Pin on Hole 15.

We would like to thank everyone who took part in the Golf Day and for their generous raffle gifts. Thank you also to the Allen Tomas & Co Staff of Chloe, Leah and Kia for looking after us all and lastly to Edd Howes and his team at Heacham Manor Golf Course.





Allen Tomas &^{co}

FINANCIAL MANAGEMENT



Chartered

Savings & Investments

Pensions

Mortgages

Inheritance Tax

Care Fees Planning

LOCAL CHARTERED INDEPENDENT FINANCIAL ADVISERS

info@allentomasfinancial.co.uk
www.allentomasfinancial.co.uk

6 St Nicholas Court, Dersingham 01485 541998
2 Oak Street, Fakenham 01328 854706

Sandringham Xk raises £4000 for local pre-school

Two hundred and twenty runners entered the Sandringham Xk which is a charity 10K race around the Royal Sandringham Estate that raises funds for the Little Owls Pre-school Group in

East Rudham.

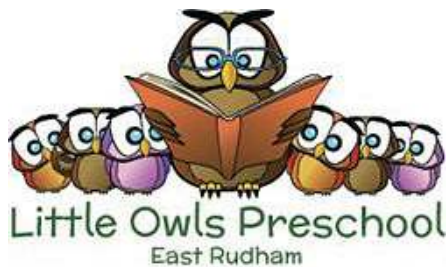
The Xk race course is 2 laps of a 5km trail in one of the most beautiful country parks in the UK and the course is a mixture of surfaces from woodland to road.

The 2019 edition was described as a great day out for all the family with face painting, cake stall, races for children aged 8-14 years and a great Zumba warm up in addition to the main event.

In the children's races the winning boy was 10 year old Kieran Walpole and the winning girl was Alisha Greenwood age 9.

Winning the men's race was Chris Gay in 36.46 minutes, Anthony Cude was second in 40.46 and third was Steven Franklin in 41.14.

In the women's race Nicky Roger was first in a time of 43.21, Emma Wood was second in 43.50 and in third place was Rhiannon Jones in 46.22.



The start of the children's race



From left: Rhiannon Jones, Nicky Roger and Emma Wood



The top three boys (from left) Cody Pearman (11), Kieran Walpole (10) and Jacob Booth (9)



From left Steve Franklin, Chris Gay and Anthony Cude



The top three girls (from left) Isabella Fincham (8), Alisha Greenwood (9) and Izzy Wood (9)



Rhiannon Jones holding her 3rd place trophy alongside fiancé Jack Schmollmann who was 8th in the men's race

Passing on the paintbrush



After twenty plus years of decorating in and around Hunstanton and four successful apprentices I am finally retiring to Sunny Spain! I would like to say thank you very much to all my customers, both past and present.

I am handing the business over to my son, Harry, who many of you will know, he has worked with me for nearly ten years and also did his apprenticeship. He is very experienced and fully insured.

Please feel free to contact him if you would like an estimate for any decorating work.

Harry Brister, Brister Decorators
Mobile: 07944 954455
Email: info@bristerdecorators.co.uk

Vicky Taylor

LANDMARK
IFA LIMITED



Trustworthy, Independent Financial Advice

- Wealth Management
- Pension Planning
- Investment Planning
- Inheritance Tax Advice
- Protection

01553 615715

vicky@landmarkgroup.org.uk

Authorised & regulated by the FCA (225538 FCA no)

HARRY BRISTER PAINTER & DECORATOR

07944 954455 | info@bristerdecorators.co.uk | bristerdecorators.co.uk

f @bristerdecorators



**Award winning restaurant,
 National Winner of
 The Good Food Guide
 Best Local Restaurant 2019.**

Open for lunch and dinner serving modern British cuisine, utilising the best local, seasonal ingredients.

10 Lynn Road, Snettisham, King's Lynn PE31 7LP
 info@theoldbankbistro.co.uk
 t: 01485 544080

www.theoldbankbistro.co.uk



DOMESTIC APPLIANCE REPAIRS



A family business for over 30 years
Same day/next day visit

Call: 01553 768557 / 842319

Mobile: 07775 858255

E mail: dkrepairs@tiscali.co.uk



Any Electrical works undertaken by our Friendly Family Business.

Please contact us for a free no obligation quote on

07895 683150 or 01485 601379

Email: steve@swelectrical.org.uk

www.swelectrical.org.uk

Proud members of
Checkatrade.com
Where reputation matters

A Page from the Sage

Here we are another write up in the Town and Around for the month of November from the Sage (The Boy Dick) at Sunny Hunny. Hi there all you readers of the Town and Around.

I had a good old Norfolk boy ring me up and ask about the underground toilets that were in the Spinney opposite the bus station in Hunstanton for many years. In 1896 the Hunstanton Town Hall was built on a plot of land at the top of the Green in a north easterly direction, it cost £2,200 to build and was opened by the Countess of Cottenham; the silver key used for the ceremony was subsequently lost, only to be re-discovered at a jumble sale in Battersea (London) in 1964.

After the Town Hall had been in use for a few months many people complained that there were no toilets in the building, the nearest ones being in the railway station yard, so it was decided to build some toilets at the west end of the Spinney facing Westgate Gardens. The Town Council demanded that the toilets be built underground, so the toilets were built with a long flight of steps and a smoked glass roof that could be walked over. In 1963 the bus station was built with their own toilets so the underground toilets that were there for over 60 years and hard to keep clean were made redundant. A friend of mine who worked for the council said the glass roof was taken away as were the hand rails, doors and the pans, the large hole that was left was just filled in with brick rubble, and bricked over with a bench in place, so that is little story (squite) of Hunstanton's long lost toilets.

As most of you know I have been asking for the last ten years for RNLI Lifeguards to be deployed on all of west Norfolk's bathing beaches, such as Heacham, New Hunstanton, Old Hunstanton and Brancaster beaches. Every time I write to kings Lynn and West Norfolk District Council they tell me that all the beaches in west Norfolk are safe and no one has been drowned on these beaches since 1960 when there was a tragic accident. A clergyman's wife jumped in to the rough sea to rescue her dog which she thought was in trouble, her husband jumped in to rescue her and they both drowned, the dog came out on its own. Just because no one has been drowned on these beaches since 1960 it does not mean it is a safe beach, no beach in the world is safe. The Boy Scout and the Girl Guide Associations advise their members to only swim on beaches that are patrolled by RNLI life guards and to always keep between the flags that are flying. West Norfolk council-controlled beaches are the only beaches in Norfolk not patrolled by RNLI lifeguards, during the summer months.

I have lost count how many times the RNLI lifeboat or hovercraft have been called out this summer, June to September, to rescue the many people getting cut off on the sandbanks and at Scolthead Island; William Searle on his Wash Monster is always looking out for people on the sand banks and telling them not to go right out on the many sand banks we now have off Hunstanton, only the other day, 14 of



by
Dick Melton
01485 535658

September, the hovercraft was called out to pick up 2 people off Scolt Head at 2.45pm then again it was called out at 3.30pm to pick up 11 adults 5 children, 2 of them babies in arms.

A chap asked me when RAF Sculthorpe was built so I thought I would write a bit about it. Work was started in the spring of 1942 the work was initially undertaken by Constable Hart and Co, but some of it was entrusted to Bovis; they constructed the dispersal sites, the roads the accommodation areas, the firing range and the officers mess. Some fifty men were employed by Bovis; it was difficult to get men for the job as men were liable to be called up for military service. It became common practice to replace them with men from the Irish republic, many of whom stayed in the area afterwards, some of the workers were billeted as far away as King's Lynn and were brought in by bus every day, Newstead's Coaches of Syderstone being used for this. When plans were being drawn up for the construction of West Raynham's second satellite airfield one of the first considerations was what to call it, the proposed address was RAF Tattersett, Sculthorpe, Fakenham, Norfolk because the main gate was in that parish. This was not acceptable by the GPO so after that the name of RAF. Sculthorpe, King's Lynn was settled on.

It was towards the end of 1943, after RAF Sculthorpe became an independent RAF station that references to RAF Tattersett ceased, although WW2 was still going on.

Free French airmen together with some Polish airmen arrived at Sculthorpe during January 1943 and many other squadrons operated out of Sculthorpe including some from the USAAF, but the Americans however did not become operational at Sculthorpe. By May 16th 1944 the RAF and the USAAF squadrons had moved to Oulton about twelve miles away.

At the end of 1944 Sculthorpe closed down and John Laing and Sons contractors moved in and joined the Bovis personnel who were still working there, Laing's had the contract to enlarge the aerodrome up to very heavy bomber standard, tripling the runway widths to 300 feet and increasing the length of the main runway to give four miles in all. 1,500,000 cubic yards of earth over 750 acres had to be

moved and levelled and 566,300 cubic yards of concrete had to be mixed on site and laid. The extension carried the aerodrome across public roads closing the Fakenham to Syderstone and King's Lynn roads and a new road, known locally as the Burma road, was constructed. Part of the old Syderstone road can still be seen going across the centre of the site. The other minor roads built over were not officially closed till 1962.

Some idea of the extent of the expansion can be gathered from some of the statistics involved, 1,400 men were employed, 800 living in the R.A.M. quarters, 163 items of mechanical plant and 172 lorries were in use at one period giving 264 movements per hour on and off site, special trains were shunted into a siding at one of Fakenham's stations certain Sundays, and up to 40 trucks cleared in a day. The first American squadrons arrived in February and commenced training on the 15th; soon the airfield had its full complement of personnel, around 440 RAF supporting 850 US airmen. American supplies came in by road and rail mostly from there new depot at Burtonwood in Lancashire and could take some days to reach Norfolk; the old wartime problem of pay raised its ugly head, the national servicemen being on 12 shillings a week and the US airmen being on something like £90 a month (£22 1s a week).

In 1943 the Commanding Officer at Sculthorpe was Group Captain Percy Pickard DSO, star of the wartime film "Target for tonight"; he was killed in action in 1944. For many years he had a nephew who lived in Hunstanton.

Having arrived at Sculthorpe in September 1950, the USAF 7502nd Air Support Wing took over the airfield from the RAF on the 1st January 1951 and from then for the next ten years or more Sculthorpe was a very busy airfield. After 14 years Sculthorpe was handed back to the RAF on the 1st July 1964. this is just a bit of history about Sculthorpe the RAF and the USAF; no doubt many people will have more to say so let's have lots of letters about RAF Sculthorpe in the December issue of Town and Around.

Hunstanton Soap Box Rally was held on Sunday 22nd September, I was not able to get there but the hundreds of people that did, so I have been told, had an exceptionally good day, that is except for one gentleman who put a letter in the Eastern Daily Press saying that, "despite the desire of grown men and women to pretend they are still teenagers dressed in stupid costumes and piloting carts, this annual event has become a local embarrassment and annoyance for many residents." All I can say to this gentleman is do not be such an old misery, start building yourself a soap box ready for next year's event, get on the entry list and who knows you might enjoy yourself. Well that's your lot, there will soon be some good mussels about, just keep on a troshin'.

All the best.
The Boy Dick
Sunny Hunny



Plumbing-heating-gas services

Boiler servicing-repairs-breakdowns
and replacements

Bathroom and shower room installs

Gas Safe registered

Fully insured



07798 635 860 01485 571 363
chrispalmer333@gmail.com



HUNSTANTON LIONS TURKEY TINSEL LUNCHES

We are delighted to announce that we are holding our successful Turkey Tinsel Lunches at The United Services Club, Homefields Road, in Hunstanton beginning Monday 2nd December 2019. These lunches are open to **all Senior Citizens** in Hunstanton and the surrounding area.

Due to the popularity of this event and to make sure we allow everyone a chance to attend, we can only accept **one** application per name (eg: if you have attended via a group booking, you cannot then attend again under an individual booking).

The lunches cost **£9.50 per person** (non-refundable unless 48hrs notice is given) for a delicious three course meal.

Vegetable Soup

Traditional Christmas Turkey with all the trimmings

Vegetarian Option available

Christmas pudding or Fruit Salad or Ice Cream, Tea/Coffee

***Special dietary requirements will be met**

(Please state on your booking form)

Please complete and tear off the Booking Form below and return as soon as possible to the address given below on the form. **Please enclose a s.a.e. for confirmation of your booking.**

Please do not arrive any earlier until 15 minutes before the time stated below on your booking form.

We look forward to meeting you at your Turkey Tinsel Lunch.

TURKEY TINSEL BOOKING FORM 2019

Name:

Address:.....

Telephone Number: Home

Mobile No:

Number of people in your party:

Email:

Please **Circle** the days you're available to attend and **Underline** your main preference:

Monday 2nd December

Thursday 5th December

Tuesday 3rd December

Friday 6th December

Wednesday 4th December

Please circle below, which sitting **time** you would like to have lunch, (NB: **The early sitting do not need to vacate your table for the 1pm sitting**)

12.00pm or 1.00pm

*Please state any **special dietary** requirements: i.e.

vegetarian/vegan/gluten free/other

Any offers of help or a donation of a Raffle prize will be gratefully received. Thank you.

Please enclose **£9.50 per person** (cheques made payable to: **Hunstanton & District Lions Club**) and return this form to:

Mr Chris Holt, 4 Bewick Close, Snettisham, PE31 7PJ.

For further enquiries contact Mr Chris Holt on: 01485 541534

or via email: mail@chrisholtphotographic.co.uk

Please also enclose a stamped SAE, so that written confirmation of your booking can be sent in return of receipt. Thank you.



Mr BUN THE BAKER

*Fresh bread
baked on the
premises
every day*

60 different breads,
biscuits, cakes,
pastries and
savories
baked every day



German, White, Brown, Sourdough, Multi-seed &
Beetroot Breads, Tray Bakes, Buffet Food,
Pies, Pasties and Sandwiches

We are famous for our large range of cakes that
are big enough to satisfy any appetite!

Open 7 days a week
Hunstanton High Street
Gerry: 07576 666029
mrhunthebaker@hotmail.com

Celebrating 10 years of Coastal Vets

Sophie Hooker

To commemorate ten years of providing top notch animal care, Town and Around chatted to Coastal Veterinary Group owner Chris Tansley about his journey from working from a car to being at the helm of the flourishing Snettisham-based veterinary practice.

Chris studied at Edinburgh University where he met his wife Claire who was also studying to become a vet. They both graduated in 2004 and moved to Grantham, Lincolnshire where Chris worked for a few years before moving to New Zealand for a year where they worked and travelled. The couple eventually settled in Snettisham where their dreams of starting their very own practice were realised.

"We started off working out of the car basically, visiting people at home. We had a theatre we could bring them back to," Chris says. "We outgrew that fairly quickly, however. We had a lot of trouble finding suitable premises, but a bungalow eventually came up. In 2011 we bought and converted the residential bungalow. We expanded that a couple of times and took a few years getting the purpose-built practice that we have today."

Chris notes that they have gone from one person working part-time now to now employing fifteen staff, with two new vets due to start this month: "We're constantly expanding and growing, hopefully because people like what we do and tell their friends about us."

"What I really like is having a nice steady team, where people can come in and see the same person if they wish and build a relationship," he adds. "Our vets really get to know the animal over the years and know what's normal for them and what isn't and follow them throughout their life."

Though their main base is in Snettisham, Coastal recently opened a branch in Burnham Market which offers routine examinations, vaccinations and checkups on Monday and Wednesday afternoons and Friday mornings.

One of the things that makes the practice so special is that they are an independent, family-run business, with Chris stating that two thirds of small animal practises are owned by big corporate groups, and this personal touch is vital to doing what is best for both animal and owner.

"In the age of corporate takeover in the veterinary world that focuses on numbers, I try and get people just to focus on doing the right thing for the animal and worry about everything else later," Chris says. "Whether that is lots of tests and surgeries or doing nothing at all but using discretion to make the individual judgement. Which is what I like about being a completely independent practice: doing what you think is best for the animal and the owners," he adds. "Unfortunately, good quality healthcare is not cheap, but you want to offer good value for money at the same time and hopefully people appreciate that."

Although all veterinary practices are legally obligated to provide 24-hour emergency care, many places tend to redirect patients to another hospital with unfamiliar surroundings



Chris (far left) with some of the Coastal Vets team

and staff. Coastal, however, do all emergency care at their own practice with their own staff with easy access to medical records. "It's not an easy thing from the vet's point of view, as many would like to have evenings and weekends off but that's not necessarily the way it works, he says. "It's really reassuring to know that if you've got a problem out of hours you know exactly where to go and know who they're going to see in a quick amount of time."

The practice also works closely with Hunstanton SEA LIFE centre in their seal rehabilitation hospital. Though primarily treating cats and dogs and household pets, on asked the strangest examinations he has performed over the years, Chris references the first porpoise that he has ever treated which washed up on Snettisham beach a couple of weeks previously. A special mention also goes to an examination of a Giant African Land Snail.

Chris is particularly excited about the prospect of implementing keyhole surgery in their procedures, which involves surgeries carried out using small holes rather than large incisions, allowing for a much quicker recovery time. "It will be very interesting to look into that, even though it will be a large investment for the equipment for it I'm quite excited to offer," he says.

"I'm quite keen on the technology practice and things we can do to make the client's and animal's experience better. The keyhole thing is one thing, but we've got the vast majority of diagnostic equipment here such as ECGs, x-rays, ultrasounds, urine analysis machines, etc," he says. "We have a lot of lab equipment where we can do the vast majority of blood analysis work and that sort of thing. We can be talking through the results of blood and urine tests and formulating a plan within ten min-

utes."

Ensuring all of their equipment is up to date is crucial as the world of animal healthcare continues to transform: "The veterinary profession is becoming more technological, with the introduction of telemedicine and doing more remote work. For humans, we can set up 24-hour ECGs and monitor at home, and this is transferring into the veterinary world too," Chris notes.

The team at Coastal comprises of veterinary surgeons Chris and his wife Claire, Vanessa, Miriam, another Chris and two more vets due to start later in the month, one of which worked in visual arts before qualifying as a vet and another who has experience in keyhole surgery.

They also have a dedicated team of nurses and receptionists that are an integral component of the practice's success, as Chris states: "There is no member of the team that is more important than anyone else, in fact, many would say that receptionists are the most important people in the practice as they're the ones who meet and greet patients and are the first impression of the practice."

"We've got a huge amount of experience combined in our nursing team and they're the backbone of the practice. They do everything from looking after kennels, anaesthesia, hygiene, sterilisation and post-op care," he adds. "Our team all work together to ensure we deliver a gold standard of care to our patients."

The Snettisham practice is located at 16 Alma Road, Snettisham, Kings Lynn, Norfolk, PE31 7NY and open Monday to Friday 8.30am to 6pm and Saturdays 9am to 12 noon. The Burnham Market branch is located at Creak Road, Burnham Market, King's Lynn PE31 8EA and both can be contacted on 01485 544201.

CÖASTAL

Veterinary Group

16 Alma Road, Snettisham
King's Lynn, Norfolk, PE31 7NY

- ✓Caring, friendly and professional
- ✓Fully independent practice
- ✓24 hour emergency service
- ✓Full surgical facilities
- ✓On site x-ray facilities
- ✓Home visits available
- ✓Off street parking

Tel:01485 544201

Email: info@coastalvets.co.uk

www.coastalvets.co.uk



TOP 2 TAIL DOG GROOMING

Debbie Smith

43 York Avenue
Hunstanton
PE36 6BU

01485 532626
07539 608500

enquiries@top2tail-hunstanton.co.uk



Wild animal attacks pet cat in Hunstanton



In the early hours of Sunday 6th October a pet cat suffered a 3cm wide gaping wound to the lower neck and shoulder area with his muscle torn through to the bone after being bitten.

Cat owner Mark Wilson said: "I suspect he was attacked by a stoat, my neighbour has seen one this week in her back garden.

"Whatever it is, it has twice bitten our cat; the first attack was about 6 weeks ago, and left only superficial injuries, which we put down to rat bites, but last Sunday night his injuries required stitches at the Vets under anaesthetic.

The six year old cat, named Adolf, was adopted by Mark and his partner Bo three years ago when they lived in Ilford, he weighs in at 7kgs and is described as a real Tomcat 'bruiser'. Now recovering at home, Adolf is wearing a cone collar while his wounds heal.

A second cat was badly injured near the Water Tower in the town leading Mark to warn pet owners at the top end of Princess Drive, Phillips Chase, Margaret's Close, and maybe Harry's Way that there would appear to be a vicious animal, literally ripping at the throats of pets in this area, especially at night.

"I urge owners of cats, rabbits, and small dogs, in this area, to take care when letting their pets out in the street or gardens." Mark added.



FUJIFILM
Digital Imaging Service

WOLFYS

6 Greevegate, Hunstanton Tel 01485 533573

**Memories are
too important
to lose!**



print it or lose it

Coastal Flooding, the real cost

Political comment from Richard Bird

Well we just got away with it again; there have been numerous high tides recently, and if the other two elements that make for a flooding status had been in place, we may have seen disastrous effects. The three elements that create a dangerous position for us, here in North West Norfolk, are flood tides, easily predicted as they relate to the moon's pull, low barometric pressure (you have heard the weather presenters talk of low and high pressure on their summaries), and lastly the velocity/strength of the wind together with its direction from the North East. Now bearing in mind that the weather normally arrives from the west, that wind direction is, very fortunately, unusual.

In any event once again, as in December 2013, the weather conditions faltered and we were saved from flooding by the weather conditions changing for the better, however they (2013 floods) created much more damage than this time with many properties inundated. The Environment Agency, correctly, values lives first then built environment (homes and buildings) and then lastly other various local benefits. This is why the more rural coastal areas have not got miles of concrete flood defences like the ones in King's Lynn and Hunstanton. Also, we have the ongoing yearly cost borne by the Environment Agency (your taxes) and monies raised by the (CIC) Community Infrastructure Company for the area between Hunstanton and Wolferton Creek, funded mainly by voluntary contributions from caravan and other seaside structure owners within that area, to recycle the shingle wall, rather than something more permanent.

There are two major factors when we consider sea defences. The first is the structural preparation, stopping over-topping and breaches, and this is by far the most expensive component. The second is called the Resilience Plan - what we do when the disaster has occurred. Now please bear in mind, with modern technology, weather can be predicted much more accurately than ever before and we are far less likely to be caught out. That's why we rely so heavily on the (PEN) Precautionary Evacuation Notification system rather than sirens and other means of

flood-warning-information.service.gov.uk/station/6009?direction=u

GOV.UK

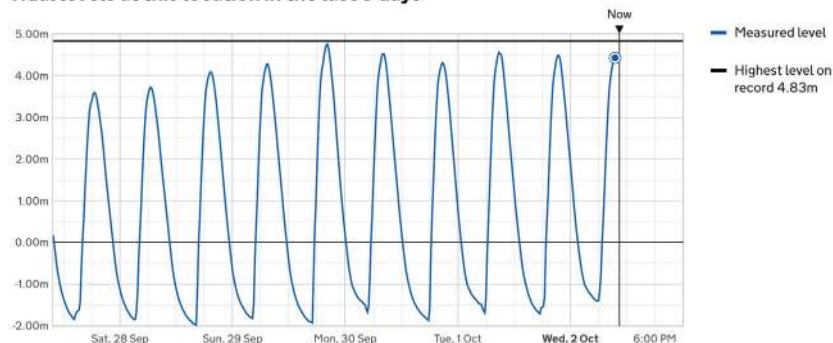
Flood information service

Tidal level

River Great Ouse at King's Lynn

Latest recorded level **4.43m** at **9:30am Wednesday 2 October 2019.**

Tidal levels at this location in the last 5 days



Gov UK Tidal levels measured in King's Lynn

website: <https://flood-warning-information.service.gov.uk/station/6009?direction=u>

advance warning. The PEN system is very effective but above all very inexpensive, its costs are virtually nil in comparison to building or improving sea defences.

Since 1953, to the best of my knowledge, nobody has lost their lives to coastal flooding locally. The resilience program was initiated recently with great expertise; I witnessed for myself wardens, police officers and other professional bodies going door to door leafleting and gleaning information to construct their lists of who, what, where and why residents were taking their various actions, you cannot force folk to evacuate their homes, only advise. My one problem with the PEN system is that folks go missing, so for instance in 2013 nearly 100 people were supposed to turn up at the Community Centre that time, as this week only a handful showed up, begging the question where are they and what do we do about them?

For once I think that Kings Lynn Borough Council will have to take the issue of flooding

more seriously than we on the coast have to, as King's Lynn and the Great Ouse gateway makes them and the lands towards Ely even more vulnerable than those of us on the coast.* see the Gov.UK tidal level chart above.

My father-in-law, the great Aubrey Clarke, served his national service in Bermuda, I know some had a tough war, he came back just in time for the great floods of 1948. There he was in East Anglia somewhere, with a tan to die for, on a landing craft putting straw bales into breaches in various waterways. He landed up with pneumonia. The excuse then was 6 years of war with a nation virtually bankrupt, what's the excuse going to be this next time? Our local Boro' Council leader has not joined the global warming group of local councils when he has more to lose than most.

As a previous local politician I have made assumptions about the wants and preferred options of the local residents, sometimes I got it wrong! So my question to you dear reader is, would you prefer to have more robust (concrete) reinforced sea walls that have a huge cost or would you prefer to have the resilience (virtual no cost programme) improved? You are the tax and domestic rate payer, tell me what you think - by e mail to: richard@richardbird.me.uk, write to me at: The Perches, 18 Tapping Close, Snettisham PE31 7FF or respond this article on the T&A Facebook page.

Flooding can be life threatening, just because the wind changed this time, it doesn't mean we are safe forever.





Staveley Johnson & Procter **SOLICITORS**
Formerly Hawkins of Hunstanton and Beale & Staveley



Contact Us
Staveley Johnson &
Procter Solicitors
Waverley House, 37 Greevegate
Hunstanton, Norfolk PE36 6AB

Telephone: 01485 532662
Fax: 01485 534802
DX: 95250 Hunstanton

info@sjpsolicitors.co.uk

Solicitors acting in the North
Norfolk area, including
King's Lynn and Norwich



We are a local firm of solicitors
that cover and are experienced in:
conveyancing, family, residential and
commercial lease, debt recovery, litigation,
wills and probate, personal injury, contract and
professional negligence and dispute matters.

We can offer fixed fees so you know
where you stand on costs and an
introductory 1/2 hour free of charge
(except when fixed fees apply).

www.sjpsolicitors.co.uk



GRIFFINSHAWS

www.griffinshaws.co.uk

OPENING HOURS
MON – THUR
9.00 – 16.30
FRI 9.00 – 16.00
SAT BY
APPOINTMENT

BLANCO

SIEMENS

Quooker®
THE BOILING WATER TAP

KITCHENS • BEDROOMS • BATHROOMS
FAMILY BUSINESS EST. 1988



Kitchens, bedrooms and bathrooms available with
full design service and installation

Contact Pam: 01485 571367 or Email: pam@griffinshaws.co.uk

GRIFFINSHAWS your local independent retailer at 42 Station Road,
Heacham - next to Boots the chemist

PENSION CONTRIBUTIONS: BEWARE UNEXPECTED TAX IMPLICATIONS!

By Kathryn Gigg Chartered Accountants, Hunstanton

Back in the 1980's when life may be considered to have been more straightforward, the tax rules relating to pensions were (relatively) easy to understand. The self-employed could contribute a percentage of their earnings into a pension plan; the older one became, the more one could contribute; and relief missed in one year could be carried forward to another. Employees would see contributions being made by their employer, and might chip in a bit themselves to boost the pot. In both cases a tax free lump sum could be taken on maturity, and either an annuity would be purchased, or a "final salary" pension would be set up.

All this has changed in recent years, led by:

- Tumbling interest levels and falling mortality leading to much lower annuity rates and, hence, a need for significantly higher employer contributions to "final salary" schemes, employers then struggling to meet ongoing costs, leading to closure of many such schemes
- Recognition by government that the burden of state retirement pension will be unsustainable and that citizens must therefore be encouraged to make their own pension provision
- Belatedly, realisation that those who make best use of the pension tax reliefs are the better off and that the tax reliefs are expensive for the Treasury
- Relaxation of the annuity rules and development of "Pension Freedoms" "drawdown" products.

As a result Government policy on pensions has oscillated wildly over the last few years, initially being made more generous, but then subsequently being cut back sharply for the better off. We now have a system where pension contributions from all sources are aggregated and although unlimited contributions can be made, tax relief is restricted where:

- Contributions are over £3600 gross, and are greater than earnings
- Contributions exceed the Annual Allowance of £40,000 a year maximum/£10,000 a year minimum, and if a taxpayer has already started drawing one of his/her pensions, tax relief for the amount he/she can contribute into others is restricted to the £4,000 Money Purchase Annual Allowance (although unused allowances in all cases can be carried forward three years)
- The "pension pot" of previous contributions/growth within the fund exceeds the Lifetime Allowance (LTA) (currently £1,055,000) (although protection mechanisms are available for those whose pension pots were in excess of the new LTA limits at the time they were introduced)
- Earned income is greater than £150,000. Here the "normal" £40,000 Annual Allowance is tapered away at 50p in the pound until it reaches the £10,000 mentioned above. This is often where people come unstuck.

Care must, therefore, be taken where relief limits are breached and Pension Savings Tax Charges become due.

Among those hardest hit are some higher earners in the NHS, and other public services, who cannot "opt out" of their schemes. The pension cap was initially targeted by Gordon Brown as one of New Labour's infamous "stealth taxes" before being taken further by George Osborne to raise revenue. The unintended consequence has been that doctors, and some nurses, for example, have suffered punitive tax charges if they work more, effectively having to "pay" to do overtime, which has been completely counterproductive. As a result, 75% of consultants and senior GPs have taken early retirement, or cut their hours, and waiting lists have grown by 50%. Rather belatedly, with this crisis deepening the Treasury announced on 7 August 2019 that a review will now be carried out of these controversial tax rules for doctors and the way the tapered Annual Allowance works; to be followed by a whole pensions tax review that could result in the caps being lifted for all workers.

Where a Pension Savings Charge is foreseen, pension providers will normally send out warning letters to contributors, but where multiple pension providers are involved, none will have a view of the overall position, and the onus is on the taxpayer to make the necessary



Kathryn
Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Kathryn
Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of services for both business and personal clients

- annual accounts, business and company taxation
- business start up advice and incorporation
- SAGE, Quickbooks & Xero installation and training
- payroll & auto enrolment administration
- VAT and bookkeeping services
- small business specialists
- personal tax returns and self assessment advice
- capital gains tax advice and inheritance tax planning
- tax planning and accounting services for private property investors

For an appointment please contact: Mrs K H Gigg FCA

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk

Regulated for a range of investment business activities by
The Institute of Chartered Accountants in England and Wales.

calculations and submit a Self Assessment Return to pay the tax due. Failure to do so will, of course, lead to penalties.

Where an individual has received a warning letter from his/her pension provider and may fall into one or more of the categories mentioned above, or indeed even if no letter has been received but there seems to be a risk that rules have been breached, it is strongly recommended that advice is taken promptly to ascertain whether there is a problem, not only to quantify the size of the liability and make the necessary Tax Returns, but to ensure that deadlines are not missed in general terms, or particularly if there is the opportunity of a Scheme Pays application (which is where the tax that has arisen because of excess contributions can be paid from the pension scheme, rather than by the taxpayer).

N.B. This article only provides information relating to the tax implications arising from the making of pension contributions. It does

not cover matters relating to investment decisions in respect of pensions. Such matters must be referred to an Independent Financial Adviser.

If, having read through the information provided above, you require advice regarding the tax implications of your pension contribution record to date, your proposed contributions in the future, or you need us to calculate the Pension Savings Charge for the purposes of your Scheme Pays application, please contact either myself or my assistant Nicola Tarry FCA on 01485 534800 or email kate@kathryngigg.co.uk if we can assist in any way.

Mrs K H Gigg FCA

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

© Kathryn Gigg 2019

DANCE YOUR AFTERNOONS AWAY...

IN DERSINGHAM VILLAGE CENTRE
LAST FRIDAY OF THE MONTH

£5 includes dancing and refreshments 2.30-4.30PM

Now the afternoons are getting darker and the weather is cooler and perhaps you do not want to go out into the garden, so why not Come Dancing.

Ballroom and sequence dances are on offer for a couple of hours on the wonderful sprung wooden floor of the Dersingham Village Centre. Resident dance instructor, Peg Hunter, crafts a programme of both styles of dance with music old and new. Tea during the interval is

If anyone uses stamps for personal or business mailings, I can reduce your postage costs.

Ray Butcher 01485 533406

TEA DANCES

at Dersingham Village Centre

Manor Road, Dersingham, PE31 6LN

2:30 to 4:30pm

Last Friday of every month

Next dates: Nov 29th & Dec 27th

Latin, Sequence, & Balloom dancing.

Beginners welcome.

£5 includes tea & cake

Call: 07707 832295 or 01485 540271

Allen Tomas & Co
FINANCIAL MANAGEMENT



Dersingham Village Centre Association
Registered Charity Number 1178462
www.dersinghamvillagecentre.org.uk



served in the Garden Room with a slice or two of cake to make up for the exertion on the dance floor.

It's a wonderful way to spend an afternoon offering the opportunity to try out your dance moves and meet other enthusiasts. We look forward to welcoming you.

The next Tea Dance is on Friday 29th November at 2.30pm. Call Judy on 01485 540271 for more information.

THE GRANARY SNETTISHAM

6 Beach Road, Snettisham PE31 7QU

VINTAGE, RETRO, ANTIQUES,
COLLECTABLES, SHABBY CHIC
and VINTAGE FURNITURE

Gifts, Candles, Books, Jewellery,
New England, Mugs, Handbags, Toys,
Woodwork, Preserves, Italian Clothing,
Frenchic Paint, Presents Galore!



OPEN DAILY 10am—4pm

Free car park

Tel: 07760 115888

Email: granary.snett@yahoo.co.uk

Facebook: The Granary Snettisham

CHRISTMAS EVENING MENU

Thursday 5th December

Wednesday 11th December

Open from 7pm

STARTERS

Fan of Melon, Parma Ham
with a Honey Mustard Dressing

Tomato and Red Pepper Soup

Prawn Cocktail

MAIN COURSE

Roast Turkey or Roast Beef

Pigs in Blankets, Stuffing, Yorkshire Pudding

Roast and New Potatoes

Carrots, Brussel Sprouts and Red Cabbage

Cranberry and Bread Sauce — Gravy

Vegetarian Option: Leek and Mushroom Pie

DESSERT

Christmas Pudding with Brandy Sauce

Baileys Crème Brulee with a Shortbread biscuit

Raspberry and Pistachio Pavlova

Salted Caramel Tart

Tea or Coffee, Mint

£22.00 2 course £25.00 3 course

Tel: 07760 115888 to book

Hunstanton's annual bonfire promises to be more explosive than ever before! New musical soundtrack and laser show plans unveiled

Hunstanton's Round Table's Chairman Matt Hallard comments, "With it being the 60th year of Hunstanton Round Table we wanted to do something really special. As such I'm proud to be able to reveal that as well as being the biggest fireworks display we've ever had this year's display will also be choreographed to a musical soundtrack and include a laser light show. It's been months in the planning and the soundtrack will appeal to all ages. Make sure you enter the site to get the best view of the lasers and see how it all comes together beautifully in time with the music!"



As well as the fireworks Ladies Circle will be on hand to serve hot drinks. The funfair will again have the incredibly popular Ferris Wheel and KLFM DJ Mark Purdy will be entertaining us along with Mike Tandy's Rock Choir.

With the most impressive bonfire in Norfolk it makes for a perfect night for all the family whatever the weather.

Gates open at 17.00, the bonfire is lit at 18.00 and the Rock Choir will be performing ahead of the display at 19.30.

The cost to park your car onsite is £20. Walk in's are £7 for adults and £3 for children under 16 and the Over 65's.

Don't miss it! And remember. Every penny we raise goes straight to local good causes!

**SATURDAY
2nd NOVEMBER 2019**
CLIFF TOP HUNSTANTON
INCLUDING LASER AND MUSIC SHOW

£20 PER CAR
£7 ADULTS £3 CONCESSIONS
Gates Open at 5pm
Bonfire Lighting 6pm - Fireworks at 7.30

Hunstanton Fireworks is run by volunteers in the RoundTable who give up their time to give back to the community. All proceeds go back in to the local community. Without your support this Event would cease to exist. Thank you - Hunstanton Round Table 415

**GATES OPEN
10AM - 4PM
FRIDAY 1ST NOVEMBER**

WE NEED... YOUR WOOD
DELIVERED TO SITE (NO GREENERY)

1ST NOVEMBER 2019
ROUND TABLE ARE INVITING EVERYONE IN
THE LOCAL COMMUNITY TO BRING ALL THEIR WOOD
TO CONTRIBUTE TO THIS YEARS OFFICIAL
BONFIRE CELEBRATIONS...

**NO FLY TIPPING OR
HAZARDOUS MATERIALS**

Digital Freeview is available in this area
Bringing you these channels with no monthly charge

A N T

You may need a new aerial to take advantage of these free TV channels.
Interested? For information or advice, call Stuart on:
01553 768349 or 07958 284 442
Aerials, dishes and telephones installed and repaired.

PEELINGS

Coaches



The Garage, Clay Hill Tittleshall

01328 701531

info@peelingscoaches.co.uk

Travel with Peelings Coaches
Short break Holidays | Day Excursions,
Private Hire | Contracts | Theatre Trips
Modern well maintained coach fleet
ranging from 49-57 seats
2020 Brochure available now

OWEN'S DIY
Your local independent store for over 30 Years

THE MAGIC STARTS HERE

Available until 31st December 2019 or While Stocks Last

REAL DEALS FOR YOU
APPROVED STOCKIST

Visit www.owensdiy.co.uk for more magic deals



RRP £10.50

Faithfull Utility Bar Set
£6.99 INC VAT

FAITHFULL
QUALITY TOOLS



RRP £15.50

Lighthouse 200 Lumens
LED Rechargeable
Mini Torch
£9.99 INC VAT

Lighthouse



RRP £32.50

Faithfull 8 Piece VDE
Screwdriver Set
£14.99 INC VAT

FAITHFULL
QUALITY TOOLS



RRP £48.99

Faithfull 4 Piece
Chisel Set
£17.99 INC VAT

FAITHFULL
QUALITY TOOLS

OWEN'S D.I.Y., Chapel Lane, Hunstanton, PE36 5AN 01485 533053

BRITAIN'S GREATEST ESCAPE

WE'RE GIVING AWAY
TICKETS TO THE UK'S MOST
EXHILARATING THEME PARK
AT ALTON TOWERS RESORT

Visit realdealsforyou.com for full details. Terms & conditions apply.



**JAMES JOHNSON & CO
(ACCOUNTANCY) LTD**

Telephone Our Office: **01485 534948**

Financial Advice • Payroll • Taxation • VAT • Pensions • Investments

A personal, professional accountancy service for
sole traders, partnerships and limited companies.

- ♦ annual accounts preparation
- ♦ partnership and limited company accounts
- ♦ self assessment tax returns
- ♦ capital gains tax computation
- ♦ tax dispute insurance
- ♦ VAT advice
- ♦ PAYE & payroll services
- ♦ full range bookkeeping services
- ♦ 2018 p11d deadline for filing -19/07/2019
- ♦ Company accounts with year end 31/03/19
last day for filing - 31/12/2019
- ♦ 2019 Self assessment online filing-31/01/2020
- ♦ Are you RTI compliant for PAYE? – call 01485 534948
or email: james@jamesjohnsonltd.co.uk

Accountancy at a local level

James Johnson (Accountancy) Ltd
7 Peddars Drive, Hunstanton PE36 6HF
Company Reg: 5981654 • AAT Licence No: 126130

We are AT LEAST - 20% less expensive - than retailers on the out of town retail parks!
AND! 100% Less expensive than some other LOCAL retailers!
AND YOU TELL US OUR CARING SERVICE IS THE BEST IN TOWN - THANK YOU.



Sherborne Upholstery

Keswick/Penrith Electric
Recliner

IMMEDIATE DELIVERY

Fully adjustable for your
individual comfort

Matching Sofas & Chairs Large
Fabric Choice

VAT FREE for the disabled

£799 VAT FREE PRICE

Our two man delivery team will unpack your chair,
demonstrate how to use it & remove all packaging.

We also offer Silentnight Beds & Mattresses

We also offer Highgate Beds & Mattresses

We offer the entire range of Sherborne Upholstery

We offer the entire range of Maysons quality bedroom ranges

Artertons

114 - High Street - King's Lynn
Opp. Debenhams - 01553 776659
Established May 1991

Be prepared to help the Scouts finish their hall

Sophie Hooker

It has proved a busy year of grafting for the Snettisham Scout Group, but their hard work is finally being realised as their new hall starts to take shape.



Left to Right: David McGuinness (Snettisham Scouts Chairman), Chris Seare (Group Leader), Rob Shears (Snettisham Scouts Secretary) with their model of the completed hall.

Snettisham Scouts are a long-running group; they were formed on 12th May 1932 and until recently ran from their hall in the village. This was sold last year for £100,000, but the group have been very kindly allowed to use the premises while building has been underway at 'Jimmy's Field', near Snettisham beach.

In the early 1930s, Dr. Learoyd purchased a 20-acre plot of land with the intention of turning it into a scout camp site. His main objective was to have a site within close proximity to the sea where they can invite poorer troops from London.

With the help of the Scouts, scores of trees and bushes were planted, a well was dug out and a pump erected, latrines were made, a gate put up, and the field was christened 'Diglea', where hundreds of boys descended upon during the summer holidays.

After a scout trip to Belgium was cancelled due to war being declared in 1939, the Scouts stayed behind filling sandbags and beginning their messenger service for the war.

Diglea was taken over by the RAF and the American Air Force, and soon became known as 'Tent City': in place of all of their trees and bushes were concrete slabs and heaps of iron and girders. After the war, Dr. Learoyd sold the majority of the land but kept 3 acres and gifted it to the Scouts.

On the subject of naming the field, it was the doctor's wish for them to honour Snettisham scout Jimmy Otway, who lost his life fighting in the war; thus, Jimmy's Field was born.

For the last 70 years, the field has seen scouts from around the world come down to camp, as scout-owned land is quite a rarity. However, the premises lacked a lot of facilities to accommodate Snettisham Scouts full time.

"For years we've been talking about building something down here. Eventually, a couple of years ago we decided to go ahead with it. We've sold the hall in the village which has given us enough money to start this," says David McGuinness, Snettisham Scouts Chairman.

In September 2018, Park Lane Hall was sold, with Lord Robert Fellowes cutting the first turf in December. Building then started in the new year and progress has been somewhat thwarted.

"We're about as far as we can go at the moment. Unfortunately, we've lost our project manager to ill health. So, we're a bit stymied at the moment," David says.

"We're waiting for roof to go on and outside cladding. We're a bit short of manpower. We have a scout fellowship active support unit and we were going to do all of the work, but we're all well into our 70s

and we're finding that we can't do it. We've got the kit but what we need is locals to support us."

The scouts wish to thank Coastal Building Norfolk for their hard work in building the hall.

The work is being funded by the sale of the Hall, with local businesses and locals stepping in to help; Tesco are paying for flooring, Adrian Flux will be funding for a set of toilets, an electrician scout leader from King's Lynn will be coming in and a local Brownie girl's father who is a plumber has agreed to help.

Once built, the group hope that the hall will become a fixture for the wider community: "The idea of this is that it's a Snettisham Scouts building, so it's good for the whole area and nearby scout groups can hire the field and hall," David says. "It'll be open to mostly uniformed groups but eventually we hope to hire it out to the community."

Led by group leader Chris Seare, the scouts enjoy cooking on fires, air rifle shooting, archery, and they do a carol service at the church on Remembrance Day. They have also helped out at the Hunstanton Bonfire Night by cleaning the site the day after.

They are hopeful that by early spring the hall will be fully functional and ready to move in. They are also planning a big opening ceremony to mark the occasion.

"It's going to be the biggest thing in scouting in this area for a long, long time. Because most scouts don't own their land but hire. It'll more than pay for itself when it's up and running," says Rob Shears, Secretary for Snettisham Scouts.

You can check on the building progress enquire about volunteering for the rest of the building work on their Facebook page '1st Snettisham Scout Group'. If interested in joining the Scouts, you can visit them on Thursday evenings at their temporary accommodation at Snettisham Parish Church Hall, Station Road.



Photo credit: Rob Shears



Photo credit: Rob Shears



Stay safe on the roads this winter

Transparent, justifiable pricing, a friendly and welcoming environment, and a determination to give you and your car the very best – you're very welcome at K Brown Auto Repairs!

Whatever you drive or whatever you need, there can be something rather intimidating about having your car serviced. You're not a technician or mechanic, you're not entirely sure of the costs involved (or how they're calculated), and you may well feel alarmingly out of your depth.

If you're feeling like that, one thing's for sure – you haven't taken your car to K Brown Auto Repairs in Hunstanton or King's Lynn.

Shortly to be celebrating twenty-five years since the founding of the business with her husband Keith, Tamsin Brown says: "We've always tried to do things differently, lots of smaller garages can come across as very male-orientated and not very welcoming. One of the things that makes us unique is that our seven-strong reception team make people as welcome and as comfortable as possible from the minute they walk in the door."

The winning combination of Tamsin's family-friendly customer service and Keith's technical expertise (the couple have been together since they were 14) means that whatever you and your car needs, K Brown Auto Repairs offers a comprehensive range of services from general servicing and repairs to MOTs and air conditioning, from head gaskets and 4-wheel alignment to cambelts, clutches, and gearbox rebuilds.

There are nine mechanics in Hunstanton and six in King's Lynn and we undertake faultfinding, diagnostics, emissions and DPF systems.

"It doesn't matter if you need a single bulb or a major engine overhaul," says Tamsin. "It doesn't matter if you're a brand new customer or you've been coming to us for years – you'll be treated to the same level of service as everybody else. And we service all makes and models, including those under warranty to

the identical standards of a main dealer as required by the vehicle manufacturer."

It's very important to us that everyone is made to feel they're a valued customer and that we've got their best interests at heart."

That commitment to customers isn't confined to their jargon-free welcome, however. "I think it's fair to say that I was born with a spanner in my mouth," says Keith – who actually sold his car to help launch K Brown Auto Repairs in the mid-1990s. "I learned my trade from my father and was taking engines apart when I was a child. I've always thought it's essential that when it comes to car servicing costs you need to keep the customer informed at every step and at every stage. You don't want surprises, you don't want to worry, and this winter you don't have to pay main dealer prices to get main dealer quality.

Hunstanton 01485 533786
King's Lynn 01553 763763
www.kbrownautoskingslynn.co.uk

K. Brown
Auto Repairs



From orchard to bottle, homegrown and handpicked apples to bring you the very best juices and ciders!



Juices and ciders available all year round from Drove Farm Shop, with new Summer and Winter blends coming soon!

www.droveorchards.com | 01485 525652

Open Daily 9:00-17:00



Mudpies and Butterflies with Louise Barby

Balanis Garden Services

Seasonal affective disorder affects an estimated 7% of the population in the U.K.

If you suffer from S.A.D or just struggle a little at this time of year, there are ways to remedy yourself with gardening at this darker, chillier time of year - even if you don't have actual outdoor space. Window boxes are easy to maintain and a lovely addition to your flat. Pick evergreens such as berry plants, heurcheras, camellias, viburnum, irises, crocus, winter violas and boxus plants: all grow well at this time of year and are easy to care for. A blossoming camellia always brings a smile to my face. Indoors, grow herbs in the kitchen - pick out small containers, a vintage box or trinket to house them in and start growing for your cooking. Herbs that grow well indoors include: basil, parley, sage, thyme, chives and rosemary; again with just a little love and attention you can watch your herbs grow and blossom. They can all be grown in window boxes as well.

I love bringing the outdoors inside, and find that indoor plants improve the air quality. My personal favourite at home is a money tree (crassula) that sits proudly next to my desk. Other good houseplants to start with are campanulas, orchids, roses and azaleas: all are beautiful plants for your home. With a watering can, a few containers and some

compost, it's easy to create an indoors garden to cultivate.

Here are a few jobs to kick start November:

In the flower garden

- After first frosts, lift and store dahlia tubers or leave in the ground free draining, but mulch heavily.
- Plant out spring bedding such as wallflowers, plant spring bulbs.
- Sow hardy annuals in cleared areas for early flowers next summer.
- Plant up tubs and baskets with evergreens for autumn and winter interest.

In the vegetable garden

- Harvest, harvest, harvest!. If you have a glut of fruit or vegetables, freeze or pop in a box outside the house. I love the way we still share our crops in Norfolk, it's a lovely tradition.
- Sow broad beans and hardy peas.
- Plant out garlic cloves.
- Plant new fruit trees and bushes.
- Tidy strawberry beds, cutting back old foliage.
- Pot up roots of mint and bring under cover for winter pickings.

Problem places - Damp shade

Most of us have a shady area of our garden. Think of native plants at the edge of your



favourite clay soil woodland and you will be assured success.

Improve the soil by adding compost and even a bark mulch if necessary to ensure the soil can drain. Plant healthy specimens and continue to water while they establish.

The spotty Aucuba japonica work in dappled shade as well as hydrangeas.

For ground cover and flowers try: Tricyrtis formosana for flowers in August and September, alchemilla mollis, Pheasants grass, tall, elegant Angelica, Rodgersia, pulmonaria and Brunnera.

Bulbs work beautifully to add colour when light levels are very low. Try cyclamen, snowdrops and English bluebells.

Enjoy the Autumn sunshine and get some exercise at the same time, what could be better!

HERITAGE GARDENS

Sadly, this will be my last update for the Town & Around as the Heritage Lottery funded programme draws to a close. The three year activities project comes to an end in November.



Searles Soap Box Derby

Since the last edition the outstanding highlight has been the Soap Box Derby. The weather smiled on us and 44 karts had a fantastic day racing down a new and faster course. The spectator attendance was huge and people were able to enjoy the 4T5 Club's Gin Tent (raising money for the Air Ambulance) and music on the Green when not watching the racing.

Congratulations should go to all entrants for the hard work carried out in designing and building of all types of karts, from the hilarious to the speedy, sometimes both! Particular congratulations should go to Ed Napolitano, this time racing for the Hunstanton Round Table, who certainly seems to have a knack of good kart design and excellent driving skills. Ed was crowned the overall champion again to make it a hat trick of overall wins in 2017, 2018 and 2019, which is no mean feat. Dad's Army, Apollo 11, the Police Cadets and Tigers were Concours d'elegance winners and these were just a few of the outstanding looking karts.

Thanks should go to many people who contributed so much to bring the event together; to our sponsor- Searles Leisure Resorts, to the King's Lynn Motor Club, Borough Council staff and to all the volunteers who helped. Hunstanton has a major event on its hands which can be a long term asset for the town.

Adopt a Bedders Scheme

There are 2 flower beds that have become available for adoption in the Gardens. If you are interested in looking after a flower bed please contact me. There are 24 beds in total which are maintained by members of the community.

Future and Legacy

There have been many highlights to the project over the last 2 years. The Outdoor Cinema evenings particularly spring to mind. But it is self-sufficiency and long term legacy that mark a successful limited-term project. These initiatives should live on:

- (i) The Adopt a Bedder scheme, running prior to this project, is a success- it is rewarding for everyone to have the community involved in maintaining the town's flower beds. It now needs to become more self-managed.
- (ii) The Art Workshops have resulted in artwork designed and produced by the community decorating the Gardens and improving their attractiveness. The Peace Poles in the Esplanade Gardens and the ceramic tiles that will adorn the Heritage Garden's toilet block for many years to come are outstanding.

Looking to grow your business? Streets Marketing Agency can help

**One Marketing Agency
All Your Needs In One Place**



Specialists at your fingertips:

Does your business need a website? Streets Marketing Agency build mobile responsive **websites starting from £250***.

Already have a website but need to promote it, generate sales, bookings, leads, visitors? Streets Marketing Agency can help. With over 42 different marketing & advertising

strategies there is plenty for you to choose from to market your business, including, Google Display Ads, Content Marketing, PPC, PR, Paid-For Facebook Campaigns, Data Marketing, Print Media, Video, Audio, and so much more...

Plus, we can supply the creative too!



Go straight to our website
www.streetsmarketingagency.co.uk

Contact us direct

01485 779454. 078 55 44 79 68
#morethanjustamarketingagency

*Plus, vat. Subject to terms and conditions



(iii) We should see more people running in Hunstanton! The beginners' courses for women have resulted in the Hunnybees establishing themselves as a club, running weekly and ready to receive additional members. And it seems certain that parkrun will establish itself in Hunstanton, starting at 9.00am every Saturday morning at the Sailing Club and running through the Gardens.

(iv) The Sunny Hunny Triathlon, organised by King's Lynn Triathlon Club, should remain as an annual event.

(v) The Hunstanton Music Festival, organised by Hunstanton & District Festival for the Arts, should remain as an annual event. And Busker's Corner will carry on too.

(vi) Memories of Hunstanton, presented on a U-Turn Box at the Lookout, will remain as an audio record of older people's memories when interviewed by young people in the town. A picture illustrated version will remain available to the public at the Heritage Centre.

(vii) And the Soap Box Derby, of course, should remain for years to come.

And Finally.....

Can I finish by saying thank you to everyone involved in this project, the community and fellow Borough Council staff, for making all of the above possible. Many people have worked very hard to make it all happen and I have received some marvellous support from everyone.

This post has been tailor made for me and I have loved every minute of it.

Roger Partridge
Activities Coordinator-Hunstanton Heritage Gardens
Borough Council of King's Lynn & West Norfolk
c/o Alive Oasis, Central Promenade, Hunstanton PE36 5BD
Direct Dial: 01553 616326
Mobile: 07795 333989
www.west-norfolk.gov.uk/hunstantonevents

Feasibility study approved for Hunstanton to King's Lynn railway line

Sophie Hooker

Norfolk County Council has agreed to fund a feasibility study for a rail link between King's Lynn and Hunstanton.

Officials at County Hall are set to commission the study following a presentation last month from railway enthusiasts lobbying for the restoration of a railway line.

It is hoped improved connectivity between the towns would benefit the local economy through tourism, easing traffic congestion and the burden this has on the environment, and also making the seaside town a more attractive place to live for young people who work in King's Lynn, Cambridge or London.

Shut in May 1969, it has now been over 50 years since the last train used the existing route. Around 5,000 people have signed a petition calling for the line to be reinstated.

Cabinet Member for Finance Andrew Jamieson said: "Norfolk County Council has agreed to fund a feasibility study for what the railway could cost and what the benefits would be, and that would include whether to use the existing route, a new route, or light-rail."

The idea of replicating the exact route the old railway line took would be practically impossible, however, due to building developments and land ownership that are on the original route.

Vice-Chairman of Infrastructure and Development Graham Middleton said: "The campaign team's main message is for people to forget about the historic railway that was there. Forget about the current



stations and the fact they're not there, this would be a new line and not what it was."

Andrew is also currently working on the 'Greenways Project' to use our disused railways as cycleways and walkways. Norfolk County Council are currently in talks with landowners about the project.

Here we hoe again....

by Old Muck from Northfields Allotments



The geese are in the air again over the allotments. As one season ends, another begins in a whiff or two of horse muck.

As autumn kicks off, it's time to get your onions in, as they say in, um, Spain. Last year's didn't do too bad. And nor did the shallots and garlic, if the amount we harvested on what wasn't the best of seasons is anything to go by.

Growing your own crops of these kitchen staples doesn't just save a few bob. It gives you a choice of goodness how many varieties, especially where garlic's concerned.

Hardneck, Softneck; Moravian or Moldovan - or how about a delicately-flavoured pink-tinged Polish bulb, or a full-on Portuguese what's-its-name..?

They say variety is the spice of life but you only appreciate how true that is when you start growing your own food.

Our club has a deal with a seed-seller whose catalogue boasts getting on for 40 different types of tomato, while most greenhouses of polytunnels have room for half a dozen. Most supermarkets stock three or four kinds, if you're lucky.

Then there are the peppers - sweet and mild, to warm and smokey, to keep the toilet roll in the freezer jobs.

For many plot holders, the real work goes in now as they prepare beds for next season; perusing the seed catalogues for inspiration.

Others will be using greenhouses or polytunnels to provide salad greens through the winter. Or even new potatoes for Christmas Day.

Deano and Shayla Green grew these incredible pumpkins, the biggest of which weighed in at 33kg.

Photos: Above- Deano and Shayla with pumpkin

Below - fellow plot-holder Hammy with same...

Photo credit: Chris Bishop





Titchwell's Winter Wonderland

Saturday, 14 December

Join us at this special time when Titchwell Marsh transforms into a Winter Wonderland.

Gather round for food, stories and activities in our wonderfully cosy gingerbread house.

Then be guided through our magical forest for a special encounter with the real Mother Nature herself.

Child £25. Adults £12.50. Sessions run at 3.30pm & 6pm.

Includes entry to the reserve, festive afternoon tea, activity and child gift.

Find out more at rspb.org.uk/titchwell

Facebook @RSPBNorfolk

The RSPB is a registered charity in England & Wales 207076, in Scotland SC037654



Winter Wonderland at Titchwell Marsh



At RSPB Titchwell Marsh, we celebrate this season when thousands of birds are on the move to their wintering grounds and our eyes are drawn skywards as we hear the familiar 'wink wink' call of pink-footed geese arriving from the north. At the end of October, blackbirds, redwings and fieldfares arrived on the tail of the North East winds. At night-time, do listen out for the distinctive 'tseep tseep' of redwing or the 'chack' of fieldfares above your head in your garden, park or at Titchwell Marsh. The reserve has already turned a beautiful golden colour, and soon we'll be feeling the nip of frost, which turns our thoughts towards the festive season.

In a time of busy preparation, spending and often stress, nature can be the key that unlocks the magic and wonder that families are looking for during the festive period. At RSPB Titchwell Marsh, we are offering an alternative option to the usual hustle and bustle of Christmas shopping and queuing for Santa, offering a connection to nature at winter-time and a memory that families can enjoy together.

Bring your children and grandchildren for a visit with our very own Mother Nature, who will be dropping in during her busy winter schedule. She's heard how our local children have been looking out for nature in their homes, gardens and schools and wants to say thank you.

Join us at this special time on Saturday 14 December when Titchwell Marsh transforms into a Winter Wonderland. Gather round for a festive afternoon tea, seasonal stories and activities in our wonderfully cosy gingerbread house. Then, be guided through our magical forest for a special encounter with the real Mother Nature herself. You may even be visited by our friendly Christmas robin!

Our gift shop will also be open for a spot of laid back late-night shopping with complimentary festive treats.

Every child will receive a Christmas gift during their visit with Mother Nature. For more details and to book, visit rspbitchwell.eventbrite.co.uk.

R'N'R FENCING & Landscapes

Domestic, Commercial & Agricultural

- DECKING • PERGOLAS • PATIOS
- TURFING • RECLAIMED SLEEPERS

ALL ASPECTS OF LANDSCAPING

FREE QUOTES • PUBLIC LIABILITY INSURED

07881 947506 / 01485 572107

Prided on Quality & Reliability



The Eden Project: mankind's salvation or just a visitor attraction?

By Robin Limb, agricultural consultant

If you have never visited The Eden Project in Cornwall, then maybe you should consider it, especially if holidaying there at some point. The site consists of a number of varying-sized domes, constructed from hexagonal glass frames, and designed to create a range of artificial climatic conditions capable of supporting plant species that would otherwise not survive under UK conditions. Even sugar cane is growing there. Humidity levels, water supply, and temperatures are carefully controlled to mimic a range of natural environments – climate control versus climate change you might say.

Some people believe this is a living example of how mankind can provide its food and survive in a future world, with our environment becoming increasingly 'poisoned and destroyed' by conventional farming systems. Living in an enclosed, climate-controlled environment that absorbs more carbon dioxide than it emits sounds like nirvana on Earth. But could we really support the billions of people on our planet by the use of such technology, or could it lead to the de-selection of the many in favour of the chosen few that would survive?



The Eden Project (Cornish for 'Edenva') is a popular visitor attraction in Cornwall. Inside the two main biomes are plants that have been collected from many diverse regions, climates, and environments around the world. The project is located in a reclaimed china clay pit, four miles from the town of St. Austell.

The complex is dominated by two huge enclosures, together with adjoining domes that house thousands of plant species, and each one seeks to emulate a natural biome. The biomes consist of hundreds of hexagonal and pentagonal, inflated, plastic cells supported by steel frames. The larger of the two biomes simulates a rainforest environment and the second, a Mediterranean environment. With around seven million visitors each year, including over 50,000 schoolchildren, there are also some 100 Plymouth University and Cornwall College students involved in project work on the site.

The complex houses tropical plants, including sugar cane and many others, that would otherwise not survive a British winter. The internal environment is carefully controlled using sophisticated monitoring systems, including temperature and humidity levels.

This attraction also has an outside botanical garden which is home to many plants and wildlife native to Cornwall and the UK in general. There are many plants that provide an important and interesting back-story, for example those with a prehistoric heritage. There are plans afoot to build an Eden Project North in the seaside town of Morecambe, Lancashire, with a focus on the marine environment.

Many animal and plant species are at risk, as we are constantly being told, but evolution has always happened, and those that survive are the product of Darwinian selection – rare plants and animal species are rare for a reason. The need to preserve vulnerable flora and fauna for future generations is clearly an imperative, but we should distinguish between preservation and conservation: there is not much point in pickling squirrels in aspic.

The Eden Project is indeed laudable, if only to demonstrate the wide variety of plant species that exist on Earth – some of which may be under threat of extinction, as we are told on a regular basis. But we cannot dismiss Darwinian selection and the evolutionary process. Humankind relies on only a few basic staples for the vast majority of its diet – wheat, soya, maize, rice, sugar, and cassava, for example.

All of these have been bred over the years to improve yields and support the food demands of a burgeoning world population, because it was possible to do. So far this has been a qualified success, but there are no guarantees about future prospects, and one-fifth of the global population is currently technically starving, according to the United Nations Food and Agriculture Organisation.

There are no easy solutions to the 'sustainable intensification' of our food production methods, and all options must remain on the table, but concepts such as the Eden Project can never address the volume requirements of the world's population: they merely serve to point to possible future solutions. Cornwall is a long way to drive to from Norfolk, but if you are on holiday there, it is well worth a visit – and by the way, you won't need your winter-warmers on for most of the year...



For news stories between editions go to:
www.townandaround.net
 new stories added daily



The West Norfolk Members Group invites you to:-
 An illustrated talk:

Project Godwit

Working to restore numbers of UK black-tailed godwits
 by **Jess Owen of WWT Welney**

Thursday 28th November 7.30pm

Venue: Hunstanton Methodist Church Hall, Austin Street

Cost: £2.50 members / £3.00 visitors



5 Station Road, Heacham PE31 7HG



Garden Machinery

Sales, Hire & Service

Workshop facilities
for all your
machinery repairs

Call 01485 571789

DIY, Landscape or Construction

Hire & Service

Call 01485 571789

Check website for
Hire Fleet List
& Special Offers

www.arcotoolhire.co.uk



R&B

TURF & GROUND CARE

MACHINERY & REPAIR SPECIALISTS

WE MEND - YOU MOW!



T: 01485 540645 M: 07702 795794

E: randbgroundcare@googlemail.com

W: www.mower-mend.co.uk

The Workshop, Marsh Farm
Wolferton, King's Lynn PE31 6HB

R&B IN TUNE WITH YOUR MACHINERY NEEDS

NGC NORFOLK GARDEN CARE

YOUR LOCAL LAWN AND GARDEN SPECIALISTS

LAWN MOWING . GARDEN MAINTENANCE AND REFURBISHMENT
FULL LAWN RENOVATIONS . HEDGE AND TREE TRIMMING
ONGOING WORK . ONE OFF WORK . DOMESTIC AND COMMERCIAL

CALL TODAY FOR A NO OBLIGATION DISCUSSION AND QUOTE.

01485 770670 or 07487 297254

www.norfolkgardencare.co.uk

STEVE PENN

PAVING AND GROUNDWORKS RESIN BOUND DRIVEWAYS

**ALL TYPES OF PAVING, SURFACING
& BRICK WORK, QUALITY WORKMANSHIP**

Part of Gold Award winning team at the Chelsea Flower Show



Mobile: 07712 244825

Email: stevepennpaving@aol.com

Website: www.stevepennpaving.co.uk



Sandringham Estate Sawmill

Admiral's Drive, Sandringham, PE35 6EG

Quality Timber:

♣ Fencing ♣ Decking ♣ Trellis ♣ Gates of all sizes

ALL TIMBERS ARE PRESSURE TREATED

FIREWOOD - AVAILABLE IN BAGS, BOXES OR BY THE TRUCKLOAD

♣ Oak posts ♣ Fencing ♣ Panels ♣ Arches ♣ Garden Tools

♣ Rustic and machined poles ♣ Ironmongery ♣ Garden Furniture

sawmill@fsmail.net

Tel: 01485 543641 Fax: 01485 543239

The Magic of Christmas

NEW THEMES | GREAT GIFTS | AMAZING LIGHTS

For Autumn Planting:
Pansies, Cyclamen,
Heathers, Spring
Flowering Bulbs
and much, much more



Thaxters

Garden Centre & Coffee Shop

49 Hunstanton Road, Dersingham, PE31 6NA

www.thaxters.co.uk

Tel: 01485 541514

Santa's Grotto open throughout December
- see website for dates and times

Real Christmas Trees & Wreaths arriving late November

Garden Centre open daily 8am - 6pm
Coffee Shop offering breakfasts, cakes, lunches
and Sunday roasts open 9am - 4.30pm

November Plant of the Month – Phalaenopsis

Wendy Warner

Although there are many different types of Orchid, the Phalaenopsis is the most popular grown as a houseplant. It's commonly known as the Moth Orchid as the flowers resemble beautiful moths as they open. Don't be put off by their exotic look, they are easier to care for than you may think.

The flower spike rises above large, glossy leaves and the colour range is amazing, from pure white, through pink, purple, burgundy, yellow and green, either plain or with speckles, spots or stripes of contrasting colour. Beware blue orchids – they have been fed a dye and subsequent flowerings will be white! Most produce large flowers (approximately 2") from branching stems with lower flowers opening first leaving more buds to follow at the top. Try to choose one with multiple stems and plenty of flower buds. Wild or species Phalaenopsis are also available, although they are more expensive but have a greater quantity of smaller flowers on shorter stems.

The popularity of the Phalaenopsis is due to the fact it will thrive well in the average house. This is quite remarkable considering they are native to rainforests where they grow on trees and take in moisture and nutrients from their aerial roots.

They require reasonable warmth to flower at their best. An average centrally heated room is sufficient, where the night-time

temperature doesn't fall lower than about 16°C (60°F). Provide good light, especially in winter, but avoid full, direct sunlight which can cause scorching. An east or west windowsill is ideal.

Plants should be kept moist but not waterlogged. A good way to achieve this is to stand them in a bowl of water for half an hour and then take them out and allow to drain before returning them to their pot cover. They should be grown in a very loose, bark-type potting mix which will absorb this moisture. Phalaenopsis are usually supplied in transparent pots and this is a handy aid to check if the plant needs water. If the roots below the surface level of the pot are green, they are moist; if they look grey or white, they require water. They also like moist air, so misting the leaves and aerial roots with water or a special orchid spray can increase the humidity. Feed regularly with a liquid orchid feed following instructions on the bottle or use a drip feeder inserted into the pot which will slowly dispense feed.

Flowering can occur at any time throughout the year and will last up to three months. Once the last flowers on the spike fade, cut it back to just above the second node (bump) on the stem below. A secondary spike will often then be produced. This will sometimes try to grow horizontally, so use clips to train it



upwards on the cane or plant support. The plant may have a short rest whilst one flower stem dies and another appears and can be moved to a slightly cooler position for a few weeks.

Why not give someone a Phalaenopsis as a gift or treat yourself now you know how to get months of colour with simple care.

Dersingham schoolchildren plant bulbs with help from Thaxters

Thaxter's Garden Centre Plant Area Supervisor Chris Stephenson visited Dersingham Primary School on 16th October to show the pupils how to plant daffodil bulbs. They also got to try it out for themselves.

Wendy Warner, manager at Thaxters explained: "Taylors Bulbs, our bulb supplier, created a promotion called 'Little Daffodils' where we purchased the bulbs, they provided the pots and also make a donation to Greenfingers Charity and our compost supplier, Evergreen, provided compost.

"After speaking to the whole school in assembly this morning and explaining about how bulbs grow, the children from each class came into the hall individually and planted up their three daffodils per pot and will be watching them grow until they flower in the Spring. Great fun was had by all, lots of questions from the children and some rather mucky hands! We would like to thank Taylors Bulbs and Evergreen for making this possible and the schools for taking part.

"Greenfingers are a national charity dedicated to supporting children who spend time in hospices around the UK, along with their families, by creating inspiring gardens for them to relax in and benefit from."

Photos: Ian Burt



T: 01485 536 010

The Fountain
Eat • Drink • Watch
Sports Bar

open every evening to all!

Situated at Searles Country Park, simply drive onto Searles Leisure Resort. Don't let the barrier stop you!

If the barrier is down, simply press the intercom button for entry. Follow the road through the park to discover this charming restaurant and bar set within an area of natural outstanding beauty.

Enjoy alfresco dining on our veranda with lakeside and golf course views - perfect for warm summer days and evenings. All welcome.

Open 7 days a week from Monday - Thursday 11.30am - Dusk
Friday & Saturday 7.45am - Late, Sunday 7.45am - Dusk

Lunch Served 12 Noon - 3pm

Evening Meals Served 5pm - 8pm (Friday & Saturday)



Like us on Facebook for information about upcoming events, live music and quiz nights!

<https://www.facebook.com/FountainSportsBar/>

Sunday Carvery

12noon - 2.30pm

Adult £9.95pp

Child £6.50pp



New Years Eve Cocktail Party

- > Black Tie & Cocktail Dress (Dress Code)
- > Champagne Arrival Drink
- > 4 Course Meal (Pre-order required)
- > Disco till 1am

£55.00 Per Person

To book call 01485 536002

Tickets must be purchased before Dec 1st 2019.

80'S DISCO

Sat 9th Nov 8.30pm



Follow us on Facebook for more Live Music dates.



@FountainSportsBar

The Fountain Sports Bar & Restaurant, Searles Country Park,
South Beach Road, Hunstanton, Norfolk PE36 6BB T: 01485 536 010

SEMBA TRADING CO LTD

Timber and Builders Merchants

SANDSTONE PAVING £18 sq m / SLABS £2.30 450x450
REDUCTION FOR QUANTITY - All prices include VAT

Various Paving • Decorative Walling • Fencing • Posts • Sleepers
Decking • Bricks • Blocks • Sand • Shingle • Premix • Topsoil
Cement • Roofing Felt • PVC Sheets • Insulation • Guttering
Underground Pipe • Ply • Timber • Water Butts etc

STATION YARD, STATION ROAD, DERSINGHAM
TEL: 01485 541394

GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

Sandringham IRONCRAFT

HIGH QUALITY ORNAMENTAL IRONWORK
AND STEEL FABRICATION

Unit 4, Cheney Crescent, Heacham, Norfolk PE31 7BT

Tel: 01485 571129

SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS ETC



Norfolk Coastal
Superb Property Maintenance
Andrew Orford
T: 07779 574 777
E: andrew.orford@btinternet.com

A professional & reliable service

All aspects of home & garden maintenance undertaken

John's Gardening Services

Mob: 07845 943 369

Tel: 01328 853 366

- Grass Cutting
- Hedge Cutting
- Planting
- Weeding
- Fence & Shed Treating
- Hanging Baskets

OAP Reduced
Rate



Mark's Gardening Services



Garden Maintenance

Free quotes

Call: Mark Wright
07876 151688

wright680199381@gmail.com

The perfect party outfit

'Tis the season to be social and Allez Chic has plenty of tempting fashions for every party and event, writes owner Cheryl Daubney

Although it's only just November, Christmas is already in full swing in the retail world. With mince pies on our shelves since September plus decorations and gift ideas aplenty, I've yet to hear the first Christmas tune, but I know it won't be long...

For us, the excitement comes in unpacking our exquisite collection of handpicked party outfits and occasion wear, and sharing the gems we have chosen with our stylish customers.

This year is no exception and two standout labels are Michaela Louisa and Pomodoro which have outdone themselves with beautiful dresses and gorgeous separates in fabulous fabrics.

If you are looking for the perfect little black dress, Michaela Louisa has created some stunning gowns, expertly cut and with pretty accent details which makes wearing them feel super special. Michaela Louisa always strikes the right balance between style and comfort, and if you haven't already done so, I urge you to try one of their dresses as an outfit you'll turn to time and again.



More of us wear trousers these days and not every lady always feels confident in a dress, which is where Pomodoro's gorgeous jewel-coloured leaf burnout collection comes into its own. While there is a beautiful fitted dress to choose, we also love this stunning top which, perfectly paired with black trousers, is a real eye-catching statement piece that looks and feels wonderful to wear.



allez chic
Chic and affordable fashion for all ages

Add a splash of colour

Shop our autumn/winter collections

t: 01553 631915
The Old School,
Castle Rising,
King's Lynn
PE31 6AG

www.allezchic.co.uk

Christmas and New Year are certainly occasions to dress it up, and we have some fabulous costume jewellery and bags to accessorise and add the finishing touches to your party outfit.

Early next month, on Saturday 7 December, we will celebrate Small Business Saturday. As an independent boutique with the time to spend with our clients, we enjoy helping ladies to create a special look and we hope people will join us on that day to treat themselves to something special to celebrate the season. We look forward to welcoming you to our Castle Rising store.

**Allez Chic, The Old School House, Lynn Road,
King's Lynn PE31 6AG
Tel: 01553 631915 allezchic.co.uk**

Keelie's

**Protect your skin
this winter
with our Pro 30 facials**

**73 Westgate, Hunstanton
01485 534735**

FREE TASTER SESSIONS AT SERENITY IN NOVEMBER AND DECEMBER

Boost your immune system this Winter by booking a free taster session with some of our new therapists

Saturday 23 November

Simeon will be offering taster energy field upgrades. Many people at this time feel stuck and unsure of their path in life, this is often a result of an imbalance in the subtle energy field or the need for the energy field to be upgraded to reflect changes in the individual's environment or intention for their life path. Just as a computer needs the latest operating system to work efficiently, our own energetic systems often need to be upgraded to reflect the changing frequencies on Earth and our personal environment. Simeon will use your taster session to explain how energy healing works and the other healing modalities he offers. You will have an opportunity to relax and enjoy this wonderful and transformational healing experience. Simeon has been performing energy work in various forms for the last 30 years, concurrently working as a registered nurse in various fields of health and social care.

Saturday 30 November

Hannah, who is a District Nurse will be offering you a taster session of Reflexology. Hannah is also a qualified midwife and has specialised in Fertility and Maternity Reflexology. Again, as with an energy healing, Reflexology allows a complete relaxation, the immune system to be strengthened and help your body eliminate any build-up of toxins, a must for the Winter months.

Saturday 30 November and Saturday 7 December

Nicky, our newest recruit is a specialist in Sports Massage and Balinese Massage. You can choose either treatment on the day. Nicky describes in detail about herself and her treatments below.

For any of the tasters please contact us at the Crystal Cave on 01485 535321 to book in, and meet the new faces that have joined our experienced team of mature therapists. We are open for treatments 7 days a week and we offer Gift Vouchers for all our treatments and products in the shop for any value.

All About our new therapist Nicky.... My name is Nicky Mansfield. I have been practising as a Complementary Therapist since 1991 and have recently relocated to this area from Tring in Hertfordshire. I have moved to this lovely part of the world with my husband and Springer Spaniel Max. In Tring I had a thriving practice working in various venues including a busy Physiotherapy clinic where I offered Sports/Deep Tissue Massage. I have chosen to specialise in various types of massage these include; Sports/Deep Tissue Massage, Balinese Massage, Indian Head Massage, Reflexology and Therapeutic/Relaxing Massage. I hold diplomas in all these disciplines. The techniques I use can be utilised in many different ways to create a very powerful and beneficial treatment for my clients, I therefore structure treatments to suit the individual's requirements at the time. I shall be offering all my treatments mentioned above at Serenity, but focusing on Sports and Balinese massage for the free taster sessions.

Balinese Massage is a powerful massage that comes from Indonesia. It works on clearing the energy lines with deep palm compression and is an effective way to release stress and also boost circulation. Although it is fairly vigorous it is also very relaxing. It leaves you feeling uplifted and recharged.

Sports Massage is a deep tissue massage. It helps to release tension held in the muscles, eliminates toxins from the body and therefore helps the body recover from activity. It can prevent injury, re-injury and restore muscle balance. Incorporated in a training plan it can help to enhance performance.

CHRISTMAS GIFTS

This year has seen some lovely new stock within the Cave. A wider range of jewellery gifts, some great ideas for those conscious about what we put on our body, with many Vegan friendly products. A huge range of candles including some beautiful beeswax candles, soya candles and yummy aromatherapy plant based candles. A good range of the Faith in Nature products with no nasty additives. Creams, lotions and potions for massage, bathing and sore aching joints. Beautifully, naturally scented handmade soaps, including goats milk soap for dry

sore skin conditions. Talented local lady Lina Paulione has created her range of The Insider Oils, these consist of organic products including candles, reed diffusers and scented car fresheners and bags. Our shop smells divine. The Cave is open 7 days a week for gifts, inspiration and coming out of the cold!

Serenity

natural healing centre

Offering a wide range of holistic treatments to help you

Relax, Balance & Heal



Crystal Cave

Earth's gifts and natural products

Large selection of crystals, fossils, aromatherapy products, holistic and spiritual gifts.

Pop in for helpful advice and friendly service or call to make an appointment: 01485 535 321

Open 7 days a week

34 Westgate Hunstanton
(opposite the Library & Bus Station)

www.crystalcaveandserenity.co.uk

Hunstanton Tennis Tournament



Each year the Hunstanton Tennis Tournament supports a charity and this year they choose EACH (East Anglia's Children's Hospices).

Tournament Secretary Chris Holt is pictured here presenting the donation of £2008.53 to Tina Burdett, EACH Regional Fundraiser

A recipe from the Prudent Pensioner

Recently I was given a nice homegrown marrow, not a vegetable I buy very often but they are nutritious. Having had some chunky slices stuffed for one meal and more slices steamed with other vegetables with another meal I decided to use up the remaining third and make some soup, it was really nice, almost creamy. I will be buying more marrows from now on. Here is my recipe...

Carrot and Marrow soup

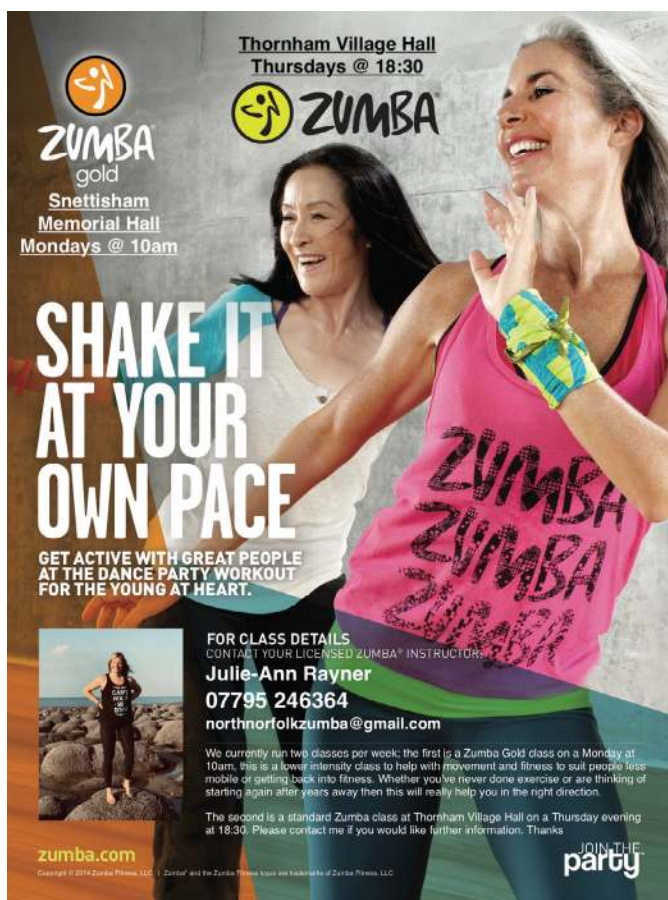
1 med Shallot or small onion
15g/½oz Butter
Potato approx. 220g/8oz
Carrots approx. 230g/8oz
Approximately 1/3rd. of a medium size marrow
Chicken or vegetable stock cube dissolved in 500ml hot water.
Salt and Pepper to taste.

Peel potato and carrots and cut them into small pieces. Peel shallot or onion and slice thinly.

Place butter in a saucepan over a low to medium heat, add potato, carrot and onion slices stir and mix well. Add stock, increase heat and bring to boiling point. Reduce heat and leave, covered, simmering gently.

Peel and deseed marrow and cut into chunks, add to saucepan. Cover and leave simmering gently, stirring occasionally, until vegetables are quite soft (approximately 15-20 minutes). Strain off most of the liquid into a jug, put aside while you either put vegetables into liquidiser or use a hand blender and whizz for a couple of minutes. Return liquid, 1/3rd at a time, to pureed vegetables in a saucepan, stirring gently to mix well. Add salt and pepper to taste. When all liquid is mixed in, reheat to boiling point stirring gently. Turn off heat, serve and enjoy.

For details of Doreen's books, more recipes and 'How to' Video clips visit the Prudent Pensioners page on www.doreenreedpoet.com



Thornham Village Hall
Thursdays @ 18:30

ZUMBA
gold
Snettisham
Memorial Hall
Mondays @ 10am

SHAKE IT AT YOUR OWN PACE

GET ACTIVE WITH GREAT PEOPLE AT THE DANCE PARTY WORKOUT FOR THE YOUNG AT HEART.

FOR CLASS DETAILS CONTACT YOUR LICENSED ZUMBA® INSTRUCTOR
Julie-Ann Rayner
07795 246364
northnortolkzumba@gmail.com

We currently run two classes per week: the first is a Zumba Gold class on a Monday at 10am, this is a lower intensity class to help with movement and fitness to suit people less mobile or getting back into fitness. Whether you've never done exercise or are thinking of starting again after years away then this will really help you in the right direction.

The second is a standard Zumba class at Thornham Village Hall on a Thursday evening at 18:30. Please contact me if you would like further information. Thanks

zumba.com
Copyright © 2019 Zumba Fitness, LLC. Zumba and the Zumba Fitness logo are trademarks of Zumba Fitness, LLC.

JOIN THE party

P.J. PARSONS

PLUMBING AND HEATING






FITTED KITCHENS | BATHROOMS & SHOWERS
CERAMIC TILING | COMPLETE BATHROOM DESIGN
DISABLED ADAPTED SERVICE | EMERGENCY SERVICE
OIL & GAS HEATING | FREE ESTIMATES

01485 533506 OR 07831776237



R C CLEAN

Delivering what we promise

Window Cleaning Services

Professional | Reliable | Regular | Friendly

External & Internal Window Cleaning
Fascia, Gutter & Conservatory Cleaning

CALL FOR A FREE QUOTE 01485 493 038

E: rcclean101@gmail.com f [RCClean101](https://www.facebook.com/RCClean101)

Leisure Club






Discover Our Great Facilities

SPECIAL OFFER 6 MONTHS FOR THE PRICE OF 5!
Monthly Membership also available from only **£25.00**

- Up to 2 months free membership*
- Free parking
- No joining fees and no contracts
- Packages from £25.00
- Direct debits available
- Bring your guests**

Contact Us
For further details visit:
www.searles.co.uk/facilities/indoor
call: **01485 536029**

* Terms and Conditions apply.
** Only £3 guest adult, £2 guest child.

Plus Exciting Birthday Party Packages

Children's Parties from age 1 and over.

Only £9.00 per child FREE!
Birthday Boy or Girl is

- INCLUDES:
- 90 Minutes of Fun Play in the Indoor Splash Pool
- Yummy Two Course Meal from the Children's Menu
- Character Cake Ceremony with Sidney, Cherry or Leo



**A minimum number of 8 children is required for parties. Only 1 child is free per party.
T's & C's Apply (See website for more information).**

Book now on: **01485 536029** or
email: mgooderson@searles.co.uk

Visit: Searles Leisure Club,
South Beach Road, Hunstanton, Norfolk PE36 5BB

part of  SEARLES LEISURE GROUP

Round the bend with Dean Baker

To Run or not to Run and its 'World Toilet Day'

This month I'm going to answer a question from someone who styles themselves 'a loyal customer' - from Alexandra Road.

They say "My boiler is only about 5ft from my kitchen sink tap. Today, I did a little research. From turning the hot tap it takes 56 seconds before the water comes through hot enough for washing up. I caught the water that came whilst I was waiting for the hot and 11.5pints were wasted. So I am wasting gas and water at least 5 times a day"

Loyal Customer also points out that they are waisting 60 pints of drinking water daily. Clearly this situation needs to be remedied.

My first suggestion would be to install an electric water heater under the sink. A water heater supplies on demand instant hot water direct from the cold mains water supply. The advantage of this is hot water on demand. This would save water, gas and money. The cost of this, including installation will be from £350 upwards.

Secondly, the pipes between the boiler and the sink could be re-run to reduce the distance and therefore the cost. This is the cheaper option - it would cost from £100 upwards. In my opinion if this is possible it is by far the best option.

Finally, 19th November is World Toilet Day. This is to inspire action to tackle the global sanitation crisis. Worldwide 4.5 billion people live without "safely managed sanitation". Toilets save lives, because human waste spreads diseases. The United Nations aim to ensure that everyone has a safe toilet by 2030.

I sincerely hope they do
All the best

plombierdean@yahoo.com
07973 131 906



DEAN BAKER

Domestic Plumbing & Heating Engineer



ALL TYPES OF PLUMBING REPAIRS & INSTALLATIONS, BLOCKED DRAINS, BOILER REPAIRS AND SERVICING, POWER FLUSHING

Mobile: 07973 131906
Email: plombierdean@yahoo.com

18 Belgrave Av.
Hunstanton
PE36 6DQ

World Toilet Day - 19 November

Toilets save lives, because human waste spreads killer diseases. World Toilet Day is about inspiring action to tackle the global sanitation crisis.

In a bid to help break taboos around toilets and make sanitation for all a global development priority, the United Nations General Assembly designated 19 November as World Toilet Day.

When nature calls, we need a toilet. But, billions of people don't have one. This means human faeces, on a massive scale, are not being captured or treated - contaminating the water and soil that sustain human life. We are turning our environment into an open sewer. We must build toilets and sanitation systems that work in harmony with ecosystems."

The global sanitation crisis is reflected in the following facts, according to reports from the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF):

- Around 60% of the global population - 4.5 billion people - either have no toilet at home or one that doesn't safely manage excreta.
- 892 million people worldwide still practise open defecation - this means human faeces, on a massive scale, is not being captured or treated.
- 1.8 billion people use an unimproved source of drinking water with no protection against contamination from faeces.
- One fifth of schools worldwide do not provide any toilet facilities - a particular problem for girls during menstruation.
- 900 million schoolchildren across the world have no handwashing facilities - a critical barrier in the spread of deadly diseases.
- Globally, 80% of the wastewater generated by society flows back into the ecosystem without being treated or reused.

What can you do?

By donating £60 to twin your toilet, you help fund a project in a poor community that will enable families to build a basic toilet, have access to clean water and learn about hygiene - a vital combination that saves lives.

Log on to:

<https://www.toilettwinning.org/twin-your-toilet/>

19th NOVEMBER
WORLD TOILET DAY
2019 Leaving no one behind

This is not just a toilet
It's a life-saver.

Because whoever you are, wherever you are, sanitation is your human right.
#WorldToiletDay

Spreading festive joy with a shoebox

Saturday 5th October saw the annual coffee morning and launch of the Samaritan's Purse Operation Christmas Child shoebox appeal at St Edmund's Church, Hunstanton.

Organised by the Andrews family, they raised over £330 from selling drinks, cakes, pastries and playing games. They are expecting to send out up to 80 shoeboxes filled with gifts and toiletries to underprivileged children around the world this year.

Operation Christmas Child is the world's largest children's Christmas project, bringing joy into the lives of underprivileged children since 1990. Worldwide, over 24 million boxes have been delivered over the past ten years to children who need them most in some of the most impoverished parts of the world.

Led by the churches of Hunstanton and district, the shoebox appeal has been operating locally for about fourteen years. Angela Andrews started it with Eve Eates after Angela spotted an article in the Mothers' Union bulletin, and the Andrews family continue to organise the St Edmund's contributions.



Stephen Andrews (far left) and family at the Shoeboxes coffee morning

Hunstanton Bridge Club

It's never too late for you to learn to play Bridge and join in the great social life that it brings. A double benefit: make new friends and keep the mind active.

Here at Hunstanton Bridge Club we are a friendly group of people always looking to welcome new members, whether you are a complete beginner, have been playing for only a few months, or for several years.

We meet at the Hunstanton Conservative Club just off the High St on Monday evenings for Duplicate, and on Friday afternoons we offer Bridge lessons to people who want to start playing, to people wanting to progress a bit further and for those who prefer to play in the afternoon. If you don't have a Bridge partner we can help you to find one.

Banish the fear. Don't be apprehensive about going to a club thinking that everyone will know more than you. All levels can play together and have success and fun.

If you would like to know more please contact Robert Smith 01328 822120

HOW GOOD IS YOUR CARDPLAY?

In Bridge it is normal to look at your hand and the dummy and think how many losers there are in your hand. Then you think how you could avoid them and plan accordingly. However if there is no way that can be done then you might consider looking at the hands the other way round to see if there is an alternative. This means looking at the losers in dummy and then trying to see if they can be avoided. Consider this hand:

S Q 5 4
H 8 6 5 3
D A K 3
C A 4 3

S 8 3
H Q J 10 9
D 8 6 2
C K J 9 7

S A K J 6 2
H K
D Q 10 9
C 8 6 5 2

S 10 9 7
H A 7 4 2
D J 7 5 4
C Q 10

The contract is 4S and on the lead of the Heart Q it is clear that your hand must lose one heart and 3 clubs. If you draw trumps you will lose the clubs and if instead you play on clubs hoping to ruff the 4th one

with the spade Q the defence will of course play hearts when they get the lead in clubs and force you to lose control of trumps.

If you look at the dummy you will see there are 2 club losers that cannot be avoided and 4 heart losers. If 3 of those heart losers can be avoided then the contract will be made. The Heart A wins and the heart return is ruffed. Then follows AK of trumps and a diamond to the Ace. A heart is ruffed with the Spade 6 and a diamond to the King enables the 4th heart to be ruffed with the Spade J. Then a club to the Ace will be followed by the Queen of Spades to draw the last trump and then give up the last two clubs.



We create events that are authentically you, with a luxury feel, purposeful details and faultless organisation.

For more information and to see our work visit:

WWW.FIZZANDBLOOM.COM

Contact us: hello@fizzandbloom.com
07855072133

Anita's Salon

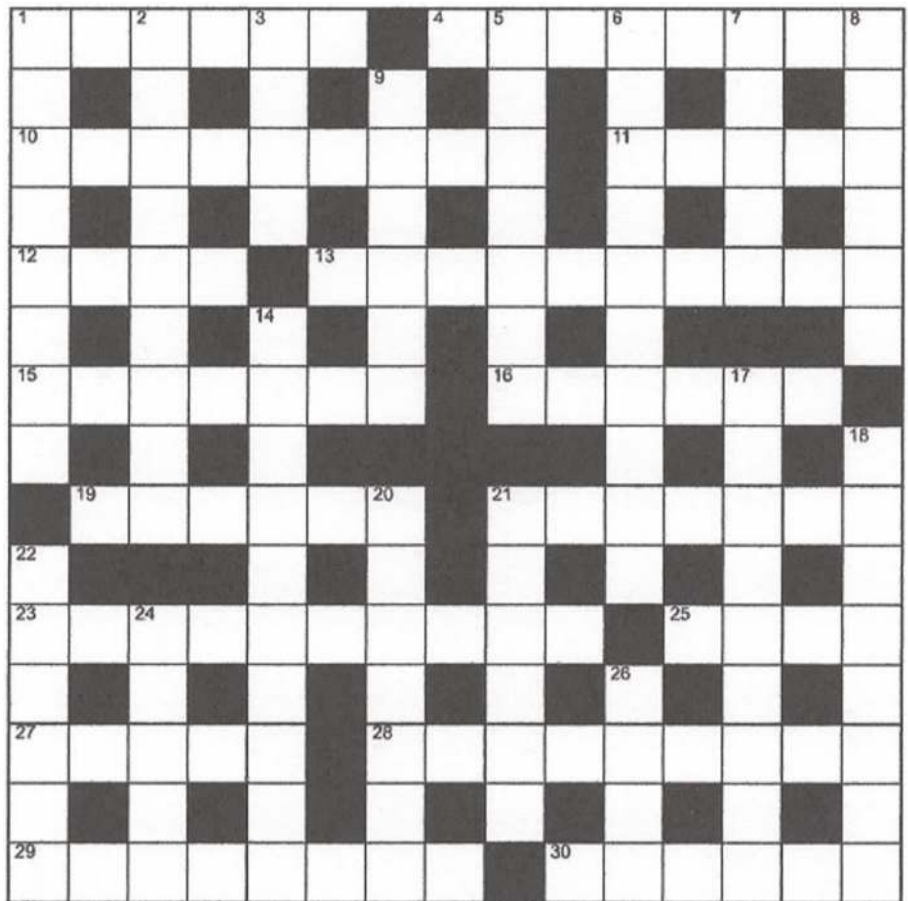
Open Monday to Saturday
from 9am to 4pm
or at other times by appointment
66 Westgate, Hunstanton
Tel: 01485 533736

Crossword Clues Across

1. Barrier is firm running down middle of road (6)
4. Having variety star, does tour.... (8)
10. Will has fallen behind stage before (9)
11. Have the stomach to try this first (5)
12. A cheeky sort of guy? (4)
13. Move slowly after short doze, making bloomer (10)
15. Take care of business (7)
16. Fiddle that is made for a beginner (6)
19. Buffer is a fine finisher (6)
21. It's fine that father is active (7)
23. Braced for container to be returned locked (10)
25. Start off sour before becoming kind of sweet (4)
27. Spiritual leader was covered in one (5)
28. Working out was is coming to someone (9)
29. Exhausted, having removed piano inside (8)
30. Pull drawer (6)

Crossword Clues Down

1. Perishing summons prompts an unwelcome visit (4,4)
2. Cut a grim part from a long story (9)
3. Expel someone in serious trouble (4)
5. Heard vocal in record get higher (7)
6. Mistress is different without staff (5,5)
7. Want painfully to go first, in a manner of speaking (5)
8. Taking out what is becoming obsolete (6)
9. Pub, closing, gets a set of locks (6)
14. Boundary rope is up in the air! (10)
17. It might create a good impression (9)
18. Those with bug, doctor called on urgently (8)
20. Set aside and dish up anew (7)
21. Rip off coat (6)
22. A plot to hold me without formality is mishandled (6)
24. Break up during mass march (5)
26. Joke with a rider (4)

David Elsey's Cryptic Crossword

Crossword solution on page 57

Ray Butchers Su Doku

Easy first...

...then the more challenging

	8				2		
5				9	8		
4			6	1	5		
	3		1		9	7	
2	6		4		7	1	8
	1		8		5	4	
		8		5	3		6
		2		4			9
		7				5	

	5	6					9	
		9	3		4			1
				8	5			
	4			6			5	
7			1	9				
3			5		9	8		
	7				8	4	6	



Time to nip slow broadband in the bud

A year after the government pledged that all of the UK should have access to full-fibre by 2033, Heacham-based company Rural Broadband is part of the driving force to connect struggling businesses and homes throughout rural and coastal Norfolk to the world wide web

We are now in a time where banking, shopping, communication, work and entertainment are now, for a large majority, primarily internet-based. So, what are homes and businesses that are unable to access acceptable internet speed to do?

"It's a pervasive issue for some folks in areas of Norfolk. When you're relying on an average download speed of 1.2Mbps it can take up to 12 hours to download one film. Some customers can hardly even manage to send off an email," says Richard Dix of Rural Broadband.

Completing over 150 installations throughout Norfolk



in the last six months alone, Rural Broadband are currently working with the government-subsidised Better Broadband Scheme who are aiming to deliver efficient and affordable connectivity for homes and

businesses who cannot access more than 2Mbps.

Richard adds: "We're required to provide those eligible with at least 10Mbps, but we surpass that with an average of 22Mbps - which is funded by the

government."

The company has recently provided off-site broadband and WIFI services for outdoor events such as the Sandringham Flower Show and the Royal Norfolk Show, enabling stallholders to take card payments, a crucial element as we evolve toward a cashless society. On top of this, they have installed tracking systems on coastal reed-cutters, keep safe boats on the Norfolk Broads and have linked remote offices.

Tailored to specific needs and any location, Rural Broadband is on a mission to keep Norfolk connected to the rest of the world with lightning speeds and super-efficient service.

Unit 1, Marea Farm, School Road, Heacham PE31 7DH

T: 01485 572253 M: 07786 887 750

www.ruralbroadband.co.uk



Hunstanton & District Civic Society News

Talks Programme

September's showing of 'A Plastic Ocean' was well attended and prompted a great deal of interest amongst the audience. However, being a long film, a number decided that they had seen enough by the interval and perhaps were a little depressed. What they missed in the second half, though, was more upbeat with some solutions to this worldwide catastrophe. A well produced and thought provoking film. Mr Mark Leslie, the current editor of the Lynn News is to give a presentation on "The History of the Lynn News and Editing It" on Wednesday 20 November at 7.30. The Annual General Meeting will be held on 11 December at 6.30 pm.

Admission is £1.00 for members and £4.00 for visitors including refreshments. The full programme of talks and much more information can be viewed on our web site at www.hunstantoncivicsociety.org.uk

Visits

Seven members of the Society visited Oxburgh Hall south of King's Lynn on 24th September. Sadly the weather could have been better but we seemed to manage to miss the heavy showers. Despite the Hall being covered in a huge amount of scaffolding with the roof undergoing major repairs, the insides were magnificent and full of many interesting items. Several outings are in the planning stages for next year.

67th SOS

November 14th 1952 was the date that the USAF 67th Air Rescue Squadron was activated at RAF Sculthorpe. The Squadron has since been renamed the 67th Special Operations Squadron and is currently based at RAF Mildenhall. The Squadron celebrated its 60th anniversary with a parade and civic reception in Hunstanton; in 2014

the 67th was granted the Freedom of the Town and was officially twinned with Hunstanton in 2016. The town will shortly take part in celebrations to mark the 67th anniversary of the 67th.

Heritage Centre

From Sunday 27 October when the clocks go back the Centre will be open from 12 noon until 3 pm on Wednesdays, Saturdays and Sundays. After 17 November until mid February, the Centre will only be open by prior arrangement or for special events. We look forward to welcoming Hunstanton & District Rotary Club on Wednesday, 30th October. We shall be open for Hunstanton's Festive Fun Day on 1st December and hope to provide a welcoming and colourful display for our visitors.

We welcome any groups for special tours of the Heritage Centre - contact our Secretary Mrs Sheila Kent on 01485 534200.

Planning

Although the society would like to see the former Kit Kat site developed, it has submitted an objection to the current application 19/01558FM on the grounds that the proposal at almost 20 metres tall, almost twice the height of the Oasis, would be over bearing. At present the proposals that Wayne Hemingway has made for the area are shrouded in secrecy but ideally they should harmonise together.

The Civic Society considers that the Conservation Area designated in 1984 and enlarged in 2009 is a very important feature of our town and must be protected. An objection has therefore been submitted to the speculative proposal to build on the land adjacent to 29 Sandringham Road. Such building would not be of any public benefit but would do harm to the street scene of Sandringham Road and the setting of the main house.

Heacham History Group

So many people turned up for Neil Storey's talk in September that we kept having to get more chairs out. And this on a night when we had a flood warning! Having written several books on the 1953 floods Neil is well aware of the power of the sea on our local coastline and its fitting that much of his talk was focused on our interaction with the sea. He took us from Heacham, along the coast as far as Sheringham and Cromer showing us pictures of how it used to be. For me the most poignant were the pictures and stories of the lifeboat men. I've always had great respect for those who risk their lives to rescue those in danger along our coast but I never realised how the early lifeboatmen set out on stormy seas in oar powered open boats. Neil showed us pictures of the early lifeboats of Hunstanton, Wells, Sheringham and Cromer and of the many memorials scattered along our Norfolk coastline to lifeboat men who lost their lives striving to save others.

On Monday, November 25th our very own Heacham author, Mary Mackie will be talking about "The Lady Farmer of Sandringham". Mary, has had over 70 books published. Most had been novels, but in more recent years she has researched and written several Norfolk based non fiction books.

As usual the venue is the Old Friends Hall, Sunnyside Close, Heacham, PE31 7DU. 7.30pm. Everyone is welcome. Admission £3 (Members £2)

Linda Nudds Tel: 01485 571794

Heacham Heritage

Stella Langley



Heacham Heritage
Community Project

Our first Exhibition was held on Saturday 21st September in The Public Hall to raise funds for The Heacham Heritage Community Project.

Doors opened at 10am when the first couple arrived and it was none stop all day until closing at 4pm over 400 people attended ...Amazing.

In the main hall exhibits included ...Heacham Railway, The Buffalo's, Polish Infantrymen in WW2, Sport, St Michaels School, A.E Wallis, Post Office, Fire Station. Vintage Wear and History of the Hall. Also available to buy DVD's and Notelets.

In the back room talks were given on Mercedes Gleitze by Andrew Tullett from Norfolk Council, The Zeppelin Bomb on Heacham by Andrew England, and Heacham Singer / Songwriter Steve Smith (Songwolf) entertained us including songs about Mercedes Gleitze and Heacham Railway... All well attended and enjoyed.

After spending many months scanning and printing photos, newspapers and books, to see everyone enjoying a cup of tea or coffee and a piece of cake sitting round catching up with old friends and enjoying looking at the photo albums and reminiscing was very rewarding. However the work must go on, so if you have any photos, memorabilia or family history which you think would be of interest especially about the brickworks, carnival, or any links to previous shops or businesses etc please contact us at admin@heachamheritage.co.uk

The copy date for the December 19 issue
is 12th November.

Please e mail:

editor@townandaround.net
or post to address on page 2

Borough Council News - Heacham, Sedgeford and Fring

Terry Parish, Independent Borough Councillor

Remember, remember the fifth of November,
Gunpowder treason and plot,
We see no reason
Why gunpowder treason
Should ever be forgot

On March 13th 2019 a Special Planning Committee agreed unanimously that highways problems, related to the planning application for 600 homes at Knights Hill, were dire and that the application should be refused.

On the 7th October 2019, another Planning Committee was advised to remove Highways issues from the forthcoming Appeal against the March decision. Highway issues have now been removed from the Borough Council's case against the Knights Hill appeal. Issues related to heritage assets, Castle Rising, remain within the appeal.

The expectations of residents of the Knights Hill area, following the enthusiastic support of three cabinet members, multiple Parish Councils, Sir Henry Bellingham, and the March Planning Committee, have been dealt a severe blow.

The implications of this decision are wide ranging. A method of reversing decisions of the planning committee has been tried and tested. There was also a hint by the Leader of the Council, in a training session, that 'controversial' planning decisions might be directed to Full Council.

I can only advise that communities should support and then vote for a strong Neighbourhood Plan which, at the moment, can hold the wolves from the door for a while. Heacham's Plan will come out for public consultation soon. Grab it with both hands and, when the time comes, VOTE for it. Otherwise, communities under threat of undesired development will likely have to go to the wall in their efforts to stop it and should not take it for granted that any assurances they are given will necessarily come to fruition.

Other communities, further south, suffered last month too but I have to move on. Sedgeford has a few planning applications of one sort and another going through the system or emerging

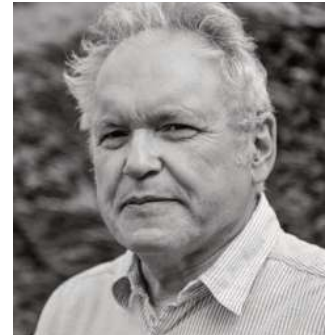
onto it. Fring remains quiet.

At the time of writing, Long Wood, off Hunstanton Road, tops the list of complaints again. This time it has been the tipping of debris, including lumps of tarmac and concrete from highways work, which has aroused ire. All interested parties have been informed. Perhaps, by now, the issue will have been sorted to everyone's satisfaction.

A meeting to resolve issues I have with proposed parking restrictions at South Beach was postponed at my request. I will report on the outcome in December.

Tidal damage to the dunes stretching between Heacham and Snettisham has caused some concern. The matter is being assessed and action considered.

Problems of disposing of waste at the recycling centre have been raised again. A single pane of horticultural glass is regarded as DIY waste and, apparently, costs £5 to dispose of. I pursued this but the response by NCC was not sympathetic. If you experience problems at the centre or think the system needs changing, please complain to your County Councillor as well as me.



Questions of who was responsible for several odd bits of land were raised which I managed to answer as the Borough Council does have an effective database.

Issues relating to Hunstanton and to Lynn which I hinted at last month have not, at the time of writing, had any progress revealed.

You should now have had the opportunity to read the results of several motions placed before Full Council in October. One related to Climate Change, one to the proposed changes to Hardings Way pedestrian / bus route to facilitate development. Both were proposed by opposition members. I hope both succeeded.









RE-UPHOLSTERY | PUBS/CLUBS | BEDS
FOOTSTOOLS | HEADBOARDS | CARAVANS
NEW SEAT FOAMS SUPPLIED & FITTED
UPHOLSTERY FABRICS FOR SALE
CALL ASH 07591 194 411

Looking to advertise
your business?

Call today
01485 540620

HEACHAM ROOFING

Roofing Contractor

*** Over 30 years' experience ***

Phone 01485 545856 / 07742 173058
Email – Simonsroofing123@gmail.com

All types of Roofing work undertaken
Specialist in Flat Roofing and Lead Work
Will cover all areas of West Norfolk and South Lincolnshire

All work fully guaranteed

Very Competitive Prices

Please call for a no-obligation quote!

Medieval Marriage

By Miranda Marshall, Director, Hayes + Storr

‘The past is a foreign country; they do things differently there’; so said L P Hartley as the opening lines of his novel ‘The Go-Between’.

I recently heard a presentation which included a run-through of English marriage and divorce laws through the ages. It amused me; and thought it might amuse you. It is truly alien territory.

In the early 7th century, under the code of Ethelbert, the legal penalty, if a man ‘took a maiden by force’, was that he had to pay her guardian (not her) 50 shillings (i.e. £2.50 in decimal money), and afterwards he could buy from the guardian his consent to marry her. Presumably the former-maiden’s value would have been much diminished and it would have been an easy solution for the men. The cost of consent would be 20 shillings (£1) if she was betrothed to another man. We do not know the cost if she wasn’t betrothed. There was a 35 shilling (£1.75) refund if the woman was ‘returned’.

The Welsh laws of the same era stated that the grounds for divorce were leprosy, impotence and bad breath (only one of the three was necessary). There was recognition too of the ‘seven year itch’. On divorce after seven years the money in the marriage was split equally. Before the 7 years the division depended on the woman’s status by birth (regardless of the actual size of the common pool of matrimonial property). This presumably meant it was financially risky for a man to marry a posh but poor young woman – much better for him to find a rich but vulgar girl!

Before the arrival of the Normans, if a woman found her husband with another woman, she was entitled to payment of six score pence (about 46p, I calculate) the first time; £1 the second time; and, on the third time she was entitled to divorce him. If a husband kept a concubine, his wife was allowed to punch her.

After the Norman invasion things got worse.

Under the French invaders, a wife became a ‘sort of infant’ and her legal identity ceased to exist. A husband and wife on marriage became one person and the wife’s property was surrendered to the husband. This included her clothes; and so, the husband would usually give his wife her clothes by his Will; otherwise, presumably, if he died, she would quite literally walk away naked.

Many of Jane Austen’s novels turn on the importance of marriage to save the family fortunes. Land and real property passed down the male blood-line, so that a widow and daughters would be left destitute without a living male protector. This explains Mrs Bennet’s desperation to hunt down husbands for her five daughters in ‘Pride and Prejudice’. True love didn’t come

into it.

And so the matrimonial property dark ages continued until the Victorians introduced the Married Women’s Property Acts. There were four of these from 1870 to 1907 and the final one, shockingly, was as late as 1964. Women became legal entities in their own right, could keep their earnings and own property.

This article aims to supply general information, but it is not intended to constitute advice. Every effort is made to ensure that the law referred to is correct at the date of publication and to avoid any statement which may mislead. However no duty of care is assumed to any person and no liability is accepted for any omission or inaccuracy. Always seek our specific advice.

If you require advice on any legal matter



please call our Hunstanton office on 01485 524166 or email law@hayes-storr.com.

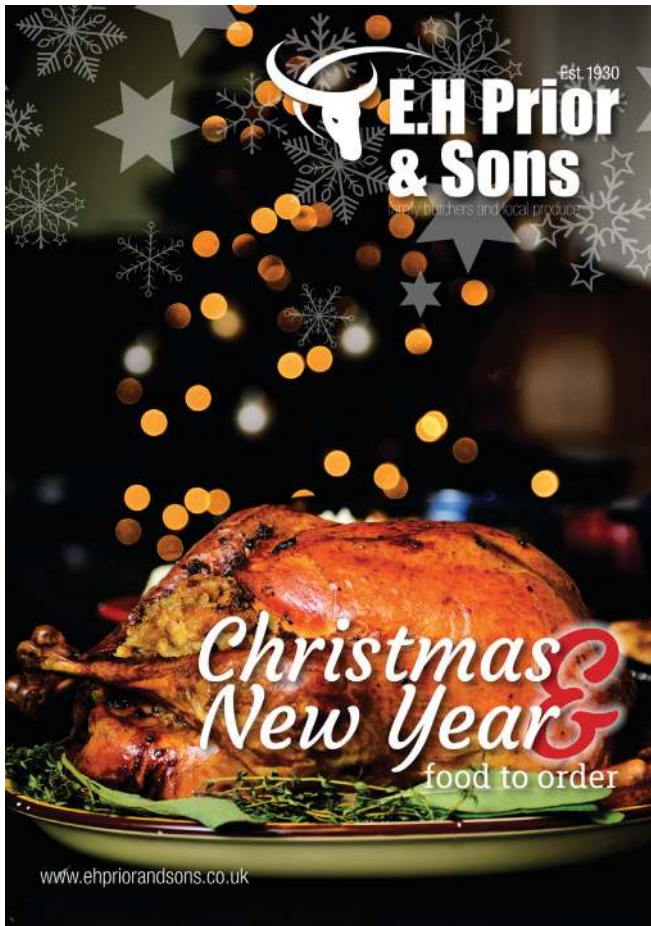
**Your legal matters
in safe hands
for generations**

Hayes + Storr Solicitors handle a whole range of family, property and business legal matters with care and professionalism.

Call us today **01485 524166**
www.hayesandstorr.co.uk

Hunstanton | Holt | Fakenham | Wells
King's Lynn | Sheringham | Swaffham

HS
HAYES + STORR
SOLICITORS



E.H. Prior & Sons Est. 1930
Sole butchers and local produce

Christmas & New Year
food to order

www.ehpriorandsons.co.uk



- free measuring and estimates with no obligation
- superb range of carpet, vinyl and laminate samples
- exceptional service, including uplifting and disposing of old flooring and moving furniture
- a family-run business, with over 30 years of experience
- home selection service available

Unit 6, Heacham Hall Industrial Units, Hall Close, Hunstanton Road,
Heacham, King's Lynn, Norfolk PE31 7JT

OPEN: Monday, Tuesday, Wednesday, Friday 9.30am-4pm
Saturday: 10am-2pm (closed: all day Thursday)

t: 01485 572202 email: rushmoreflooring@btconnect.com

www.garyrushmoreflooring.co.uk



Hear CLEARLY again...

Never miss out on the sounds you love
with the latest comfortable and invisible hearing aids

FREE HEARING AID TRIALS*

FREE HEARING TESTS **INVISIBLE HEARING AIDS** **WAX REMOVAL SERVICE**

✓ **EASY** parking
✓ **HOME** visits available
✓ **FREE** aftercare
✓ **5 YEAR** warranty*
✓ **5 YEAR FREE** batteries*
✓ **INDEPENDENT** family business

*on selected products

Hearing aids don't have to be seen!

101 High Street, Kings Lynn PE30 1BW
01553 760250
Day Centre also at Hunstanton Eyecare, Hunstanton

Sound Advice Hearing Centres
www.soundadvicehearing.co.uk

TO FIND OUT MORE CONTACT US TODAY



MULBERRY SPA
AT HEACHAM MANOR

FREE HAIR CONDITIONING TREATMENT

WITH EVERY TRANQUILITY SCALP MASSAGE

Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Invigorating and calm, leaving a feeling of pure serenity.

ONLY £28!

Available throughout November
Advance Booking Required

FOR DETAILS CALL: 01485 579824
www.heacham-manor.co.uk/spa

HEACHAM MANOR HOTEL, HUNSTANTON ROAD,
HEACHAM, NORFOLK PE31 7JX



**MULBERRY
RESTAURANT**
AT HEACHAM MANOR

TO BOOK CALL 01485 536030
www.heacham-manor.co.uk



MIDWEEK TWO COURSE LUNCH

ONLY **£12.00** PER PERSON

Served Monday to Friday 12 - 2.30pm

AVAILABLE THROUGH NOVEMBER

Advance booking recommended

PLUS SPECIAL OFFER
YOUR PUDDING FOR

£1.00!

With every Two Course
Lunch purchased



HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

Paul Skinner & Sons

Double Glazing Services



**Window & Door
Repairs**

**Double Glazing
Repairs
& Adjustments**

Hinges & Handles

**Misted or Broken
Glass**

**Upgrade your
Security**

Call Paul
your local tradesman



**Composite Doors
From £750.00**

**Back Doors
From £495**

**French/Patio
Doors
From £895**



T: 01485 535 247

M: 07834 697 719

e: kerryanneskinner75@hotmail.co.uk

Introducing the new Mayor of Hunstanton

Reporter Sophie Hooker talks to Tony Bishopp

Following the resignation of Amanda Bosworth, Cllr Tony Bishopp was voted by members of Hunstanton Town Council to become Mayor of Hunstanton and Chairman of Hunstanton Town Council. We sat down with Tony to hear about his background and what he hopes to achieve during his time in the role.

Tony's working background is in sales management, primarily within the leather and car industries. He and his family moved from Kent to Norfolk on 2001 for a slower pace of life, though as Tony admits, he "has never worked so hard before."

On his decision to run for council nearly five years ago, Tony says he had no previous ambitions in council beforehand, but wanted to make a difference to the town:

"I thought it was about time to give something back to the town. That is the main reason; I had no aspirations in the past to be in the council, but you think you just want to make a difference. We're a bit limited to what we can do, but maybe we could do something," he says.

Tony was Deputy Mayor up until recently and is the Chair of Finance and says he has changed a lot of things within the council, particularly how the finances have been reported.

On his vision for the town and what he hopes to achieve during his seat as Mayor, he lists the possible takeover of the recreation ground from the Borough Council in the next few years and bringing more events into the Town Hall. On the Town Council taking on the Community Centre, he says: "The Community Centre is an asset to the town, and we want to make sure it pays. It'll be good if we could move that on fairly quickly and start working on that as it needs some TLC. Once that's done and we've got it set up correctly we'll be able to get more people in to use it."

He also notes that a plan for youth development in the town is being cultivated, saying: "We have a Youth Development Working



Party that we've recently set up to see what we can do for the youth of Hunstanton. There are things going on like youth clubs, dance clubs etc. where children can get involved. I think if we could start with the young ones and give them something to do and off their phones and computers that would be great."

Tony is particularly excited about the building and regeneration developments either in the pipeline or already underway in Hunstanton: "There are some very interesting and, in my opinion, exciting building projects going on in the town. The new build on the Kit Kat site looks interesting. We've got the new Bennetts housing estate up the road and Hopkins homes. The nice thing with Hopkins homes is that there are young families moving in."

"The future of the Hemingway Design project is exciting and hopefully we'll hear something about that too. There's an awful lot to look forward to, and I feel that my job as Mayor is to ensure sensible discussions are had with everyone to make sure the right decisions are made," he adds.

On public opinion, Tony wants to ensure locals that he is welcoming and considerate of issues: "I want to be approachable. I've been thinking about setting up a Facebook page called 'Ask the Mayor'! Why not open myself to everything? Everyone's got an opinion, and a lot of opinions are negative and nine times out of ten, these people don't know the whole story. If they could ask a question, and I can answer the question as Mayor with the assistance of the council."

Tony is also the producer of the Hunstanton pantomime in the Town Hall; this year they are doing Peter Pan with fifteen local schoolchildren, raising money for Great Ormond Street Hospital. Tony will be playing Captain Hook.

Concluding, Tony is enthusiastic about his new role and is optimistic about the future of the town during his time as Mayor: "It's going to be an exciting few years. I'm looking forward to the rest of this year and to see what happens in the future, and I plan to stay here afterwards."



Christmas Tree Festival

Hunstanton Town Hall

Friday 6th December from noon	Saturday 7th December 10am - 4pm	Sunday 8th December 10am - 4pm
--	---	---

Opening ceremony Friday 6th at 7pm

* Visit Santa in his Grotto and vote for your favourite tree!... *

* Music * Mulled Wine * Mince Pies *

FREE ENTRY EVERY DAY

Organised & Supported by
H DFA

Borough Council of
King's Lynn & West Norfolk



Get ready for Festive Funday on Sunday 1st December, from 12 noon!

This December, Hunstanton will be welcoming visitors and residents to the town for an afternoon of fun for all the family. Included in the entertainment is a Giant Walk-In Snow Globe, Christmas Craft Fair, Santa's Grotto, food and drink stalls, fairground rides, miniature donkeys to pet, the opportunity to meet the King and Queen of Snow stiltwalkers and so much more!

At 4pm, St Edmund's Church will hold a short service and directly afterwards, everyone is invited to join in the Grand Light Parade as we walk through the town, switching on the Christmas Lights as we go. All we need is a rain-free day and the magic begins!

Now you're in the Christmas mood, don't forget some of the other events happening in Hunstanton over Christmas, such as the Christmas Tree Festival in the Town Hall from Friday 6th - Sunday 8th, the town panto, Peter Pan's Journey to Neverland at the end of the month and of course, the Christmas Day Swim!

For full listings of what's on throughout December, please visit the Tourist Information Centre at the Town Hall or check out the Hunstanton Events group on Facebook.

FESTIVE FUNDAY TIMETABLE

12 Noon: Opening Ceremony by the Mayor & Panto Characters
The Spinney

12.15pm Christmas Yoga with the Cloud Cabin
Community Centre

12.30pm Tea Duelling at Georgie's Cafe

12-4pm VISIT THE GIANT SNOW GLOBE!!
Outside the Town Hall

1-3pm Hunstanton Concert Band
Northgate Precinct

1.30pm Story Time & Sing-a-Long with Mrs Claus
*Hunstanton Library ***

2pm Nativity Play performed by Hunstanton Primary School
Town Centre stage

2-3.15pm Make Your Own Christmas Lantern
*Hunstanton Library ***

2.15pm Hartbeeps

Community Centre

2.30pm Tea Duelling at Georgie's Cafe

3.15pm Hartbeeps

Community Centre

3.30pm Lantern Parade

Town Centre route to St Edmund's Church

4pm Special Festive Service: Jesus, the Light of the World
St Edmund's Church. All welcome.

4.45pm Grand Light Parade ...

From St Edmund's Church through Hunstanton

... switching on the Christmas lights en route

St Edmund's Terrace, High Street and ending at The Spinney

PLUS - ALL DAY

At The Princess Theatre, St Edmund's Terrace:

Santa's Grotto, funfair rides, children's characters, music and stage events

In the Town Centre:

King & Queen of Snow Stiltwalkers, buskers, Reindeer Hunt, food & drink stalls, market stalls

At the Town Hall:

Christmas Craft Fair, Face Painting (Tourist Info Centre)

At St Edmund's Church:

Charity Stalls & free refreshments

Lower Spinney

Nativity scene, barrel organ, miniature donkeys

Community Centre Field

Vintage Games

* Timings subject to change ** limited to 30 places, booked in advance

Hunstanton Town Council initiative to reduce cigarette butt litter in the town

Sophie Hooker

Located just outside of the Town Hall, the Ballot Bin is a customisable ashtray which is proven to reduce cigarette butt litter by up to 50%.

Typically, they display a question and there are two answers with slots beneath them and the litter stacks up in the most popular answer. However, Hunstanton Town Council are casting votes for a donation to a local cause.

"You vote like you do in Tesco with their blue tokens. Here, you can vote for either the Day Centre or the Youth Club and whoever gets the most butts receives £100 from Hunstanton Town Council," Cllr. Amanda Knight says.

Cigarette butts are the most common form of litter in the world, with an estimated 4.5 trillion cigarette butts discarded each year. Made from cellulose acetate, this type of plastic can take up to 13 years to break down naturally.

They are the greatest single source of marine litter, ranking higher than plastic bags and straws. They are commonly found in the stomachs of fish, birds, whales and other marine animals.

The initiative comes hot on the heels of the launch of new vegan and eco-friendly products at the Tourist Information Centre. These include natural deodorants, soy candles, bamboo and plastic-free toiletries and bio-degradable dog poo bags.

Hunstanton Town Council declared a climate emergency in August of this year following a recommendation from their newly formed Environment Working Party.

The motion makes climate change a top priority for the council and they will work with the community to develop new strategies and plans to help reduce carbon emissions.

Amanda, Chair of the Environment Working party, adds: "Our new

initiative is to be a plastic-free council. Everything is vegan, palm oil free, and, where possible, sourced from the UK. Everything is plastic free with the exception of some lunch bags which are made from recycled water bottles."

The Tourist Information Centre is located on The Green and is open 9:30am to 4pm Monday to Saturday and Sunday 11am to 4:30pm.



HUNSTANTON FESTIVE FUNDAY!

Sunday December 1st 2019 from 12 noon

CHRISTMAS CRAFT FAIR
FACE PAINTING
MINIATURE DONKEYS
STILT WALKERS

SANTA'S GROTTO
FOOD AND DRINK STALLS
FAIRGROUND RIDES
LIVE MUSIC

HAVE YOUR PHOTO TAKEN
IN THE GIANT SNOWGLOBE

ALL
WELCOME
WRAP
UP WARM!

JOIN IN THE GRAND LIGHT PARADE FOR THE
CHRISTMAS LIGHTS SWITCH ON 5pm!



Wedding bells at Hunstanton Town Hall

Sophie Hooker

Hunstanton Town Council opened the doors of the magnificent Grade II Listed Town Hall building for its first ever wedding ceremony on Saturday 5th October.

Sunny Hunny lived up to its nickname as local couple Darren Masters and Lauren Doy took their vows in front of family and friends in the first floor Council Chamber, overlooking the seafront.

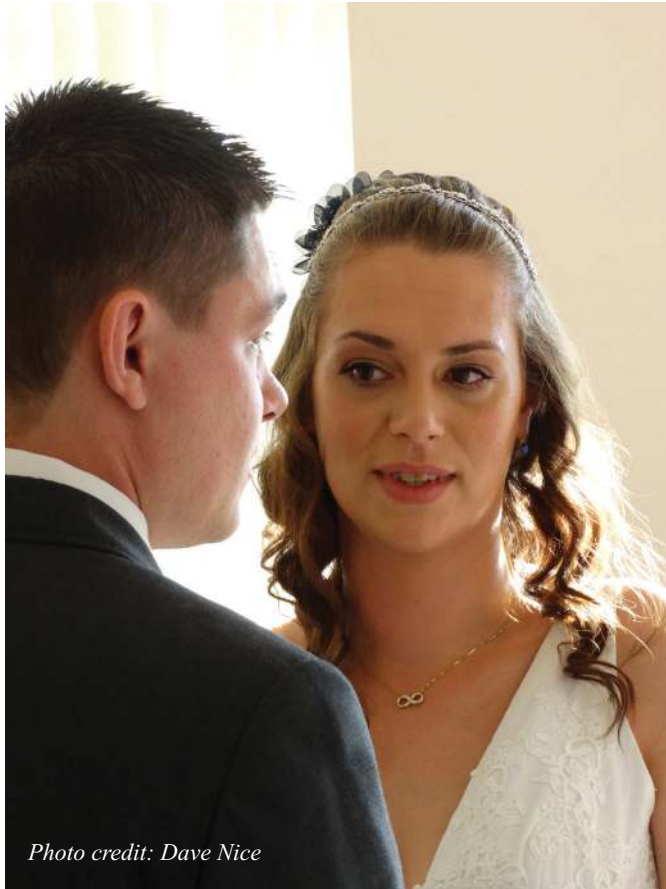


Photo credit: Dave Nice

Celebrations moved to the ground floor in the Town Hall where guests enjoyed a sit-down meal followed by a disco well into the evening.

The Town Hall, built by George Skipper in 1896, retains its quaint, Victorian-style and proved an ideal venue for the Hunstanton-based couple.



The Town Hall are now taking bookings for 2020.

For further information please contact Jan Roomes on 01485 532402 or email clerk@hunstantontowncouncil.gov.uk.

C L STEPHENSON
PAINTER & DECORATOR
HUNSTANTON BASED



- Free Estimates
- Interior & Exterior Decoration
- 15 Years' Experience
- All types of Wallpapering

Tel: 07950 363 031 / 07932 074 207
or 01485 532 022



GARNER
STOVE SERVICES

- SURVEYS
- INSTALLATIONS
- SERVICING
- CHIMNEY LINING
- CHIMNEYS SWEEP

Now's the time to get your chimney swept!

Enquiries:-
 Tel: 01485 534082 Mob: 07837 364450
 Email: garnerstoveservices@gmail.com
 22 Crescent Road, Hunstanton Norfolk PE36 5BU

Norfolk Holiday Homes

I normally do a shout out of thanks to all our housekeepers, maintenance/repair/DIY personnel in December but this year I am early as we have such an excellent 'army' who help us out with repairs and crises sometimes, and it is the end of the main season. Some of them keep diaries so they can keep up to date with regular and legal checks which is well appreciated as we have many properties to look after for the owners who sometimes tend to forget these requirements (and they have only one property to think about!) We do not employ these personnel ourselves, but they are used by Norfolk Holiday Homes and the owners direct so we have built up a close liaison with each of them.

So if you are thinking of buying a property to holiday or long let, and you do not live locally, have no fear in being able to find people to assist in reparation, advice etc as we can usually help. Your property will be looked after very well and we are giving work to local people too. I have sung the praises several months ago of certain individuals but they all need thanking again as sometimes they go over and above what they are supposed to do. We would be lost without you all.

Having said above that it is the end of the season, the 'season' still continues with short breaks, and long weekends. Many of our guests are usually retired or are grandparents who wish to have a break when there are no children about. They relish the fresh ozone of the sea air with embracing walks along our beautiful beaches and clifftops after looking after grandchildren during the summer months. The same happens in June too, before they have the children!

We have always said that if people want a holiday, they will have one come hell or high water. Which brings me to the 'high water evacuation' of the sea front properties last month. We always warn our guests of bad weather and possibilities of flooding if are staying near the sea if the dreaded weather warnings are issued. This time our guests staying almost on the beach were amazed at the skies, clouds, sea, and views during the week especially night time on the high tide.



Photo credit Darren Green

Everyone was obviously relieved that nothing happened but our guests absolutely loved 'weather watching' during their stay and want to come back, hopefully without the high tides!

A 'thank you' to the gentleman who telephoned after reading my last month's report, to say that he saw a lizard in the Esplanade Gardens. The 'Common Lizard' is a native of the British Isles and loves to sun bathe on rocks or in the garden whilst waiting for the next insect meal to pass by. So if anyone sees one (maybe not this time of year) please leave it alone as it will be quite happy in a safe garden environment sunbathing and watching the holiday makers pass by.

Hunstanton properties are getting well booked for next year already so if you have friends and relatives wishing to visit or have an overflow of guests for Christmas, please call in and see us or visit our website.

Sandra Hohol. Norfolk Holiday Homes 01485 534267

www.norfolkholidayhomes.agency

info@norfolkholidayhomes.agency



Rent your home or book a holiday!

Based in Hunstanton.
Local, flexible, friendly.

Personal service to owners/guests, plus competitive agency rates.

www.norfolkholidayhomes.agency
info@norfolkholidayhomes.agency

Self-catering.....tried and tested for over 55 years!

01485 534267



MSR Electrical

myles rudd
Domestic & commercial

Local professional friendly service
Installations - Maintenance & Repair - Test & Inspection

Telephone: 07810131512 Email: msrelectric@gmail.com






Find us on 

R.E.S.

Painting, Decorating & Home Improvements Locally based

Please call T: 01485 534183
M: 07785 785894

Fully insured

Free Quotes

FOOTCARE

WITH NICKY

"Take a step in the right direction"

Professional footcare from the comfort of your own home

Nail trimming • Corns/Callus • Verucas
Ingrowing toenails • Cracked Heels • Diabetics

 07894249823

Nicky S.A.C. Dip FHPT, S.A.C. Dip FHPP registered

Major development plan proposed at Kit Kat site

Sophie Hooker

A planning application has been lodged with West Norfolk Council for a proposed build for the site, comprising of a five-storey mixed use development of retail units on the ground floor and residential accommodation above.

Consisting of 16 residential units and commercial units, London-based property developer company David Hannah Homes are hoping “transform the area” with the proposed new development which will create new jobs and “provide much-needed housing.”

“This proposed scheme will have a positive impact on the look and feel of the area, making use of what was once an unsightly piece of land that was a blot on the wonderful seafront,” they continue.

Located on Seagate Road next to the Oasis leisure centre, the site is less than a minute walk from the promenade.

The design of the proposed build also attempts to relate to the old Kit Kat building by integrating Art Deco elements in its appearance and will incorporate aspects of style from the 1920s and 1930s.

Opened in 1933, the Kit Kat club burnt down in April 1998 and the remains were demolished in 2002, where the site has sat unused since.

The flats will be designed to maximise use of internal space and natural daylight. There would also be off-road parking available for residents with designated parking bays.

BMD Architects state in their design and access statement that the development “will provide a successful re-development of an empty brownfield site leading to a modern-day enhancement of this area” and “will have the potential to act as a catalyst for the wider regeneration proposals in this part of Hunstanton.”

However, concerns have been raised from a resident on Seagate Road, who notes that the development would block afternoon sunlight from their property, that there are safety issues regarding traffic on the road and that the height would create an “oppressive atmosphere” for surrounding properties.

Director of David Hannah Homes, Ola Popoola, states: “This development provides the perfect opportunity to make use of disused land. We can bring a superb standard of living to the area, with residential units that offer exceptional views and comfort. We are also creating commercial units that come with the potential to enhance employment in the town.”

This application follows another application on the site which was approved in 2011 which developers did not go ahead with.

Pictures: David Hannah Homes





**MULBERRY
RESTAURANT**
AT HEACHAM MANOR

TO BOOK CALL 01485 536030
www.heacham-manor.co.uk



SUNDAY LUNCH AFTERNOON TEA

Come and have your delicious Sunday roast in our award winning restaurant while you enjoy the time with your family & friends.



ONLY **£12.95** ONE COURSE

Served Sunday 12 - 2.30pm
Advance booking recommended



ONLY **£15.95** PER PERSON
WITH UNLIMITED TEA OR COFFEE

Served Daily 2.30 - 5.00pm
Advance booking recommended



HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX



HUNSTANTON CONSERVATIVE CLUB

24 High Street, Hunstanton
Friendly environment.
Unbeatable food and drink prices.
Lunches served daily 12-2pm
Activities through the week

Monday	Bridge Club 6.45pm
Tuesday	Poker 8pm
Wednesday	Bridge Club 6.45pm Whist Drive 7.30pm
Thursday	Poker 8pm
Friday	Lunch time Raffle 1pm Beginners Bridge 1.45pm Cash Bingo 7.30pm
Saturday	Open the box Jackpot 1pm

sky SPORTS On big screen now available

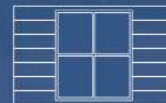
ACC Affiliated. Non-members welcome
01485 532462 www.hunstantonconservativeclub.co.uk

CURTIS HOME IMPROVEMENTS

UPVC Double Glazing Windows, Doors and Conservatories, Fascia and Guttering. Specialists in Garden Rooms, Flat Roofs, Lanterns, Bifold Doors and Cladding

Approved partner of George Barnsdale high quality timber windows and doors.

**GEORGE
BARNSDALE**
Est. 1884



Call Tim Curtis for a free no obligation quotation

07794 085473 or 01553 760543

tim@curtishi.co.uk | www.curtishi.co.uk



Hunstanton Lifeboat Station news

Geoff Needham, LPO

Friday 13th September at 2.45 p.m. Hunstanton RNLI Hovercraft launched on service to Brancaster, to report of people cut off by rising tide at Brancaster wreck sands, on arrival at Brancaster two people were on the wreck sands. They told the crew had not realised the state of the tide, which was filling the channel between them and the safety of the beach, they were taken aboard the hovercraft and transferred to the beach, into the care of the local coastguard response team. H.W. 7.26 p.m. Wind. S.2 Weather Cloudy Vis. Good Sea state Slight.

Saturday 4th September at 3.30 p.m. Hunstanton RNLI Hovercraft launched on service to Brancaster, to report of people cut off by rising tide at Brancaster, on arrival at Brancaster 16 people eleven adults and five children, two of which, were babes in arms. All were on holiday, from different areas of the country. They told the crew they had not realised the state of the tide, which was filling the channel between them and the safety of the beach, they were taken aboard the hovercraft and transferred to the beach, into the care of the local coastguard response team, it took three journeys to evacuate them from the island. H.W. 7.56 p.m. Wind. SE. 2 Weather Sunshine. Vis. Good Sea state. calm.

Sunday. 15th September at 1.00. a.m. UK Coastguard requested launch of Hunstanton RNLI Lifeboat to report of a Kite surfer in difficulty off Hunstanton beach. Hunstanton volunteer RNLI crew launched on service, on arrival at scene, it was confirmed the Surfer had been helped back to the beach by a jet skier, no assistance was required. Lifeboat was stood down to return to station. High Water. Saturday. 7.55. a.m. Wind. S.W.3 Sea state slight. Vis. good.

Monday. 30th September. at 7.30. a.m. UK Coastguard requested launch of Hunstanton RNLI Lifeboat to reports of a wildfowler cut off by the tide near the mouth of the river Ouse at King's Lynn Hunstanton relief Lifeboat B880 launched on service, and proceeded to area, as they neared the area, the CG radioed that the Wildfowler had been rescued by others on scene, the lifeboat could return to station. H.W. 8.00. a.m. Wind. S.W. 3. Weather Sunshine. Vis. Good. Sea state. mod.

With the summer over, and we move into autumn. The number of shouts ease off, but the area still attracts visitors, walkers and bird watchers, our advice to them is to stay alert to their surroundings. Respect the water campaign and advice to Holiday makers: Tidal waters have strong tidal currents, especially the approaches to the harbours. General coastal safety tips:

1. Check the Weather and tide times.
2. Read signs. Be aware of local hazards, ie; sandbanks. Channels have Strong tidal currents.
3. Carry means of calling for help.
4. If you see someone in danger dial 999 or 112 and ask for the Coastguard who will page us.

Spirit of West Norfolk back on station

Wednesday 2nd October our lifeboat Spirit of West Norfolk returned to Hunstanton after being away for an intensive refit, and the relief boat B880 returned to Poole.

A note from the station history

September 30th 1871 Hunstanton Lifeboat Launched to the Schooner Major from King's Lynn, she had run aground off Holme, in a heavy gale from the North east, the crew, three men and a boy, were rescued by the Licensed Victualler. It stated in The Lifeboat Journal that the lifeboat behaved admirably on this service, and was excellently managed.

Notes for your Diary

Thursday 21st November. Fishermans Supper. The Lifeboat Thornham. £20 contact Terry Morris Tel; 01485 512005



The Wildfowler at Kings Lynn

This photo was taken by the KL Pilot boat and shows the lone wildfowler and his dog standing on the top of the bank at Babingly where the river joins the Ouse, this was on the morning of the tidal surge, we launched but were stood down halfway into service as the pilot boat rescued him.

DAVID PEARCE ROOFING SERVICES

SLATING TILING LEADWORK GUTTERS

FREE ADVICE & QUOTATIONS, 2 YEAR GUARANTEE

TIME SERVED TRADESMAN, CITB REG ASSESSOR

TEL: 01485 544279 MOBILE 07825 415040

E MAIL davepearceno1@aol.com



A.T PLUMBING & HEATING

T: 01485 518648

M: 07733 335845

info@at-plumbing-heating.co.uk
www.at-plumbing-heating.co.uk

**A LOCAL, RELIABLE & EXPERIENCED PLUMBER
PROVIDING A PLUMBING REPAIR SERVICE
SAME DAY CALL OUTS & FREE QUOTES
Proud to be a member of checkatrade.com**



Daniel Sharman

07554 018307

dan@dnscomputerservices.co.uk

- IT Support & Consultancy
- Apple and Microsoft friendly
- Virus/Spy/Ad-ware removal
- Wi-Fi Coverage solutions
- Home & Business networks
- Repairs & Maintenance
- Data Recovery
- CCTV Systems
- Multi Room Audio
- Tuition & Sales
- GDPR Compliant

Tapping Close, Snettisham

FABRICS CURTAINS BLINDS

Christyana

Showroom at 18 Lynn Road, Dersingham PE31 6JZ
Tel. 01485 541111 www.christyanafabricsblinds.co.uk

01485
570303**A.E. WALLIS**

www.aewallis.co.uk

34-40
High St
Heacham

**No fuss drying with a new
Tumble Dryer from £139.99**

Condenser & Vented models available

Check out our prices at www.aewallis.co.uk
and follow the Euronics link or give us a call

Internet prices with local service

Celebrating 80 years serving the local community

Don't forget our bike shop for sales, repairs & accessories



☆euronics

**CYCLE SALES
CYCLE REPAIRS
CYCLE HIRE
CYCLE ACCESSORIES**

**A.E. WALLIS
HIGH ST, HEACHAM
01485 571683**

www.aewallis.co.uk @heachamcycleman

What's On At The Lodge, Old Hunstanton



CHARITY QUIZ NIGHT

Friday 1 November

Have a fun night out with family
& friends to help raise money
for The Purfleet Trust

£10.00
per team



ROCK & ROLL BINGO

Friday 6 December

Bingo but not as you know it!
Raising funds for Shouldham
Ward at the QEH.

£10.00
per team



CHRISTMAS PARTY NIGHTS

7, 14, 20 & 21 December

Pre-order from our 3-course
party nights menu and dance the
night away until midnight.

£28.50
per person



NEW YEARS EVE

31 December

Dance into 2020 with Jak Ropa
until 1am & a special NYE menu,
limited tickets now available.

£27.50
per person

01485 532896

info@thelodgehunstanton.co.uk
Old Hunstanton Norfolk PE36 6HX

the
lodge
Old Hunstanton



ARMSCARE Ltd Now Hiring Staff in Norfolk

(Hunstanton, Heacham, Docking, Terrington)

Part & Full-time Care Assistants

- Accommodation arranged with work
- Full training will be provided, if required
- Basic level of English needed
- Good Basic Pay with 28 days paid Holidays

Call or text *Mickey* for an informal chat on
0771 055 8081

Or email to staff@armscare.co.uk



CJB COMPUTING

- New and Used computers
- Tuition, advice
- Repairs and upgrades
- Broadband, Wireless, Internet, E.Mail
- Laptop power supplies, screen replacement

No job too big or small, give Chris a call

Office: 01553 606555

Mobile: 07447748356

BORDOLI PIZZAS

MON: RIPPER HALL DOCKING
TUES: INGOLDISTHORPE LAY-BY
WEDS: HEACHAM SOCIAL CLUB
FRI: OLD HUNSTANTON SOCIAL CLUB

From
5pm

T: 07565 754812

E: bordoli99@gmail.com

Stitchers

Sewing Machine Repairs by the Local Expert

- All makes serviced and repaired
- Over 30 years experience
- Home visits

Tel: 01485 535977 Mob: 07866923417
www.stitchers-repairs.co.uk

HEATING AND PLUMBING SPECIALISTS

Gas Safe and Oftec Registered Engineers



Gas & Oil Heating
Boiler Servicing
Bathrooms
Renewable Energy

Your Local Experts. Great Service. Competitive Prices.
Contact us today to see how we can help you!

01328 862189 www.dempseyheating.com

George Edwards Road, Industrial Estate, Fakenham NR21 8NL

COVERING THE WHOLE OF NORFOLK WITH 30 YEARS EXPERIENCE

We specialise in UPVC
window and door repairs

We repair or replace:

MISTED OR BROKEN DOUBLE GLAZED
UNITS | STICKING/JAMMED WINDOWS
AND DOORS | LOCKS | HANDLES
HINGES | LETTERBOXES | DOG AND CAT FLAPS



Ring us on **01485 501236** or **07775 832545**



OVER
30 YEARS
IN THE
TRADE

Proud members of
Checkatrade.com
Where reputation matters



NO
CALL OUT
FEE

The Window Repair Man

www.thewindowrepairman.com

E: jctthewindowrepairman@gmail.com

T: 01485 501236 M: 07775 832545



Cakes galore as Extra Hands raises cash for Macmillan

There was cake of just about every description at a fundraising coffee morning organised by a West Norfolk company on 27th September.

Staff at Extra Hands home care have been busy baking for the annual event to raise money for Macmillan Cancer Support and their efforts proved popular at the gathering held at Heacham Church Rooms.

"We had a wonderful morning in Heacham and it was nice to enjoy a cuppa and cake while helping a great charity," said manager Lynda Hilliard.

"It is the latest in a number of events we have hosted this year to ensure our older residents, service users, friends and families have the chance to socialise and chat with other people," she added.

The coffee morning offered plenty of choice for visitors and the array of tasty cakes proved to be incredibly popular and a total of £150 was collected for the charity by Extra Hands, which also held an event at its offices at Horsham St Faith.

The Extra Hands Heacham office was rated Outstanding by the Care Quality Commission earlier this year and the multi-award winning family-run company provides services across the county.

It is the sixth year Extra Hands, with offices in Heacham and Horsham St Faiths, has taken part in the Macmillan coffee morning and the event was one of a number organised during the year so far to raise money for charity while bringing service users together for a social event.

The company offers a range of packages supporting independence, from brief well-being checks to multiple daily home calls to clients who need more help.

Photo from left: Lynda Hilliard (Heacham Manager), Tyrnaia McGinn (Extra Hands), Viv Harris (guest), Justin Mayes (Training Manager) and Stella Cassin (Extra Hands)





Extra Hands

Established 1993

Providers of Home Care in Norfolk

Norfolk Care Awards 2018 Winners

We are a local multi award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are tailored to suit individual needs from personal care to shopping and companionship.

Our services can be arranged on either a short term or long term basis, we offer flexibility when organising care packages and can assure our customers that we will meet their requirements every step of the way.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

Extra Hands - Heacham Office
Inspected and rated

Outstanding ★

 Care Quality Commission

Thinking of a career in Social Care?
Why not join our award winning team

We offer: • Good rates of pay • Various hours available
• Enhanced holiday entitlement • Paid mileage
• Free DBS check & uniforms • Mobile Phone

Tel: 01485 570611

Extra Hands, Unit 13,
Heacham Hall Ind Est, Hunstanton Road,
Heacham, Norfolk. PE31 7DP

www.extrahandshomecarenorfolk.co.uk

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards



Order your freshly cooked Christmas dinner for delivery on Christmas Eve! Order by 18/12



HOME COOKED MEALS DELIVERED TO YOUR DOOR

Home cooked, high quality frozen meals delivered to your door.

All natural, no artificial preservatives or additives.

Made with fresh, locally sourced ingredients (where possible).

Made by local chef Kat Asker in Snettisham.

Cooked in a 5* hygiene rated kitchen.

Free local delivery

Real home cooking at its best!

My menu offers a large variety of choice and flavour with traditional meals such as casseroles, pies, lasagne and a roast as well as curries, moroccan inspired dishes and vegetarian options.

To place an order or see a full menu please contact me 07767753413
email: simplycookit.kat@gmail.com
Find menus and full details on  
www.facebook.com/simplycookitnorfolk
@SimplyCookIt

CROSSWORD SOLUTION

Across: 1. Cordon, 4. Assorted, 10. Legislature, 11. Heart, 12. Chap, 13. Snapdragons, 15. Lookout, 16. Rookie, 19. Fender, 21. Fragile, 23. Butressed, 25. Sago, 27. Swami, 28. Reckoning, 29. Depleted, 30. Magnet

Down: 1. Cold call, 2. Rigmarole, 3. Oust, 5. Steeper, 6. Other woman, 7. Twang, 8. Dating, 9. Barnet, 14. Borderline, 17. Imitation, 18. Besought, 20. Reserve, 21. Fleece, 22. Abused, 24. Tramp, 26. Coda

Angelina's
Curtains and Blinds

@angelinasinteriors1 @angelinas_int
angelinasinteriors 01485 571147
angelinasinteriors@gmail.com

Sanderson



Everything your windows need professionally measured and fitted

Unit 1, Heacham Hall Ind Units, Heacham, Norfolk, PE31 7JT
Open mon-fri 10am-4pm, Sat by appointment.
www.angelinascurtainsandblinds.co.uk

Missing a dog in your life?
Become a Barking Mad holiday host



Companionship, friendship and fun are guaranteed!

- Dogs to suit your lifestyle
- Completely flexible
- Trial stays to ensure compatibility
- Full support and advice
- A playmate for your own dog

Barking Mad
Happy Dog. Happy Holiday.
Happy You.

Tania.Stowe@barkingmad.uk.com
01485 205715
BarkingMad.uk.com

Trustpilot

THE BIG QUIZ NIGHT 2019

SATURDAY 16 NOVEMBER

St Mary's Church Heacham

HUNDREDS OF CHURCHES.
THOUSANDS OF PEOPLE.
ONE BIG QUIZ. inc Ploughman's Supper

£6

6pm

Get together with your friends, family and church for an eight evening of poverty-fighting fun. For one night only - churches and other groups up and down the country will be taking part in the biggest multi-venue, nationwide quiz ever.

Contact: Church Office (10-12) 572539
heachamchurch@gmail.com
The Christian Bookshop 579094
Veronica Welham 532812
ver.welham@gmail.com
Please visit www.hearfund.org/quiz to find out more.

tearfund following Jesus where the need is greatest

www.tearfund.org/fund
1000 Church Road, Brighton BN1 6JL
T 01223 300630 E info@tearfund.org

Barking Mad (North West Norfolk) are very proud to once again be sponsoring the Heacham Minors Football Club U11 team kit for 2019/2020

Tania Stowe of Barking Mad has had a long association with Heacham Minors Football Club, having a son who has played with the club since 2015.

"We are so proud to be supporting this grass roots organisation. Heacham Minors FC is a shining example of the important role that local sports clubs play. The club and its supporters work tirelessly to provide and maintain top quality facilities for the young people in Heacham and the surrounding area. We at Barking Mad believe wholeheartedly in the benefits of companionship, camaraderie and exercise for all of our physical and mental well being. Our hosts families, who are mainly retired or work from home, benefit daily from the companionship, routine and exercise they gain from having regular doggy visitors to stay. Now we are also pleased that by sponsoring the U11 Heacham Minors football team, we are also supporting the well being of our younger generation. It has been a great privilege to share in the growth of a lovely group of young people who all gain so much from being a part of their team. We look forward to supporting the U11 team in their continued endeavors this season."

Heacham Minors Club Chairman and Team Coach, Nathan Stockdale said "Thank you to Barking Mad for their continued sponsorship. The club are immensely proud of the support we receive from local sponsors, helping



provide the children with a safe and fun environment to play football, all underpinned by the ethos of equality (#equalgame), positivity and respect (#weonlydopositive)."

Barking Mad (North West Norfolk) offers home from home boarding for dogs whilst owners are away. Anyone interested in

joining our fully supported and insured team of local dog sitters/hosts who offer space in their own homes to holidaying dogs, please get in touch with Tania.

<https://www.barkingmad.uk.com/franchisees/north-west-norfolk/>
Tania Stowe 01485 205 715

Copy date for the December edition is 12th November
Please send your photos (Min 2MB) and articles to:
editor@townandaround.net

Accountability

By John Maiden

Richard Bird is to be congratulated for his article under the heading of 'Accountability' on page 46 of the October edition of Town & Around.

From what he said about West Norfolk Council's reluctance to provide information, in response to requests made under the 'Freedom of Information Act', it would appear that the Council is still only paying lip service to a policy of transparency and openness in the decision making process.

When poor decisions were made in the first decade of this century, leading to the granting of permission for the 'hangar' on The Green, the Council eventually published information, which belatedly confirmed that serious errors had been made in the way officers and members had dealt with planning applications and the disposal of public open space. Unfortunately, no attempts were made to correct these mistakes, or to call the perpetrators to account.

For example, in October 2009, the then Council Leader, Nick Daubney and the then Chief Executive, Ray Harding attended a meeting in the Town Hall organised by the Civic Society, at which they attempted to justify their decision not to enforce the covenants, provisos and conditions set out in the 999-year lease for Hunstanton Pier.

In answer to a question from a member of the audience, the Chief Executive claimed that the Pier Lease was for land, not for the pier itself. He ignored a supplemental question from me, in which it was pointed out to him that the Council was about to release a person purporting to be the Pier Lessee from the Repairing Covenant specified in the Pier Lease. If 'accountability' is to have a meaningful place in local government, the Chief Executive should surely have been held to account, because he should have known that his statement at a public meeting was false and misleading.

If someone in his position can get away with promulgating misinformation of this magnitude, it is not surprising that the Council seems unwilling to release information relating to impending decisions, which could affect the future quality of life for many local residents...

ROYAL BRITISH LEGION REMEMBRANCE EVENTS 2019

Hunstanton Town and District will be holding 3 events this year to mark Remembrance 2019.

The first will be held to mark the start of the Poppy Appeal 2019 at 1045 am on Saturday 26 October 2019 in Hunstanton Cemetery. This will be a short service followed by the names of all the war dead laid to rest in the cemetery. A wooden Poppy Cross will then be laid on all of our fallen serviceman's graves.

Remembrance Sunday will be held on Sunday 10 November 2019. This will start with a march through the town by all the different organisations involved from the United Services Club at 10.00 am. We ask that everyone involved to be at the club for 09.30 am so that wreaths can be collected, and order of march confirmed. The parade will march through the town centre and onto St Edmunds Church. A service will then be held at the Church then followed by the laying of wreaths and the last post at the Cenotaph.

Monday 11 November 2019 there will be a 2 minute silence held in the High Street. This will start at approximately 10.50 am in time for the 11.00 am 2 minute silence.

Everyone is welcome to all of these events, so please come along.

If anyone has any questions about these events or need to order wreaths please contact Mr Simon Matthews Chairman Royal British Legion Hunstanton District Branch on 07771934514 or email chairman.hunstanton@outlook.com.

MEMORIALS



Memorials, Fireplaces, Worktops, House Names, etc.

Marble, Stone, Slate, Granite.

Visit our **SHOWROOM** and **WORKSHOPS**

Call for our **BROCHURE**. Home visits can be arranged.

H. BRETT & SON

75 NORWICH ROAD WATTON, THETFORD NORFOLK IP25 6DH

Tel: 01953 881501

Email: info@hbrettandson.co.uk

Web: www.hbrettandson.co.uk

A. F. HOLMAN & SON

59A RAILWAY ROAD, KING'S LYNN, NORFOLK PE30 1NE

Tel: 01553 772842 Fax: 01553 772842

Email: info@afholmanandson.co.uk

Web: www.afholmanandson.co.uk

M.B. HOWELL

72 HOLT ROAD, FAKENHAM NORFOLK NR21 8DY

Tel: 01328 864438

Email: info@mbhowell.co.uk

Web: www.mbhowell.co.uk

STONE WORK

P.D. BIRD

**Plumbing & Heating Engineer
for Oil & Gas**



**For All Your Plumbing & Central Heating Repairs,
Maintenance & Installation**

- Central Heating Systems
- Underfloor Heating
- High Efficiency Condensing & Combi Boilers
- Heating System Power Flushing
- Unvented Hot & Cold Systems
- Servicing & Repairs
- Complete Bathroom Design, Installation & Tiling Service

Professional Quality Work - Guaranteed

www.pdbirdplumbingheatingbathrooms.co.uk

Tel: 01485 579472

Mob: 07889 167063

Searles Club Presentation Evening 2019

The Annual Searles Club presentation evening took place on Friday 11th October at Searles Golf course' Fountain Sports Bar and celebrated those members who have won prizes in competitions and events throughout the year.



Prize winners: Left to Right. Dave Cox (Men's Captain), Rebecca Chesterman, Sue Fleming, Teresa Hills (Lady Captain) Nick Callow, Karen Walden, Peter Green, Trevor Nutt, Rob Hills.

Members enjoyed a superb buffet meal, as well as a fun quiz provided by Searles Captain Dave Cox.

Whilst many prizes were issued on the evening, the main competition winners were presented with their trophies. Some of the main winners were, Karen Callow who won 2 9 hole qualifying

events through the season, junior Louise Palmer won 2 9 hole qualifying events and Louses' Father Martin, also collected prizes including the Shotgun fourball, which he won with Martin Robinson. Nick Callow won 4 competitions including the Wilson Trophy.

Junior Rebecca Chesterman collected the trophy for winning the Ladies Winter Pairs Matchplay with Chloe Tarbard. Karen Walden, won a number of events including the Ladies Club Championship. Rob Hills had a successful year winning 3 competitions as well as the Winter Matchplay Fourball with Trevor Nutt, he was runner up in the summer matchplay, the winner of the Seniors Club Championship and collected 1st prize in the Fleming Mixed Pairs Matchplay with his wife and lady Captain Teresa Hills.

Peter Green dominated the major events of the season, coming 2nd in the Fleming Mixed Pairs matchplay with his wife Paula, he won the August Medal and took Victory in the Mens Club Championship and the Mens Summer Matchplay.

Searles Resort Golf and country club hold Monthly competitions as well as numerous other events and social competitions and welcomes new members.

Visit www.searles.co.uk or call 01485 536010 for more information.

For daily local news updates go to:
www.townandaround.net
 or follow us on Facebook:
 TownandAroundNorfolk

Searles Golf Club



Superb Golf Course & Facilities Open to All!

- > Enjoyable 9 Hole Pay and Play Course
- > Fast rounds with no time constraints
- > Club hire available
- > Great value membership
- > Undercover Driving Range and lessons available
- > Golf Shop
- > Fishing Lakes
- > EBA Bowling Green



Winter Membership ONLY
from 1st November £130

call: **01485 536010** www.searles.co.uk

Searles Golf & Country Park
 South Beach, Hunstanton PE36 5BB



Plumbing & Property Maintenance

All aspects covered from repairs to renovations

Over 30 years experience

Friendly professional service

Free estimates

No VAT

For all your property needs call:

01485 532187

or 07766 223490

Heacham Manor hosts 10 Year anniversary charity golf day

Heacham Manor Hotel and Golf Course 10 year Anniversary celebrations were held on 11th October with a Charity Golf day raising funds for The British Heart Foundation. Staff, key suppliers and past Captains were all invited as a thank you for their participation in the development of the Hotel and Golf Course over the last 10 years. 48 golfers enjoyed an 18 holes golf competition followed by a 2 course meal and prize giving.

Many players bought prizes with them for the raffle and auction, thank you to everyone for their kind generosity as £1157 was raised on the day.

The fourball better ball competition was won by current ladies captain, Sophie de Winton and past ladies Captain Rachel Hodgkinson with 41 points. Past Captains John Steel and Paul Sykes were pushed into second place on countback.



Left to Right: Rachel Hodgkinson, Paul Searle, Sophie De Winton.



ENJOY AUTUMN GOLF AT HEACHAM MANOR

Fine quality greens and a superb condition course in a beautiful coastal setting.

> 18 hole Green fees from just £22.25

> 2 people with buggy after 11am only £50.55

SOCIETIES WELCOME

Packages with food and golf from just £19.00.

Book your 2020 Society Package before 9th November for 2019 prices!

Advance booking recommended

Book online or call 01485 536030

www.heacham-manor.co.uk

HEACHAM MANOR HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

ROUNCE & EVANS PROPERTY MANAGEMENT

The only West Norfolk agent who is both ARLA and ARMA registered



We dedicate 100% of our time to property management in North and West Norfolk

Talk to our team about:

- RESIDENTIAL LETTINGS
- RESIDENTIAL PROPERTY MANAGEMENT
- BLOCK MANAGEMENT
- ESTATE/DEVELOPMENT MANAGEMENT

LOCAL | FRIENDLY | PROFESSIONAL



arla | **propertymark**

PROTECTED

36 Westgate, Hunstanton, PE36 5AL

01485 533633

16 Church Street, Kings Lynn, PE30 5EB

01553 401580

www.rounceandevans.co.uk

Heacham and Hunstanton at Night

Terry Parish

Guy Fawkes night looms. I like fires and fireworks, particularly rockets. Our old dog, Polly, used to wait for the sausages that followed. Daisy doesn't like fireworks at all. We are all different. The artificial stars do wash out the real ones but at least they make you look up.

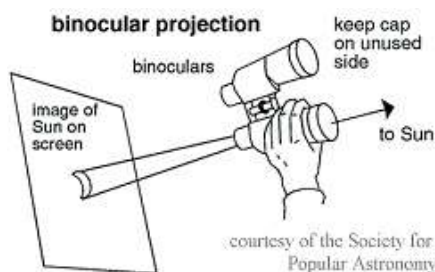
There are some planets to look out for, a demon star, a blue snowball, and a crab. However, the most significant event happens much closer to home on the 11th.

On that date, between 12.35pm and 4.30pm, the planet Mercury will be seen to transit the Sun – pass across its face. It will be seen as a black dot. The last time this happened was in 2016 on May 9th. The next time will be in 2032. Mercury, Earth and Sun have to line up for a transit to be seen and this happens about 14 times every century, in paired opportunities, a few years apart. Some transits can be viewed more easily than others. The 2016 one enabled the full transit, from one edge of the Sun across to the other, to be seen throughout the morning and early afternoon. This transit will only be visible until about three quarters of it has been completed because the Sun will have then set.



Mercury in transit across Sun in 2016. Parish

From lunchtime until the children come out of school, the transit should be clearly visible in most locations (using safe methods to observe it). To continue viewing it until sunset then Heacham Beaches and Hunstanton Cliffs are the places to be.



Looking directly at the Sun is dangerous, potentially blinding, and should not be done and you won't see Mercury if you chance it. Mercury is small and will appear only as a tiny dot. Undamaged eclipse glasses might just do the job. Telescopes with special solar filters will certainly do it. Projecting an image

of the sun through binoculars onto a piece of paper is safe. The BBC will say you have to lock yourself in a bunker and watch it all on television whilst wearing a hard hat and safety goggles.

I intend to set up telescopes in my back garden (1, Woodside Avenue) for observations to be made. You are welcome to join me between Noon and 2pm, after that, if the weather is favourable, I intend to shoot off to Hunstanton cliffs with one or two 'scopes to catch the end of the transit. I am not sure where I will set up. Look for a man with a telescope between The Green and the grass beyond the miniature golf course – where you can park at the side of the road for free. If hundreds turn up at home I may be delayed. Last time, I think there were 4 people but you never know.

If you catch the transit then you will be helping to celebrate a bit of history. 250 years ago, on the 9th November 1769, Captain Cook observed a transit of Mercury from New Zealand. It was part of that great scientific expedition. Timing transits, of both Venus and Mercury, from different parts of the world was the method used to establish the size of the then known Solar System – Mercury, Venus, Earth, Mars, Jupiter and Saturn. Cook was on the other side of the world, amongst other things, to observe a transit of Venus, in June 1769 and, 4 months later, the transit of Mercury.



Mercury Bay New Zealand. Commemorative plinth is on wrong side of bay. Internet.

Cook's Solar system is in view this month but you need good horizons.

On the 1st and 2nd, at 5.30pm, Jupiter will be low down in the SW whilst Saturn will be close to the Crescent Moon (to the left on the 1st, right on the 2nd).

On the 9th, at 6.30am look low in the ESE and the red dot of Mars will be close to the bright star, Spica.

On the 23rd to 25th, at 6.30am again, Mercury is low between ESE and E. Mars will be above it and to the right. This is again very low in the sky and you need a good horizon which is difficult to find when we face west. On the 28th /29th at 4.45pm, Venus is very bright in the SW with Jupiter just to its right.

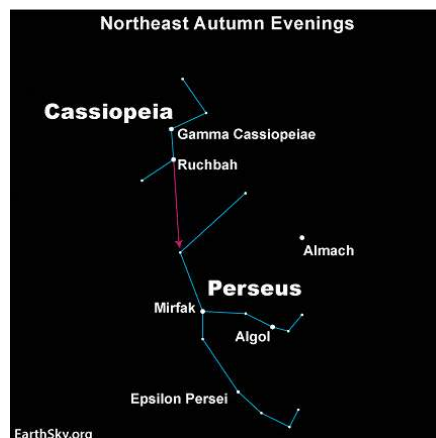
Saturn will also be in sight above both and in the SSW. This three-planet feast should be easy (though very low down) from Heacham and Hunstanton and before tea too. I predict rain.



Vesta from Dawn Spacecraft. NASA

Cook was dead 10 years after his transit observations so never learnt of the discovery of Vesta in 1807. A bright object, once called an asteroid and now designated a minor planet, Vesta reaches opposition on the 12th, and is relatively close to the Full Moon. Opposition means sunlight falls directly on all the surface of an object, as viewed from Earth, so it appears as bright as it can. Consequently, a Full Moon is in opposition. Just a thought whilst typing.

Vesta should be visible in steady binoculars. Use Google or Stellarium to pin down where to look for it all month.



Finding Algol. Internet

The Demon Star is Algol, the head of the Gorgon Medusa. It blinks over a three-day period as it is an eclipsing binary – a dimmer star orbits a brighter star. From 9pm look east and half way up the sky.

The Crab Nebula is the visible remains of an exploded star, a supernova, which was first recorded by Chinese astronomers in 1054. At

the centre of the expanding cloud of gas (11 light years across) is a pulsar, revolving 30 times each second and emitting a regular pulse of radio waves. Pulsars were first observed by Jocelyn Bell Burnell at Cambridge. Their regular signals could have been artificial and she, jokingly, designated the first as LGM -1 (Little Green Men). Look east again and well above rising Orion. Google or Stellarium will help you pinpoint it in a telescope (fuzzy blob).



Crab Nebula. Hubble.

The Blue Snowball is a planetary nebula. No planet is involved. Such a nebula is an

expanding sphere of gas ejected from a red giant star late in its life. The gas becomes ionised and glows. Ejection of this gas helps seed The Milky Way with all the elements that build our world and us. The process is very short in astronomical terms, a few tens of thousands of years, so see it before it's too late. I have observed The Blue Snowball quite clearly from Heacham (in an 8 inch telescope). A blue bauble hanging in the tree of space. Look high in the west for this. If you identify exactly where to look, I am told powerful, fixed, binoculars should enable you to see something. Google or Stellarium will help you pinpoint it.



Blue Snowball. Internet. I saw it similar to this from Heacham but can't find my image.

Meteors. A weak shower, the Leonids, is around late on the night of the 17th and, more likely, in the early morning of the 18th. I have to tell you as this, though very unlikely, is maybe one shower that does give a show.



Alexei Leonov's self portrait of his walk in space over the Black Sea. He became a renowned space artist. Internet

Look after your animals but enjoy your rockets and remember Alexei Leonov, the first person to step out of a rocket in space. That was in 1985 when he took a walk from spacecraft Voskod 2. Drama unfolded on drama as his spacesuit expanded in the vacuum and would not let him get back through the vehicle's hatch. Nerves, venting some oxygen, and physical strength won the day. He died, aged 85, on the 11th October.

Are your finances heading in the right direction?

We provide a comprehensive wealth management service, offering specialist face-to-face advice tailored to you. Our services include:

- Investment Planning
- Retirement Planning
- Inheritance Tax Planning
- Intergenerational Planning

For further details please contact:

Plummer & Associates

Tel: 01485 500025 | Email: jeremy.plummer@sjpp.co.uk

Web: www.plummerandassociates.co.uk

Address: The Business Centre, 43 Lynn Road,
Snettisham, Norfolk, PE31 7LR

Plummer & Associates represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the Group's wealth management products and services, more details of which are set out on the Group's website www.sjp.co.uk/products.

What's On at Briarfields, Titchwell



CHRISTMAS WREATH WORKSHOP

Monday 9 December

10.30am - Coffee & Homemade Biscuits
11am-1pm - Floral Workshop
1pm - Two-Course Lunch

£65
per person



CHRISTMAS PARTY NIGHTS

14 & 20 December

Arrive from 7pm and enjoy a three-course dinner from 7.30pm, followed by fantastic music by our resident DJ until midnight.

£29.95
per person



NEW YEARS EVE DINNER

31 December

Arrive from 7-7.30pm and enjoy a gourmet four-course menu served at 8pm, dancing to our resident DJ and a glass of bubbly at midnight.

£69.95
per person



BOOKFEST: CARA HUNTER

Sunday 1 March 2020

Talk and Q&A session by popular Sunday Times best selling author, Cara Hunter, followed by Posh Afternoon Tea.

£17.50
per person

LIMITED SPACES AVAILABLE - BOOK EARLY TO AVOID DISAPPOINTMENT

01485 210742 · info@briarfieldshotelnorfolk.co.uk

Main Road, Titchwell, Norfolk PE31 8BB



Briarfields
COASTAL HOTEL

AWARD-WINNING AUTHOR ELIZABETH BUCHAN TALKS AT BOOKFEST EVENT

Booklovers gathered at Briarfields Hotel in Titchwell on Sunday, October 13, when award-winning and renowned author, Elizabeth Buchan, gave an insight and answered questions about her latest novel, "A Museum of Broken Promises".

British writer of non-fiction and fiction books since 1985, Elizabeth Buchan's 1994 novel "Consider the Lily" won Romantic Novel of the Year by the Romantic Novelists' Association. Her novel, "Revenge of the Middle Aged Woman" (2001), has been made into a television film for CBS and her short stories have been broadcast on BBC Radio 4.

Before being treated to Afternoon Tea, those attending heard Elizabeth talk about her latest book "A Museum of Broken Promises". Every object in the museum represents a moment of grief or terrible betrayal and is a place where people come to speak to the ghosts of the past. Laure, the owner and curator, has also hidden artefacts from her own painful youth amongst the objects on display.

Recovering from the sudden death of her father, Laure flees to Prague. But life behind the Iron Curtain is a complex thing until, that is, she meets a young dissident musician. Her love for him will have terrible and unforeseen consequences. It is only years later, having created the museum, that Laure can finally face up to her past and celebrate the passionate love which has directed her life.



After answering audience questions Elizabeth said "This is one of the best events I have been to in a long time, very well organised and very well thought out, an

appreciative audience will always gladden an author's heart and I really, really enjoyed myself." Elizabeth continued, "I particularly enjoyed the setting too - not only the landscape outside, but Briarfields is very comfortable and the food is fantastic. All in all, it's been a brilliant afternoon so thank you to all those who attended."

Jac Sandy, Director and organiser of the Bookfest events at Briarfields Hotel said "It was a joy to have Elizabeth with us, she was a pleasure to interview and it was fascinating to listen to her anecdotes on how she went about researching and creating the characters for the story". Jac continued, "The budding writers in the room were also really interested to learn how Elizabeth became an author in the first place and to hear her tips on how she approaches writing a novel. She was very well received by all."

The next Bookfest event being held at Briarfields Hotel in Titchwell is on Sunday, March 1, 2020 with Sunday Times bestselling crime novelist, Cara Hunter, as the featured Author talking about and answering questions on her latest book, "All The Rage" which is due for release in the New Year.

Tickets are priced at £17.50, which includes Afternoon Tea, and are available from Briarfields Hotel on 01485 210742 or email: info@briarfieldshotelnorfolk.co.uk



DB Accounting & Software Solutions

All the usual accounting services with a big difference - available outside of office hours to suit your business need.

Contact Dan on
07917 343881
dan@dbaccounting.co.uk
to book your free initial consultation today.

EAST COAST OVEN CLEANING

call Lee for a quote
07944 152671



EAST COAST OVEN CLEANING
Heacham

G&M

Fencing & Landscaping

Fencing | Decking | Paths
Patios | Driveways
Drainage & Guttering
Hedge, Tree & Grass Cutting
Rubbish Clearance
30+ yrs experience
Free no obligation quotes

01485 570 143
07917 725 015

GARDEN SERVICES

Hedge Cutting
Grass Cutting



Holiday Lets
& Second Homes

Call Ken on:
01328 853060
or
07765 579 766

Hunstanton and District Men's Shed

We are a new group in the area and we need your help! We are a group of men, meeting on a regular basis, working together to set up a Men's Shed for the area.

A Men's Shed is a well-known concept, originating in Australia, with Sheds located across the world. They are a larger version of a typical man's shed in their garden, a place to get together, share knowledge and learn skills. They provide a place to meet new people, to relax, chat, and laugh. Members can work on projects and hobbies of their choosing. They are well-known for improving the health and wellbeing of their members and for reducing social isolation.

We often meet in the Hunstanton library, which is great for having a cuppa and a chat, but it is obviously very limiting as we are not able to do anything too messy! We are desperate to find somewhere that we can set up a workshop for practical activities and hobbies.

Men's Sheds can be set up in almost any kind of building! Some examples include industrial units, empty shops, garages, churches, portacabins, outbuildings, greenhouses, shipping containers, etc. It is also common for groups to build their own sheds on a piece of redundant land, in a car park, or behind a community hall. We are looking for a premises/land in Hunstanton or in one of the surrounding villages.

We currently have around 30 men involved in the project, with numbers expected to grow once the group is established. Between us, we have an amazing array of skills, and would love to build our own shed, or renovate a run-down building.

We are reaching out to the local community asking for your ideas, suggestions and support. If you are aware of somewhere that might be suitable for a Men's Shed, please let us know. Or if you would like to get involved with our development, we would also love to hear from you. Any advice or support you can give would be gratefully received.

To keep up to date with our progress, please see our Facebook page: www.facebook.com/HunstantonMensShed

Contact: Rose Waterman 07450 655538
rose.waterman@norfolk.gov.uk



Advertising in T&A works for lots of local businesses. Don't miss out, call today:
01485 540620
and advertise from £20+VAT per month

M Haycock
Carpenter and Joiner



Michael Haycock

42 Victoria Avenue,
Hunstanton PE36 6BX
T: 01485 533845
M: 07867 528706
E: mlhaycock@hotmail.com

Your local tour operator offers
Quality Coach Holidays in the UK and abroad
Home pick-up service from the Hunstanton area included
Tour Manager escorted throughout
Good quality 3 & 4 star hotels
ALL excursions and much more included
Luxury Coach Travel

Ask for a brochure NOW

EA HOLIDAYS

PHONE: 0800 3202100
Compass House, Trenowath Place, King Street, King's Lynn. PE30 1EN
email: enquiries@eaholidays.co.uk - website: www.eaholidays.co.uk

Solosaxclarinet



Weddings, birthdays, anniversaries, fund raising, care homes & all social events.

Saxophone/Clarinet lessons. All ages. Beginners welcome.

e:solosaxclarinet@btinternet.com
www.solosaxclarinet.com

Contact David on:
01485 534220
or **07754 497562**

Trusted Experts For Over 40 Years



G W KEIR
Flat Roofing Specialist
Est. 1976

- ✓ All Aspects of Flat Roofing in Norfolk
- ✓ Residential & Commercial Roofing
- ✓ New Builds, Extensions, Garages etc..
- ✓ EPDM Rubber, Fibreglass & Felt Roofing
- ✓ Roof Replacement & Repairs
- ✓ Roof Maintenance & Cleaning
- ✓ Gutter and Fascia Cleaning & Repairs
- ✓ Fully Qualified & Insured

Free No Obligation Visit and Quotation

01485 571105 **07766659352**

www.gwkeirroofing.co.uk info@gwkeirroofing.co.uk

Rubber4Roofs EPDM Approved Installer
polyroof
MASTERS BUILDERS

UP TO 20 YEAR GUARANTEE

ART ANGELS!

create an angel at **STUDIO @ 55**

More info here and at
www.adventureintocreativity.com/angels

55 High Street
Heacham
PE31 7DW
07538 986 235



FOREMAN & SON LTD

PLUMBING & HEATING ENGINEERS

www.foremanandsonltd.co.uk

55 Station Road, Heacham, Norfolk PE31 7EY
t: 01485 570578 | e: info@foremanandsonltd.co.uk



568676

103693

Fullers Body Repair Centre

Established 1973



Unit 10
Cheney Crescent
Heacham
Norfolk
PE31 7BT

T: 01485 570799

M: 07799 118503

E: beautifulbodies@hotmail.co.uk

Free Estimates · Resprays · Accident Repairs
Corrosion Repairs · Insurance Approved



GB DRIVEWAYS

A family run business established in 1960

Hot Rolled Asphalt | Tar and Chip resurfacing | Tarmac
Machine and Hand Laying Surfacing | Patios and Paving
Loose Gravel (for easy tipping) | Tipper Hire
Grab Lorry Hire (Muck-away) | Walls/Fencing

Checkatrade.com
Where reputation matters

Call: 01603 957955

07765 402145 or 07798 907934
gbdriveways1960@gmail.com

Art Angels!

It's that time of the year! Christmas is coming, whether you want it to or not.... But let's not get maudlin, let's celebrate, and remember. We're holding Angel workshops on the 9th, 16th & 23rd November. 10 to 12 and 1 to 3pm.

If you want to create an Angel for St Mary's Church Festival of Angels, or make an Angel for your tree, or perhaps make an Angelic memory of a loved one, we can help.

We have copper wire, chicken wire, cane & muslin.... We can do 3D cut outs, collage ...you name it.... We upcycle/recycle/repurpose. Bring anything along that means something to you. We'll help you use it to create your own personal angel. The only limit is your imagination.

The workshops are just £14 (including tea & mince pies) for each two hour session. It's advisable to book in advance as places are limited.

To register please visit www.adventureintocreativity.com or email Esther, eb@estherboehm.com or give her a call 07538986235.

Esther is following in the steps of Pocahontas (well sort of, Pocahontas was Native American, Esther is Canadian) by making Heacham her home.



Ringstead Village

The General Store

Hidden Treasures

Norfolk Ale Shop

Visit us now

Open 8.00 - 5.30

Except Mon/Tue/Wed close 1.00pm

Remember, Remember... Fireworks Safety and the Law

Neil John, Partner Civil Litigation

In early November many people will be going to watch a fireworks display, either at a public event in their local town or at the house of a friend or family member.

There are many traditions associated with this season such as bonfires and toffee apples. There is also a prevalence of safety campaigns warning of the dangers of mishandling fireworks. However, despite these campaigns, thousands of people in the UK are injured by fireworks every year.

If you are injured by a firework, the consequences can be life-changing and you may want to know whether you can receive compensation for your injuries. Damages may be awarded for the injuries and symptoms or scarring that follow as well as to cover lost income, medical costs and other expenses incurred due to the injury.

Public events, such as your local town's annual firework display should follow HSE safety guidance such as having safety barriers and trained fireworks operators to minimise the chances of a spectator getting injured and are required to ensure the premises are reasonably safe for the lawful visitors' use under the Occupiers Liability Act, 1957. If you are injured at an event like this, you may have grounds to make a claim because the organisers have a responsibility to keep spectators safe. They are also likely to have

public liability insurance.

Injuries are more likely at private parties as they are unregulated. Fireworks are usually set off by people who haven't had safety training and who may have limited experience of handling fireworks. Other factors that make injuries more likely include the consumption of alcohol and insufficient space to keep at a safe distance from the fireworks. The host could potentially be held responsible for any injuries received at an event like this.

What should you do if you are injured by someone illegally throwing a firework in the street? This is a criminal matter and should always be reported to the police. You may also be entitled to compensation from the Criminal Injuries Compensation Authority (CICA) who handles cases like these.

If you are injured by a defective or faulty firework, it may be possible to make a claim against the seller, manufacturer or importer of the firework. In this case, the onus will be on you to prove that the firework was faulty. It is therefore strongly recommended that you keep the remains of the firework, the packaging that the firework came in as well as instructions and the purchase receipt.

We understand that making a claim can be expensive and time consuming, so where there is a reasonable chance of success, Fraser



Dawbarns offers a no win no fee arrangement and are happy to discuss any personal injury matters if you are unsure whether you have a claim.

Firework parties can be a lot of fun and Fraser Dawbarns wishes everyone an enjoyable evening, regardless of which event you are attending. We would like to remind everyone to be vigilant, stay safe and make sure that any vulnerable people are protected.

Fraser Dawbarns LLP

SOLICITORS



Giving you total peace of mind



At Fraser Dawbarns 'the overall level of service is very good, with fast response times and good knowledge'.
Legal 500 (2019)

Fraser Dawbarns solicitors offer a full range of legal services for you, your family, and your business for the whole of your life.

For more information or legal advice, contact Fraser Dawbarns today

info@fraserdawbarns.com

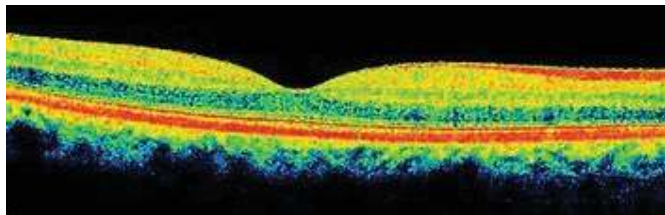
01553 666600

www.fraserdawbarns.com

Hunstanton Eyecare Blog

Optical Coherence Tomography (OCT) at Hunstanton Eyecare

That was a mouthful of a title! We always say OCT for short, so what is this new thing at Hunstanton Eyecare? We are always striving to provide the very best eyecare for our clients, and the OCT is the latest technology which scans the eye and records the images in stunning 3D colour. The OCT scan will be taken before your sight test, the images are accessible by your Optometrist so they can be discussed with you during your consultation.



A healthy retina

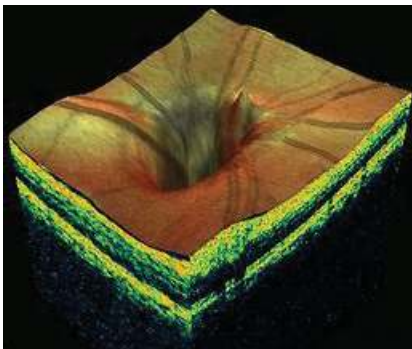
The main purpose of an eye examination is to assess your eye health. At present we have a camera which photographs the inside of the back of your eye, but an OCT machine performs a scan which can see through the layers of structures so we can see what is going on underneath the surface. That reminds me, Jo our Optometrist had visited the chocolate shop in Fakenham and brought us in a bag of walnut whips, well whips really because none of them had the walnut on top, and I'm sure there used to be one inside. Anyway, the choice was vanilla or caramel filling, but until you took a bite you didn't know what you had chosen, good thing I like both! Surprises are fine in chocolates, but the only clue to some eye diseases is at the point when the condition may be fairly advanced and is causing vision problems. The OCT will act as an early warning system. Everyone should have an OCT scan even if eyes are healthy. The first scan will act as the baseline and all future scans will be compared to the first. Therefore, even minor changes will be spotted in good time.

Wet Macular Degeneration is a condition that can have a sudden detrimental effect on vision, it can be difficult to diagnose being barely visible to the naked eye as the problem is underneath the surface. The OCT scan will enable a confident diagnosis, and if present will enable prompt referral and treatment to maintain vision. Glaucoma is another very common eye condition and is concerned not only with eye pressure but the look of the "Optic disc" in the eye. The OCT not only gives a brilliantly clear image of the disc, but will also take very accurate measurements and analyse the nerve fibres around it. The monitoring of this information will tell us if the condition is under control or needs a referral for some active treatment from a specialist.

By the time you read this article it will be November, and we were due to receive our OCT machine at the end of October, but you know how things are today, suppliers promise something and then the supply date keeps slipping away. So it may be that we are still waiting, I hope not. When you book your next sight test you will be offered the OCT scan, it's the best way to care for your eyesight.

We look forward to seeing you soon.

Annette



Optic disc

Hunstanton EyeCare



Registered Opticians

Outstanding eyecare and eyewear



It's comforting to know that if I have any concerns about my eyes I can be seen promptly and **it's covered by Eyeplan.**

Eye Sight Testing Services

We welcome NHS and private patients.
Assessment of diabetic retinopathy,
glaucoma and macular degeneration



Contact lenses

Appointments available for all your contact lens requirements

Dispensing

Large selection of designer frames for both prescription glasses and sunglasses
Full range of children's glasses

44 Church Street, Hunstanton PE36 5HD

Tel: 01485 532326

www.eyecarenorfolk.co.uk

Also at 01263 512345 (Cromer EyeCare)

Wheelchair access at both branches



DALEGATE MARKET
PE31 8FB
BURNHAM DEEPPDALE
Shopping & Café

Deepdale Café - Breakfast, Lunch & Afternoon Tea - 8am to 4pm

Fat Face ... One Stop Nature Shop ... Relish Boutique

Gone Crabbing ... The Hare & The Hen ... Nisa Supermarket

Pop Up Shops ... Deepdale Information ... Events

www.dalegatemarket.co.uk



The Festive Tradition Continues - Deepdale Christmas Market in its 11th year

As the euphoria of the hugely enjoyable Deepdale Festival begins to fade, thoughts in Burnham Deepdale turn towards the dreaded C word, the festive season and of course Deepdale Christmas Market. There are less than 50 days until more than 150 artisans and producers join the shops & café of Dalegate Market for a weekend of all things Christmas, the official start to the festive season on the beautiful North Norfolk Coast.

Now in its 11th year, Deepdale Christmas Market is as much part of the Christmas tradition, as mince pies and chocolate coins. The artisans and producers gather with produce they've spent the last few months producing, and visitors return with their Christmas lists, looking for favourite stalls and discovering new additions they've not seen before.

"The hardest part of organising Deepdale Christmas Market is choosing the stalls each year. There are so many choices to be made and limited space. That constant dilemma of deciding which stalls to repeat from previous years and making space to allow new stalls to join us. It's a giant jigsaw that Jason and I spend many hours debating and adjusting. We are really pleased with the variety of stalls we are hosting this year, so much choice and quality," said Estelle Townshend, one of the market's organisers.

As in previous years there are the three large marquees around the Dalegate Market site, filled with Christmas presents, decorations, food and drink - Dalegate Tent, Walkway Tent and Orchard Tent. Around those tents there are outside stalls, entertainment stages, and street food vendors, creating the festive village that is Deepdale Christmas Market.

But Dalegate Market isn't the only site of Deepdale Christmas Market. Immediately next door both Deepdale Backpackers & Camping and St Mary's Church throw open their doors to stall holders and visitors, creating two large areas for stalls, and extra places to eat and drink. The inside space of the Brick Barn, the charity café in the kitchen of Deepdale Backpackers Hostel, the stalls amongst the pews of St Mary's Church.

With everything open from 10am to 5pm on Friday, Saturday and Sunday, there is plenty of time to wander the site, exploring each area, and taking the time to check out the wonderful array of produce on sale. Favourite comments from customers include 'been round 3 times and seen different things every time', 'never been in the church before, what a wonderful place' and 'hadn't realised so much of the market would be undercover'.

"Burnham Deepdale is a wonderfully bustling hub of the North

Norfolk Coast throughout the year, visitors picking up their essential provisions, enjoying the independent shops, grabbing a bite to eat at the café, or staying over on the campsite or in the backpackers hostel. Many of the artisans and producers you'll see at the Deepdale Christmas Market join us throughout the year in our pop up shops and at our other big market event, the Deepdale Spring Market in late March. But there is something very special about the Christmas Market and the fact that we get so many artisans and producers in one place for a lovely festive celebration. Huge thanks to everyone who supports us each year, and to all the team who help us put this event on. Fingers crossed we can raise as much for charity as we did in 2018, when we raised over £10,000," said Jason Borthwick, the other market's organiser.

"Oh and don't forget to join us for the Christmas Jumper Flash Mob on Sunday 1st December at 2.30pm in the Backpackers Courtyard! Really looking forward to seeing the range of jumpers this year, we've had some quality ones in previous years," continued Jason



As usual entry to Deepdale Christmas Market is free, and car parking is also free (please follow the signs), although the RNLI and Hunstanton Lions who are managing the car parking this year would welcome any donations.

FREE Entry
Fri 29th & Sat 30th November, Sun 1st December
FREE Parking

Deepdale Christmas Market

Presents, decorations, food & drink - 140+ stalls, shops & café - Dalegate Market & St Mary's Church



A much-loved Hunstanton character has died aged 95

It was Ken who organised the first 'sponsored' Christmas swim. He was a founder member of Hunstanton Bridge Club; played the drums



He was made an Honorary Life Member of the Civic Society in recognition of his outstanding service to the town, and, in 2009, he received the Borough Mayor's Civic Award for voluntary service. He was an ideal role model for the many pupils who benefited from his teaching skills throughout a long and distinguished career.



Live Entertainment every Saturday night - 8.30pm
Karaoke in the lounge every Sunday night 8pm
Open for Breakfast & Lunch Tuesday - Saturday 10am -3pm
Evening meals: Wednesday Steak Night 7pm-9pm book your table,
Friday Nights when music, Saturday Night Food available 7pm-11pm,
Sunday Roast £9 for two courses booking advised.
Vegetarian meals. Group bookings taken. Weddings, parties and funerals.
Local Branch of Royal British Legion CIU Affiliated



HUGE CHOICE
OF DESIGNS FROM
CONTEMPORARY
TO CLASSIC



TRANSFORM YOUR HOME WITH REEDS

SOFAS | CHAIRS | FURNITURE | BEDS | MATTRESSES | FLOORING | CURTAINS | BLINDS



reedshomestore.co.uk | find us on facebook



REEDS Furniture, Bed Centre & Homestore, Bridge Street, **Downham Market** PE38 9DS T: 01366 382213
REEDS Furniture, Flooring & Bed Centre, Lancaster Way Business Park, **Ely** CB6 3NX T: 01353 669754

* Reeds will beat any competitor's price within a 50 mile radius. Internet sales excluded.

Introducing Cllr Graham Middleton

Sophie Hooker

Graham was born in King's Lynn and spent the first 18 years of his life living in Snettisham. He studied at Smithdon High School and started working at a chip shop at age 14. Becoming a father at 19, Graham soon quit this job and started a career at Tesco. Working his way from the bottom, Graham quite quickly progressed into various managerial roles relatively early on in his career.

In 2015 he was approached about standing for election at the Borough Council of King's Lynn and West Norfolk. "Politics had always interested me, and I looked up to people like Sir Henry Bellingham and thought, 'I've got a voice'," Graham says. "But I always had the perception that it wasn't for people like me." Graham soon overcame these qualms however and stood for election, winning the seat at Gaywood.

Over the next two years, Graham juggled his career as manager at Tesco with councillor duties, but by 2017 Graham's frustration grew as he struggled to make time away from his 5 to 6 days manager job. He was approached that year by the local Conservative Association about standing for election at Norfolk County Council. "I saw that as a great opportunity to throw myself at, despite taking a hefty pay drop from Tesco. Public opinion about what politicians get paid isn't always right," Graham adds.

Taking the opportunity with both hands, Graham was elected, and he promptly handed in his notice at Tesco. Now scraping by on £15,000 a year, Graham was soon appointed as Sir Henry Bellingham's campaign director for the 2017 election, and he still works for Sir Henry today. Graham also became the Audit Chairman at the Borough and Deputy Chair of Digital Innovation and Efficiency at the County Council in 2018.

Graham changed wards following Nick Daubney's retirement and



he stood for the seat at The Woottons (North and South Wootton and Castle Rising). Graham secured the majority seat for the Conservatives as he narrowly pipped Independent Paul Bland to the post by 11 votes. Currently, Graham is Cabinet Member for Business Development at the Borough Council of King's Lynn and West Norfolk and Vice-Chairman of Infrastructure and Development at Norfolk County Council.

Locally he is working on the future of the council building on Valentine Road and a youth training programme in collaboration with local businesses and the College of West Anglia. Graham is also involved with the development of a proposed hotel on Hunstanton seafront, with the full article on page 4.

F W Shanks

I was reading your October edition of Town and Around when I noted your interest in F W Shanks. Please find the following. I hope it proves of interest to you.

My Father worked for F W Shanks, he was a director and his main function was costing for tenders. Shanks weren't just builders, they were Civil Engineers. Sadly in the mid 60's the company was sold, and alas it wasn't long after that when the company went in to liquidation.

Amongst many projects they built the Grain Granary at Docking, the Sewerage Farm at Heacham, and forged a service tunnel under the level-crossing at Brandon, Suffolk. In Kings Lynn, they built the Police Station and The Eagle in Norfolk Street. I particularly remember Dad taking me to the Eagle Site when it was literally a hole in the ground. The original Eagle was bombed during the Second World War and all that was left was the basement, which when I saw it, it was full of water!

More locally in Hunstanton, they built the council estate, the former pier head, many of the properties on Cliff Parade and Old Town Way, and what was Hunstanton Secondary Modern School, now known as Smithdon High School. I have many photos, taken by my Dad, of its construction and other sites. Many are what you might term as technical, but there are some picturing men working on these sites who must be the fore-fathers of younger people living in the town today. The school now has a swimming pool but it was not added until much later.

I also have pictures of Shanks on site at Sandringham House, picturing amongst others, my Dad with the now Queen and other Royals, I often wonder if the Queen has any memory of the event.

One personal gem is the Shanks construction of the steps at the end of the High Street, opposite Barclays Bank. My Dad worked on the construction of those steps at the time when the adjacent drapery shop



Jays existed. It was then that my Dad met my Mum-to-be who worked in Jays as a young seamstress. So, but for these steps I might not have come in to being!

Mr Trevor Crown

WEST NORFOLK COUNCIL DELAYS DECISION ON CLIMATE EMERGENCY

Sophie Hooker

Despite fierce condemnation from environmental campaigners, the Borough Council of King's Lynn and West Norfolk voted to delay a motion of declaring a climate emergency at the Full Council Meeting on 17th October.

Scores of activists affiliated with the environmental group Extinction Rebellion lined the streets outside of Town Hall before the meeting took place on Thursday night.

Councillors voted on a motion put forward by Michael de Whalley urging the council to declare a climate emergency, citing startling statistics and recommendations recently published by the Tyndall Centre in Manchester.

The motion would have sealed the borough's commitment to greatly reduce their environmental impact and to achieve carbon neutrality by 2030.

However, tensions flared following Dr Charlie Gardner's question (read on behalf of Lee Stephens) asking why King's Lynn and West Norfolk are so different from cities such as New York and Paris in declaring a climate emergency.

Councillor Ian Devereaux's fired back that Extinction Rebellion are "undemocratic," hold a "partizan, anti-establishment view of the world" and have a "lawless regard for our established structures of government."

Protestors fired back with chants of "shame on you", with Mr Devereaux adding that the council "will not dance to the tune of unelected and anarchistic groups."

When voting on the motion on whether to declare a climate emergency, leader of the council Brian Long suggested that it should be deferred to cabinet.

Councillors voted on the motion but two recanted their decisions and a revote was allowed. 26 votes against 25 secured the decision to defer to cabinet for further analysis before being brought back to the council again.

An amendment by Independent group leader Jim Moriarty was passed to remove a section of the motion that councillors accept that climate change is man-made.

In a statement, Extinction Rebellion King's Lynn and West Norfolk said: "Tonight (17th Oct) the Borough Council of King's Lynn and West Norfolk has failed to act."

"XR calls for a Citizens' Assembly to decide how to move forward because we think politicians can't be trusted to do what's needed, but once ordinary people know the facts - they will know what needs to be done."

"Our Borough Council won't even admit there's an emergency; the resolve of our local group is only strengthened from the shambolic events of this meeting."

Extinction Rebellion have been taking part in civil disobedience throughout London over the past two weeks, causing major disruption and up to 1,400 protesters have been arrested.



TWENTY YEARS ON FROM THE EXCAVATION OF SEAHENGE

Sophie Hooker

Seahenge was a prehistoric monument in Holme-next-the-Sea which consisted of a timber circle with an upturned tree root in the centre; it was coined as such by the media due to its resemblance to Stonehenge in Wiltshire. This year marks the 20th anniversary of the excavation of Seahenge, so to commemorate we have explored and compiled the history, recent discoveries and theories surrounding the fascinating monument with the help of archaeologist David Robertson, who worked on the second circle discovered nearby.



A picture taken before excavation began. Picture: David Robertson

Seahenge consisted of a large tree stump weighing well over a tonne buried upside down with its roots pointing upwards, measuring 2.5 metres in length and width. 55 timber posts were then placed in a circular trench surrounding the stump and were cut from at least 20 oak trees. This created a surrounding palisade that originally stood up to 3 metres tall and measured 6.6 metres in diameter. One of the posts was forked, allowing for access inside.

Radiocarbon dating and dendrochronology revealed that the circle was built during the spring or summer of 2049 BC. The four-thousand-year-old monument was originally constructed in the Early Bronze Age on a saltmarsh, where it would have been protected from the sea by sand dunes and mud flats. Gradually, the sea has encroached the land and covered the peat beds which were preserving the oak.

One hundred metres to the east of the timber circle, the 'sister' to Seahenge (Holme II) was constructed at the same time which consisted of 2 logs in the centre with a fence of wicker and enclosed by a second palisade. These two sites make up "two of the most important archaeological sites in East Anglia," David says.

Seahenge was built by at least fifty people, who would have been living and farming near to the saltmarshes, with nearby Bronze Age settlements being in Thornham and Redgate Hill in Hunstanton. These people would have lived in small farming communities, growing crops and grazing cattle and sheep. Everyday equipment and objects were made from flint, carved wood, bone and antler. Metal tools were introduced from across the continent a couple of generations before Seahenge was erected, with axes previously constructed from stone now being produced in bronze.

Seahenge, though its existence was common knowledge amongst locals for decades, was officially discovered in the summer of 1998 by John Lorimer after he discovered a Bronze Age axehead while shrimping in Holme. However, it was another year before the site was fully excavated by The Norfolk Archaeological Unit as the timbers were starting to decay and were under threat of being washed away by the sea. Before excavation, 5,000 tourists had visited the site. The excavation met some opposition, however, with some locals wishing for it to remain as a tourist site and from Neopagans who held spiritual objection to its removal.



A Time Team reconstruction of Seahenge located at Drove Orchards

The timbers were so well preserved by the peat that they discovered perfectly preserved toolmarks from the 50 or so axes used to fell, split and shape the timbers, which came as surprise to archaeologists as it was thought metal tools were still relatively rare at this point. They also found a honeysuckle rope under the stump which was used to haul the stump from woodland over a mile away to the saltmarsh.

The original purpose of the monument is up for debate, with a dominant theory being that it acted as a cenotaph of a recently deceased person, who was likely of great importance in the community, who was placed on the stump, offering them to the heavens and leaving their body to the elements before removing the bones. As the trunk pointed downwards, this could have signified a route for their spirit to enter an underworld. It is thought that Holme II may have been the actual burial place.



The original tree stump kept at Lynn Museum

Notably, bark was left untouched on the outside posts, bar one. David says: "Some archaeologists have associated having the removal of bark with death. So, with all these different issues, we're starting to see references to the sky, to the sun, to light, to death, and by bringing

all those different things together we can start to see why they built it.”

“Circles in so many societies have different meanings, it’s complete, it’s never ending, there’s no break, for some people it represents the circle or continuation of life. So, we have all these different ideas symbolised in the structure,” he adds. Noting that Holme II had no bark on the outside, David suggests that “bare cut wood on the outside

As a number of excavated burial mounds in the United Kingdom and in The Netherlands revealed timber circles underneath them, David ascribes to the theory that the second circle was a burial mound, and that a coffin was laid on top of the logs. Thus, whilst the second circle represents death, Seahenge encapsulates both life and death: “My current thought, based on the evidence we’ve got, is that in 2049 BC someone really important in north west Norfolk died. The local community felt they were so important that they have to mark their passing in a special way. To ensure that their spirit passed onto the next world, and there’s every chance that they believed in an underworld of dead.”

It is also possible that the circles may have been sites of celebration and commemoration or that the stump was a symbolic representation of the fruits of the earth and the magical powers of trees. There is also a theory that the monument has something to do with the movement of the sun, as has been attributed to similar sites such as Stonehenge and Woodhenge.

The central stump and half of the timbers of Seahenge are currently on display at King’s Lynn Museum. Holme beach is located within a very sensitive nature reserve and is home to very important populations of migratory birds which are easily disturbed by people, so visits to the exact site are discouraged, particularly as no archaeology remains today. Time Team broadcasted an hour long special on the excavations of Seahenge in 2000. Their reconstruction of the monument is located at Drove Orchards, Thornham.

Many thanks to David Robertson and Archaeology East Anglia for their photos and help in writing this article.



The site today where the monument was found

CHRISTMAS PARTY NIGHTS IN DECEMBER

❄️ Friday 6th ❄️ Friday 13th
**Christmas festive party nights
with your friends, family or work
colleagues here at the Mariner.**

Enjoy a 3 course meal in our Sunset Restaurant
followed by a disco at 9pm

£28.00 per person

£10.00 per person non - refundable deposit required at the time of booking.
Two table sittings 7pm and 8pm with a disco from 9pm - midnight.

The Mariner Inn

Tel: 01485 534411 Enquiries Email: ancientmariner@lestrangearms.co.uk
Golf Course Road, Old Hunstanton, Norfolk PE36 6JJ

www.themarinerinn.co.uk



Festive Friday
CHRISTMAS PARTY NIGHT
FRIDAY 20TH DECEMBER

3 course Dinner & Disco • Rooms from £79 B&B
 £30 per head



CHRISTMAS MENU

Available 8th November to 21st December
 Served 12-9pm • Groups welcome • Booking Essential

Old Hunstanton Road, Old Hunstanton Norfolk PE36 6HH
 Tel: 01485 533486 Email: mail@caleyhallhotel.co.uk
 www.caleyhallhotel.co.uk

**Mountain Ash
 Carpentry**



Specialising in bespoke kitchens, bedrooms and studies. All forms of joinery, woodwork, and general carpentry undertaken



79, Old Hunstanton Road, Old Hunstanton, Norfolk PE36 6HZ
 M: 07818 817 887 T: 01485 532463
 E: mark.jordan@mountainashcarpentry.com
 W: mountainashcarpentry.com



West Norfolk Glass

A family business since 1967



Windows • Doors • Conservatories
 Orangeries • Roofline • Guttering
 Fascias • Flat roofing • Garage doors
 Carports • Porches

Double, triple and secondary glazing

Call 01553 763164 for a free quotation
 Hereford Way, Hardwick Narrows, King's Lynn, Norfolk PE30 4JD

www.westnorfolkglass.co.uk

**CARPET CLEANING
 OVEN CLEANING**

Sofas & curtains cleaned

Quality, regular, reliable service
Conservatory Cleaning,
Window Cleaning,
Patio Cleaning,
Gutter & Facia Cleaning
Conservatory & Patio Cleaning

Cleantech
 Professional Cleaning

www.cleantech-norfolk.co.uk

(Cash, card & cheque payments accepted)

Call Mike on 01485 609223
daily 7am - 10pm • 7 days a week

NEW - A Reader Offer from Town and Around - and it is FREE

It's an unfortunate statistic, but every day the UK sees up to 12,000 accidents on its roads...

It is a very stressful and confusing situation for most and it's difficult to know what's best in this situation. Especially if you are on your own. So, if you are involved in an accident, even if you are miles from home, and your car's damaged and not safe to drive, what do you do?

If you ring your insurer, they probably won't recover you if your car isn't driveable. So how do you sort your car out? The police will call someone out for you, but you will get charged for your vehicle recovery. Most if not all breakdown schemes, (AA, RAC etc.) don't include accident recovery as part of their package, and those that do add in the small print that they will charge you if they can't claim it back elsewhere?

Vehicle recovery would cost you upwards of £250 - and then another £50 or more every day that your car is stored until it's taken away for repair.

Remember that £200 or more excess on your car insurance that helped keep your premium down a bit? You're now going to have to pay that to your insurer to get your car back after the repairs are done.

Already you can be £500+ out of pocket so fast it's shocking - even if the accident wasn't your fault.

However, you now have an option

Assist Protect is a specialist Accident Management company that acts in your best interests when you have an accident.

Town and Around has negotiated a deal for our readers that means you can get exclusive access to their support and services, thanks to **12 months free membership** of Total Motor Assist and Total Van Assist. (This would usually cost £29 a year)

As an AssistProtect member you'll get the advice you need and when you need it, and if the accident isn't your fault, you will also get the following services at no cost to yourself!



- Accident Recovery
- A Replacement Car or Van (like for like)
- Dealership approved repairs to your car
- A case worker to manage your claim for you (in its entirety and save you making a claim on your own policy! This saves you paying your excess or losing your no claims bonus, too!)
- Physiotherapy for any injury sustained in the accident
- Legal Support
- 24/7 Helpline
- Your 'No claims bonus' remains untouched
- No insurance excess upon renewal

To join FREE today, please go to:

<https://townandaround.assistprotect.co.uk/>

Letters to the Editor

Hunstanton Skatepark

I am writing to you about our missing skatepark.

Two years ago the council promised to replace the old skatepark on the prom but we never got it back. Hunstanton has spent thousands on flowers, even my grandad who loves gardening and flowers thinks money should be spent on a new free skatepark on the prom.

Please help us to help the youth and visitors of our town.

Kind regards

Caleb Martin (age 10)

Editor's note: I forwarded Caleb's letter to all our local councillors at Town, Borough and County Council. At the time of going to print Hunstanton Town Council has confirmed that the matter will be addressed at their next meeting.

New building in Seagate

Can anyone tell me what they think of the ultra-modern design of the building that looks like someone or something has dropped it on to a plot that was once a local car park. (photo right)

Having been born in Seagate Road Hunstanton I cannot believe how a more unlikely structure has been placed there with the approval of our local planners!

Name and address supplied.

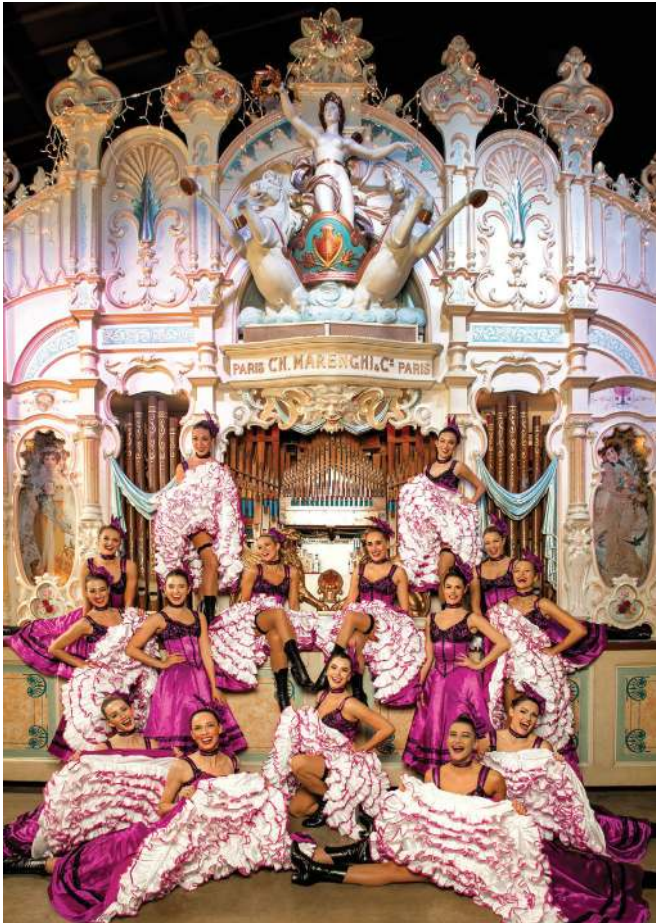


The biggest Christmas show in the country on our doorstep

Sophie Hooker

Evolving from the humble beginnings of a carol concert in a small Norfolk village in 1977, the Thursford Christmas Spectacular has skyrocketed into a revered masterpiece and is now the biggest Christmas show in the country, attracting over 110,000 visitors each year. We visited the iconic site to watch the rehearsals get underway for this year's production and chatted to a few of the key players who make it the success that we see today.

At the helm is Director and Producer John Cushing, who created the show over forty years ago and still plays an integral role today: "I have given the best part of my life to this place. I started the show in 1977 when the building was a quarter of its size. It's never been designed as a theatre, so I've progressively designed and made it bigger." From April to September, the building is a steam engine museum: indeed, the original farm shed was built by John's father George Cushing for this purpose.



Now housing a 130-foot long stage and a gondola that dates from 1896, the building is what John's son George, who works alongside his father on the production, says allows for a truly immersive and fantastical experience: "Most theatres you've just got the shoebox and that's all you want, but here it is much more immersive; everywhere you look something is happening," George states.

John has employed many thousands of performers and has attracted over five million visitors over the years with his three-hour variety show extravaganza, incorporating singing, dancing, comedy and music. With a production budget of £2million, the show is set to have its biggest season to date, with the installation of a brand-new lighting experience and its first ever aerial act.

"There are so many amazing things this year; there are some really good speciality acts and there's new music," John adds. There are also six major dance sequences and seventy-six pieces of music this year.

Phil Kelsall MBE will also return for his 40th year to play The Mighty Wurlitzer, an astonishing 1339-pipe organ which is one of the largest remaining Wurlitzers in Europe.



Despite being a Christmas show, John says that the ball is rolling the moment before the show even finishes on the 23rd of December. "We released the tickets for this year on December 17th last year and on the first day we took bookings for 24,000 seats. By New Year's Eve there were nearly 50,000 seats sold."

John admits that he starts planning the show in mid-January, drawing inspiration from shows in London and Las Vegas. He has to have the show finished by mid-May so the orchestrator can begin writing the music and then auditions start in June with costumes being made in July. With 120 performers in the show, casting is a rather big operation: around 2,000 singers applied this year and John states that they "attract the biggest numbers of any audition in London."



Just by the sheer numbers of visitors that visit the show (the auditorium holds 1,400 seats), John compares the Spectacular to the biggest music festival in England: "We're as big as Glastonbury in a way, as we around 115,000 visitors within six weeks each year." He also says that only 28,000 of these visitors are from East Anglia, with the majority coming from every corner of the United Kingdom. "We bring a huge amount of interest into Norfolk," he adds.

Suzy Andrews, Costume Supervisor and Wardrobe Mistress, explains the full scale of production through costumes alone: "There are a very large number of costumes, for every set of dancer's costumes

there's a minimum of twenty-three outfits. There are twenty-nine female singers and they've got between eight and ten sets of costumes. We're in the hundreds, if not thousands, before we get to any peripheral things," she says.

The costumes are designed by Stephen Adnitt who works alongside John to deliver his vision for the show, who then presents his final ideas by June or July when Suzy and her team set to work to create the pieces throughout the summer. From glamorous showgirl outfits to animal and snowman costumes, the variety aspect of the show is exemplified through the costumes alone.

This year, Suzy is particularly excited for the finale: "You can't beat red sequins and white fur at Christmas. I'm also looking forward to seeing the masquerade section onstage; it will look amazing." After her seventh consecutive year working on the show, Suzy emphasises its uniqueness: "I've done some amazing shows, but this, just for spectacular, there is nothing else like this really."

This sentiment is echoed by dancers Louise Butler and Natalie Davis, who both praise the comradery both on and off stage. Louise says: "It really sets you up; it's fantastic to come into something so close-knit and it's very homely and it's a great environment to take your first professional job in. It teaches you a lot and you're looked after very well here." Natalie also praises the friendships made through both living and working together solidly for three months, saying they often go out for meals and exploring Norfolk together in their down time.

Indeed, the importance of teamwork on such a large-scale production is emphasised by George: "The show is not about one singular person; everyone is on an equal playing field and it's about the show and not the individual. Everyone has their fair share in the spotlight and there are no stars."

The Thursford Christmas Spectacular 2019 runs from 6th November to the 23rd of December with shows at 2pm and 7pm each day. Tickets are available online at <https://www.thursford.com/christmas-spectacular/> and by phone on 01328 878477.



Our reporter's 'behind the scenes' shot at rehearsals



Wrought Iron and Brass Bed Co.

Hand made in Norfolk. Guaranteed to last a lifetime.

The Club House
Fring Road
Sherborne
Norfolk
PE31 6SA

Showroom Opening Times
Monday to Friday: 10:00am - 4:00pm
Saturday: 10:00am - 3:00pm

01485 542516

view our full range at
www.wroughtironandbrassbed.co.uk



01485 541344

enquiries@queenvictoriasnettisham.com

www.queenvictoriasnettisham.com

Good food served every day
Open for breakfasts Mon-Fri 7:30-10:30
and Saturdays 8-11am
Carvery every Sunday - Booking essential

Accommodation ~ Caravan Club

Good ales ~ Restaurant

19 Lynn Road,
Snettisham

King's Lynn - Norfolk - PE31 7LW

Helping To Keep Your Independence

HOUSE WORK All domestic duties within the home.

GROCERY SHOPPING Collection of pension, prescriptions.

LAUNDRY Washing & ironing within the clients home.

COMPANIONSHIP All helpers are very carefully employed and references are always asked for & confirmed, our helpers are all mature, dependable nature.

We provide an honest and reliable home help service at extremely competitive rates, covering Hunstanton & surrounding villages.

K. H. HOMECARE

For any further information please contact

Established in 1997

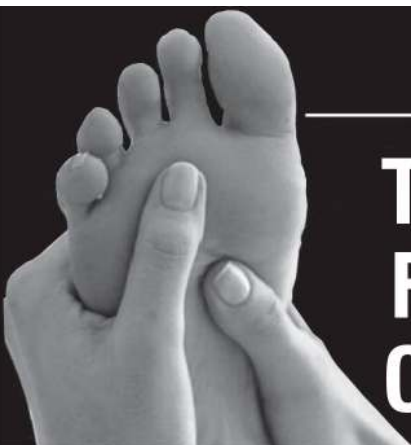
Accredited by Norfolk Trusted Trader Scheme

Mrs K Carr **01485 570179**

Unique Hair Design

Incorporating Toni Fox Nails

01485 532826

28 St Edmund's Avenue
Hunstanton

Total Foot Care

The Surefoot Clinic

Mrs V. Beech, Chiropodist & Associate

Serving the community since 2001

Surgery at: 4 High Street, Heacham PE31 7ER

Tel: 01485 579411

Home Visits

Tel: 01485 518112

(Answerphone)

Hunstanton Primary School

Succeed Enjoy Aspire



We hit the ground running this September to kick-start the new school year with many events already in the school diary:

A Huge Thank You.....

To Hunstanton Charity Shop who named our school as one of their charities this year and donated £5,000 which has paid for a new stage!

Butterflies of Britain (Field Schools):



Butterflies of Britain (BoB) have developed areas on our school field to help us run a variety of outdoor education activities – Field School. The trainers from BoB come into our school every week for all pupils to take part. Our PTA have donated the money for the revamp of our field which included: a fire pit and seating area, outdoor classroom area, parkour trail, story chair and seating, texture kitchen and den building posts and materials.



The children love the opportunity to be outside taking part in different activities. Some of the benefits include, self-awareness, motivation, empathy, social skills, communication skills, independence, team work, problem solving and knowledge and understanding of the world around them, all necessary life skills.

School Trips

We have a number of trips booked. Y2 have already been to the beach and to Strangers Hall Museum in Norwich to learn about the Great Fire of London.

Our Y6 class have completed a Young Leader Award and are organising games on the school field with our younger pupils during lunch times and play times.

Our EYFS class are visiting the library in Hunstanton in November

and Discovery Cafés are being held by teachers and their classes for parents to come and do activities with the children.

Harvest Festival performances took place as well as a PTA Family Bingo Night on Friday 4th October.

Macmillan Coffee Morning and Mrs Herculson's Brave the Shave:



Thank you to Mrs Wood and Mrs Wright for organising the MacMillan Coffee morning with their Year 6 team of helpers. We raised £436.00 from the school.

Mrs Herculson Braved the Shave and raised £504.00. Well done Mrs Herculson!

A huge thank you to all who donated to support this worthy cause.



New Governors Required

Hunstanton Primary School would like to appoint additional Governors to take the School forward in the next phase of development.

Ideally candidates should have relevant experience and skills in the business/financial sector and an interest in supporting the education of young people in West Norfolk.

The role involves working alongside the Headteacher to strategically manage the School. The time commitment required would be on average 2 evenings per half term plus a total of a day visit to the School per term, and enthusiasm to attend relevant training as needed.

If you are interested in this rewarding opportunity please contact Chris Hutchinson (Chair of Governors) via the school office on 01485 533373 or office@hunstanton.norfolk.sch.uk expressing your interest and to arrange a visit to meet and look around the school

Hunstanton Primary School Open Day

Thursday 12th December 2019 at 10am, 2pm, 4pm and 7pm

Please come along and have a tour around our lovely school to meet and greet our governors, headteacher, teachers, pupils, PTA and support staff.

This invitation is warmly sent to everyone in the local community and especially welcoming prospective new parents and children. There will be tea, coffee and biscuits available and a chance to see what our school has to offer your family.



AUTUMN FAIR

TABLE-TOP SALES - CRAFT STALLS
RAFFLE - TOMBOLA - REFRESHMENTS

1ST FRI NOV
Event Start From 2:30PM until 4:30PM

BURNHAM MARKET SCHOOL
Friars Lane, Burnham Market PE31 8JA

TO BOOK YOUR OWN TABLE TO SELL YOUR WARES, CONTACT THE OFFICE OR EMAIL FOBSBMS@GMAIL.COM

£10 PER TABLE

All proceeds go to the School's fundraising efforts



SEDGEFORD PRIMARY SCHOOL

John Davis

Class News

We are coming to the end of the Romans topic – we have found out some great facts about Boudicca and the Iceni Tribe.

After half term we will be looking at the Victorians and also looking at toys children played with in the past.

In Science we will be looking at electricity and building circuits.

Harvest Festival

Our Harvest Festival service was held at St. Mary's Church, Sedgeford on 14 October. Thank you to all who brought along tins and packet goods and to those who made a financial contribution. All goods and proceeds went to the Hunstanton food bank.

Shoeboxes

This year we are supporting T4U (Teams for You). All boxes were due in by 18 October with a special shoebox service held on 27 October.

Open Day

We are having our Open Day on Friday 1st November from 9.00am to 12.00pm for new Reception children who will be due to start school in September 2020.

'Spellbinding' Competition at West Norfolk Academies Trust

The first West Norfolk Academy Trust Spelling Bee competition came to its exciting conclusion this week as Springwood hosted the grand final on Tuesday 24th September, in front of a home crowd of year seven students.

The competition was high as the top achieving spellers from across the trust were represented. Springwood High School, St Clements High School, Marshland High School and Smithdon High School each fielded three finalists, leading to a tense face off between the final twelve. Each school held spelling bee competitions within years 7 and 8 in the summer term, narrowing down their students to the best of the best ready for this week's final.

Being the first trust-wide spelling competition held, the outcome was eagerly awaited, and the standard of competitors was highly impressive. They were all a credit to themselves and their respective schools.

Students were required to each stand in front of the crowd and spell a selected word from memory. They were allowed to ask for the word to be repeated, to have a definition and to hear it in a sentence; they were only allowed to correct themselves once for each word.

As the competition slowly narrowed the field to a final two, the atmosphere grew more intense. Despite this, the competitors held their nerve and remained on top form, competing in a final 'sudden death' round to establish a winner.

The final two wowed the crowd with their spelling and eventually a winner was crowned: Elisabeth Mathew, representing Springwood High School, narrowly beat Lyndsey Guardado from Smithdon High School, to be awarded with an Amazon Kindle as a prize.

West Norfolk Academy Trust are now looking forwards to our next spelling bee competition, due to be held in the summer term of 2020.



Extra Lights, Sockets, Showers, Storage Heaters, TV & BT, Cookers Connected

T.M. ELECTRICAL

Small Jobs a speciality ♦ I don't charge the earth

01485 540333

Fuseboards Replaced, Electrical Inspection Certificates, Rewires
17th Edition ♦ Qualified to Test & Inspect C&G 2391 ♦ Part P Registered



Tony Morgan



E: TMElectrical2010@btinternet.com

Mob: 078844 54480

HUNSTANTON MAINTENANCE

Your local Handyman Service.

All types of work undertaken

NO JOB TOO SMALL

Tel/Fax 01485 533378

Mobile 07880 711614

Glebe House: what is special about our school

by Sophia Latter and Sydney Hipwell

I started Glebe House School at age 9 months, and my life as I know it is Glebe. I am coming up to my final year and I can't believe I have spent nearly all my life here, because everything has gone so quickly. It only feels like yesterday that I was in the Nativity play in Reception. When the three wise men were dressed up as characters from *Toy Story*. Or when I was in tea time club with Mabel and Georgia and we accidentally stained our hands pink from playing with shaving foam mixed with acrylic paint!

I really have done some strange but memorable things at Glebe that I will never forget. Like when I was in Pop Choir and I managed to talk myself into singing *Superstition* by Stevie Wonder as a duet with Mr Taylor in front of an enormous audience of two people! I know that sounds more than crazy but I know that if I was anywhere else that opportunity would never arise. But by having such small classes and an incredible new(ish) headmaster, that happened and that memory has stuck with me.

We had Open day recently and walking around the school made me realize that this is my home and I can't imagine leaving it in a years time.

There are so many incredible things that I can look back on and think, wow! I have really done some amazing things that I will never forget.

Like being able to perform on the Princess Theatre stage with Eagle Performers and Glebe does Strictly. It doesn't sound like anything that big or special, but for me those two clubs have given me so much confidence and shown me so many things over the past few years of my life, like I love music, I love to sing and that staring at a shoe and counting can make a group of people much more focused than before!

But it wasn't just singing. The school plays every year have always been my favourite thing about Glebe, and I love that everyone gets to take part. From being a one line shop keeper to a private detective and police officer, there really has been a huge variety of plays and I have enjoyed every second of every one of them.

I would really like to thank everybody from my friends to the kitchen ladies for making my Glebe experience the most incredible and memorable one ever.

Thank you.
Sydney Hipwell

I've only been at Glebe House School for nearly half a term now and all of my classmates have made me so welcome as well as all the teachers and the pupils lower down in the school. I feel like I've been here for five years. I've already made so many new friends and memories. I loved going to Houghton hall and seeing all of the abstract sculptures. Even though it was raining you could still see them at many different points of view. They were still amazing! I particularly liked the elephant skull and seeing how Henry Moore took the elephant skull and turned into something phenomenal.

Recently, years 7 and 8 went on a geography trip to Wensum and Sheringham beach where we got to learn about long shore drift. We learnt that if you put a pebble on the edge of the water and wait, it will move the way the wind is going. When we went to Wensum beach we looked at the cliffs and saw holes where sand martins had made their nests. When we looked out into the sea we could see wind turbines; a sign that Wensum beach was being eco-friendly. When we went to Sheringham beach we saw something we didn't see at Wensum and that was wooden barriers to stop letting the sea go any further than it should. We learnt so much and to top the day off we got to draw a picture of the beach and list what we learnt that day. It was so much fun!

For our English theatre trip we went to go see *Jane Eyre* by Charlotte Bronte. We have seen some of a film version in class and finally we got to go see it in the theatre. Divisions 6 to 8 went to go see it. In my opinion, it was absolutely amazing. It was dramatic, passionate, and also mysterious – it was by far the best! We went to see it at the Norwich Playhouse theatre, it was far but definitely worth

it.

Open day at Glebe was exciting for me personally because it was my first open day. I got to tour people around the school and be proud of what school I go to. I also got to greet people at the door. If I wasn't showing touring people I was making poems about themes in Jane Eyre by using useful words out of old books. Open day was lively for everyone and awesome as well.

Even though I'm an only child, Glebe House School has made me so welcome I could even say it's like having a second family. Thank you so much for making me feel so welcome.

Sophia Latter

... And from the Headmaster

We are all rightly very proud of our school, of the Glebe way of doing things. Opportunities for all, in many areas, Glebe really is for everyone.

With that being said, I am delighted to share some news with you regarding Hunstanton and Gaywood Spring nurseries. We were recently asked by the council to tender for the running of those nurseries, and in that process I am delighted to say we were successful. Subject to all the paperwork and red tape being worked through, Glebe House School Trust will soon be running 'Hunstanton First Steps' and 'Gaywood First Steps' nurseries at those sites.

We will be taking over the staff contracts at those sites and there will be no negative effect to us; it is an exciting time for us to be welcoming two new settings into our extended Glebe family.



NORFOLK

ELECTRICAL LTD



Ashley Neesham

T: 07914 659078

E: info@norfolkelectricaltd.co.uk



NDL

NORFOLK DECOR LTD

'DECORATING NORFOLK'

Qualified Decorators

Interior & Exterior | Wallpapers

Spray Finishes | Furniture Restoration

Telephone: Glenn 07495 704151

or Carl 07715 255581

Email: norfolkdecorltd@gmail.com

www.norfolkdecorltd.co.uk

Hunstanton and District Inner Wheel

I would like to introduce you all to our new President, Annie Bagworth. Over to you Annie:

"I was born in Enfield, Middlesex in 1947, lived in various counties and am the youngest of 5 children. I have 3 children, 6 grandchildren and 6 great grandchildren. My hobbies are heirloom embroidery, patchwork, needlework, music and reading.



I remember my childhood with affection. We were a close family and my father kept us all entertained telling us stories of his small fleet of lorries taking ammunition to the Docks in Scotland.

We used to sit round the fire toasting bread while my mother, who was a milliner, worked on her hat blocks. I learnt to sew on the old treadle sewing machine, and my mother and grandmother taught me well. These were good times, special family times.

My first job was working in the family business which was transport and storage.

In 2017 while living in Spalding, I joined Spalding and District Inner Wheel and subsequently became President, and was also a member of Spalding and Welland Rotary Club. When moving to Bircham, it was at this time that I became a member of Hunstanton and District Inner Wheel. Joining Inner Wheel has given me the opportunity to make new friends and to work hard raising funds for charities at home and abroad. I am now enjoying my new role as President of our club, and look forward to the year ahead".

It is always exciting to welcome a new President into the fold. There is no handbook with instructions how to be a President, but it's an opportunity for the person elected to bring their personality into the job, and for members to benefit.

Sue Trewin

Club Correspondent

Illusions Hair, Barbers, Beauty and Foot Clinic

All your needs under one roof.

We offer gents barbering, ladies hairdressing, all beauty treatments and a health care foot clinic.

Phone: 01485 534663 for an appointment.

Gents just pop in for your hair cut.

22 Greevegate, Hunstanton

Tel: 01485 534663

Find us on Facebook

HUNSTANTON PROBUS CLUB

At their monthly meeting in October, members of the Hunstanton Probus Club bid a sad farewell to one of the club's longest-serving members, Kenneth Lawson. Ken has been the Secretary to Hunstanton Probus for over 24 years, and during that time has seen many changes in the Club's fortunes, and it has been primarily due to his continuing enthusiasm and concern for its well-being that the club continues to enjoy its standing as a most enjoyable meeting place for providing fellowship and friendship for retired businessmen and professionals in and around Hunstanton.

Ken's early career as a chartered accountant began in and around Boston in Lincolnshire, before moving to Norfolk where he eventually became the Finance Director of a major company specialising in agricultural machinery. Outside his professional life, Ken has always had a keen interest in local sports and athletics, and has supported the creation and upkeep of local village playing fields through a number of charitable organisations. In furtherance of his charity work Ken has run in a number of marathon events, including the London marathon, which has resulted in his raising of several thousands of pounds for the Boy Scout movement and Save the Children.

After busy professional lives, he and his wife Gillian, who also has run a number of marathons, are now returning to their roots in Lincolnshire to the village of Fishtoft, where they intend to appropriately name their new bungalow "Full Circle". The President, David Scott, thanked Ken for his invaluable work in overseeing the smooth running of the Club, and presented him with a splendid glass plaque commemorating his many years of dedicated service to Hunstanton Probus. In response, Ken spoke warmly about the Club and looked back with some satisfaction that he had been able to contribute towards the provision of a meeting point for retired businessmen to make new friends and to associate with like-minded people.

The Club always welcomes new members, and any retired businessmen or professionals who would like further information about the Club should contact the Secretary, David Dickinson, tel: 07941 798343 or email Hunstanton.Probus@outlook.com



Pictured from left: Gillian Lawson (Ken's wife), Ken, and David Scott, President

**You can keep up to date with local news
between print issues at
www.townandaround.net**

Eastland Grange

Kings Lynn Road,
Hunstanton, PE36 5FA



One & two bedroom apartments

for sale from £199,950*

To find out more, call

0800 185 5506

or visit

[mccarthyandstone.co.uk/
eastlandgrange](http://mccarthyandstone.co.uk/eastlandgrange)

#Subject to availability. Correct at time of print.
*Ts&Cs apply. For details see
mccarthyandstone.co.uk/partexchange



You don't have to buy to live life to the full

Our retirement community in Hunstanton is all about enjoying life to the full, with company when you want it, help when you could use it, and even care when you need it.

And our three options mean you can do it your way.

Rent

Enjoy all the benefits
without having to sell
your property

Buy

Part exchange*
and we'll be your
guaranteed cash buyer

Bit of both

Part buy, part rent
for more financial
flexibility

We're here to **make it happen**


McCarthy & Stone

SC004340



Delicious meals delivered direct to your home

- 25 years' of delivering delicious frozen dishes direct to the door
- Meals ready in minutes from your oven or microwave
- Dishes for a wide range of diets including: mini meals, gluten free, low calorie, low fat & dairy free
- A great selection of branded groceries
- Friendly, local delivery drivers
- Weekly deliveries in your area
- No commitment, you choose what and when you want to order.

CHOICE OF
400
DISHES

FREE
HOME DELIVERY
on orders of £30 or more

 **Trustpilot**

Rating as of 2nd Feb 2019



Call us
for your
FREE
brochure
today!

oakhousefoods.co.uk

 **01379 870 117** (LOCAL RATE)

THORNHAM VILLAGE NEWS

VILLAGE CINEMA

Yesterday

Wednesday 20th November

A struggling musician realizes he's the only person on Earth who can remember The Beatles after waking up in an alternate timeline where they never existed.

Tickets £5.00 Bar Opens 7.00pm Film Starts 7.30pm. To book call 0781 802 868 or just turn up

Live by Satellite from The Royal Opera House

Concerto/Enigma/Raymonda Act III

Tuesday 5th November

Concerto – Choreography Kenneth MacMillan

Enigma Variations – Choreography Frederick Ashton

Raymonda Act III – Choreography Rudolph Nureyev after Marius Petipa.

Tickets £15.00. Children £10.00 Doors open 6.30pm Curtain 7.15pm Book online at www.thornhamvillagehall.co.uk or call 87787 25597

Don't miss our ballets in December, Coppelia Tuesday 10th



December, and a special matinee performance of The Nutcracker on Sunday 22nd December to really get you in the Christmas spirit. For details visit www.thornhamvillagehall.co.uk

Winter Warmers Supper Talks

Friday 1st November

Orysia Lutsevych "Ukraine: A Struggle of a Frontline State"

Friday 29th November

Martin Hayward-Smith

"West to East – The North Norfolk Coast"

For information on all of the new season talks please visit www.thornhamvillagehall.co.uk/winter-warmers

Tickets £20.00 including a 2 course supper and welcome drink. Booking is essential – to book visit www.thornhamvillagehall.co.uk. Doors open 6.30pm Talk starts promptly at 7pm followed by supper. Full bar facilities available

Antique & Vintage Fair at Thornham Village Hall

Sunday 1st December 10am – 4pm

Alongside antiques and collectables there will be vintage decorations, Christmas stockings made from vintage fabrics, glassware and lots of other treasures perfect for Christmas gifts.

£58,000 and Counting

It's been a busy summer for the BagLadies of Thornham!

Our fundraising for village projects has now reached £58,000.

This year we have sold our products at Maker's Mark, All Saints' Church Fete, Burnham Market Craft Fair and Thornham Fun Day, as well as at the regular Soup & Sandwich Lunches. These activities have added almost £3,000 to our funds.

During the year, the BagLadies have supported the following:

All Saints' Church – purchase of Display Boards

Thornham History Society – donation for Exhibition expenses

Thornham Cricket Club – donation towards refurbishment of Pavilion

Thornham Bowls Club – new lawn mower for bowling green

Thornham Village Hall Play Area – donation to fund new surface under swings

We have also purchased cake covers for use on event refreshment stalls, a new gazebo and a large banner for events at the Village Hall.

Our next fundraiser is the popular Winter Gift Fair where more than twenty stallholders will join BagLadies in the Village Hall on 24/25th November. Entry is free.

Fridhem Rest Home

Christmas Tea Dance

December 5th 2019 12 noon- 4pm

Heacham Manor Hotel
Including Two Course Meal
Tea and Coffee
Dancing to Live Music

£25 a Ticket

Available now at Fridhem Rest Home
01485 571455

All monies raised to the residents' entertainment fund

S. LEVERETT Carpets & Blinds

Choose from a massive selection of carpets and vinyls to suit any room at any budget.

Specially selected ranges for
Holiday Homes, Caravans, Lets etc...
Contract vinyls / carpet / carpet tiles
for the office or workplace.

**ROLLER, VERTICAL, HORIZONTAL
AND VENETIAN BLINDS**



Tel 01485 518018 or 07760 462 788

to arrange a visit & free no obligation quotation
or e-mail: simonleverett@btinternet.com

WHY PAY HIGH STREET PRICES?



Denture Repairs within an hour

Monday-Friday 9am-5pm

Tel: 01485 533388

9A High Street, Hunstanton PE36 5AB
j.asman@yahoo.co.uk



Welcome to our store in Hunstanton

The Leather Shop

Quality at a fair price

Unit 1 Harlequin House (corner of main car park)

Le Strange Terrace PE36 5AJ

Tel: 01485 535486

I Espley Builders Ltd

e-mail: i.espley@btinternet.com

Tel: 01485 570472 Mobile: 07787 568908

**Renovations and extensions.
Brick and stone work specialist.
Structural works.
Internal and external alterations/refurbishments.
Small jobs.
Qualified with 30 years experience.
Contact Ivan for a quotation.**



MG Servicing Ltd

For all your plumbing and heating requirements covering North Norfolk Areas. Specialising in:

- ❖ Boiler Installation, service, breakdown and repairs to boilers including: Oil, Gas and LPG
- ❖ Landlord Gas Safety Certificates
- ❖ Repairs and Upgrades on Heating Systems
- ❖ Unvented Cylinder – service, repairs and Installations
- ❖ Plumbing issues, leaking or dripping taps, shower replacements
- ❖ Hot and Cold Water Systems
- ❖ Oil Tank Installations

Call our office on **0300 1240 933** to book an appointment. Quotations for boiler replacements and heating upgrades provided free of charge.

E: info@mygservicing.co.uk W: www.mygservicing.co.uk

QUALIFIED ELECTRICIAN

Available for:

- Extra Sockets
- Lighting
- BT Points



No job too small - Free Estimates

No call out charges

Phone Owen on:

01485 572726 or 07813 173 446

R W Allsop Building (Norfolk)

40 years experience - City & Guilds Qualified

All building services undertaken

Fully Insured - Free Estimates

Visit my facebook page: **R W Allsop building norfolk**
for some examples of our work



Tel 01485542122 Mobile 07932156473

e-mail allsopbuilding@gmail.com

HANDYMAN all-rounder PHILL BUTLER

01485 542871 mobile 07760196146

leaf sweeping, fixing/mending, tiling, painting, shelving,
fitted wardrobes, bespoke summerhouses & kitchen builds, etc.



**Qualified joiner
& cabinet maker**

No job too small, reasonable rates, very good standard.

RMS Home Services

Property Maintenance

- Carpentry
- Plumbing
- Waterproof Wall Coverings
- Tiling • Decorating
- Beach Hut & Shed Repairs.

Specialists in kitchen
and bathroom re-design
and installation,
all aspects covered.

**References available
FREE quotes**

Call Rupert on 07516 031 359

01485 779665 E: rsandells@msn.com



The Harvest Lunch at St Cecilia's on Wednesday 2 October was a great success with 39 people partaking of the delicious food and good company on offer.

The Hunstanton Parish Ladies Shared Lunch will be at NOON on Saturday 9 November 2019 at St Cecilia's. The U3A Handbells Group will be entertaining us. Some audience participation may be expected! The person to contact is Pat Watts - 01485-609052. pat.watts@tiscali.co.uk for more information.

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. Please support this very worthwhile cause by buying fairly traded goods to support families abroad trying to earn a living. For more information please contact Caroline Brooks on 01553 673069.

All social events will be well publicised in the weekly bulletins and on the website. Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Everyone will be most welcome.

Daily Masses during the colder months are 10am at St Theresa's Convent, 27 Sandringham Road, Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is at 10.15am at St Cecilia's, Dersingham.

Sunday Masses are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at the Parish Church of Our Lady of Perpetual Succour & St Edmunds, Sandringham Road, Hunstanton. The Parish telephone number is 01485 534675.

If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email; parishpriest763@gmail.com
Website: www.hunstantoncatholicparish.org
Email: parish@hunstantoncatholicparish.org

CHRISTIAN SCIENCE SOCIETY

FREEDOM – What a precious commodity to be valued!

"You shall know the truth and the truth shall make you free." Those few words of Christ Jesus encompass endless ideas. Freedom is so much more than just being free of oppression and tyranny, poverty, illness, lack, sorrow, etc., but also includes constrictive thoughts and beliefs.

This month on the 9th November, is the 30th anniversary of the fall of the Berlin Wall. After being a huge concrete barricade some 5m high from Aug 1961-Nov 1989 separating families, friends and businesses of Berlin, public pressure that this was not acceptable or right made the East German government open the barriers for short visits between the two parts. Then the wall began to be torn down after many people risked their lives trying to reach the west. What a feeling of elation when what had seemed so solid was torn down! This was a momentous moment of freedom, but everyday each one of us can have small victories in freeing ourselves from anything that would seem to restrict us, by understanding what Christ Jesus was saying. Knowing the truth about our relationship to God helps free us from oppressive thoughts, from the past, from fear and lack and bring blessings into our lives. Freedom is a God-given right for each one of us mentally and physically.

Our Wednesday service 6th November at 12 o'clock, will be our annual Thanksgiving Service and all are very welcome to join us.

Our church services are every Sunday at 11am at Christian Science Society, 10 Queens Drive, Hunstanton. We also hold a service on the first Wednesday of each month at noon (Oct-Mar) and 7pm (Apr-Sep) and everyone is most welcome. Free magazines are available from the box outside the church and for more information on Christian Science visit www.spirituality4.me or follow us on Facebook.

Just a thought.....

I am writing this as I remember a great few days in Worcester some years ago. The initial reason for us going was the Victorian Christmas week-end they hold every year, and we were not disappointed. There were carols being sung in the street, the Salvation Army band playing in and around the shops, fire jugglers and many outdoor market stalls selling everything you could think of. It was a feast of delights which would start anyone's Christmas in joyous mood.

There was one thing which we found unsettling, sellers of flowers who spent much time railroading people into parting with their money, many of whom would have had a so-called curse put upon them if they did not pay up.

During a coffee break Jill and I discussed the so-called curse if the flower was not paid for or thrown away. There are many people who are afraid of these sellers; I remember my auntie being really upset in case she had bad luck for the rest of her life because she refused to buy something.

Why it is that people listen to these stories of hexes and curses, yet refuse to hear the good news of Christmas makes no sense. A baby was born into the world to release us all from sin and the influence of evil, but for some reason there seems an obsession for many to fall back into the fears of unknown darkness. Why can't they grasp the wonderful truth that the light of the world, the Saviour of us all was born in Bethlehem, and during his ministry did not need to frighten people into belief, He just loved them.

Over the coming weeks we will all be preparing for Advent and Christmas day; there will be the carol services, the ordering of the food, the buying of the presents and writing of cards and I enjoy every minute of it. But there are times in the mad rush of all of this that I need to sit down quietly and soak myself in the gospels of Matthew and Luke, to listen again to the stories I loved as a child and love even more as I have grown up; there cannot be a more amazing, wonderful, joyous compelling story than the nativity. Each time I read about the Blessed family who were visited by the angels, shepherds and Kings my soul, as Mary recounts it, rejoices in the news that my whole life has been changed because of that moment. It is exciting and we need to communicate that excitement to those who get themselves tied up in the darker side of Christmas which truly has no place in their lives.

And Mary said, "My soul magnifies the Lord and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name

Let that same news guide us over Advent and Christmas and let it sustain us and those we meet now and forever.

Steve. Rev Steve Oliver, Methodist Church

		NOVEMBER		
sunday 3 november ALL AGE WORSHIP at 10.30a.m. with Cathy Fielding	sunday 10 november SERVICE of REMEMBRANCE at 10.30a.m. with John Miles		You are invited to join us on Sunday 8 December at 6.00pm for A Service of REMEMBRANCE and LIGHT	
GLOBAL MISSION SUNDAY sunday 17 november at 10.30a.m. with Irene Garrard voice of Persecuted Christians	sunday 24 November ALL AGE WORSHIP at 10.30a.m. with Sheila Johnson		FIND US: Hunstanton Methodist Church, PE36 6AL at the junction of Austin Street and A149 www.hunstantonmethodistchurch.com Follow us on Facebook	

Toys and Tins

This month sees the launch of our Toys and Tins Appeal in conjunction with Radio Norfolk. The appeal was established to provide food and/or toys at Christmas to individuals and families in need. The Toys and Tins initiative has operated for over 30 years, evolving from its early beginnings in Norwich, but now covering the whole of Norfolk. This is particularly important for our appeal partners BBC Radio Norfolk. Over the years we have established an enviable reputation and ready support particularly from the listeners of BBC Radio Norfolk. During the period many thousands of families and individuals have been helped to have a better Christmas than would have been the case without support.



If you would like to help us provide for those in need this Christmas the appeal is launched on 23rd November and you can leave your donations of toys and tins at our Community Shop, 60 Westgate, Hunstanton or at The Salvation Army, Alma Road, Snettisham between 23rd November and the 16th December. We will then ensure that the donated items get to those families who need them. Toys must be new and food items non-perishable (tins or packets). We need donations of the following food items to make up the Christmas hampers:-

- Tea or coffee or hot chocolate
- Dried pasta or rice
- Pasta sauce, jam
- Tinned meat or fish
- Tinned soup
- Tinned vegetables
- Tin dessert e.g. custard, rice pudding
- Tinned fruit
- Tinned baked beans or spaghetti

The Salvation Army's mission statement says that we exist to save souls, grow saints and serve suffering humanity and we have been described as 'Christianity with its sleeves rolled up'. Our faith always has a practical side to it. The Toys and Tins Appeal is just one way that we help those who need it but we cannot do that without your help and so we greatly appreciate your donations of toys and tins.

With the launch of Toys and Tins our minds at The Salvation Army turn towards Christmas and carolling. Our first Carol Service will be held at The Public Hall in Heacham on Sunday 1st December at 3pm and everyone is welcome. Our band will be there to accompany the carol singing, the timbrels will be there and refreshments will be served. Our full programme of carolling will appear in the December Newsletter.

For more information about Snettisham Salvation Army visit our website www.salvationarmy.org.uk/snettisham.

You can contact us on 01485 579079 or email alison.kirby@salvationarmy.org.uk

Follow us on Facebook 'Snettisham Salvation Army'
I look forward to seeing you at The Salvation Army soon!

Alison Kirby, Corps Leader,
Snettisham Salvation Army.

From the Saxon Shore

Remembering and reflecting

At first glance November is concerned with our ancestors, with All saints day on the 1st. All Souls on the 2nd. Guy Fawkes on the 5th and Remembrance Sunday on the 10th. All saints is not just a time to remember those 'canonised' by the church, but all those people who in our eyes are saints. At All souls we give thanks for, and remember those who hold a special place in our hearts. I guess whatever the 31st. October brings there will be those who wish Guy Fawkes was still with us!!

And remembrance Sunday, a day when poppies are worn with pride and thanks given for all those who were called to give their lives so that future generations can live in peace. Sadly our young people today continue to answer the call to go to war and into conflict zones to bring peace, to improve the lives of local people, people they do not know, people whose traditions they may not agree with, even helping those who have been trying to kill them. I will never forget the appalling outcry of the British press and others when it was reported that our doctors, nurses, paramedics and helicopter crews and others were treating members of the Taliban alongside our own injured personal.

On the 24th. November we remember Christ the King. Jesus was a king who gave up power, wealth and an expectation for others to hold him in esteem. He ate with the despised, upheld the downtrodden and poor, healed those others regarded as enemy's and did not accept the laws of his faith when they prevented love from being shown to all.

When we remember those gone before us, let us reflect on how our lives reflect theirs. Does our way of life do them justice? How are the lives of the saints, the lives of our loved ones, the lives of those who have given their lives and those who continue to face death and injury and the life of Jesus reflected in our lives?

All are welcome to join us at our services, for all saints on the morning of the 3rd., all souls at St. Edmunds Church at 4pm on the 3rd. Remembrance Sunday on the 10th and Christ the King on the 24th. See the Link or Parish News magazines for details of times.

with all blessing Revd. Sandra Ellison

From St. Edmund's

We are all designed to need light to live a normal life. Sunlight helps regulate our body clocks, and prevent the disease Rickets. Sunlight also stimulates the body's production of serotonin, a hormone that elevates mood, and lack of sunlight, a hormone called melatonin that increases sleepiness. That is why some people living away from the Equator struggle through winter, and suffer what is called Seasonal Affective Disorder (SAD). The shorter overcast and dull days can certainly be a struggle for many of us, particularly when the clocks change.

When the Church came to celebrate the birth of Jesus Christ as a major festival, what better time to celebrate it than mid-winter to cheer everyone up?

No one knows exactly the time of year that he was born, but it was probably in the spring, because that is when the shepherds around Bethlehem would have found fresh grass for their sheep. Spring is time of year for the Jewish Passover, and as Jesus died and rose again around that festival, it is then that we celebrate Easter.

This year on Advent Sunday, December 1st, there are a series of events planned in Hunstanton to cheer us all up amid the winter gloom and stop us feeling SAD. As part of the town's Festive Fun Day there will be a Jesus, Light of the World celebration in St Edmund's Church. This will be at 4pm before everyone goes to see the Switching On of the Lights, and will take the form of a short candle-lit carol service with a choir to lead us. St. Edmund's Church will be open from 12 noon that day for refreshments, and to view stalls set up by local charities.

Do come along: you will also be able to meet our new Rector, Rev. Rachael Dines, who is being inducted in St Edmund's the week before on Monday November 25th at 7.30pm.

Rev. James Monro, Assistant Priest, St. Edmund's Church

Bring Back the Good Old Days

By Gordon Tanner,
a member of The Way C F Leadership team

When I was young, much younger, only a few years after the end of World War 2, I lived near Stockton-on-Tees. There were bomb-damaged buildings in many of the side streets off the High Street. Occasionally we'd see a man who walked around with a sandwich board proclaiming 'The End is Nigh'. It was almost something you might see in The Simpsons, but I realise now that he probably had a religious fervour, rather than being a bit late concerning the bombing of the town.

While I was on holiday a couple of weeks ago I pointed out to my wife that though we had driven a few hundred miles the windscreen did not have on it the harvest of dead insects that such a journey would claim only a few years ago. This is just one evidence of our decline. With less insects plant pollination reduces, therefore harvest yields will be far lower. Part of the bird population is dependent on insects for food, so we can expect a reduced bird population too.

There seems to be a large drop in the number of barn owls around, to the extent that we've not seen any this year whereas two years ago they were plentiful in this area. This may be a result of the recent weather patterns we've experienced eg the Beast from the East, reducing the owls ability to find food at a crucial time in their breeding cycle.

Over recent years we've had a number of tree species threatened with potentially catastrophic diseases - elm, ash, chestnut, oak – and there may be others of which I'm not aware.

Further we've had problems with the animals – Foot and mouth disease, mad cow disease, swine flu, avian flu.

All this brought to mind some videos I saw a few years ago called Transformations parts 1, 2 and 3. In these there are accounts of the effect on the land that turning away from God had had on communities in various regions of the world, and how things were reversed by the communities turning back to God. They saw agricultural production increase massively. In one town in central America the crops had not only become higher yielding, but they had been able to get three crops in a single year. The number of lorries taking produce to the central markets had increased from one per week to about one per day. In Fiji there were areas where the oceans had become effectively lifeless, where now the fish had returned. In Inuit areas in northern Canada, the caribou had returned after many years, and the bilberries had suddenly started to fruit again.

The Bible encourages that we observe the times and seasons, to look at the state of the world and to relate it to the timing of the return of Jesus from what we are told in scripture.

For years this country has been moving away from God, that is the Judeo-Christian God. We have lived in a privileged way under the effect of the previous generations' lifestyle, but successive governments since the fifties have passed legislation that is contrary to what God tells us in scripture, and now we are seeing the consequences of this. God will remove his protection from people who do not honour him. In the book of Revelation in the Bible there are a number of images of the end times. At point God says 'he will destroy those who destroy the earth' Revelation 11.18.

I'm not saying 'The End is Nigh' though it could well be, but I am saying let us turn back to God and his ways. He created us and he knows what is best for us. Let us live in the blessing that God wants to give us rather than the mess we make without him.

Heacham Infant and Nursery School is Good

A West Norfolk school instils a love of reading in its pupils who show enthusiasm and excitement for learning, according to a recent Ofsted report.

The children at Heacham Infant and Nursery School are interested in learning and experience awe and wonder at activities based around spiritual, moral, social and cultural development, says the report published on 18th October.

"Pupils show excitement and enthusiasm for learning. Staff have high expectations of what pupils can achieve, particularly in learning to read. There are plenty of opportunities to enjoy books with adults and with each other," the inspector said.

The school was rated as Good following the inspection at the start of October. It is smaller than the average infant school with 113 pupils aged from two to seven-years-old and is part of the West Norfolk Academies Trust.

"Leaders, including governors, are ambitious for all pupils. They want them to experience life to the full in modern Britain. They also want all pupils to be ready for the next stage in their education in the junior school," says the report.

The inspection also found that the Executive Head Teacher, Louise Jackson, leads with experience and enthusiasm and all leaders make sure children learn well in the two-year-old nursery and reception classes. Staff are positive about their work in the school.

"I am pleased that Ofsted has noted so many positive attributes at our school where we all work hard to ensure pupils have the



very best learning experience from the start. There is always room for improvement, and we will not be complacent in moving forward," said Ms Jackson.

The report also highlights the forest schools, where pupils have the chance to learn outside, and the fact they join with children from other schools to engage in drama and dance.

"At this early stage, children talk excitedly about learning outdoors in the rain. They can already talk about their imaginative story ideas," the report says.

There is praise for the teaching of reading and the school environment, which includes story chairs and inviting book displays, creating 'an environment which fosters a love

of reading' and as a result, pupils do well in the subject.

"Pupils learn to use a lot of new words. They do this right from the very start in the two-year-old classroom. Teachers build on this as pupils move through the school. Adults are great role models. They introduce, repeat and rehearse new words and phrases. Consequently, pupils use these new words and phrases with increasing confidence and accuracy."

Safeguarding at the school is effective with training up to date and staff clear about what they should do. Leaders follow-up all safeguarding issues and work well with other agencies.



Garden & Building Improvements

CONTACT SEAN 07837 636393
sbgabimprovements@gmail.com

Facebook: SB Garden and Building Improvements

HOME MAINTENANCE: Carpentry • Brickwork • Plastering • DIY
 Minor plumbing and electrical repairs that don't require certification
 Item Collections and Deliveries

REPAIRS: Patios • Garden Walls • Repointing • Summer Houses
 Fencing • Re-staining • Painting • Pressure Washing

NEW BUILD: Patios • Garden Walls • Concrete Pads • Woodwork
 Garden Buildings

GARDENING: Grass Cutting • Hedge Trimming • Weeding
 Tree Maintenance

Tax Return Online Services Ltd

for all your accounting needs

Online OR On-site Services offered;

- Preparation & Filing of Accounts for Self Employed & Limited Companies
- Tax Returns for Individuals & Businesses
- Payroll Services including Auto Enrolment for Pensions
- Rental & Partnership Accounts
- MTD VAT Returns • CIS Returns • Book-keeping Services

Tel: 01485 601499 Mob: 07766 40 78 99

Fax: 01485 205499

E: karen@taxreturnonlineservices.co.uk
www.taxreturnonlineservices.co.uk



Christmas Fair



Visit us at the Searles Christmas Fair

Tuesday 12th November 2019 - 10am - 5pm
La Piazza, Searles Leisure Resort, PE36 5BB

FREE ENTRY and open to
 all guests, local residents
 and visitors to the area.

- > Stalls from Local Businesses
- > Festive Entertainment & Activities
- > **FREE** Welcome Drink & Mince Pie
- > Santa's Grotto
- > Raffle
- > Food & Drink Outlets



Entertainment and Activity Times:

- > 10am - 12pm Christmas Crafts
- > 1 - 2pm Cabaret
- > 3 - 5pm Santa's Grotto
- > 4 - 5pm Raffle Draw



Searles Leisure Resort, South Beach,
 Hunstanton Norfolk PE36 5BB

www.searles.co.uk

You in Mind

My name is Sandie Payne. I am a trained professional Certified Counsellor and Hypnotherapist. I specialise in helping people to overcome life's problems.

Anxiety, where you can feel unsettled or nervous. Depressed, uninterested in life. Have you in your past experienced trauma, bereavement, abuse, illness. Or is it that you are struggling in life. You may have taken to coping with it with alcohol or some other substance? Maybe you are over eating, not eating, not sleeping, and feeling that you have no control of your life.

Whatever the reason you may be struggling with in life, you are not alone.

I have helped many people like you to change their stumbling blocks into stepping-stones, so that they may take control over life issues confidently.

You don't have to struggle any more. Contact me for your first free session, where we can discuss your concerns and where I can explain therapy.

You will experience complete confidentiality and empathy in a safe environment with no judgement.

I'm aware that after seven years of being a Counsellor/Hypnotherapist is that having someone to talk to and who you can trust with your problems and who is there just for you is good.

I will offer the best guidance and support and hopefully help you make the changes to lead a happier and more fulfilled life

Your Counsellor and Hypnotherapist
 Sandie Payne, Here to help



Salon 63

For all your hairdressing needs

Opening hours:

Tues/Wed/Thur/Fri 9-5 Saturday 9-2

Our team specialise in

Bridal/Occasion hair up, Bridal/Occasion make up

Ladies and gents brow treatments and grooming

Barbering for men and boys on Thursday, Friday & Saturday

T: 01485 532873

63/65 Westgate, Hunstanton PE36 5EP

You In Mind

Hypnotherapy + Counselling
 Here to help

**Depression | Stress | Relationships | Bipolar | M.S. |
 Bereavement | Pain Management | Phobias | Weight
 Problems | Addictions | Confidence Issues
 And more**

Call me now on
07842 974 748

www.sandiepayne.co.uk

support@sandiepayne.co.uk

November Diary

- | | | |
|----|---|---|
| 1 | Docking Walking Group 11am Old Hunstanton and Holme via Riverbank. Meet at Beach Café by the Lifeboat Station.* | only person on Earth who can remember The Beatles after waking up in an alternate timeline where they never existed. |
| 2 | Fireworks in the Hunstanton Library 1-3pm Booking essential £3 per child In preparation to celebrate Bonfire Night on the 5th, come and join us to make some fantastic firework crafts and hear the story of Guy Fawkes. £3 per child, booking essential. | Anmer Village Social Club Admission by ticket £3 at the door. Doors and bar opens at 7.30 p.m. Film 8pm Email: films@anmerclub.co.uk or telephone 01485 579465 New members and guests welcome. For details of this and other forthcoming events including trailers of future films visit our website at www.anmerclub.co.uk |
| 2 | Hunstanton Bonfire, Fireworks and Laser Show set to music. Hunstanton Clifftop. Gates open 5pm. Bonfire 6pm | United Services Club, Hunstanton entertainment: Quiz night & food 8.30pm |
| 2 | Fireworks at 7.30pm £20 per car, £7 Adults, £3 Concessions | Snettisham Flea Market, Snettisham Memorial Hall, 13 Old Church Rd Snettisham. Opens at 9am. This month the Salvation Army will have a fundraising stall at the market. |
| 4 | United Services Club, Hunstanton entertainment: Glitz (New Duo) 8.30pm | Alice in Wonderland's Tea Party for Children in Need 2-4pm at Hunstanton Library. Dress to impress and join us for some crazy cookie decorating, games and a Teacup crafting. Free event, donations to Children in Need. |
| 4 | Live Theatre at Gt Massingham Village Hall 7pm Hannah Maxwell in "I AMDRAM" writer, storyteller, Edinburgh Fringe star performer. Welcome drink, two-course meal, show: £19.50, pay at the door. Booking essential! Please book by contacting massinghamfilmnight@gmail.com by Sunday 3 Nov 2019 This evening is open to non-members. Bring friends and family | Hunstanton Community Choir perform at St Edmund's Church Hunstanton. 7pm £5 incl refreshments. |
| 5 | Docking Walking Group 2pm Houghton woods & Peddars Way. Meet at White Lodge, Bircham Road OS Explorer Ref. 777289.* | Quiz at Holme-next-the-Sea Village Hall at 7pm. Teams of up to 6 |
| 8 | Cinema in the Creakes North Creak Village Hall FISHER MANS FRIENDS True Story Cert 12 Ten fishermen from Cornwall achieve a Top 10 hit after they are signed by Universal Records for their canny talent of being able to sing a sea shanty or two. 7.30pm and tickets £ 5.00 each (including a complimentary drink from the licensed bar which opens at 7pm) can be booked by calling 07905 805388 or by E-Mail to pa.lines@tiscali.co.uk | United Services Club, Hunstanton entertainment: Kenny Lee & Hustler (Live Band) 8.30pm |
| 9 | Craft Fair at Dersingham Village Centre 11am-3pm | Hunstanton U3A meeting at Hunstanton Community Centre, Avenue Road – speaker Charlotte Paton on Victorian Rural Women |
| 9 | United Services Club, Hunstanton entertainment: DNA (Live Band) 8.30pm | Docking Walking Group 2pm Sedgeford and Peddars Way. Meet at Sedgeford church.* |
| 10 | Remembrance Sunday | Hunstanton & District Civic Society talk at Hunstanton Town Hall 7.30pm Mark Leslie, editor of the Lynn News 'The history of the Lynn News and editing it'. £1 members £4 guests. |
| 10 | RAF Bircham Newton, The National Construction College, Bircham Newton, Norfolk PE31 6RH. NCC is signposted off the A148 and B1454. Last Open Day of the year with Tony Nelson's Model Airforce exhibition 10-4pm FREE. Close by there are two stone memorials to remember those who served at Bircham Newton and its main satellite airfield near Docking. | Little Discoverers charity fundraiser 7.30pm at The Yurt, Drove Orchards, Thornham with the Kat Brittain Band. Raffle, superb food & music. 2 courses £20, 3 courses £25. Deposit req'd £10pp 01485 525889 or hello@theyurthornham.com |
| 10 | Docking Walking Group 11am West Acre and Nar Valley Way. Meet at Westacre Church.* | Fisherman's Supper. The Lifeboat Thornham. £20 contact Terry Morris Tel: 01485 512005. In aid of RNLI. |
| 11 | Hunstanton and District Festival of Arts AGM at Hunstanton Town Hall Chambers (there is a lift) 7pm. Helpers and volunteers are always welcome. Persons with a special area of Arts expertise such as Art, Dance, Sculpture or Photography, and willing to get involved are welcome. | South Creak Memorial Pavilion, The Green, South Creak NR21 9PD. Soup and Pudding with a Quiz Night £6pp, BYO drinks. Raffle 7-10pm. Proceeds to Pavilion funds. |
| 12 | Searles Christmas Fair 10am-5pm La Piazza, Searles Leisure Resort PE36 5BB. Free entry, free welcome drink and mince pie. Stalls, festive entertainment and activities, Santa's Grotto, raffle, food & drink outlets. | St Mary's Old Hunstanton Christmas Bazaar 10am-12noon. Cakes, Crafts and Gifts for Christmas. Mince pies and coffee. |
| 14 | Hunstanton Conservative Club Coach Trip to Ely Xmas Fair, leaving the Club at 9.30am. | United Services Club, Hunstanton entertainment: Take Two 8.30pm |
| 15 | Docking Walking Group 11am Thornham – Beacon Hill and Coast Path. Meet at The Lifeboat PH.* | Winter Gift Fair at Thornham Village Hall, PE36 6LX 10am-4pm Free Entry. Unique Gifts, Seasonal Produce. Raising funds for Thornham. |
| 15 | Sedgeford Village Hall Committee presents Whack-a-Mole, a kind of female Breaking Bad set in the Fens by Jane Carter Woodrow. It is a comi-tragedy about three generations of women with disabilities, one of whom, Rachel, works as a music teacher and is the carer for the other two. As Rachel struggles to secure a future for her daughter Florence and her mother Peony in today's hostile environment, a surprise 'windfall' leaves the women fighting for their very existence... 7.30pm Doors open 7pm. Jarvie Close, Sedgford PE36 5NG. Tickets £14 incl. a glass of wine. Box Office 01485 570097 or 07968 596949 | Docking Walking Group 11am Syderstone Common. Meet at Syderstone Church.* |
| 15 | Anmer Village Social Club film Night presents Yesterday (12A) – comedy starring Himesh Patel, Lily James, Sophia Di Martino in which a struggling musician realizes he's the | Heacham History Group, Old Friends Hall, Sunnyside Close, Heacham, PE31 7DU. 7.30pm. "The Lady Farmer of Sandringham" Speaker Mary Mackie. Admission £3 (Members £2) including refreshments. Everyone is Welcome. |
| | | South Creak Memorial Pavilion, The Green, South Creak NR21 9PD Coffee Morning in aid of Royal British Legion Poppy Appeal 10.30-noon. See old friends or meet new ones for a chat. Exhibition: South Creak in WW1. Cakes, jam, plants, books, raffle, tombola and cards. If you need a lift please contact Pete Haywood on 01328 823920 or Paul Hart on 01328 823515. |
| | | Norfolk Wildlife Trust: West Norfolk Members Group invites you to an illustrated talk by Jess Owen of WWT Welney 'Project Godwit – working to restore numbers of UK black-tailed godwits. Hunstanton Methodist Church Hall, Austin Street. £2.50 members £3 visitors 7.30pm |
| | | Docking Walking Group 11am Anmer and Peddars Way. |

A Year Full of Music

by Diane (Barney) Sheldon



Coming towards the end of another year is a wonderful time to reflect on choir events of 2019.

Through the summertime we performed three concerts, there's such a thrill when singing to an audience, to the people who return time after time, and those who happen to be in the area and want to hear what the locals can do. We're looking forward to our concert at St. Edmunds on Saturday 16th November (7pm) and our annual Christmas Singalong will be in The Town Hall on Tuesday 10th December (7pm), which we hope you'll come to. Whether or not you're feeling the Christmas Spirit, come along and you'll have the opportunity to be infected by the choir's special brand of Christmas Joy.

Our fabulous Musical Director, Simon Bower, always manages to get the best from us, challenging and expanding us as a choir. It feels such a tremendous sense of achievement when we begin to master a particular piece. This year we have been thrown the gauntlet of Brahms

Requiem: Wie Lieblich – definitely testing, but we're a hardworking bunch and rise to the challenge. Our catalogue of songs consists of many genres so don't be put off from coming to one of our concerts, or indeed joining us. New songs this term have also included beautiful arrangements of songs by The Beatles, The Bee Gees and Barbara Streisand too. So, from classical to pop, the songs from famous musicals to rock anthems, we're the choir who certainly feels that Anything Goes!

If you're considering a new hobby, or you're bored and want to try something new, why not come join our choir? Some of the benefits from singing are that:

- It helps socialisation, making new friends and combating loneliness.
- It lifts your spirits and focusing your mind on music and song can be a diversion from the stresses and strain of everyday life.
- It can be a great energy boost and something to look forward to each week.
- Also singing has been shown to help improve breathing so can benefit our bodies both physically and mentally.

We meet each Tuesday from 7-9pm at Hunstanton Town Hall. The first session is free, thereafter it is £4, this also includes beverages & biscuits at break. We have a raffle too which costs £1 a ticket if you're feeling lucky. We will return in the New Year on Tuesday 7th January, which is a very good time to join as we will be practicing for events happening in 2020.

Remember, there are no auditions; you don't have to be able to read music; you might not understand harmonies or which part your voice range might be best suited to; there's not even any obligation to sing at public concerts, though most members want to once their confidence has grown. Just come along and you'll be amazed after only a few weeks just how much you'll pick up, not to mention the new friends you'll make.

For more information please visit our website at

www.hunstantonchoir.co.uk

November Diary contd...

- Meet at Telephone Box Anmer Village.*
- 29 Tea Dance at Dersingham Village Centre Manor road, Dersingham PE31 6LN. 2.30pm Latin, sequence and ballroom dancing. Beginners welcome. £5 incl tea & cake.
- 29 Hunstanton's Princess Theatre's Pantomime Dick Whittington and his Wonderful Cat gets underway today. Call the box office on 01485 532252
- 29-1 Deepdale Christmas Market at Dalegate Market & St Mary's church 140+ stalls. Free parking.
- 30 Syderstone Village Cinema, with the support of Creative Arts East, presents YESTERDAY (12A) Jack Malik is a struggling singer-songwriter in a tiny English seaside town whose dreams of fame are rapidly fading, despite the fierce devotion and support of his childhood best friend, Ellie. After a freak bus accident during a mysterious global black out, Jack wakes up to discover that he is the only person in the world to remember The Beatles. Using this benefit to his advantage, Jack begins plagiarising the work of the legendary band to launch his career to superstardom. Starring Himesh Patel, Lily James and Robert Carlyle. Amy Robsart Village Hall, Syderstone PE31 8SD 7.30pm Advance tickets £3.50 Tel. 01485 578171 or 01485 578244 Email cinema@syderstone.com
- 30 Advent Party at St Mary's Snettisham 10am-2pm Free. Hot chocolate, Christmas gifts etc. Concert by the Samphire singers (Tickets £8) follows at 3pm with the switching on of Christmas Lights at 4pm and mulled wine and mince pies.
- 30 Fridhem Rest Home Christmas Fete 2-4pm. 79 Station road Heacham PE31 7BT
- 30 United Services Club, Hunstanton entertainment: The Business 8.30pm

* Docking Walking Group contacts: Helena Aldis 07769 850965 / Mike Rogers 07765 571313

United Services Club, Hunstanton entertainment: Cash Bingo every Mon & Thurs, Karaoke in the Lounge on Sundays.

Please see our website for the Library events during November at www.townandaround.net



Glebe House
School & Nursery



Est. 2001

Jack's Gentlemen's Barbers

For Gentlemen and their Sons

High quality men's grooming at a traditional barbers in Hunstanton Town Centre just off the High Street.



Two barbers available in a vintage setting.

Open: Tues, Wed & Fri 8am - 5pm

Thurs 8am - 5pm and appointments 5pm - 7pm

Sat 7.30am - 12.30pm

Grooming products on sale.



Free Customer Car Parking

Annexe, Town Hall, Hunstanton PE36 6BQ

01485 533730

HEACHAM & DISTRICT COMMUNITY CAR SCHEME:

Charity No: 1108568

Providing transport, for a nominal fee, to all Medical Services including Hospitals, and Social Clubs for the elderly.

Weekend appointments now available subject to driver availability and 48 hours notice

To see if we can help you, please contact our office:

Mon - Fri: 9.00am - 1.00pm

Tel: (01485) 534777

VOLUNTEER DRIVERS REQUIRED

UNIQUE COMPUTERS

Norfolk Ltd

Sales, Upgrades, Repairs

Home Calls for Tuition

Broadband Installations

& General Maintenance

Tel: 01485 544 606

Mobile: 07775 512 485

• Personal Service • Professional Technician

• 25 Years Experience



New Shop Now Open at 68 Westgate, Hunstanton

lighthouse CONTRACTS LTD Electrical Contractors



including lighthouse bulbs

SUPPLIERS TO THE GENERAL PUBLIC & TRADE

**LIGHT BULBS • SOCKETS • SWITCHES
ELECTRICAL SUPPLIES**

**NEW SHOP AT: 12 KING'S LYNN ROAD
HUNSTANTON PE36 5HP**

Open: Mon-Fri 7.30am - 4.30pm

Saturday 8am - 4.30pm

**LED bulbs • Traditional bulbs
Flourescent tubes traditional & all
LED flourescent tubes
Flourescent light fittings • Outside lights
Bathroom LED lights**

Over 3000 lamp types in stock

**Electrical sockets & switches etc
HAGER type**

**Outdoor sockets & switches
Mini boxing fuse boards DIN RAI etc
Vacuum cleaner bags**

**PAT testing completed
Periodic ECIR completed
Electrical design undertaken
Electrical installation completed**

PLUMBING SUPPLIES



01485 534040

sean@lighthouse-contract.com



Comedy Night with Jenny Beake

Friday 15th November - 6pm onwards

Join us at The Yurt for a laid back evening of food and laughter

Jenny Beake is building a reputation in Norfolk for her songwriting.

A talented comedian and pianist, Jenny's material was recently aired on Radio Norfolk.

2 Courses **£30** | 3 Courses **£35**

To see our menus visit: www.theyurtthornham.com

BOOKING ESSENTIAL

Telephone:
01485 525889

Email:
hello@theyurtthornham.com

The Yurt Thornham, Drove Orchards, Thornham, Norfolk PE36 6LS



PARTY TIME AT THE YURT

2 COURSES **£23.50** / 3 COURSES **£29.50**

Christmas menu available from 1st December - 7th January 2020*

The Yurt Thornham, Drove Orchards, Thornham, Norfolk, PE36 6LS



STARTERS

DROVE GREEN VEGETABLE BROTH
Parmesan gnocchi, gremolata, truffle oil

NORFOLK PHEASANT, PORK BELLY & SOUR CHERRY TERRINE
Malt Whiskey elastic, crispy pheasant egg

THE YURT PRAWN & CRAYFISH COCKTAIL
Compressed cucumber, lemon crystals, bloody mary rose sauce and toasted sourdough bread

www.theyurtthornham.com

MAINS

BLACK SEA BREAM STUFFED WITH CRAB MOUSSE
'Veronique' seaweed, parmentier potatoes, burnt leeks and black sea sponge

ROASTED PUMPKIN WELLINGTON
Smoked applewood, wild mushrooms, buckwheat, roasted potatoes, veggie gravy & sautéed sprout tops

ROAST NORFOLK BLACK TURKEY
Chestnut & tangerine stuffing, pigs in blankets, brown bread sauce & red wine gravy

DESSERTS

PHIL'S BOOZY XMAS PUD
Tonka bean anglaise, Bailey's ice cream

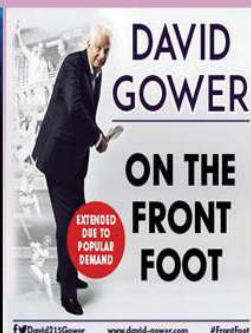
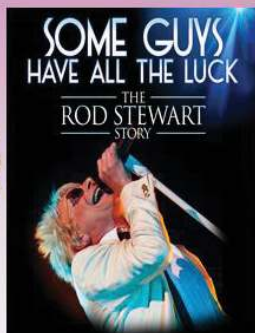
BAKED MANGO ALASKA
Passion fruit & lime

THE YURT CHOCOLATE BAR
Nougatine, pistachio, salted caramel & parma violet

TO BOOK PLEASE CONTACT US:

01485 525889 hello@theyurtthornham.com
Open Wednesday - Sunday

*Closed on Christmas Day and Boxing Day



Friday 1st

Saturday 2nd

Sunday 3rd

Tuesday 5th

Thursday 7th



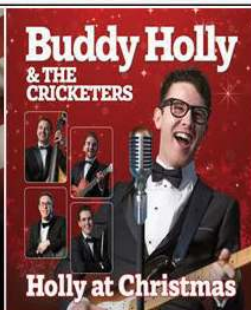
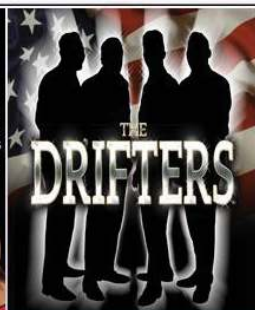
Saturday 9th

Sunday 10th

Tuesday 12th

Wednesday 13th

Thursday 14th



Friday 15th

Sunday 17th

Saturday 23rd

Sat 30th Nov '19—Weds 1st Jan '20

Ticket Booking Hotline: 01485 53 22 52

Box Office Open 7 Days a week: 10am to 4pm

Website & Online Bookings: www.princesshunstanton.co.uk



BOOK NOW TO AVOID DISAPPOINTMENT